A Catholic Prayerbook

“that we may pray unceasingly”

The Lord bless thee, and keep thee; the Lord make his face to shine upon thee, and be gracious unto thee; the Lord lift up his countenance upon thee, and give thee peace.

Amen.

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Recommendations

An Example of Devotion Would Be This:

Begin your day with the sign of the cross, invitatory, and morning prayers such as thanksgiving for the night’s protection, morning offerings, and the acts of virtue. Examine your conscience and what the day will hold ahead. Pray for these intentions, then pray for the hours during each, with such as the powerful prayers of Divine Mercy and Most Precious Blood for the Holy Souls. Devote every act to Jesus Christ inbetween the hours. During mass, pray the prayers associated and offer yourself again, full of love, faith, and hope, asking for grace. Upon the end of the day, pray for the forgotten, make an examination of conscience, an act of contrition, and pray for your and others protection through the night. Give thanks, and go to sleep, dreaming of God in grace.

Amen.

As you progress through this book, learn more and more of the prayers by heart, and
repeat those which you know the sense of even if you know not all the exact words. So they will become more useful to you and you become more used to God.

Though a few of the Psalms are included in the prayerbook, in the most poetic language to be found for them, the reader is recommended all of them in their entirety especially out of scripture as a primary resource of prayers.

Format

Prayers begin in **bold type**, or **bold italics**. Invocations are placed throughout the text where they are most pleasing, and are marked as such, or double spaced, and not part of the main prayers. Advice is normally closed in captioning or italics. Order of prayers is according to theme, transition (when reading from beginning to end), and holistic use and beauty.

Request and Notice

*Please pray for the writer and compiler of this book.*

The writer has made every effort to be up to date and current in regards to all the Church’s teachings evidenced herein, if there is any error on the part of the writer, he submits utterly to the laws and decisions of the Church. Those prayers which are included from private revelations, have been finally approved, or approved for distribution by Church authorities. All promises are to be understood within the context of the Faith.

*Benedicite.*

Prayers to Begin With

† The Sign of the Cross

In the name of the Father, and the Son, and the Holy Spirit.

*Amen.*

Signum Sanctae Crucis

In nomine Patris, et Filii, et Spiritus Sancti.

*Amen.*

Purification Prayer of St. Mary Magdalen de Pazzi

Almighty Father, I place the Precious Blood of Jesus before my lips before I pray, that my prayers may be purified before they ascend to Your divine altar.

*Amen.*
**Invitatory**

Lord, open my lips

- And my mouth will proclaim your praise.

**Sh’ma Israel**

Deuteronomy 6:4-9

Hear, O Israel; The LORD is our God, the LORD alone. You shall love the LORD your God with all your heart, and with all your soul, and with all your might.

**When Taking Holy Water**

By the sprinkling of Thy Precious Blood, O Lord Jesus Christ, and by the merit of thy Passion, wash me from every stain, and cleanse me from all sin.

†

_Amen._

**Prayer for Holy Water**

†

By this Holy Water and by Thy Most Precious Blood, Lord Jesus, wash me free from sin and succor the holy souls in purgatory.

_Amen._

**Upon Waking**

O my Lord and Shepherd, I thank Thee for preserving me this night, along with my guardian angels and all the prayers of the saints and holy souls, who lovingly serve Thee.

_Amen._

**Prayer for Generosity**

_by St. Ignatius of Loyola_

Dearest Lord, teach me to be generous,

- teach me to serve you as I should,
- To give and not to count the cost,
- To fight and not to heed the wounds,
- To toil and not to seek for rest,
- To labour and ask not for reward,

Save that of knowing that I do your most holy will.

_Amen._
Morning Prayers
from the Jordanville Prayerbook

Glory to Thee, our God, glory to Thee.
Heavenly King, Comforter, Spirit of Truth, Who art everywhere present and fillest all
things, Treasury of good gifts and Giver of Life, come and abide in us, and cleanse us
from all impurity, and save our souls, O Good One.

Holy God, Holy Mighty, Holy Immortal One, have mercy on us. (thrice)

Glory to the Father and to the Son, and to the Holy Spirit, now and ever, and to the ages
of ages. Amen.
Most Holy Trinity, have mercy on us. O Lord, wash away our sins, O Master, pardon our
transgressions, O Holy One, visit and heal our infirmities for Thy Name's sake.

Lord have mercy. (thrice)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages
of ages. Amen.

God be in my head
from a Medieval Primer

God be in my head, and in my understanding;
   God be in my eyes, and in my looking;
God be in my mouth, and in my speaking;
    God be in my heart, and in my thinking;
   God be at my end, and at my departing.

Amen.

Our Father

Our Father, who art in heaven,
   hallowed be thy name;
      thy kingdom come;
        thy will be done
On earth as it is in heaven.
Give us this day our daily bread;
   and forgive us our trespasses
as we forgive those who trespass against
   us;
   and lead us not into temptation,
      but deliver us from evil.

Pater noster, qui es in caelis,
   sanctificetur nomen tuum,
      adveniat regnum tuum,
        fiat voluntas tua sicut
   in caelo et in terra.
Panem nostrum quotidianum da nobis
   et dimittte nobis debita nostra,
sicut et nos dimittimus debitoribus nostris,
   et ne nos inducas in tentationem,
      sed libera nos a malo.
Paraphrase of the Lord's Prayer
by St. Francis of Assisi

OUR FATHER most holy,
our Creator and Redeemer,
our Saviour and our Comforter.

WHO ART IN HEAVEN
in the angels and the saints,
giving them light to know you,
since you, Lord, are light;
setting them afire to love you,
since you, Lord, are love;
dwelling in them
and giving them fullness of joy,
since you, Lord,
are the supreme, eternal good,
and all good comes from you.

HALLOWED BE THY NAME,
may we grow to know you better and better
and so appreciate the extent of your favors,
the scope of your promises,
the sublimity of your majesty,
and the profundity of your judgements.

THY KINGDOM COME,
so that you may reign in us by your grace,
and bring us to your kingdom,
where we shall see you clearly,
love you perfectly and,
happy in your company, enjoy you forever.

THY WILL BE DONE ON EARTH AS IT IS IN HEAVEN,
so that we may love you with all our heart,
by always having you in mind;
with all our soul,
by always longing for you;
with all our mind,
by determining to seek your glory in everything;
and with all our strength,
of body and soul,
by lovingly serving you alone.
May we love our neighbors as ourselves, and encourage them all to love you, by bearing our share in the joys and sorrows of others, while giving offence to no one.

GIVE US THIS DAY OUR DAILY BREAD, your beloved Son, our Lord Jesus Christ, so that we may remember and appreciate how much He loved us, and everything he said and did and suffered.

AND FORGIVE US OUR TRESPASSES, in your immeasurable mercy, by virtue of the passion of your Son, and through the intercession of Mary, and all your saints.

AS WE FORGIVE THOSE WHO TRESPASS AGAINST US, and if we do not forgive perfectly, Lord, make us forgive perfectly, so that, for love of you, we may really forgive our enemies, and fervently pray to you for them, returning no one evil for evil, but trying to serve you in everyone.

AND LEAD US NOT INTO TEMPTATION, be it hidden or obvious, sudden or persistent.

BUT DELIVER US FROM EVIL, past, present or future, Amen.

Hail Mary
(Pope St. John XXXIII and many saints and Confessors recommend 3 Aves in honor of the Immaculate Conception for purity of heart, each day, in the morning and evening.)

Hail Mary, full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us

Ave Maria, gratia plena, Dominus tecum. Benedicta tu in mulieribus, et benedictus fructus ventris tui, Jesus. Sancta Maria, Mater Dei, ora pro nobis peccatoribus, nunc, et in hora mortis
Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and will be forever.

Amen.

Gloria

Glory to God in the Highest, And peace to His people on earth; Lord God, Heavenly King, Almighty God and Father, We worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only son of the Father, Lord God, Lamb of God, You take away the sins of the world, have mercy on us. You are seated at the right hand of the Father, receive our prayer, For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the Glory of God the Father.

Amen.

Apostle’s Creed

I believe in God, the Father almighty, Creator of heaven and earth; And in Jesus Christ, His only Son, Our Lord, Who was conceived by the Holy Spirit, Born of the Virgin Mary, Suffered under Pontius Pilate, Was crucified, died, and was buried. He descended into hell; The third day he rose again from the dead; He ascended into heaven, And is seated at the right hand of God, the Father almighty;
From thence he shall come to judge
The living and the dead.
I believe in the Holy Spirit,
the holy Catholic Church;
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting.

Amen.

Nicene Creed

Antique Version

I believe in one God, the Father almighty,
Maker of heaven and earth, and of all
things visible and invisible. And in one
Lord Jesus Christ, the Only-begotten Son
of God. Born of the Father before all ages.
God of God; Light of Light; true God of
true God. Begotten not made; of one being
with the Father; by Whom all things were
made. Who for us men, and for our
salvation, came down from heaven. (here
genuflect.) And was made Flesh by the
Holy Spirit of the Virgin Mary: AND WAS
MADE MAN. He was also crucified for us,
suffered under Pontius Pilate and was
buried. And on the third day He rose again
according to the Scriptures. And ascending
into heaven, He sits at the right hand of the
Father. And He shall come again in glory
to judge the living and the dead; and of His
kingdom there shall be no end. And I
believe in the Holy Spirit, Lord and Giver
of life, Who proceeds from the Father and
the Son. Who together with the Father and
the Son is no less adored, and glorified:
Who spoke by the Prophets. And I believe
in One, Holy, Catholic and Apostolic
Church. I confess one Baptism for the
remission of sins. And I look for the
resurrection of the dead. And the life of the
world to come. Amen.

Current Version

We believe in one God, the Father, the
Almighty, maker of heaven and earth, of all
that is, seen and unseen. We believe in one
Lord, Jesus Christ, the only Son of God
eternally begotten of the Father, God from
God, Light from Light, true God from true
God, begotten not made, one in Being with
the Father. Through him all things were
made. For us men and for our salvation he
came down from heaven: (here during
mass all bow) by the power of the Holy
Spirit he was born of the Virgin Mary, and
became man. For our sake he was crucified
under Pontius Pilate; he suffered, died, and
was buried. On the third day he rose again
in fulfillment of the Scriptures; he
ascended into heaven and is seated at the
right hand of the Father. He will come
again in glory to judge the living and the
dead, and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the
giver of life, who proceeds from the Father
and the Son. With the Father and the Son
he is worshipped and glorified. He has
spoken through the Prophets. We believe in
ony holy catholic and apostolic Church.
We acknowledge one baptismn for the
forgiveness of sins. We look for the
resurrection of the dead, and the life of the
world to come. Amen.
Invocation  Praise be to Thee Lord Jesus Christ, King of Endless Glory.

Come, Holy Ghost (brief form)  
(Veni, Sancte Spiritus)

Come, Holy Ghost, fill the hearts of your faithful and enkindle in them the fire of your love.  
Amen.

Veni, Sancte Spiritus, reple tuorum corda fidelium, et tui amoris in eis ignem accende.  
Amen.

Come, Holy Ghost  
(Veni, Sancte Spiritus)

Come, Holy Ghost, fill the hearts of Thy faithful and kindle in them the fire of Thy love.  
V. Send forth Thy Spirit and they shall be created.  
R. And Thou shalt renew the face of the earth.

Let Us Pray

O God, Who didst instruct the hearts of the faithful by the light of the Holy Spirit, grant that, by the gift of the same Spirit, we may be always truly wise and ever rejoice in His consolation. Through Christ Our Lord.

Amen.

Act of Contrition

O My God, I am heartily sorry for having offended Thee and I detest all my sins because of Thy just punishments, but most of all because they offend Thee, my God, who art all good and deserving of all my love. I firmly resolve, with the help of Thy grace, to sin no more and avoid the near occasions of sin.

Amen.

Deus meus, ex toto corde poenitet me omnium meorum peccatorum, eaque detestor, quia peccando, non solum poenas a Te iuste statutas promeritus sum, sed praesertim quia offendi Te, summum bonum, ac dignum qui super omnia diligaris. Ideo firmiter propono, adiuvante gratia Tua, de cetero me non peccaturum peccandique occasiones proximas fugiturum.

Amen.

ACT OF CONTRITION

Source: Blessed Sacrament Pamphlet  
P.O Box 640358
Forgive me my sins, O Lord, forgive me my sins; the sins of my youth, the sins of my age, the sins of my soul, the sins of my body, my idle sins, my serious voluntary sins, the sins I know, the sins I do not know; the sins I have concealed so long, and which are now hidden from my memory.

I am truly sorry for every sin, mortal and venial, for all the sins of my childhood up to the present hour.

I know my sins have wounded Thy Tender Heart, O my Savior.

Let me be freed from the bonds of evil through Thy most bitter Passion, O my Redeemer.

O my Jesus, forget and forgive what I have been.

The “Angelus Domini”
(alternate)

1. The Angel of the Lord declared unto Mary; and she conceived of the Holy Ghost. *Hail Mary and Holy Mary.*

2. Behold the handmaid of the Lord; be it done unto me according to thy word. *Hail Mary and Holy Mary.*

3. And the Word was made flesh, and it dwelt among us. *Hail Mary and Holy Mary.*

4. Pray for us, O holy Mother of God. That we may be made worthy of the promises of Christ.

*Let us pray.*

Pour fourth, we beseech Thee, O Lord, Thy grace into our hearts; that we, to whom the incarnation of Christ, Thy Son, was made known by the message of an angel, may, by His Passion and Cross, be brought to the glory of His resurrection, through the same Christ our Lord. Amen.

May the divine assistance always remain with us; and may the souls of the faithful departed, through the mercy of God, rest in peace.

*Amen.*

A MORNING PRAYER

O God, I thank Thee that Thou hast protected me during this past night and hast preserved me from a sudden and unexpected death. I desire to gain all the indulgences possible this day. Give me Thy grace that I may not offend Thee this day, but that I may faithfully do Thy holy will in all things. *Amen.*

Morning Offering the First

O Jesus, through the Immaculate Heart of Mary, I offer you my prayers, works, joys, and sufferings of this day in union with the holy sacrifice of the mass throughout the world; I desire to gain every indulgence and merit I can, and offer them, together with myself. I
offer all, for the intentions of your Sacred Heart: the salvation of souls, reparation for sin, the union of all Christians. I offer them for the good intentions of our bishops, and in particular for those recommended by our Holy Father this month.

Amen.

**Act of Spiritual Communion Upon Arising**
*by Lynden Rodriguez, OCDS (rev.)*

I salute Thy Sacred Heart, and offer Thee my own.
Please be with me all through this day.
I know that Thou art the most Holy Sacrament of the Altar.
I love Thee above all creatures and I long for Thee to be in my soul.
Though I may not now receive Thee sacramentally,
Come at least spiritually into my heart.
And though I know that I am not worthy to receive Thee,
Allow me to embrace Thee and unite myself entirely to Thee.
Never allow me to be separated from Thy Most Sacred Heart.
   Precious Blood of Jesus, save us!
   Immaculate Heart of Mary, pray for us!
   Sacred Heart of Jesus, have Mercy on us!

