

## **Catholic Novenas**

A "Novena" means nine days of public or private prayer for some special occasion or intentions. Its origin goes back to the nine days that the disciples and Mary spent together in prayer between Ascension and Pentecost Sunday. Over the centuries many novenas have been highlighted by the Church. To make a novena means to persevere in prayer asking for some favor over a period of nine days in succession or nine weeks in succession. It means fulfilling our Lord's teaching that we must continue praying and never lose confidence. This confidence is based on our Lord's words: "Ask and you shall receive; seek and you shall find; knock and it shall be opened to you. For whoever asks, receives; whoever seeks, finds; whoever knocks is admitted" (Lk 11: 9-10). Many devout Catholics make novenas to God, Our Lady and the Saints. This website page is offered to accommodate those who would like to make various novenas throughout the church year. Check back frequently to find our collection of novenas constantly expanding to encourage you to pray often. Enjoy....

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### **Efficacious Novena to the Sacred Heart of Jesus**

I. O my Jesus, you have said: "Truly I say to you, ask and you will receive, seek and you will find, knock and it will be opened to you." Behold I knock, I seek and ask for the grace of..... (here name your request)  
Our Father....Hail Mary....Glory Be to the Father....Sacred Heart of Jesus, I place all my trust in you.

II. O my Jesus, you have said: "Truly I say to you, if you ask anything of the Father in my name, he will give it to you." Behold, in your name, I ask the Father for the grace of.....(here name your request) Our Father...Hail Mary....Glory Be To the Father....Sacred Heart of Jesus, I place all my trust in you.

III. O my Jesus, you have said: "Truly I say to you, heaven and earth will pass away but my words will not pass away." Encouraged by your infallible words I now ask for the grace of.....(here name your request) Our Father....Hail Mary....Glory Be to the Father...Sacred Heart of Jesus, I place all my trust in you.

O Sacred Heart of Jesus, for whom it is impossible not to have compassion on the afflicted, have pity on us miserable sinners and grant us the grace which we ask of you, through the Sorrowful and Immaculate Heart of Mary, your tender Mother and ours.

Say the Hail, Holy Queen and add: St. Joseph, foster father of Jesus, pray for us.  
-- St. Margaret Mary Alacoque

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## **The Immaculate Conception - December 8**

### PRAYER TO THE IMMACULATE CONCEPTION

O God, who by the Immaculate Conception  
of the Blessed Virgin Mary,  
did prepare a worthy dwelling place for Your Son,  
we beseech You that, as by the foreseen death of this, Your Son,

You did preserve Her from all stain,  
so too You would permit us, purified through Her intercession, to come unto You.  
Through the same Lord Jesus Christ, Your Son, who lives and reigns with You in the  
unity of the Holy Spirit,  
God, world without end. Amen.

### **Day One**

O most Holy Virgin, who was pleasing to the Lord and became His mother,  
immaculate in body and spirit, in faith and in love, look kindly on me as I implore  
your powerful intercession. O most Holy Mother, who by your blessed Immaculate  
Conception, from the first moment of your conception did crush the head of the  
enemy, receive our prayers as we implore you to present at the throne of God the  
favor we now request...

(State your intention here...)

O Mary of the Immaculate Conception, Mother of Christ, you had influence with your  
Divine Son while upon this earth; you have the same influence now in heaven. Pray  
for us and obtain for us from him the granting of my petition if it be the Divine Will.  
Amen.

### **Day Two**

O Mary, ever blessed Virgin, Mother of God, Queen of angels and of saints, we salute  
you with the most profound veneration and filial devotion as we contemplate your  
holy Immaculate Conception, We thank you for your maternal protection and for the

many blessings that we have received through your wondrous mercy and most powerful intercession. In all our necessities we have recourse to you with unbounded confidence. O Mother of Mercy, we beseech you now to hear our prayer and to obtain for us of your Divine Son the favor that we so earnestly request in this novena...

(State your intention here...)

O Mary of the Immaculate Conception, Mother of Christ, you had influence with your Divine Son while upon this earth; you have the same influence now in heaven. Pray for us and obtain for us from him the granting of my petition if it be the Divine Will. Amen.

### **Day Three**

O Blessed Virgin Mary, glory of the Christian people, joy of the universal Church and Mother of Our Lord, speak for us to the Heart of Jesus, who is your Son and our brother. O Mary, who by your holy Immaculate Conception did enter the world free from stain, in your mercy obtain for us from Jesus the special favor which we now so earnestly seek...

(State your intention here...)

O Mary of the Immaculate Conception, Mother of Christ, you had influence with your Divine Son while upon this earth; you have the same influence now in heaven. Pray for us and obtain for us from him the granting of my petition if it be the Divine Will. Amen.

### **Day Four**

O Mary, Mother of God, endowed in your glorious Immaculate Conception with the fullness of grace; unique among women in that you are both mother and virgin; Mother of Christ and Virgin of Christ, we ask you to look down with a tender heart from your throne and listen to our prayers as we earnestly ask that you obtain for us the favor for which we now plead...

(State your intention here...)

O Mary of the Immaculate Conception, Mother of Christ, you had influence with your Divine Son while upon this earth; you have the same influence now in heaven. Pray for us and obtain for us from him the granting of my petition if it be the Divine Will. Amen.

### **Day Five**

O Lord, who, by the Immaculate Conception of the Virgin Mary, did prepare a fitting dwelling for your Son, we beseech you that as by the foreseen death of your Son, you did preserve her from all stain of sin, grant that through her intercession, we may be favored with the granting of the grace that we seek for at this time...