Amen.

**Uniformity to God's Holy Will**

*Kiss the feet of your Crucifix and lay it upon your pillow,*
*after you have made your bed, saying:*

I freely and joyfully pick up the Cross which Thou hast given me to carry today, O Merciful God. Permit me to carry it today for Thy Greater Honor and Glory so that by this, my Cross, Thy Most Holy Will may be done fully in me and by me. Let not prosperity lift me up nor adversity cast me down.

Amen.

**The Jesus Prayer**

*Lord Jesus Christ, Son of God, have mercy on me a sinner.*

Amen.

**A Morning Offering**
*by St. Therese of the Child Jesus*

My God, I offer you all my actions of this day for the intentions and for the glory of the Sacred Heart of Jesus. I desire to sanctify my every thought and
my simplest words and works by uniting them to the infinite merits of Jesus. I wish to make reparation for my sins by casting them into the furnace of his merciful love. My God, I ask of you for myself and for those whom I hold dear the grace to perfectly fulfill your holy will and to accept for love of you the joys and sorrows of this passing life so that we may one day be united together in heaven for all eternity.

Amen.

Immaculate Heart of Mary, pray for us!
Sacred Heart of Jesus, have mercy on us!

Invocation: O Lord, for anything I have forgotten, I am heartily sorry. Lord, have mercy on me a sinner.

Prayer for Grace

O Holy Lord grant me the graces and helps I need to be faithful to all of the responsibilities and duties of my vocation and my state in life and in the faithful living of the true Spiritual Life.

Amen.

THE TROPARIA TO THE HOLY TRINITY (Eastern Rite) from the morning prayer rule...

As we rise from sleep we worship Thee, O good and powerful Lord, and to thee we sing the Angel's hymn; Holy, Holy, Holy art thou, O God; through the Mother of God, have mercy on us.

Glory to the Father, and to the Son, and to the Holy Spirit.
Having raised me from bed and sleep, O Lord, enlighten my mind, and open my heart and lips to praise Thee, O Holy Trinity: Holy, Holy, Holy art thou O God; through the Mother of God, have mercy on us.

Now and ever, and to the ages of ages. Amen
Suddenly the Judge will come, and the deeds of each will be laid bare; but at midnight let us cry with fear;
Holy, Holy, Holy art Thou, O God; through the Mother of God, have mercy on us.
Lord, have mercy. (12 times.)

Inviolata

11th century prayer
INVIOLATA, integra, et casta es Maria, quae es effecta fulgida caeli porta.
O Mater alma Christi carissima, suscipe pia laudum praeconia.
Te nunc flagitant devota corda et ora, nostra ut pura pectora sint et corpora.
Tu per precata dulcisona, nobis concedas veniam per saecula.
O benigna! O Regina! O Maria, quae sola inviolata permansisti.

INVIOLATE, spotless and pure art thou, O Mary Who wast made the radiant gate of the King.
Holy mother of Christ most dear, receive our devout hymn and praise.
Our hearts and tongues now ask of thee that our souls and bodies may be pure.
By thy sweet sounding prayers obtain for us forgiveness forever.
O gracious queen, O Mary, who alone among women art inviolate

The Virtues

Sts. Faith, Hope, and Charity
pray for us in our desire to be filled with virtue by the grace of God.
Amen.

Act of Faith

O My God! I firmly believe in one God in three Divine Persons—the Father, the Son and the Holy Ghost; I believe in Jesus Christ, the true and only Son of God, Who was born of the Virgin Mary, and died on the Cross for our salvation; I also believe all the sacred truths the Catholic Church believes and teaches, because Thou hast revealed them, Who canst neither deceive nor be deceived.
Amen.

Act of Hope

from the Small Roman Missal

Since Thou vouchsafest to come and dwell within me, O my Redeemer! What may I not expect from Thy bounty! I therefore present myself before Thee with that lively confidence which Thine infinite goodness inspires. Thou not only knowest all my wants, but Thou art also willing and able to relieve them. Thou hast not only invited me, but also promised me Thy gracious assistance: “Come to Me all ye that labour and are burdened, and I will refresh you.” Behold, then, O Lord, I accept of Thy gracious invitation; I lay before Thee all my wants, my misery, and my blindness, and confidently hope, without the fear of being disappointed, that Thou wilt enable me to persevere, unto the end of my life, in Thy service. “In Thee, O Lord, have I hoped; I shall not be confounded forever.”
Amen.

Act of Love

O My God! I love Thee above all things, with my whole heart and soul, because Thou art
infinitely worthy of love; I love also my neighbor as myself for the love of Thee; I forgive all who have injured me, and ask pardon for all whom I have injured.

Amen.

An Act of Love
from the Small Roman Missal

O LOVING Lord! Who art ever lovable, and never sufficiently loved, I love Thee with all my heart, and above all things. I consider every moment of my life as lost, which has not been consecrated to Thy love. Yes, O divine Jesus! whilst Thou art dwelling within my breast, whilst Thou “livest in me,” I hope “Thou knowest that I love Thee.”

Amen.

An Act of Love
from the Small Roman Missal

As the hart panteth after the fountains of water, so my soul panteth after Thee, O God! “My soul hath thirsted after the strong, living God; when shall I come and appear before the face of God?”

“For what have I in heaven? And besides Thee, what do I desire on earth?”

Let blind and infatuated wordlings intoxicate themselves with the false, transient, and fading happiness of this life; for my part, nothing besides Thyself can content me, either in heaven or on earth. Come then, O Thou Lamb of God, Who takest away the sins of the world! Come, Thou beloved of my heart! Adorable Flesh and precious Blood of my Saviour! Come, to nourish, comfort, and enliven my sickly soul. O God of my heart! Let me neither love, seek, nor think of any other object but Thyself alone; for Thou alone art my consolation, my treasure, my joy, my life, my all!

“My heart and my flesh have rejoiced in the living God... Thou art, O Lord of hosts! My King and my God!” – “Who will give me wings like a dove and I will fly and be at rest!”

Amen.

Invocation:
O Lord, for the Cardinal Human Virtues:
Prudence, Fortitude, Temperance, Justice...
Inspire us.

St. Queen Isabella, for prudence
St John Wolflin, for fortitude
St. Monica, for temperance
St. Justa, for justice
pray for us. . .
Act of Prudence

O My God! Let me never act without thought, and may my every thought be first of Thee and how to serve Thee. For thou knowest I would love Thee above all things, and I pray unceasingly that I will in all my thoughts, words, and deeds do what pleases Thee.

Amen.

Act of Fortitude

O my God! Let me be held in the strength of Thy Love, made clear sighted by Thy Truth, and so never wavering in Thy service. I would be courageous in the face of all evil, and never neglect Thee for any lesser good. Always, Thou, before all others, and so, I, never wavering in Thy saving light. I beg Thy tender mercy that this be so.

Amen.

Act of Temperance

O my God! Let me never turn from one evil, only to adopt another. Let me always walk Thy straight and narrow path, neither stepping to one side or the other. Keep my eyes, of the senses and of the soul, fixed ever upon Thee and Thy ways. I love Thee through all temptation, lead me not into it, shield me from the snares of evil and carry me into Thy everlasting light.

Amen.

Act of Justice

O my God! I would always be fair in my dealings with Thee and my brothers, and at the same time I count forevermore upon Thine infinite mercy, and wish for it to live in me always. Let me always reserve the judgement of sin and soul to Thee, and heed Thy Divine Will in the judgements that must be made in this world.

Amen.

An Act of Humility

from the Small Roman Missal

O GOD of sanctity! Who am I, that Thou shouldst come to me? “The heavens are not pure in Thy sight,” and wilt Thou dwell in my heart? “Lord! I am not worthy that Thou shouldst enter under my roof.” The consciousness of my unworthiness would prompt me to exclaim: “Depart from me, O Lord! For I am a sinner.” But oh, the wonderful condescension of Thy love! Thy pressing invitation encourages me, and dispels my fears. “Here I am, for Thou didst call me.” Come then, O Jesus! Take possession of a heart that
wishes to belong to Thee. “Behold! They that go far from Thee shall perish.” But, O my
God! this house of my heart is too narrow for Thee: do Thou enlarge it; it is falling to
ruin; do Thou repair it; it has been defiled by sin: do Thou cleanse and purify it. “Look
Thou upon me, and have mercy on me. Oh, heal my soul, for I have sinned against Thee!
Let Thy tender mercies come unto me, and I shall live! Lord! I am not worthy that Thou
shouldst enter under my roof; say but the word, and my soul shall be healed.”

Amen.

General Prayers of the Day

THE MEMORARE
of St. Bernard

Remember, O most gracious virgin Mary, that never was it known that anyone who fled
to your protection, implored your help or sought your intercession was left unaided.
Inspired with this confidence, I fly to you, O virgin of virgins, my mother. To you I
come, before you I stand sinful and sorrowful. O mother of the word incarnate, do not
ignore my petitions but in your mercy hear and answer me.

Amen.

Prayer for Protection

I humbly beseech thee, O Lady of Mount Carmel, to continue to keep thy mantle of
protection around me and around each of my loved ones. I thank thee for having done so
in the past and for all of your continued help and protection in the future.

Amen.

Subjects for Daily Meditation.
Remember, Christian soul, that thou hast this day,
and every day of thy life:

    God to glorify,
    Jesus to imitate,
    The Angels and Saints to invoke,
    A soul to save,
    A body to mortify,
    Sins to expiate,
    Virtues to acquire,
    Hell to avoid,
    Heaven to gain,
    Eternity to prepare for,
St. Patrick’s Breastplate
(literal trans.) (part 1)

I bind to myself today
The strong virtue of the
Invocation of the Trinity:
I believe the Trinity in the
Unity
The Creator of the
 Universe.

I bind to myself today
The virtue of the
Incarnation of Christ with
His Baptism,
The virtue of His
crucifixion with His burial,
The virtue of His
Resurrection with His
Ascension,
The virtue of His coming on
the Judgement Day.

I bind to myself today
The virtue of the love of
seraphim,
In the obedience of angels,
In the hope of resurrection
unto reward,
In prayers of Patriarchs,
In predictions of Prophets,
In preaching of Apostles,
In faith of Confessors,
In purity of holy Virgins,
In deeds of righteous men.

St. Patrick’s Breastplate
(literal trans.) (part 2)

I arise today through
God’s strength to pilot me,
God’s might to uphold me,
God’s wisdom to guide me,
God’s eye to see before
me,
God’s ear to hear me,
God’s word to speak for
me,
God’s hand to guard me,
God’s way to lie before
me,
God’s shield to protect me,
God’s host to secure me—
against snares of devils,
against temptations and
vices,
against inclinations of
nature,
against everyone who shall
wish me
ill, afar and anear,
alone and in a crowd. . .
Christ be with me, Christ before
me,
Christ behind me,
Christ in me, Christ beneath me,
Christ above me,
Christ on my right, Christ on my
left,
Christ where I lie, Christ
where I sit,
Christ where I arise,
Christ in the heart of every
man who thinks of me,

St. Patrick’s Breastplate
(lorica) “Faeth Fiada”

God's Shield to shelter me,
God's Host to secure me,
Against the snares of
demons,
Against the seductions of
vices,
Against the lusts of nature,
Against everyone who
meditates injury to me,
Whether far or near,
Whether few or with many.

I invoke today all these
virtues
Against every hostile
merciless power
Which may assail my body
and my soul,
Against the incantations of
false prophets,
Against the black laws of
heathenism,
Against the false laws of
heresy,
Against the deceits of
idolatry,
Against the spells of
women, and smiths, and
druids,
Against every knowledge
that binds the soul of man.

Christ, protect me today
Against every poison,
The light of the sun,
The brightness of the moon,
The splendour of fire,
The flashing of lightning,
The swiftness of wind,
The depth of sea,
The stability of earth,
The compactness of rocks.

I bind to myself today
God's Power to guide me,
God's Might to uphold me,
God's Wisdom to teach me,
God's Eye to watch over me,
God's Ear to hear me,
God's Word to give me speech,
God's Hand to guide me,
God's Way to lie before me,

Christ in the mouth of every man who speaks of me,
Christ in every eye that sees me,
Christ in every ear that hears me.
Salvation is of the Lord.
Salvation is of the Lord,
Salvation is of the Christ.
May your salvation, O Lord, be ever with us.

Christ in the mouth of every man who speaks of me,
Christ in every eye that sees me,
Christ in every ear that hears me.

I bind to myself today
The strong virtue of an invocation of the Trinity,
I believe the Trinity in the Unity
The Creator of the Universe.

Amen.

PRAYERS AGAINST THE SEVEN DEADLY SINS

1. Against Pride.

O LORD Jesus Christ, Pattern of humility, who didst empty Thyself of Thy glory, and take upon Thee the form of a servant: root out of us all pride and conceit of heart, that, owing ourselves miserable and guilty sinners, we may willingly bear contempt and reproaches for Thy sake, and, glorying in nothing but Thee, may esteem ourselves lowly in Thy sight. Not unto us, O Lord, but to Thy name be the praise, for Thy loving mercy

Against burning,
Against drowning, against death-wound,
That I may receive abundant reward.

Christ with me, Christ before me,
Christ behind me, Christ within me,
Christ beneath me, Christ above me,
Christ at my right, Christ at my left,
Christ in the fort,
Christ in the chariot seat,
Christ in the ship,
Christ in the heart of everyone who thinks of me,
Christ in the mouth of everyone who speaks to me,
Christ in every eye that sees me,
Christ in every ear that hears me.

I bind to myself today
The strong virtue of an invocation of the Trinity,
I believe the Trinity in the Unity
The Creator of the Universe.
and for Thy truth's sake.

Amen.

2. Against Covetousness.

O LORD Jesus Christ, who though Thou wast rich yet for our sakes didst become poor, grant that all over-eagerness and covetousness of earthly goods may die in us, and the desire of heavenly things may live and grow in us: keep us from all idle and vain expenditures, that we may always have to give to him that needeth, and that giving not grudgingly nor of necessity, but cheerfully, we may be loved of Thee, and be made through Thy merits partakers of the riches of Thy heavenly treasure.

Amen.

3. Against Lust

O LORD Jesus Christ, Guardian of chaste souls, and lover of purity, who wast pleased to take our nature and to be born of an immaculate Virgin: mercifully look upon my infirmity. Create in me a clean heart, O God: and renew a right spirit within me; help me to drive away all evil thoughts, to conquer every sinful desire, and so pierce my flesh with the fear of Thee that, this worst enemy being overcome, I may serve Thee with a chaste body and please Thee with a pure heart.

Amen.

4. Against Anger.

O MOST meek Jesus, Prince of Peace, who when Thou wast reviled, didst not revile, and on the Cross didst pray for Thy murderers: implant in our hearts the virtues of gentleness and patience, that, restraining the fierceness of anger, impatience, and resentment, we may overcome evil with good, for Thy sake love our enemies, and as children of our heavenly Father seek Thy peace and evermore rejoice in Thy love.

Amen.

5. Against Gluttony.

O LORD Jesus Christ, Mirror of abstinence, who, to teach us the virtue of abstinence, didst fast forty days and forty nights, grant that, serving Thee and not our own appetites, we may live soberly and piously with contentment, without greediness, gluttony, or drunkenness, that Thy will being our meat and drink, we may hunger and thirst after justice, and finally obtain from Thee that food which endureth unto life eternal.

Amen.
6. Against Envy.

O MOST loving Jesus, Pattern of charity, who makest all the commandments of the law to consist in love towards God and towards man, grant to us so to love Thee with all our heart, with all our mind, and all our soul, and our neighbor for Thy sake, that the grace of charity and brotherly love may dwell in us, and all envy, harshness, and ill-will may die in us; and fill our hearts with love, kindness, and compassion, so that by constantly rejoicing in the happiness and success of others, by sympathizing with them in their sorrows, and putting away all harsh judgements and envious thoughts, we may follow Thee, who art Thyself the true and perfect love.

Amen.

7. Against Sloth

O Lord Jesus, eternal Love, who in the garden didst pray so long and so fervently that Thy sweat was, as it were, drops of blood falling down to the ground: put away from us, we beseech Thee, all sloth and inactivity both of body and mind; kindle within us the fire of Thy love; strengthen our weakness, that whatsoever our hand is able to do we may do earnestly, and that, striving heartily to please Thee in this life, we may have Thee hereafter as our reward exceedingly great.

Amen.

SEVEN THANKSGIVINGS FOR THE SEVEN SHEDDINGS OF OUR LORD'S BLOOD

AGAINST THE SEVEN DEADLY SINS

I. O Most humble Lord and Master, Jesus Christ, true God and true Man, eternal praise and thanksgiving be to Thee, because in Thy tenderest age, on the eighth day of Thy mortal life, Thou didst vouchsafe to shed Thy precious and innocent Blood for us, and as a true Son of Abraham to bear the pain of circumcision.

By this most holy shedding of Thy Blood, I beg of Thee the grace of humility against all pride and worldly vanity.

Our Father...O Saviour of the world, who by Thy Cross and precious Blood hast redeemed us: save us, and help us, we humbly beseech Thee, O Lord.

II. O THOU whose love is like the pelican's for her young, Jesus Christ, true God and true Man, eternal praise and thanksgiving be to Thee, because in the Garden, out of exceeding anguish of Thy Heart, Thou didst pour forth a bloody sweat, and, wholly resigning Thyself to death, didst offer it to Thy Father.

By this most holy shedding of Thy Blood, I ask of Thee the grace of liberality against all
covetousness and avarice.

_Our Father._ . .

O Saviour of the world, who by Thy Cross and precious Blood hast redeemed us: save us, and help us, we humbly beseech Thee, O Lord.

III. O MOST chaste Spouse, Jesus Christ, true God and true Man, eternal praise and thanksgiving be to Thee, because Thou didst suffer Thyself to be merciessly bound in Pilate's judgement hall, and Thy virginal flesh to be cruelly scourged and mangled.

By this most holy shedding of Thy Blood, I implore Thee the grace of chastity against all sensuality and lust.

_Our Father._ . .

O Saviour of the world, who by Thy Cross and precious Blood hast redeemed us: save us, and help us, we humbly beseech Thee, O Lord.

IV. O MOST meek Lamb, Jesus Christ, true God and true Man, eternal praise and thanksgiving be to Thee, because Thou didst suffer Thy sacred Head to be crowned with piercing thorns and struck with a hard reed.

By this most holy shedding of Thy Blood, I pray Thee for the grace of meekness against all anger and desire of revenge.

_Our Father._ . .

O Saviour of the world, who by Thy Cross and precious Blood hast redeemed us: save us, and help us, we humbly beseech Thee, O Lord.

V. O MOST sweet Jesus Christ, Pattern of temperance and self-denial, true God and true Man, eternal praise and thanksgiving be to Thee, because Thou didst allow Thy garments to be torn from Thy bleeding body both before and after the carrying of Thy Cross, which opened Thy wounds again, and caused them to bleed afresh.

By this most holy shedding of Thy Blood, I beseech of Thee the grace of temperance and abstinence against all greediness and gluttony.

_Our Father._ . .

O Saviour of the world, who by Thy Cross and precious Blood hast redeemed us: save us, and help us, we humbly beseech Thee, O Lord.

VI. O GOOD and faithful Samaritan, Jesus Christ, true God and true Man, eternal praise and thanksgiving be to Thee, because out of Thy burning love for us Thou didst suffer Thy sacred Hands and Feet to be pierced and nailed to the Cross for our redemption.

By this most holy shedding of Thy Blood, I beg of Thee the grace of brotherly love against all envy and jealously.
Our Father... 
O Saviour of the world, who by Thy Cross and precious Blood hast redeemed us: save us, and help us, we humbly beseech Thee, O Lord.

VII. O Most zealous High-Priest, true God and true Man, eternal praise and thanksgiving be to Thee, because Thou didst suffer Thy sacred side to be pierced, opened, and wounded with a spear.

By this most holy shedding of Thy Blood, I earnestly pray Thee for the grace of holy zeal and fervor against all sloth and weariness in Thy service, and in every religious exercise.

Our Father... 
O Saviour of the world, who by Thy Cross and precious Blood hast redeemed us: save us, and help us, we humbly beseech Thee, O Lord. Amen.

Heart of Jesus
Heart of Jesus, Victim of charity, make me a living sacrifice to Thee, holy, and pleasing unto God.

Amen.

Prayer to the Sacred Heart of Jesus
by Saint Gertrude the Great

O Sacred Heart of Jesus, fountain of eternal life, Your Heart is a glowing furnace of Love. You are my refuge and my sanctuary.
O my adorable and loving Savior, consume my heart with the burning fire with which Yours is aflamed. Pour down on my soul those graces which flow from Your love. Let my heart be united with Yours. Let my will be conformed to Yours in all things. May Your Will be the rule of all my desires and actions.

Amen.

Take and Receive
by St. Ignatius of Loyola

Take and receive, o Lord, my liberty, Take all my will, my mind, my memory. All things I hold, and all I own are Thine. Thine was the gift, to Thee, I all resign. Do Thou direct and govern all in sway, Do what Thou wilt command, and I obey. Only Thy grace, Thy love on me bestow, These make me rich, all else will I forego.
Prayer of St. Francis of Assisi before a Crucifix

Most High glorious
God enlighten the darkness
of my heart.
Give me Lord,
a correct faith,
a certain hope,
a perfect charity,
sense and knowledge,
so that I may carry out
your holy and true
command.

Amen.

An Act of Adoration
from the Small Roman Missal

O Great God, the Sovereign Lord of heaven and earth, I prostrate myself before Thee. With all the Angels and Saints I adore Thee, I acknowledge Thee to be my Creator and Sovereign Lord, my first beginning and last end. I render to Thee the homage of my being and life. I submit myself to Thy holy Will, and I devote myself to Thy divine service this day and for ever.

Amen.

An Act of Petition
from the Small Roman Missal

ADORABLE Saviour, “in Whom are hid all the treasures of wisdom and knowledge, and all the fullness of the Godhead dwelleth corporally,” consider my many wants, and grant me those graces which Thou knowest I stand in need of to do Thy will in all things. Thou knowest my weakness and the necessity which I endure; in how great evils and vices I am immersed: how often I am oppressed, tempted, troubled and defiled. To Thee I come for remedy. I pray to Thee for comfort and succour. I speak to Him that knows all things; to Whom all that is within me is manifest, and Who alone can perfectly comfort and help me. Thou knowest what good things I stand most in need of, and how poor I am in virtues.

Behold I stand before Thee poor and naked, begging Thy grace, and imploring Thy mercy. Feed Thy hungry suppliant; inflame my coldness with the fire of Thy love; enlighten my blindness with the brightness of Thy presence.

Amen.
Ancient Prayer to St. Joseph
(Said as a novena in the morning for anything you may desire. It has seldom been known to fail.)

O St. Joseph whose protection is so great, so strong, so prompt before the Throne of God, I place in you all my interests and desires. O St. Joseph do assist me by your powerful intercession and obtain for me from your Divine Son all spiritual blessings through Jesus Christ, Our Lord; so that having engaged here below your Heavenly power I may offer my thanksgiving and homage to the most Loving of Fathers. O St. Joseph, I never weary of contemplating you and Jesus asleep in your arms. I dare not approach you while He repose near your heart. Press him in my name and kiss His fine Head for me, and ask Him to return the kiss when I draw my dying breath. St. Joseph, Patron of departing souls, pray for us.

Amen.

Eternal Rest (Requiem aeternam)

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May their souls, and all the souls of the faithfully departed, through the mercy of God, rest in peace.

Amen.

Eternal Rest (Longer ver.)

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May they rest in peace. Amen.

O Lord hear my prayer, and let my cry come to you.

O God, the creator and redeemer of all the faithful, grant to the souls of your departed servants the remission of all their sins that through our prayers they may obtain that pardon which they have always desired.

Amen.

Shine Through Me
by St. John Neuman

Dear Jesus, help me to spread Your Fragrance everywhere I go. Penetrate and possess my whole being so utterly that all my life may only be a radiance of Yours. Shine through me and be so in me, that every soul I come in contact with may feel Your Presence in my soul: let them look up and see no longer me--but only Jesus.

Amen.
An Excerpt on Mortification
by St. Anthony Mary Claret

1. He who mortifies his body for the purpose of checking concupiscence, performs an act of the virtue of temperance.
2. If he does this, purposing thereby to regulate his life well, it will be an act of the virtue of prudence.
3. If he mortifies himself for the purpose of satisfying for the sins of his past life, it will be an act of justice.
4. If he does it with the intention of conquering the difficulties of the spiritual life, it will be an act of fortitude.
5. If he practices this virtue of mortification for the end of offering a sacrifice to God, depriving himself of what he likes, and doing that which is bitter and repugnant to nature, it will be an act of the virtue of religion.
6. If he intends by mortification to receive greater light to know the divine attributes, it will be an act of faith.
7. If he does it for the purpose of making his salvation more and more secure, it will be an act of hope.
8. If he denies himself in order to help in the conversion of sinners, and for the release of the poor souls in purgatory, it will be an act of charity towards his neighbor.
9. If he does it so as to help the poor, it will be an act of mercy.
10. If he mortifies himself for the sake of pleasing God more and more, it will be an act of love of God.

Holy Water Prayer

Lord, by this holy water and by Thy Precious Blood, wash me free from sin.
Amen.

From the book “The 9 Ways of Prayer of St. Dominic”

1) Inclinations
2) Prostrations
3) Penance
4) Genuflexions
5) Contemplation
6) Earnest Intercession
7) Supplication
8) Thoughtful Reading
9) Praying on a Journey

Canticle of the Sun of St. Francis of Assissi

Most High Almighty Good Lord, Yours are praise, glory, honor and all blessings!
To You alone! Most High, do they belong, and no man is worthy of speaking Your Name!
Be praised, Lord, with all Your creatures, and above all our Brother Sun, who gives us the day by which You light our way, and who is beautiful, radiant and with his great splendor is a symbol to us of You, O Most High!

And be praised, Lord, for our Sister Moon and the Stars. You created them in the heavens bright, precious and beautiful!

And be praised, Lord, for our Brother the Wind and for the air and the clouds and for fair weather and for all other through which You sustain Your creatures.

And be praised, Lord, for our Sister Water, so useful, and humble, and chaste!

And be praised, my Lord, for our Brother Fire, through whom You light up the night and who is handsome, joyful, robust, and strong!

And be praised, my Lord, for our Sister, Mother Earth, who supports and carries us and produces the diverse fruits and colorful flowers and trees!

Praise and bless the Lord and give thanks to Him and serve Him with great humility!

Be praised, my Lord, for our Sister, bodily Death from whom no living man can escape! Woe only to those who die in mortal sin; but blessed are those who have done Your most holy will; for the second death can cause them no harm!

Amen.

*Canticle of Brother Sun and Sister Moon of St. Francis of Assisi (alternate translation)*

Most High, all-powerful, all-good Lord,
All praise is Yours, all glory, all honour and all blessings.
To you alone, Most High, do they belong,
and no mortal lips are worthy to pronounce Your Name.
Praised be You my Lord with all Your creatures,
especially Sir Brother Sun,
Who is the day through whom You give us light.
And he is beautiful and radiant with great splendour,
Of You Most High, he bears the likeness.
Praised be You, my Lord, through Sister Moon and the stars,
In the heavens you have made them bright, precious and fair.
Praised be You, my Lord, through Brothers Wind and Air,
And fair and stormy, all weather's moods,
by which You cherish all that You have made.
Praised be You my Lord through Sister Water,
So useful, humble, precious and pure.
Praised be You my Lord through Brother Fire,
through whom You light the night
and he is beautiful and playful and robust and strong.
Praised be You my Lord through our Sister,
Mother Earth
who sustains and governs us,
producing varied fruits with coloured flowers and herbs.
Praise be You my Lord through those who grant pardon
for love of You and bear sickness and trial.
Blessed are those who endure in peace,
By You Most High, they will be crowned.
Praised be You, my Lord through Sister Death,
from whom no-one living can escape.
Woe to those who die in mortal sin!
Blessed are they She finds doing Your Will.
No second death can do them harm.
Praise and bless my Lord and give Him thanks,
And serve Him with great humility.

Alternate Canticle of Creatures in English and the Original Italian Umbrian Dialect

Most High, All-powerful, All-Good, Lord!
All praise is Yours,
all glory, all honor
And all blessing.

To You alone, Most High, do they belong.
No mortal lips are worthy
To pronounce your name.

All praise be Yours, my Lord, through all that You have made,
And first my lord Brother Sun,
Who brings the day; and light you give to us through him.
How beautiful is he, how radiant in all his splendor!
Of You, Most High, he bears the likeness.

All praise be Yours, my Lord, through Sister Moon and Stars;
In the heavens You have made them, bright
And precious and fair.

All praise be Yours, my Lord, through Brothers Wind and Air,
And fair and stormy, all the weather's moods,  
By which You cherish all that You have made.

All praise be Yours, my Lord, through Sister Water,  
So useful, lowly, precious, and pure.

All praise be Yours, my Lord, through Brother Fire,  
Through whom You brighten up the night.  
How beautiful he is, how happy! Full of power and strength.

All praise be Yours, my Lord, through Sister Earth, our mother,  
Who feeds us in her sovereignty and produces Various fruits and colored flowers and herbs.

All praise be Yours, my Lord, through those who grant pardon For love of You; through those who endure Sickness and trial.

Happy those who endure in peace,  
By You, Most High, they will be crowned.

All praise be Yours, my Lord, through Sister Death-of-the-Body, From whose embrace no mortal can escape. Woe to those who die in mortal sin, Happy those She finds doing Your holy will! The second death can do no harm to them.