(State your intention here...)

O Mary of the Immaculate Conception, Mother of Christ, you had influence with your Divine Son while upon this earth; you have the same influence now in heaven. Pray for us and obtain for us from him the granting of my petition if it be the Divine Will. Amen.

### **Day Six**

Glorious and immortal Queen of Heaven, we profess our firm belief in your Immaculate Conception preordained for you in the merits of your Divine Son. We rejoice with you in your Immaculate Conception. To the one ever-reigning God, Father, Son, and Holy Spirit, three in Person, one in nature, we offer thanks for your blessed Immaculate Conception. O Mother of the Word made Flesh, listen to our petition as we ask this special grace during this novena...

(State your intention here...)

O Mary of the Immaculate Conception, Mother of Christ, you had influence with your Divine Son while upon this earth; you have the same influence now in heaven. Pray for us and obtain for us from him the granting of my petition if it be the Divine Will. Amen.

### **Day Seven**

O Immaculate Virgin, Mother of God, and my mother, from the sublime heights of your dignity turn your merciful eyes upon me while I, full of confidence in your bounty and keeping in mind your Immaculate conception and fully conscious of your power, beg of you to come to our aid and ask your Divine Son to grant the favor we earnestly seek in this novena... if it be beneficial for our immortal souls and the souls for whom we pray.

(State your intention here...)

O Mary of the Immaculate Conception, Mother of Christ, you had influence with your Divine Son while upon this earth; you have the same influence now in heaven. Pray for us and obtain for us from him the granting of my petition if it be the Divine Will.

**Day Eight**

O Most gracious Virgin Mary, beloved Mother of Jesus Christ, our Redeemer, intercede with him for us that we be granted the favor which we petition for so earnestly in this novena...O Mother of the Word Incarnate, we feel animated with confidence that your prayers in our behalf will be graciously heard before the throne of God. O Glorious Mother of God, in memory of your joyous Immaculate Conception, hear our prayers and obtain for us our petitions.

(State your intention here...)

O Mary of the Immaculate Conception, Mother of Christ, you had influence with your Divine Son while upon this earth; you have the same influence now in heaven. Pray for us and obtain for us from him the granting of my petition if it be the Divine Will.

**Day Nine**

O Mother of the King of the Universe, most perfect member of the human race, "our tainted nature's solitary boast," we turn to you as mother, advocate, and mediatrix. O Holy Mary, assist us in our present necessity. By your Immaculate Conception, O Mary conceived without sin, we humbly beseech you from the bottom of our heart to intercede for us with your Divine Son and ask that we be granted the favor for which we now plead...

(State your intention here...)

O Mary of the Immaculate Conception, Mother of Christ, you had influence with your Divine Son while upon this earth; you have the same influence now in heaven. Pray for us and obtain for us from him the granting of my petition if it be the Divine Will. Amen.

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**The Assumption of Mary-August 15**

Mary, Queen Assumed into Heaven, I rejoice that after years of heroic martyrdom on earth, you have at last been taken to the throne prepared for you in heaven by the Holy Trinity. Lift my heart with you in the glory of your Assumption above the dreadful touch of sin and impurity. Teach me how small earth becomes when viewed from heaven. Make me realize that death is the triumphant gate through which I shall pass to your Son and that someday my body shall rejoin my soul in the unending bliss of heaven. From this earth, over which I tread as a pilgrim, I look to you for help. In

honor of your Assumption into heaven I ask for this favor: (Mention your request). When my hour of death has come, lead me safely to the presence of Jesus to enjoy the vision of my God for all eternity together with you. Amen.

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**Novena to the Mother of Sorrows**  
**September 15**

Mary's sorrow on Calvary was deeper than any sorrow ever felt on earth, for no mother in all the world had a heart as tender as the Heart of the Mother of God. As there was no love like her love there was no sorrow like her sorrow. She bore her sufferings for us that we might enjoy the graces of Redemption. She suffered willingly in order to prove her love for us, for true love is proved by sacrifice. Devotion to the Sorrows of Mary is the source of great graces because it leads into the depths of the Heart of Christ.

The seven sorrows of Mary are:

- The prophecy of Simeon
- The flight into Egypt
- The three days' loss of Jesus
- The meeting with Jesus carrying his cross
  - His death on Calvary
- His being taken down from the cross
  - His burial in the tomb

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**A Novena to the Mother of Sorrows**

Most holy and afflicted Virgin, Mother of Sorrows and Queen of Martyrs! You stood motionless at the foot of the Cross beneath your dying Son. Through the sword of grief which pierced you then, through the unceasing suffering of your life of sorrow and the bliss which now fully repays you for your past trials and affliction, look upon me with a mother's tenderness and have pity on me as I pray before you to venerate your sorrows and place my request with childlike confidence in the sanctuary of your wounded Heart.

I beg of you to present to Jesus Christ in union with the infinite merits of his Passion

and Death, your sufferings at the foot of the Cross and through the power of both, to grant my request: (Mention your request.)

To whom shall I turn in my needs and miseries, if not to you, Mother of mercy? You drank so deeply of the chalice of your Son that you can sympathize with the sufferings of those who are still in the valley of tears.

Offer to our Divine Savior the sufferings he bore on the Cross that the memory of them may draw his mercy upon me, a sinner. Refuge of sinners and hope of all mankind, accept my petition and grant it, if it be according to the Will of God.

Lord, Jesus Christ, I offer you the merits of Mary, your Mother and ours, as she stood beneath the Cross in order that by her loving intercession I may obtain the happy fruits of your Passion and Death.

Amen.