Praise and bless my Lord, and give Him thanks,
And serve Him with great humility.

\textit{Amen.}

\textbf{Hail, Holy Lady}
\textit{by St. Francis of Assisi}

Hail, holy Lady, most holy Queen,
Mary, Mother of God, ever Virgin.
You were chosen by the Most High Father in heaven,
consecrated by Him, with His most Holy Beloved Son
and the Holy Spirit, the Comforter.
On you descended and still remains all the fullness of grace and every good.
Hail, His Palace.
Hail, His Tabernacle.
Hail, His Robe.
Hail, His Handmaid.
Hail, His Mother.
and Hail, all holy Virtues, who, by grace and inspiration of the Holy Spirit,
are poured into the hearts of the faithful
so that from their faithless state,
they may be made faithful servants of God through you.

\textbf{Come, Holy Ghost, Creator blest} (Veni, Creator)

Come, Holy Spirit, Creator blest,
And in our souls take up your rest;
Come with your grace and heavenly aid
To fill the hearts which you have made.

O Comforter, to you we cry,
O heavenly gift of God Most High,
O fount of life and fire of love,
And sweet anointing from above.

You in your sevenfold gifts are known;
You, finger of God's hand we own;
You, promise of the Father, you
Who do the tongue with power imbue.

Kindle our senses from above,
And make our hearts o'erflow with love;
With patience firm and virtue high
The weakness of our flesh supply.

Far from us drive the foe we dread,
And grant us your peace instead;
So shall we not, with you for guide,
Turn from the path of life aside.

Oh, may your grace on us bestow
The Father and the Son to know;
And you, through endless times confessed,
Of both the eternal Spirit blest.

Now to the Father and the Son,
Who rose from death, be glory given,
With you, O holy Comforter,
Henceforth by all in earth and heaven.

Amen.

Bless the Day, and Hours, and Minutes..

Oh Lord, I ask of thee to bless this day, from beginning to end, and every hour in it. And within every hour, every minute. And within every minute, ever second. So that within every second, coming and going, there will be no time wherein my thoughts stir from thee, my Beloved.

Amen.

Agnus Dei Invocation

To repel temptation of the spiteful fiend; to banish languor of a soul by fostering piety.
To safeguard us against poisons, and against the dangers of a sudden death.
To ward off the menaces of lightning, thunder, and raging storm.
To snatch from risk by water, fire, or other baneful element.
To protect the mother in bringing forth her offspring; to shield the new-born child.

Lamb of God protect us
Lamb of God have mercy on us.
Lamb of God protect us.

O Lord Let All Creation Be Blessed This Day

Blessed be the Sun, the Moon the Stars, Blessed be the Wind and Waters; O Lord, let all the Earth be blessed, all peoples, and all thy Angelic Choirs too. And blessed be our Sister Bodily Death, let men greet her happily.

O Creation,
Humbly, let the Lord be asked for His blessings, on all creatures great and small.

Amen.
Upon Every Hour Pray
St. Gertrude the Great’s Prayer & The Divine Mercy

Prayer of St. Gertrude the Great

O Eternal Father, I offer thee the Most Precious Blood of Thy Divine Son Jesus,
   In union with the masses said throughout the world today,
       For all the holy souls in Purgatory,
           And sinners everywhere.
       For sinners in the Universal Church, for those in my home, and those within my family.

   Amen.

Remember this Day You are Called to Acts of Mercy

The Seven Corporal Works of Mercy (Mt 25: 35, 36, Tob 12;12)

   Feed the hungry
   Give drink to the thirsty
       Clothe the naked
   Shelter the homeless
   Comfort the imprisoned
       Visit the sick
   Bury the dead

The Seven Spiritual Works of Mercy

   Admonish sinners
   Instruct the uninformed
   Counsel the doubtful
   Comfort the sorrowful
   Be patient with those in error
   Forgive offenses
   Pray for the living and the dead

   How much mercy have you shown this day?

Divine Mercy Prayer

   O Eternal Father,
   I offer Thee the Body and Blood, Soul and Divinity,
of Thy Dearly Beloved Son Our Lord Jesus Christ,
in atonement for our sins and those of the whole world.

_Amen._

For the sake of His sorrowful passion have mercy on us and on the whole world.

_Amen._

**Pardon Me**  
_by St. Ignatius of Loyola_

Pardon me, O perfections of my God, for having preferred imperfect and evil inclinations to Thee!

Pardon me, O justice of my God, for having outraged Thee by my sins.

Pardon me, O holiness of my God, for having so long stained Thy sight's purity by my sins.

Pardon me, O mercy of my God, for having despised so long Thy mercy's voice.

In deep sorrow and contrition, I cast myself at Thy feet: Have mercy on me. _Amen._

**The Seven Offerings of the Most Precious Blood**

Eternal Father, I offer Thee the merits of the Most Precious Blood of Jesus, Thy Beloved Son and my Divine Redeemer, for the propagation and exaltation of my dear Mother the Holy Church, for the safety and prosperity of her visible Head, the Holy Roman Pontiff, for the cardinals, bishops and pastors of souls, and for all the ministers of the sanctuary.

_Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now, and ever shall be, world without end. Amen. Blessed and praised forevermore be Jesus Who hath saved us by His Precious Blood! Amen._

Eternal Father, I offer Thee the merits of the Most Precious Blood of Jesus, Thy Beloved Son and my Divine Redeemer, for the peace and concord of nations, for the conversion of the enemies of our holy faith and for the happiness of all Christian people.

_Glory be, etc._

Eternal Father, I offer Thee the merits of the Most Precious Blood of Jesus, Thy Beloved Son and my Divine Redeemer, for the repentance of unbelievers, the extirpation of all heresies, and the conversion of sinners.

_Glory be, etc._

Eternal Father, I offer Thee the merits of the Most Precious Blood of Jesus, Thy Beloved Son and my Divine Redeemer, for all my relations, friends and enemies, for the poor, the sick, and those in tribulation, and for all those for whom Thou willest I should pray, or
knowest that I ought to pray.

Glory be, etc.

Eternal Father, I offer Thee the merits of the Most Precious Blood of Jesus, Thy Beloved Son and my Divine Redeemer, for all those who shall this day pass to another life, that Thou mayest preserve them from the pains of hell, and admit them the more readily to the possession of Thy Glory.

Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now, and ever shall be, world without end. Amen. Blessed and praised forevermore be Jesus Who hath saved us by His Precious Blood! Amen.

Eternal Father, I offer Thee the merits of the Most Precious Blood of Jesus, Thy Beloved Son and my Divine Redeemer, for all those who are lovers of this Treasure of His Blood, and for all those who join with me in adoring and honoring It, and for all those who try to spread devotion to It . . .

Glory be, etc.

Eternal Father, I offer Thee the merits of the Most Precious Blood of Jesus, Thy Beloved Son and my Divine Redeemer, for all my wants, spiritual and temporal, for the holy souls in Purgatory, and particularly for those who in their lifetime were most devoted to this Price of our redemption, and to the sorrows and pains of our dear Mother, most Holy Mary . . .

Glory be, etc.

Blessed and exalted by the Blood of Jesus, now and always, and through all eternity.

Amen.

On His Way to Calvary

2 Our Fathers, 2 Hail Marys, 2 Glory Bes in Honor of the drops of Blood Lost by our Lord Jesus Christ on His Way to Calvary, for 3 years.

Magnificat

My soul doth magnify the Lord.  
And my spirit rejoiceth in God my Saviour.  
Because He hath regarded the humility of His handmaid: for behold from henceforth all generations shall call me blessed.  
For He that is mighty hath done great things to me, and holy is His name. And His mercy is from generation unto generations to them that fear Him.  
He hath showed might in His arm: He hath scattered the proud in the conceit of their heart.  
He hath put down the mighty from their seat: and hath exalted the humble.  
He hath filled the hungry with good things: and the rich He hath sent empty away.  
He hath received Israel His servant: being mindful of His mercy.
As He spoke to our fathers: to Abraham and to his seed forever.

Amen.

**Ancient Prayer “We fly to your Patronage”**  
*(Sub tuum praesidium)*

We fly to your patronage, O Holy Mother of God:  
despise not our petitions in our necessities,  
but deliver us always from all dangers,  
O Glorious and Blessed Virgin.

**The Seven Gifts of the Holy Spirit (Is 11:2-3)**  
Wisdom, Fortitude, Fear of the Lord, Understanding, Knowledge, Counsel, Piety.

Magnificent Holy Spirit of God, we praise you, we adore you, we acknowledge your glory. Kindle your fire in our hearts, bless us with your presence, we humbly beg the gifts of your mercy: Let the graces of wisdom, fortitude, fear of the Lord, understanding, knowledge, counsel, and piety dwell within us that they may bear fruit.

Amen.

**The Twelve Fruits of the Holy Spirit (Gal 5:22)**  
Charity, Joy, Peace Patience, Benignity, Goodness, Long-Suffering, Mildness, Faith, Modesty, Continency, Chastity.

Come, O Holy Spirit, fill our hearts with Thy heavenly fruits, Thy charity, joy, peace, patience, benignity, goodness, faith, mildness, and temperance, that we may never weary in the service of God, but by continued faithful submission to Thy inspiration may merit to be united eternally with Thee in the love of the Father and the Son.

Amen.

**The Eight Beatitudes (Mt. 5)**

1. Blessed are the poor in spirit; for theirs is the kingdom of Heaven.  
2. Blessed are the meek; for they shall inherit the earth.  
3. Blessed are they that mourn; for they shall be comforted.  
4. Blessed are they that hunger and thirst after justice, for they shall be filled.  
5. Blessed are the merciful: for they shall obtain mercy.  
6. Blessed are the pure of heart; for they shall see God.  
7. Blessed are the peacemakers; for they shall be called the children of God.  
8. Blessed are they that suffer persecution for justice's sake; for theirs is the kingdom of Heaven.

**The Hour of Great Mercy**

In His many visions to Blessed Faustina the Lord revealed to her that He would like us to
say a special prayer and to meditate on His Passion each afternoon at three o'clock, the hour of His death on the cross. He revealed this to her after she said the prayer:

“You expired, Jesus, but the source of life gushed forth for souls and the ocean of mercy opened up for the whole world O fount of life, unfathomable Divine Mercy, envelop the whole world and empty Yourself out upon us.”

He asked:

"At three o'clock, implore My mercy, especially for sinners: and, if only for a brief moment, immerse yourself in My Passion, particularly in My abandonment at the moment of agony. This is the hour of great mercy…In this hour I will refuse nothing to the soul that makes a request of Me in virtue of my Passion."

"As often as you hear the clock strike the third hour, immerse yourself completely in My mercy, adoring and glorifying it; invoke it's omnipotence for the whole world, and particularly for poor sinners; for at that moment mercy was opened wide for every soul. In this hour you can obtain everything for yourself and for others for the asking; it was the hour of grace for the whole world - mercy triumphed over justice…"Try your best to make the Stations of the Cross in this hour, provided that your duties permit it, and if you are not able to make the Stations of the Cross, then at least step into the chapel for a moment and adore, in the Most Blessed Sacrament, My Heart, which is full of mercy; and should you be unable to step into the chapel, immerse yourself in prayer there where you happen to be, if only for a very brief instant."

Prayer That We May Seek God and Find Him

By St Ambrose of Milan, Bishop, Writer, Doctor

Lord, teach me to seek you, and reveal yourself to me when I seek you. For I cannot seek you unless you first teach me, nor find you unless you first reveal yourself to me. Let me seek you in longing and long for you in seeking. Let me find you in love, and love you in finding.

Amen.

Prayer of Saint John Chrysostom

According to the Hours of the Day and Night

1. O Lord, deprive me not of Thy heavenly blessings;
2. O Lord, deliver me from eternal torment;
3. O Lord, if I have sinned in my mind or thought, in word deed, forgive me.
4. O Lord, deliver me from every ignorance and heedlessness, from pettiness of the soul and stony hardness of heart;
5. O Lord, deliver me from every temptation;
6. O Lord, enlighten my heart darkened by evil desires;
7. O Lord, I, being a human being, have sinned; do Thou, being God, forgive me in Thy lovingkindness, for Thou knowest the weakness of my soul.
8. O Lord, send down Thy grace to help me, that I may glorify Thy holy Name;
9. O Lord Jesus Christ, inscribe me, Thy servant, in the Book of Life, and grant me a blessed end;
10. O Lord my God, even if I have done nothing good in Thy sight, yet grant me, according to Thy grace, that I may make a start in doing good.
11. O Lord, sprinkle on my heart the dew of Thy grace;
12. O Lord of heaven and earth, remember me, Thy sinful servant, cold of heart and impure, in Thy Kingdom.
13. O Lord, receive me in repentance;
14. O Lord, leave me not;
15. O Lord, save me from temptation;
16. O Lord, grant me pure thoughts;
17. O Lord, grant me tears of repentance, remembrance of death, and the sense of peace;
18. O Lord, grant me mindfulness to confess my sins;
19. O Lord, grant me humility, charity, and obedience;
20. O Lord, grant me tolerance, magnanimity, and gentleness;
21. O Lord, implant in me the root of all blessings: the fear of Thee in my heart;
22. O Lord, vouchsafe that I may love Thee with all my heart and soul, and that I may obey in all things Thy will;
23. O Lord, shield me from evil persons and devils and passions and all other lawless matters;
24. O Lord, Who knowest Thy creation and that which Thou hast willed for it; may Thy will also be fulfilled in me, a sinner, for Thou art blessed forevermore. Amen.

DAILY PRAYER TO THE HOLY SPIRIT

Creator Spirit, come and visit the souls that are Yours:
fill with heavenly grace the hearts that You created.

You are called by the names of Paraclete,
gift of God most high, spring of life,
fire, love and the soul's anointing.

Seven gifts are Yours to give.
You are the finger of the Father's right hand.
You, the clear promise of the Father,
give men's tongues the grace of speech.

Kindle a light in our minds,
pour love into our hearts
and uphold with Your unfailing strength
the frailty of our human nature.

Drive our enemy far from us
and give us always the gift of peace;
so may it be that,
with Your grace ever guiding us in this way,
we may avoid all that is sinful.

Grant that through You
we may know the Father and the Son,
and may we ever believe You
to be the Spirit of both
the Father and the Son.

Glory be to God the Father,
and to the Son,
who rose from the dead,
and to the Paraclete
for ever and ever.

*Amen.*

**DAILY PRAYER TO THE HOLY SPIRIT (Short Version)**

O Holy Spirit,
I humbly implore You,
be with me always
so that in all things,
I may act under the influence
of Your holy inspiration.

*Amen.*

**Prayer of Reconciliation**

Come, Holy Spirit, enlighten the darkness of my understanding and sharpen my conscience, so that I may recognize God’s will in all things. Send forth your light and truth into my soul! May I see all my sins and failures in this light and confess them with a contrite heart. Jesus Christ, gentle Savior, I put my hope of salvation in you. Accept my confession with loving mercy and move my heart to true sorrow for my sins. Heavenly Father, when you look into my soul, look not so much at the evil I have done but at the genuine sorrow which I feel within my heart. Help me to confess all my sins with a childlike trust in your loving forgiveness. Amen.

**The Confiteor**

I confess to Almighty God, to blessed Mary ever Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the holy Apostles Peter and Paul, and to all the saints that I have sinned exceedingly in thought, word, and deed, through my fault, through my fault, through my most grievous fault

*(beat the breast once upon each mea culpa)*
Therefore, I beseech blessed Mary ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy Apostles Peter and Paul, and all the saints, to pray to the Lord our God for me.

May Almighty God have mercy on me, and forgive me my sins, and bring me to everlasting life. Amen.
May the Almighty and Merciful Lord grant me pardon, absolution, and remission of all my sins. Amen.

**The Confiteor**
*(short version)*

I confess to Almighty God, and to you my brothers and sisters, that I have sinned through my own fault, in my thoughts and in my words, in what I have done and what I have failed to do, and I ask the blessed Mary, ever-virgin, and all the angels and saints, and you my brothers and sisters to pray for me to the Lord Our God. Amen.

**Benediction**

Benediction is a short exposition of the Blessed Sacrament for adoration by and blessing of the faithful. The people may sing an opening hymn or psalm while the priest or deacon comes to the altar.

**O Salutaris**

**O Salutaris Hostia**
*Quae caeli pandis ostium; Bella premunt hostilia, Da robur, fer auxilium.*

**Uni trinoque Domino**
*Sit sempiterna gloria Qui vitam sine termino Nobis donet in patria.*

**Tantum Ergo**

**Tantum ergo Sacramentum**
*Veneremur cernui Et antiquum documentum Novo cedat ritui; Praestet fides supplementum,*
Where the feeble senses fail.
To the everlasting Father
And the Son who reigns on high,
With the Spirit still proceeding
Age to age eternally,
Be salvation, honor, blessing,
Might and endless majesty.

Sensuum defectui.
Genitori Genitoque
Laus et jubilatio,
Salus, honor, virtus quoque
Sit et benedictio:
Procedenti ab utroque
Compar sit laudatio.

Celebrant: You have given them bread from heaven. (Paschal Time, Alleluia.)
Panem de caelo praestitisti eis. (P.T. Alleluia)

People: Having in it all that is sweet. (P.T., Alleluia)
Omne delectamentum in se habentem. (P.T., Alleluia)

Celebrant: Let us pray. O God, who in this wonderful sacrament left us a memorial of your passion, grant, we implore you, that we may so venerate the sacred mysteries of your Body and Blood as always to be mindful of the fruits of your redemption. You who live and reign, forever and ever.

People: Amen.

(all present pray the Divine Praises. A closing hymn may be sung.)

St. Denis's Prayer

You are wisdom, uncreated and eternal,
The supreme first cause, above all being,
Sovereign Godhead, sovereign goodness,
Watching unseen the God-inspired wisdom of Christian people.

Raise us, we pray, that we may totally respond to the supreme, unknown, ultimate, and splendid height of your words, mysterious and inspired.

There all God's secret matters lie covered and hidden under darkness both profound and brilliant, silent and wise.

You make what is ultimate and beyond brightness secretly to shine in all that is most dark.

In your way, ever unseen and intangible, you fill to the full with most beautiful splendor those souls who close their eyes that they may see.

And I, please, with love that goes on beyond mind to all that is beyond mind, seek to gain such for myself through this prayer.

[St. Denis, From The Cloud of Unknowing, 14th century]
An Offering of the Hearts of Jesus and Mary

O Jesus, only Son of God, only Son of Mary,
I offer Thee the most loving Heart of Thy divine Mother
which is more precious and pleasing to Thee than all hearts.
O Mary, Mother of Jesus,
I offer Thee the most adorable Heart of Thy well-beloved Son,
who is the life and love and joy of Thy Heart.
Blessed be the Most Loving Heart
and Sweet Name of Our Lord Jesus Christ
and the most glorious
Virgin Mary, His Mother,
in eternity and forever.

Amen.

- St. John Eudes

EXALTATION OF THE IMMACULATE HEART OF MARY

Queen of the Most Holy Rosary, in this tragic hour of the world's history, we entrust and consecrate ourselves to your Immaculate Heart, our only refuge, our hope, our salvation. Have pity on this world, torn by the most terrible conflicts, burning with the fires of hate, victim of its own sins. May your Heart be moved at the sight of so much ruin, pain and sorrow.
We consecrate to your maternal heart our persons, our families, our country--the whole of humanity. Protect and save us!
O Heart of Mary, source of true love, fill our selfish hearts with divine charity and with that true brotherly love without which there can never be peace. Grant that men and nations may understand and fulfill the precept of your Divine Son, LOVE ONE ANOTHER, in order that true peace may be firmly established in the Justice and Truth of Christ.

Amen.

- Pope Pius XII from the book The Devotion to the Sacred Heart of Jesus

THIRTY DAYS' PRAYER TO ST. JOSEPH
(for any special intention)

In honor of the years he spent with Jesus and Mary

Ever blessed and glorious Joseph, kind and loving father, and helpful friend of all in sorrow! You are the good father and protector of orphans, the defender of the defenseless, the patron of
those in need and sorrow. Look kindly on my request. My sins have
drawn down on me the just displeasure of my God, and so I am
surrounded with unhappiness. To you, loving guardian of the Family of
Nazareth, do I go for help and protection.

Listen, then, I beg you, with fatherly concern, to my earnest
prayers, and obtain for me the favor I ask.

I ask it by the infinite mercy of the eternal Son of God, which
moved Him to take our nature and to be born into this world of
sorrow.

I ask it by the weariness and suffering you endured when you
found no shelter at the inn of Bethlehem for the holy Virgin, nor a
place where the Son of God could be born. Then, being everywhere
refused, you had to allow the Queen of Heaven to give birth to the
world's Redeemer in a cave.

I ask it by the loveliness and power of that sacred Name, Jesus,
which you conferred on the adorable Infant.

I ask it by that painful torture you felt at the prophecy of holy
Simeon, which declared the Child Jesus and his holy Mother future
victims of our sins and of their great love for us.

I ask it through your sorrow and pain of soul when the angel
declared to you that the life of the Child Jesus was sought by His
enemies. From their evil plan you had to flee with Him and His
Blessed Mother into Egypt. I ask it by all the suffering, weariness,
and labors of that long and dangerous journey.

I ask it by all your care to protect the Sacred Child and His
immaculate Mother during your second journey, when you were ordered
to return to your own country. I ask it by your peaceful life in
Nazareth where you met with so many joys and sorrows.

I ask it by your great distress when the adorable Child was lost
to you and His Mother for three days. I ask it by your joy at finding
Him in the Temple, and by the comfort you found at Nazareth, while
living in the company of the Child Jesus. I ask it by the wonderful
submission He showed in His obedience to you.

I ask it by the perfect love and conformity you showed in
accepting the Divine order to depart from this life, and from the
company of Jesus and Mary. I ask it by the joy which filled your
soul, when the Redeemer of the world, triumphant over death and hell,
entered into the possession of His kingdom and led you into it with special honors.

I ask it through Mary's glorious Assumption, and through that endless happiness you have with her in the presence of God.

O good father! I beg you, by all your sufferings, sorrows, and joys, to hear me and obtain for me what I ask. (Here name your petitions or think of them.)

Obtain for all those who have asked my prayers everything that is useful to them in the plan of God. Finally, my dear patron and father, be with me and all who are dear to me in our last moments, that we may eternally sing the praises of

JESUS, MARY AND JOSEPH

"a blameless life,
St. Joseph
may we lead,
by your kind patronage
from danger freed."

Amen.

Prayer to the United Hearts of Jesus and Mary

I trust in Thee, O Heavenly Father, and offer Thee the United Hearts of Jesus and Mary, the Triumphant Bleeding Wounds of Jesus and the Tears of Our Loving Heavenly Mother Mary. Lord, Thy Will be done. Amen. Heavenly Father, I trust in Thee. I offer Thee the United Hearts of Jesus and Mary, the Triumphant Wounds of Jesus and the Tears of Our Loving Heavenly Mother Mary. I give Thee my thoughts, words, deeds, actions, my cells, tissues, nerves, glands, bones and organs, with the United Hearts of Jesus and Mary. Lord, Thy Will be done. Amen. Jesus, Mary, I love Thee. Save souls.

Amen.

Hail Mary of Gold

Hail Mary, White Lily of the Glorious and always-serene Trinity. Hail brilliant Rose of the Garden of heavenly delights: O you, by whom God wanted to be born and by whose milk the King of Heaven wanted to be nourished! Nourish our souls with effusions of divine grace.

Amen!

At the hour when the soul which has thus greeted me quits the body I will appear to them
in such splended beauty that they'll taste, to their great consolation, something of the joys of Paradise.

_The Blessed Virgin to St. Gertrude the Great_
_(Revelations book III, chapter XVIII)_

**Take From Me My Heart of Stone**
_(revised ver.)_

O Lord, take away my heart of stone, my hardened heart, and grant to me a new heart, a heart of flesh, a clean heart! O Thou who purifieth the heart and loveth the clean heart, possess my heart and dwell in it, containing it and filling it, higher than my highest and more intimate than my most intimate thoughts. Thou who art the image of all beauty and the seal of all holiness, seal my heart in Thine image and seal my heart in Thy mercy, O God of my heart and the God of my portion in eternity.

_Amen._

**Aufer A Me Cor Lapideum (Take From Me My Heart of Stone)**

Aufer a me, Domine, cor lapideum, aufer cor coagulatum, da mihi cor novum, cor carneum, cor mundum! Tu cordis mundator et mundi cordis amator, posside cor meum et inhabita, continens et implens, superior summo meo et interior intimo meo! Tu forma pulchritudinis et signaculum sanctitatis, signa cor meum in imagine tua: signa cor meum sub misericordia tua, Deus cordis mei, et pars mea Deus in æternum.

_Amen._

**Prayer to the Heavenly Father**

_[This prayer is to be said with arms extended in the form of a Cross whenever possible.]_

Our Father Who art in heaven!! . . . Send Jesus to us quickly! Send Him soon, we pray Thee, with Faith, with Love, with an ardent desire, we humbly beseech Thee to grant us this favour. Let Jesus come quickly, we implore Thee, that He may rescue so many sheep that are going astray on the way of perdition. Oh, Heavenly Father, we, Thy poor children here on earth, implore Thee! We supplicate Thee!! We confidently hope to obtain this favor from Thee.

_Amen._

**Prayer to Our Lady of Mount Carmel**

O Beautiful Flower of Carmel
Most Fruitful Vine,
Splendor of Heaven,
  Holy and Singular!
Who brought forth the
  Son of God
remaining a pure Virgin,
Assist me in this necessity!

  O Star of the Sea!
Help and protect me!
  Show me that
Thou art my Mother!

Prayer to Our Lady of Perpetual Help

  O Mother of Perpetual Help
Imploring aid we come to thee
Look down on us from far and near
Thy Mother's care will calm all fear

Perpetual Help, we beg of thee
Our souls from sin and sorrow free
Thou fairest flower of heavenly grace
  O turn to earth Thy sinless face.

The Miracle Prayer

[Say this prayer and when you come to the point where you sincerely mean every word of
it, something spiritual will occur to you.]

Lord Jesus, I come before you, just as I am. I am sorry for my sins. I repent of my sins.
Please forgive me. In Your Name, I forgive all others for what they have done against
me. I renounce Satan, the evil spirits and all their works. I give you my entire self. Lord
Jesus, now and forever, I invite you into my life. I accept you as my Lord, God and
Savior. Heal me, change me, strengthen me in body, soul and spirit. Come, Lord Jesus,
cover me with your Precious Blood, and fill me with your Holy Spirit. I love you Lord
Jesus. I praise you Jesus. I thank you Jesus. I shall follow you every day of my life.
Amen. Blessed Virgin Mary, help me. Amen. In union with the Angels that surround the
Tabernacle, I adore You, O Blood of Jesus.

Amen.

O Most Holy Heart

O most holy Heart of Jesus, fountain of every blessing, I adore Thee, I love Thee and
with a lively sorrow for my sins, I offer Thee this poor heart of mine. Make me humble,
patient, pure and wholly obedient to Thy will.
Grant, good Jesus, that I may live in Thee and for Thee. Protect me in the midst of danger; comfort me in my afflictions; give me health of body, assistance in my temporal needs, Thy blessing on all that I do, and the grace of a holy death. Within Thy Heart I place my every care. In every need let me come to Thee with humble trust saying, Heart of Jesus help me.

Amen.

Psalm 23

The Lord is my shepherd, I shall not want; he maketh me to lie down in green pastures. He leadeth me beside the still waters. He restoreth my soul. He leadeth me in paths of righteousness for his name sake. Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; Thy rod and thy staff they comfort me. Thou preparest a table before me in the presence of mine enemies; Thou anointest my head with oil, my cup runneth over. Surely goodness and mercy shall follow me all the days of my life; And I will dwell in the house of the Lord forever.

Finding Blessedness In One's Own History (by Henri Viscardi)

I Asked For...

I prayed for strength that I might achieve;
   I was made weak that I might obey.
I prayed for health that I might do great things;
   I was given infirmity that I might do better things.
I prayed for riches that I might be happy;
   I was given poverty that I might be wise.
I prayed for power that I might have the praise of others;
   I was given weakness that I might feel the need of God.
I prayed for all things that I might enjoy life;
   I was given life that I might enjoy all things.
I received nothing that I asked for - all that I hoped for;
   My prayers were answered - I am most blessed.

THE ANGELUS

The angel of the Lord spoke to Mary. And she conceived of the Holy Spirit. Hail Mary.... Behold the handmaid of the Lord. Be it done unto me according to your word. Hail Mary.... And the Word was made flesh. And dwelled among us. Hail Mary.... Pray for us, O holy mother of God. That we may be made worthy of the promises of Christ. Let us pray. Pour forth, we beg you, O Lord, your grace into our hearts that we to whom the incarnation of Christ your son was made known by the message of an angel may by his passion and cross be brought to the glory of his resurrection. Through the same Christ our Lord.
Prayer in Honor of Sy. Dymphna

Lord Jesus Christ, You have willed that St. Dymphna should be invoked by thousands of clients as the patroness of nervous and mental disease and have brought it about that her interest in these patients should be an inspiration to and an ideal of charity throughout the world. Grant that, through the prayers of this youthful martyr of purity, those who suffer from nervous and mental illness everywhere on earth may be helped and consoled. I recommend to you in particular (Name those for whom you pray).

Be pleased to hear the prayers of St. Dymphna and of your Blessed Mother. Give those whom I recommend the patience to bear with their affliction and resignation to do your divine will. Give them the consolation they need and especially the cure they so much desire, if it be your will. Through Christ Our Lord.

Amen.

To St. Anthony Mary Claret

(Helper of those suffering from cancer, heart trouble, and other serious ailments of soul and body.)

St. Anthony Mary Claret, during your life on earth you often comforted the afflicted and showed such tender love and compassion for the sick and sinful. Intercede for me now that you rejoice in the reward of your virtues in heavenly glory. Look with pity on me (or on the person afflicted or whose conversion is desired) and grant my prayer, if such be the will of God. Make my troubles your own. Speak a word for me to the Immaculate Heart of Mary to obtain by her powerful intercession the grace I yearn for ardently, and a blessing to strengthen me during life, assist me at the hour of death, and lead me to a happy eternity.

Amen.

In Honor of St. John Neumann

Merciful Father, You have given me all that I have in this world, even life itself. In all my daily needs, help me to remember the needs of others too. Make me aware of the need to pray to You not just for myself but for the Church, the Pope, for the clergy and for people who suffer any need.

Make me selfless as Saint John Neumann was. Throughout my life, give me the grace to direct my first thoughts to the service of You and of others. Make my prayer – “Your will be done” knowing that in Your mercy and love, Your will for me is my sanctification. I ask this through Jesus Christ, our Lord.
Amen.

Prayer of St. Anthony of Padua

O Light of the world, Infinite God, Father of eternity, giver of wisdom and knowledge, and ineffable Dispenser of every spiritual grace; who knowest all things before they are made, who makest the darkness and the light: put forth Thy hand and touch my mouth, and make it as a sharp sword to utter eloquently Thy words.

Make my tongue, O Lord, as a chosen arrow, to declare faithfully Thy wonders. Put Thy spirit, O Lord, in my heart, that I may perceive; in my soul, that I may retain; and in my conscience, that I may meditate. Do thou lovingly, holily, mercifully, clemently and gently inspire me with Thy grace.

Do Thou teach, guide and strengthen the comings in and goings out of my senses and my thoughts. And let Thy discipline instruct me even to the end, and the counsel of the Most High help me through Thine infinite wisdom and mercy.

Amen.

Commemoration of St. Francis of Assisi

THIS MAN, despising the world and triumphing over earthly things, heaped up riches riches in heaven by word and deed.

V. Our Lord hath guided the just by right ways.
R. And hath shewed him the kingdom of God.

O LORD Jesus Christ, who when the world was growing cold, didst renew in the flesh of blessed Francis the sacred marks of Thy Passion in order to inflame our hearts with the fire of Thy love: mercifully grant that, by his merits and prayers, we may always carry the Cross and bring forth fruits worthy of repentance: Who livest and reignest for ever and ever.

HIC VIR despiciens mundum et terrena triumphans, divitas caelo condidit ore et manu.

V. Iustum deduxit Dominus per vias rectas.
R. Et ostendit illi regum Dies.

DOMINE Iesu Christe, qui frigescente mundo, ad inflammandum corda nostra tuui amoris igne, in carne beatissimi Francisci Passionis tuae sacra Stigmata renovasti: concede propitius, ut eius meritis et precibus crucem iugiter feramus et dignos fructus paenitentiae faciamus: qui vivis et regnas in saecula saeculorum

Amen.

For Motherhood

Good St. Gerard, powerful intercessor before the throne of God, wonder-worker of our
day, I call upon you and seek your aid. You know that our marriage has not as yet been
blessed with a child and how much my husband and I desire this gift. Please present our
fervent pleas to the Creator of life from whom all parenthood proceeds and beseech him
to bless us with a child whom we may raise as his child and heir of heaven.

_Amen._

**For a Mother with Child**

Almighty and everlasting God, through the power of the Holy Spirit, you prepared
the body and soul of the Virgin Mary to be a worthy dwelling place for your divine Son. You
sanctified St. John the Baptist, while still in his mother’s womb. Listen now to my
prayer. Through the intercession of St. Gerard, watch over my child and me; protect us at
the time of delivery. May my child receive the saving graces of Baptism, lead a Christian
life, and together with all the members of our family, attain everlasting happiness in
heaven.

_Amen._

**Prayer to Our Lady of the Precious Blood**

O God, strengthen us by the intercession of The Blessed Virgin Mary whom Thou hast
given to Thy church as Mother and Help of Christians; by her assistance may we bear
patiently with the problems that afflict us from within and without, overcome them with
love, and thus speak forth to all the mystery of Christ, who liveth and reigneth with Thee
and the Holy Spirit, One God, forever and ever.

_Amen._

**Prayer to Saint Gaspar**

Most loving Saint Gaspar, by that tender affection which you always cherished for the
mystery of our redemption, and by that ardent zeal with which you gave yourself to the
conversion of sinners, and the salvation of souls, obtain for us from the Lord, we beseech
you, a spirit of true penance; so that wholly cleansed in the Blood of Jesus Christ, we
may be saved and may receive those graces which through your intercession we humbly
implore. (Here, mention your request.) Eternal Father we offer you the Precious Blood of
Jesus Christ in atonement for our sins, in supplication for the holy souls in purgatory, and
for the needs of the Holy Church.

_Amen._

**For a Good Confession**

St. Gerard, patron of a good confession, who gave courage to souls whom fear and shame
had overcome, who gave sorrow to their hearts, resolution to their wills, truth to their
faltering lips, help me to make a good confession. Enable me to know my sins, to be truly sorry for them, and to be firmly resolved, with God’s grace, never to sin again. Help me to confess my sins humbly and sincerely, to confess them in the spirit of faith, as confessing them to our Lord himself. Stand by me in this confession, gentle saint.

Amen.

Prayer for Respect for Life

St. Gerard Majella, women the world over have adopted you as their patron in childbearing. Today we invoke your intercession for the pro-life movement. Pray that all will look upon human life as a gift from God, not as an unwanted burden to be destroyed. Assist the efforts of those on earth who are enlisted in the crusade of promoting the dignity and value of all human life, particularly the unborn. This we ask through Christ our Lord.

Amen.

Invocation of St. Blaise

St. Blaise, gracious benefactor of mankind and faithful servant of God, who for the love of our Savior did suffer so many tortures with patience and resignation; I invoke thy powerful intercession. Preserve me from all evils of soul and body. Because of thy great merits God endowed thee with the special grace to help those that suffer from ills of the throat; relieve and preserve me from them, so that I may always be able to fulfill my duties, and with the aid of God's grace perform good works. I invoke thy help as special physician of souls, that I may confess my sins sincerely in the holy sacrament of Penance and obtain their forgiveness. I recommend to thy merciful intercession also those who unfortunately concealed a sin in confession. Obtain for them the grace to accuse themselves sincerely and contritely of the sin they concealed, of the sacrilegious confessions and communions they made, and of all the sins they committed since then, so that they may receive pardon, the grace of God, and the remission of the eternal punishment.

Amen.

Prayer

My LORD and my God! I offer up to Thee my petition in union with the bitter passion and death of Jesus Christ, Thy Son, together with the merits of His immaculate and blessed Mother, Mary ever virgin, and of all the saints, particularly with those of the holy Helper in whose honor I make this novena.

Look down upon me, merciful Lord! Grant me Thy grace and Thy love, and graciously hear my prayer.

Amen.
Prayer of Saint Ephraim

O Lord and Master of my life, Grant not unto me a spirit of idleness, of discouragement, of lust for power, and of vain speaking. But bestow upon me, Thy servant, the spirit of chastity, of meekness, of patience, and of love. Yea, O Lord and King, grant that I may perceive my own transgressions, and judge not my brother, for blessed art Thou unto ages of ages.

Amen.

PRAYER OF SAINT EPHRAIM
(alt. Byzantine)

O Lord and Master of my life, Keep from me the spirit of indifference and discouragement, Lust of power, and idle chatter.

prostration
Instead, grant to me your servant, the spirit of wholeness of being, humblemindedness, patience, and love.

prostration
O Lord and King, grant me the grace to be aware of my sins, and not to judge my brother. For You are holy, now and ever and forever. Amen.

prostration
O divi amoris victima

O divi amoris victima quino cruenta vulnere,
Francisce qui vivam Crucis Christi refers imaginem.

O divi Tu caritatis fervidis
flammis adustus,
sanguinem Christo daturus, barbara
ter cogitasti littora.

Voti sed impos, non sinis
languere flammes desides:
et excitas caelestia,
flagrans amore incendia.

In prole vivens efferas
pervadis oras; algida
gelu soluto, ut ferveant
ardore sancto pectora.

Sic pertimendis lividum
armis Avernum conteris;
virtutis et firmum latus
templo labanti subiicis.

Adsis, Pater, precantibus
ignemque, late quo tua
exarsit ingens caritas,
accende nostris mentibus.

Sit laus Patri et Filio,
sit inclyto Paraclito,
qui nos Parentis optimi
det aemulari spiritum.

Amen.

---

O Victim Dear


O victim dear of heavenly love, impurpled by thy fivefold sign, Saint Francis, father of the poor, of Jesus' Cross a living shrine.

Thou, burning with the glowing flames of love of God and love of man, dost yearn for Christ to shed thy blood and thrice dost try the seas to span.

Although denied thy heart's desire, thou lettest not thine arder wane; but kindled still with love divine to stir new fires thou strivest amain.

Still living in thine Orders three, thou art found in many a savage clime; and frozen hearts, warmed at thy flame, grow fervent with thy fire sublimes.

So shalt thou crush the powers of hell, thy conquering arms our foes dismay; when Holy Church doth seem to fail, still is thy mighty strength her stay.

Come, help us, father, while we pray, thy love within our hearts inspire, thy boundless love, that spreads abroad the glowing brightness of its fire.

Praise we the Father and the Son, praise we the Holy Paraclete: He grant us grace to emulate Our father's spirit, as is meet.


---

To St. Lucy

St. Lucy, your beautiful name signifies light. By the light of faith which God bestowed upon you, increase and preserve this light in my soul so that I may avoid evil, be zealous
in the performance of good works, and abhor nothing so much as the blindness and the
darkness of evil and of sin.

By your intercession with God, obtain for me perfect vision for my eyes and the grace to
use them for God's greater honour and glory and the salvation of all men.

St. Lucy, virgin and martyr, hear my prayers and obtain my petitions.

Amen.

Prayer of St. John Gabriel

O my Divine Savior,
Transform me into Yourself.
May my hands be the hands of Jesus.
Grant that every faculty of my body
May serve only to glorify You.
Above all,
Transform my soul and all its powers
So that my memory, will and affection
May be the memory, will and affections
Of Jesus.
I pray You
To destroy in me all that is not of You.
Grant that I may live but in You, by You and for You,
So that I may truly say, with St. Paul,
"I live - now not I - But Christ lives in me.

Amen.

For the Intercession of St. Maria Goretti

St. Mary Goretti, strengthened by God's grace, you did not hesitate, even at the age of
eleven, to sacrifice life itself to defend your virginal purity. Look graciously on the
unhappy human race that has strayed far from the path of eternal salvation. Teach us all,
and especially our youth, the courage and promptness that will help us avoid anything
that could offend Jesus. Obtain for me a great horror of sin, so that I may live a holy life
on earth and win eternal glory in heaven.

Amen.

Our Father, Hail Mary, and Glory be.

Amen.

For the Intercession of St. Pius X
Glorious Pope of the Eucharist, St. Pius X, you sought "to restore all things in Christ."
Obtain for me a true love of Jesus so that I may live only for Him. Help me to acquire a
lively fervor and a sincere will to strive for sanctity of life, and that I may avail myself of
the riches of the Holy Eucharist in sacrifice and sacrament. By your love for Mary,
mother and queen of all, inflame my heart with tender devotion to her.

Blessed model of the priesthood, obtain for us holy, dedicated priests, and increase
vocations to the religious life. Dispel confusion and hatred and anxiety, and incline our
hearts to peace and concord, so that all nations will place themselves under the sweet

St. Pius X, pray for me, (mention any particular intention).

Prayer to St. Rita

I greet you, Rita, vessel of love,
woman of peace and model of all virtues,
faithful disciple of Jesus.
Saint of the family and of forgiveness,
help us to have faith that everything
is possible for God
and always aid us in every need.

Amen.

St. Anthony of Padua through your life of poverty, teach me to be generous.

Teach me, generous St. Anthony, to imitate the virtues you preached and exemplified by
your life of poverty. Kindly help me always to be generous in sharing with others the
gifts God has given me. By your intercession, make my heart be fixed on God alone and
the splendid reward He has promised us.

Amen.

To the Holy Hearts of Jesus and Mary

I humbly place my heart between the Holy Hearts of Jesus and Mary so that in this
Sanctuary it may be filled to overflowing with the flames of the Fire of Divine Love.

Amen.

Prayer to St. Joseph

By Pope Leo XIII

Ro thee, O blessed Joseph, we have recourse in our affliction, and, having implored the
help of thy thrice holy Spouse, we now with hearts filled with confidence earnestly beg thee also to take us under thy protection. By that charity wherewith thou wert united to the Immaculate Virgin, Mother of God, and by that fatherly love with which thou didst cherish the Child Jesus, we beseech thee and we humbly pray, that thou wilt look down with gracious eye upon that inheritance which Jesus Christ purchased by His blood, and wilt succor us in our need by thy power and strength.

Defend, O most watchful guardian of the Holy Family, the chosen offspring of Jesus Christ. Keep from us, O most loving Father, all blight of error and corruption. Aid us from on high, most valiant defender, in this conflict with the power of darkness. And even as of old thou didst rescue the Child Jesus from the peril of His life, so now defend God’s Holy Church from the snares of the enemy and from all adversity. Shield us ever under thy patronage, that, imitating thy example and strengthened by thy help, we may live a holy life, die a happy death, and attain everlasting bliss in heaven.

Amen.

To the Holy Souls in Purgatory

Oh holy souls in purgatory, you are the certain heirs of heaven. You are most dear to Jesus as the trophies of His Precious Blood and to Mary, mother of mercy. Obtain for me through your intercession the grace to lead a holy life, to die a happy death and to attain to the blessedness of eternity in heaven.

Dear suffering souls, who long to be delivered in order to praise and glorify God in heaven, by your unfailing pity help me in the needs which distress me at this time, particularly... so that I may obtain relief and assistance from God.

In gratitude for your intercession I offer to God in your behalf the satisfactory merits of my prayer and work, my joys and suffering of this day (week, month, or whatever space of time you wish to designate).

Assist at Mass and have a Mass offered for them, if possible. Offerings of the Precious Blood and the Way of the Cross are also powerful means of helping them and obtaining their help.

O Mary Bright Dawn of the New World
by Pope John Paul II, March 25, 1995

O Mary
bright dawn of the new world,
Mother of the living,
to you do we entrust the cause of life:
Look down, O Mother,
upon the vast numbers
of babies not allowed to be born,
of the poor whose lives are made difficult,
of men and women
who are victims of brutal violence,
of the elderly and the sick killed
by indifference or out of misguided mercy.
Grant that all who believe in your Son
may proclaim the Gospel of life
with honesty and love
to the people of our time.
Obtain for them the grace
to accept that Gospel
as a gift ever new,
the joy of celebrating it with gratitude
throughout their lives
and the courage to bear witness to it resolutely, in order to build,
together with all people of good will,
the civilization of truth and love,
to the praise and glory of God,
the Creator and lover of life.

Amen.

In Honour of the Sorrows of the Blessed Virgin Mary

Most holy and afflicted Virgin, Queen of Martyrs, you stood beneath the cross,
witnessing the agony of your dying son. Look with a mother's tenderness and pity on me,
who kneel before you. I venerate your sorrows and I place my requests with filial
confidence in the sanctuary of your wounded heart.

Present them, I beseech you, on my behalf to Jesus Christ, through the merits of His own
most sacred passion and death, together with your sufferings at the foot of the cross.
Through the united efficacy of both obtain the granting of my petition. To whom shall I
have recourse in my wants and miseries if not to you, Mother of Mercy? You have drunk
so deeply of the chalice of your Son, you can compassionate our sorrows.

Holy Mary, your soul was pierced by a sword of sorrow at the sight of the passion of
your divine Son. Intercede for me and obtain for me from Jesus (mention the desired
favour) if it be for His honour and glory and for my good.

Amen.

Prayer to Our Lady of Knock

Our Lady of Knock, Queen of Ireland you gave hope to your people in a time of distress,
and comforted them in sorrow. You have inspired countless pilgrims to pray with
confidence to your divine Son, remembering His promise “Ask and you shall receive,
seek and you shall find.”
Help me to remember that we are all pilgrims on the road to heaven. Fill me with love and concern for my brothers and sisters in Christ, especially those who live with me. Comfort me when I am sick or lonely or depressed. Teach me how to take part ever more reverently in the holy Mass. Pray for me now, and at the hour of my death.

*Amen.*

Our Lady of Knock, Pray for us.

**Two Prayers for Travelers**

*My Prayer Book; Rev. F. Lasance; Benziger Bro.; 1908*

I

May the Almighty and merciful Lord direct us on our journey; may He make it prosper and maintain us in peace.

May the Archangel Raphael accompany us along the way, and may we return to our homes in peace, joy, and health.

"Kyrie eleison, Christe eleison, Kyrie eleison"

II

O, God Who didst cause the children of Israel to traverse the Red Sea dry shod; Thou Who didst point out by a star to the Magi the road that led them to Thee; grant us we beseech Thee, a prosperous journey and propitious weather; so that, under the guidance of Thy holy angels, we may safely reach that journey's end and later the haven of eternal salvation.

Hear, O Lord the prayers of Thy servants. Bless their journeyings. Thou Who art everywhere present, shower everywhere upon them the effects of Thy mercy; so that insured by Thy protection against all dangers, they may return to Thee their thanksgiving. Through Jesus Christ our Lord.

*Amen.*

**Prayer Against Storms**

(revised)

Jesus Christ a King of Glory has come in Peace. † God became man, † and the Word was made flesh. † Christ was born of a Virgin. † Christ suffered. † Christ was crucified. † Christ died. † Christ rose from the dead. † Christ ascended into Heaven. † Christ conquers. † Christ reigns. † Christ orders. † May Christ protect us from all storms and lightning † Christ went through their midst in Peace, † and the word was made flesh. † Christ is with us with Mary. † O let the Angels say, “Flee you enemy
spirits because the Lion of the Generation of Judah, the Root David, has won!” † Holy God! † Holy Powerful God! † Holy Immortal God! † Have mercy on us.

*Amen.*

**Prayer of Saint Catherine of Siena to the Precious Blood of Jesus**

Precious Blood,  
Ocean of Divine Mercy:  
Flow upon us!  
Precious Blood,  
Most pure Offering:  
Procure us every Grace!  
Precious Blood,  
Hope and Refuge of sinners:  
Atoning for us!  
Precious Blood,  
Delight of holy souls:  
Draw us! *Amen.*

**PRAYER IN TIME OF TEMPTATION (revised)**

*Original Source: Our Lady of Guadalupe Abbey*  
*Lafayette, Oregon 97127*

In obedience to the Immaculate Conception, I beg God to command every unclean spirit: to depart; cease attacks on us, our family, business, surroundings, and on those for whom we pray. In the Name of Jesus I beg God that they may be commanded into the deep pit.

*(Make the sign of the cross three times.)*

**Our Lady of the Holy Face Pray for Us**

Mary the dawn, Christ the Perfect Day;  
Mary the gate, Christ the Heavenly Way!

Mary the root, Christ the Mystic Vine;  
Mary the grape, Christ the Sacred Wine!

Mary the wheat, Christ the Living Bread  
Mary the stem, Christ the Rose blood-red!

Mary the font, Christ the Cleansing Flood;  
Mary the cup, Christ the Saving Blood!

Mary the temple, Christ the temple’s Lord;
Mary the shrine, Christ the God adored!

Mary the beacon, Christ the Haven’s Rest;
Mary the mirror, Christ the Vision Blest!

Mary the mother, Christ the mother’s Son
By all things blest while endless ages run.

**O Eternal Truth, True Love, and Beloved Eternity**

*Prayer of St. Augustine*

O eternal truth, true love and beloved eternity. You are my God. To you do I sigh day and night. When I first came to know you, you drew me to yourself so that I might see that there were things for me to see, but that I myself was not yet ready to see them. Meanwhile you overcame the weakness of my vision, sending forth most strongly the beams of your light, and I trembled at once with love and dread. I sought a way to gain the strength which I needed to enjoy you. But I did not find it until I embraced "the mediator between God and men, the man Christ Jesus, who is above all, God blessed for ever." He was calling me and saying: "I am the way of truth, I am the life."

Late have I loved you, O Beauty ever ancient, ever new, late have I loved you! You were within me, but I was outside, and it was there that I searched for you. In my unloveliness I plunged into the lovely things which you had created. You were with me, but I was not with you. Created things kept me from you; yet if they had not been in you they would not have been at all. You called, you shouted, and you broke through my deafness. You flashed, you shone, and you dispelled my blindness. You breathed your fragrance on me; I drew in breath and now I pant for you. I have tasted you, now I hunger and thirst for more. You touched me, and I burned for your peace.

**OFFERING OF HOLY COMMUNION AS VIATICUM**

*(Sr. Beata's Personal Prayer Book)*

My God, if I am to die today or suddenly at any time I wish to receive Holy Communion as my Viaticum. I desire that my last food my be the Body and Blood of my Savior and Redeemer; my last words; Jesus, Mary and Joseph; my last affection, an act of pure love of God and of perfect contrition for my sins; my last consolation to die in Thy Holy Grace and in Thy Holy Love.

**OFFERING TO THE ETERNAL FATHER**

*(Sr. Beata's Personal Prayer Book)*

O Lord God Almighty, I pray
Thee by the precious Blood
which Thy Son shed in His bitter
Crowning with thorns, deliver the
souls in Purgatory, and in particular, that soul for which I am most bound to pray; that no neglect of mine may hinder it form praising Thee in Thy Glory and blessing Thee forever.

**HIS SACRIFICE AND OURS**
*(Sr. Beata's Personal Prayer Book)*

Eternal father, I offer Thee this Sacrifice of Thine own Son, our Savior, Jesus Christ, Whose Sacred Body was broken for me, whose precious Blood was spilt for me. In atonement for my sons and many offenses do I offer it; and also in behalf of my parents, relatives and friends. I offer it for and who have injured me; for poor people and oppressed, the sick and afflicted; for the conversion of sinners, heretics and unbelievers; for all prisoners and outcasts; for the victims of lust, cruelty, greed and all intemperance; for those who will no pray and have none to pray for them; for those in their agony and who are to die today. Especially do I offer it for my dear ________.

**DAILY OFFERING**
*(Sr. Beata's Personal Prayer Book)*

O my Jesus, I include myself in all the Holy Masses which are celebrated this day throughout the world and offering them to Thee in union with the intentions of Thy Sacred Heart, I implore Thee to reserve for me, from each Holy Mass one drop of Thy Most Precious Blood to atone for my sins and their punishment.

Grant me also the Grace of obtaining through the merits of every Holy Sacrifice the release of one poor soul from the pains of purgatory, the conversion of one sinner, and also that one soul in the agony of death may obtain mercy, and that one mortal sin which is so painful to Thy Sacred Heart, may be prevented.

**Byzantine Prayer to the Holy Spirit**

O Heavenly King, the Comorter, the Spirit of Truth, Who are everywhere and fill all things, Treasury of blessings, and Giver of life! Come and abide in us, Cleanse us from all our sins, And save our souls, O Good One!

**The Stabat Mater**
*(hymn)*

At the cross her station keeping,
Stood the mournful
Mother weeping,
Close to Jesus
to the last.

Through her heart,
his sorrow sharing,
All his bitter
anguish bearing.
Now at length the
sword had passed

Oh, how sad and sore distressed
Was that Mother highly blessed
Of the sole begotten One!
Christ above in torment hangs,
She beneath beholds the pangs
Of her dying, glorious Son.

Is there one who would not weep,
'Whelmed in miseries so deep,
Christ's dear Mother to behold?
Can the human heart refrain
From partaking in her pain,
In that mother's pain untold?

Bruised, derided, cursed, defiled,
She beheld her tender Child,
All with bloody scourges rent.
For the sins of his own nation
Saw him hang in desolation
Till his spirit forth he sent.

O sweet Mother! Font of love,
Touch my spirit from above,
Make my heart with yours accord.
Make me feel as you have felt;
Make my soul to glow and melt
With the love of Christ, my Lord.

Holy Mother, pierce me through,
In my heart each wound renew
Of my Savior crucified.
Let me share with you his pain,
Who for all our sins was slain,
Who for me in torments died.
Let me mingle tears with you
Mourning him who mourned for me,
   All the days that I may live.
By the cross with you to stay,
There with you to weep and pray,
   Is all I ask of you to give.

Virgin of all virgins blest!
Listen to my fond request:
Let me share your grief divine.
Let me to my latest breath,
   In my body bear the death
Of that dying Son of yours.
Wounded with his every wound,
Steep my soul till it has swooned
   In his very blood away.

Be to me, O Virgin, nigh,
Lest in flames I burn and die,
   In his awful judgment day.
Christ, when you shall call me hence,
Be your Mother my defense,
   Be your cross my victory.
While my body here decays,
May my soul your goodness praise,
   Safe in heaven eternally.

   Amen.
   (Alleluia.)

Stabat Mater dolorosa
Juxta Crucem lacrimosa,
   Dum pendebat Filius.

Cujus animam gementem,
Contristatam et dolentem,
   Pertransivit gladius.

O quam tristis et afflictा
Fuit illa benedictа
   Mater Unigeniti!

Quem maerebat, et dolebat,
Pia Mater, dum videbat
   Nati paenas inclyti.
Quis est homo, qui non fleret,  
Matrem Christi si videret  
In tanto supplicio?

Quis non posset contristari,  
Christi Matrem contemplari  
Dolentem cum Filio?

Pro peccatis suae gentis  
Vidit Jesum in tormentis,  
Et flagellis subditum.

Vidit suum dulcem natum  
Moriendo desolatum,  
Dum emisit spiritum.

Eia Mater, fons amoris,  
Me sentire vim doloris  
Fac, ut tecum lugeam.

Fac, ut ardeat cor meum  
In amando Christum Deum,  
Ut sibi complaceam.

Sancta Mater, istud agas,  
Crucifixi fige plagas  
Cordi meo valde.

Tui nati vulnerati,  
Tam dignati pro me pati,  
Paenas mecum divide.

Fac me tecum pie flere,  
Crucifixo condolere,  
Donec ego vixero.

Juxta Crucem tecum stare,  
Et me tibi sociare  
In planctu desidero.

Virgo virginum praeclara,  
Mihi jam non sis amara:  
Fac me tecum plangere.

Fac, ut portem Christi mortem  
Passionis fac consortum,  
Et plagas recolere.

Fac me plagis vulnerari  
Fac me cruce inebriari,
Et cruore Filii.

Flammis ne urar succinctus
Per te, Virgo, sim defensus
In die judicii.

Christe, cum sit hinc exire,
Da per Matrem me venire,
Ad palmam victoriae.

Quando corpus morietur,
Fac, ut animae donetur
Paradisi gloria.
Amen.

**Hymn from the Little Office of the BVM**

The Lord, Whom earth, and air, and sea
With one adoring voice resound;
Who rules them all majesty;
In Mary's heart cloister found.
Lo! In a humble Virgin's womb,
Overshadowed by Almighty power;
He Whom the stars, and sun, and moon,
Each serve in their appointed hour.
O Mother blest! To whom was given
Within your compass to contain
The Architect of Earth and Heaven,
Whose hands the universe sustain:
To you was sent an Angel down;
In you the Spirit was enshrined;
From you came forth that Mighty One,
The long-desired of all mankind.
O Jesu! Born of Virgin bright,
Immortal glory be to You;
Praise to the Father Infinite,
And Holy Spirit eternally.

*Amen*

**Te Deum**

We praise you, O God: we acknowledge You to be the Lord.
All the earth worships You, the Father everlasting.
To You all angels cry aloud: the heavens and all the powers therein:
To You Cherubim and Seraphim continually do cry:
Holy, holy, holy, Lord God of Sabaoth.
Heaven and earth are full of the majesty of Your glory.
The glorious choir of the Apostles, praise You.
The admirable company of the Prophets, praise You.
The white-robed army of Martyrs praise You.
The holy Church throughout all the world doth acknowledge You.
The Father: of an infinite majesty:
Your adorable, true and only Son:
Also the Holy Spirit, the Comforter.
You art the everlasting Son, of the Father.

When you took upon You to deliver man, You did not abhor the Virgin's womb.
When You had overcome the sting of death, You did open the kingdom of heaven to all believers.

You sit at the right hand of God, in the glory of the Father.
We believe that You shall come, to be our Judge.

We pray You, therefore, help Your servants, whom You have redeemed with Your Precious Blood.
Make them to be numbered among Your saints, in glory everlasting.
O Lord, save Your people and bless Your inheritance.
Govern them, and lift them up forever.
Day by day we magnify You.
And we praise Your Name forever, yes, forever and ever.
Vouchsafe, O Lord, this day to keep us without sin.
O Lord, have mercy upon us, have mercy upon us.
O Lord, let Your mercy be showed upon us, as we have hoped in You.
O Lord, in You have I hoped: let me not be confounded forever.

A Marian Prayer for Deacons

This prayer is found in the "Directory for the Ministry and Life of Permanent Deacons Congregation for the Clergy" published February 22, 1998

Mary, who as teacher of faith by your obedience to the word of God, has cooperated in a remarkable way with the work of redemption, make the ministry of deacons effective by teaching them to hear the word and to proclaim it faithfully.

Mary, teach of charity, who by your total openness to God's call has cooperated in bringing to birth all the church's faithful, make the ministry and the life of deacons fruitful by teaching them to give themselves totally to the service of the people of God.

Mary, teacher of prayer, who through your maternal intercession has supported and helped the church from her beginnings, make deacons always attentive to the needs of the faithful by teaching them to come to know the value of prayer.

Mary, teacher of humility, by constantly knowing yourself to be the servant of the Lord you were filled with the Holy Spirit, make deacons docile instruments in Christ's work of redemption by teaching them the greatness of being the least of all.

Mary, teacher of that service which is hidden, who by your everyday and ordinary life filled with love knew how to cooperate with the salvific plan of God in an exemplary fashion, make deacons good and faithful servants by teaching them the joy of serving the
church with an ardent love.

_Amen._

**Prayer for the Worker**

Lord Jesus Christ, please bless this day of my work for thee. Please bless all the work of my hands, the work of my mind, and the work of the words I must speak. Please bless the people I help and speak to, that they may know the love of Christ, and live in Thy truth, feeling the joy of being of Thy laborers. Truly, let it be said, Thy yoke is easy, Thy burden light. If the day weighs upon us with the Cross, through it let us find Thee. Let us embrace it and Thee with it, and so, be consoled and uplifted.

St. Joseph, patron of laborers, pray for us now and at the hour of our death. Holy Mary, let us feel the ease of thy love and care, throughout the day, resting in thy Immaculate Heart, recalling how the Holy Family cared for the Infant Jesus.

_Amen._

**Act of Consecration to Our Lady of the Blessed Trinity**

With all my heart I praise Thee, Most Holy Virgin above all angels and saints in Paradise, Daughter of the Eternal Father, and I consecrate to Thee my soul with all its faculties.

_Hail Mary. . ._

With all my heart I praise Thee, Most Holy Virgin above all angels and saints in paradise, beloved Mother of the Son of God. I consecrate to Thee my body with all its senses.

_Hail Mary. . ._

With all my heart I praise Thee, Most Holy Virgin above all angels and saints in Paradise, beloved Spouse of the Holy Ghost, I consecrate to Thee my heart, with all its affections and beseech Thee to obtain for me from the Most Holy Trinity all the graces necessary for salvation.

_Hail Mary. . ._

**PRAYER BY AN OLD LADY**

_By: Fr. Stedman, 1943_

"My loving Lord, a thousand welcomes!
O son of Mary, I love You, indeed I do.
Who am I at all that You should come next or near Me?"
O God of heaven! make a little corner for me in Your Heart, 
and never, while there's life in me, let me lose my place. 
And after my death may I still hide there. Amen.”

Prayer for the Internet Traveller

Lord please bless my email, that which arrives, and that which I send. 
Lord please bless all my forum posts, those which I send, and those which I receive. 
Lord please bless my web pages, so that I will view and write for thee. 
And Lord please bless all those I communicate with, may they hear the Word of the Lord. 
Let me be here when thou wilt, and leave when thou wishest. 
So that coming and going, I am the Lord’s. 
Thanks be to God from whom all blessings flow. 

Amen.

Prayer before Examinations

Almighty God and Father, 
please help us in our examinations. 
Help us to face them with courage, steady in nerves and keen in mind. 
Help us to understand the questions that are asked, 
to remember all that we have studied, 
and to express our answers accurately. 
Lord, grant us success, if success is good for us, 
For you know what is best for each one of us. 
With loving trust therefore we say, 
"Whatever the results, blessed be your holy will."
We make this prayer in Jesus’ name.

Amen.

St. Joseph of Copertino ora pro nobis.

For pastoral and spiritual meetings

Lord, 
pour out on us the spirit of understanding, truth and peace. 
Help us to strive with all our hearts 
to know what is pleasing to you, 
and when we know your will 
make us determined to do it.

Amen.
For priestly vocations

Father,
in your plan for our salvation you provide shepherds for your people,
Fill your Church with the spirit of courage and love.
Raise up worthy ministers for your altars
and ardent but gentle servants of the gospel.

Amen.

For Religious vocations

Father,
you call all who believe in you to grow perfect in love
by following in the footsteps of Christ your Son.
May those whom you have chosen to serve you as religious
provide by their way of life
a convincing sign of your kingdom
for the Church and the whole world.

Amen.

For priests

Father,
you have appointed your Son Jesus Christ eternal high priest.
Guide those he has chosen to be ministers of word and sacrament
and help them to be faithful
in fulfilling the ministry they have received.

Amen.

For the ministers of the Church

Father,
you have taught the ministers of your Church
not to desire that they be served but to serve their brothers and sisters.
May they be effective in their work
and persevering in their prayer,
performing their ministry with gentleness and concern for others.

Amen.

For Religious

Father,
you inspire and bring to fulfilment every good intention.
Guide your people in the way of salvation
and watch over those who have left all things
to give themselves entirely to you.
By following Christ and renouncing worldly power and profit,
may they serve you and their brothers faithfully
in the spirit of poverty and humility.

Amen.

Face of Christ Prayer
by the Little Flower
(Often best said while contemplating the Holy Face in image, painted or upon the
Shroud)

O Jesus, who in Thy bitter passion didst become “the most abject of men, a man of
sorrows”, I venerate Thy sacred Face whereon there once did shine the beauty and
sweetness of the Godhead; but now It has become as it were the face of a leper!
Nevertheless under those disfigured features, I recognize Thine infinite Love, and I am
consumed with desire to love Thee and make Thee loved by all men. The tears which
well up so abundantly in Thy sacred eyes appear to me as so many precious pearls that I
love to gather up, in order to purchase the souls of poor sinners by means of their infinite
value. O Jesus, whose adorable Face ravishes my heart, I implore Thee to fix deep within
me Thy divine image and to set me on fire with Thy love, that so I may be found worthy
to come to the contemplation of Thy glorious Face in Heaven.

Amen.

Byzantine Liturgy, Pentecost Vespers,
Troparion

Heavenly King, Consoler Spirit, Spirit of Truth, present everywhere and filling all things,
treasure of all good and source of all life, come dwell in us, cleanse and save us, you who
are All-Good.

Amen.

Mortification Prayer
(from “Behold My Heart Which Has So Loved Men“, a book of private revelation,
recommended by Mother Theresa of Calcutta)

“Dearest Jesus, I offer You this (whatever it is) in atonement for my sins, for the
conversion of sinners, in reparation for (whatever sin you care to mention) and in union
with (whatever suffering of Christ’s Passion most closely resembles yours)”

Amen.
The “Absorbeat” prayer of St. Francis of Assisi

May the power of Your love, O Lord, fiery and sweet as honey, draw my heart away from all that is under heaven so that I may die for love of your love, you, who were so good as to die for love of my love.

Amen.

Prayer for Understanding

Holy Mary, most honored, you understand a parent's heart. Teach us how you forgave those who killed you child. It is so hard to forgive those who harm ours.

Amen.

Prayer to St. John of the Cross

O glorious St. John of the Cross, through a pure desire of being like Jesus crucified, you longed for nothing so eagerly as to suffer, to be despised, and to be made little of by all, and your thirst after sufferings was so burning that your noble heart rejoiced in the midst of the cruelest torments and afflictions. Grant, I beseech you, O dear Saint, by the glory which your many sufferings have gained for you, to intercede for me and obtain from God for me a love of suffering, together with strength and grace to bear with firmness of mind all the trials and adversities which are the sure means to the happy attainment of all that awaits me in heaven. Dear Saint, from your most happy place in glory, hear, I beseech you, my prayers, so that after your example, full of love for the cross I may deserve to be your companion in glory.

Amen.

Miraculous Infant of Prague Prayer

Composed by Rev. Cyrilus a Matre Dei

The first and most devoted venerator of the Holy Infant of Prague

Jesus unto Thee I flee,
Through Thy Mother praying Thee,
In my need to succor me.
Truly, I believe of Thee
God Thou art with strength to shield me;
Full of trust, I hope of Thee
Thou Thy grace wilt give to me.
All my heart I give to Thee,
Therefore, do my sins repent me;
From them breaking, I beseech Thee,
Jesus, from their bonds to free me.
Firm my purpose is to mend me;
Never more will I offend Thee.
Wholly unto Thee I give me,
Patiently to suffer for Thee,
Thee to serve eternally.
And my neighbor like to me
I will love for love of Thee.
Little Jesus, I beseech Thee,
In my need to succor me,
That with Joseph and with Mary
And the angels, I may Thee
Once enjoy eternally.

Amen.

To Jesus Abandoned

With Mary Immaculate, let us adore, thank, implore and console the Most Beloved and Sacred Heart of Jesus in the Blessed Sacrament. O Divine Jesus, lonely today (tonight) in so many Tabernacles, without visitor or worshiper, I offer You my poor but loving heart.

May its every beat be an infinite act of love for You.
You are always watching beneath the Sacramental Veils; in Your Love You never sleep and You are never weary of Your vigil for sinners. O lonely Jesus, may the flame of my heart burn and beam always in company with You. O Sacrament Most Holy, O Sacrament Divine! All praise and all thanksgiving be every moment Thine!

Amen.

THE LAST AGONY

When the soul is about to depart from the body, then more than ever ought they who are to pray earnestly around the dying person’s bed; and if he be unable to speak, the Holy Name of JESUS should constantly be invoked, and such words as the following again and again repeated in his hear:

INTO Thy hands, O Lord, I commend my spirit. – O Lord Jesus Christ, receive my spirit. – Holy Mary, pray for me. – O Mary, mother of grace, mother of mercy, do thou protect me from the enemy, and receive me at the hour of death. – St. Joseph, pray for me. – St. Joseph, in company with the blessed Virgin thy Spouse, open to me the bosom of divine mercy.
Jesus, Mary, Joseph, to you I commend my heart and my soul.
Jesus, Mary, Joseph, assist me in my last agony.
Jesus, Mary, Joseph, let me depart and rest with you in peace.

*When the soul has departed, the following may be said:*

Come to his assistance, ye Saints of God, come forth to meet him, ye Angels of the Lord: Receiving his soul: Offering it in the sight of the Most High.

V. May Christ receive thee, who hath called thee, and may the Angels bear thee into Abraham’s bosom.

R. Receiving, etc.
V. Eternal rest grant unto him, O Lord, and let perpetual light shine upon him.
R. Offering, etc.
V. Lord, have mercy.
R. Christ, have mercy.
V. Lord, have mercy.
Our Father (inaudibly)
V. And lead us not into temptation.
R. But deliver us from evil.
V. Eternal rest grant unto him, O Lord.
R. And let perpetual light shine upon him.
V. From the gates of hell.
R. Deliver his soul, O Lord.
V. May he rest in peace.
R. Amen.
V. O Lord hear my prayer.
R. And let my cry come unto thee.
V. The Lord be with you.
R. And with thy spirit.

*Let us pray*

To Thee, O Lord, do we commend the soul of Thy servant N., that being dead to the world he may live unto Thee; and whatsoever sins he has committed through the frailty of his mortal nature, do Thou, by the aprdon of Thy most merciful love, wash away.

*R. Amen.*

Meanwhile, according to the custom of the place, let the Passing-Bell be rung, reminding all who hear it to pray for the Christian soul. Then let the body be decently laid out, with lighted candles near. Let a small cross be placed upon the breast, between the hands or else let the hands themselves be folded one upon another, in the form of a cross. The body is sprinkled with holy water, and thenceforward until the time of burial, let all who are present pray for the repose of the departed soul.
A Peasant's Christmas Prayer

"Night has fallen; the clear, bright stars are sparkling in the cold air; noisy, strident voices rise to my ear from the city, voices of the revelers of this world who celebrate with merrymaking the poverty of their Savior. Around me in their rooms my companions are asleep, and I am still wakeful, thinking of the mystery of Bethlehem. Come, come Jesus, I await you.

Mary and Joseph, knowing the hour is near, are turned away by the townsfolk and go out into the fields to look for a shelter. I am a poor shepherd; I have only a wretched stable, a small manger, some wisps of straw. I offer all these to you, be pleased to come into my poor hovel.

I offer you my heart; my soul is poor and bare of virtues, the straws of so many imperfections will prickle you and make you weep -- but oh, my Lord, what can you expect? This little is all I have. I am touched by your poverty, I am moved to tears, but I have nothing better to offer you.

Jesus, honor my soul with your presence, adorn it with your graces. Burn this straw and change it into a soft couch for your most holy body.

Jesus, I am here waiting for your coming. Wicked men have driven you out, and the wind is like ice. I am a poor man, but I will warm you as well as I can. At least be pleased that I wish to welcome you warmly, to love you and sacrifice myself for you.

But in your own way you are rich, and you see my needs. You are a flame of charity, and you will purge my heart of all that is not your own most holy Heart. You are uncreated holiness, and you will fill me with those graces which give new life to my soul.

Oh, Jesus, come, I have so much to tell you, so many sorrows to confide, so many desires, so many promises and so many hopes. I want to adore you, to kiss you on the brow, oh tiny Jesus, to give myself to you once more, forever.

Come, my Jesus, delay no longer, come be my guest. Alas! It is already late, I am overcome with sleep and my pen slips from my fingers. Let me sleep a little, oh Jesus, while your Mother and St. Joseph are preparing the room.

I will lie down to rest here, in the fresh night air. As soon as you come, the splendor of your light will dazzle my eyes. Your angels will awaken me with sweet hymns of glory and peace, and I shall run forward with joy to welcome you and to offer you my own poor gifts, my home, all the little I have.

I will worship you and show you all my love with the other shepherds who have joined me, and with the angels of Heaven, singing hymns of
glory to your loving heart."

(These moving words were written on Christmas Eve, 1902, by a young Italian peasant named Angelo Giuseppe Roncalli who was studying for the priesthood in Rome. Two years later he graduated as a doctor in theology and was ordained. The world now remembers him as the beloved Pope John XXIII: From JOURNAL OF A SOUL).

Prayer to Defeat the Work of Satan

O Divine Eternal Father, in union with your Divine Son and the Holy Spirit, and through the Immaculate Heart of Mary, I beg You to destroy the Power of your greatest enemy — the evil spirits.

Cast them into the deepest recesses of hell and chain them there forever! Take possession of your Kingdom which You have created and which is rightfully yours.

Heavenly Father, give us the reign of the Sacred Heart of Jesus and the Immaculate Heart of Mary.

I repeat this prayer out of pure love for You with every beat of my heart and with every breath I take.

Amen.

Blessing for a Vehicle

V. Our help is in the name of the Lord.
R. Who has made heaven and earth.

V. The Lord be with you.
R. And with your spirit.

Let us pray.

Lend a willing ear,
   Lord God,
   to our prayers,
   and bless this vehicle with Your holy right hand.
   Direct Your holy angels to accompany it,
   that they may free those who ride in it from all dangers,
   and always guard them.
   And just as by Your deacon Philip You gave faith and grace to the man of Ethiopia as he sat in his chariot reading the Sacred Word, so, point out to Your servants the way of salvation.
   Grant that,
   aided by Your grace,
   and with their hearts set on good works,
they may, after all the joys
and sorrows of this journey through life,
merit to receive eternal joys,
through Christ our Lord.

Amen.

(Then the vehicle is sprinkled with holy water.)

UNTITLED
Shapcote pg. 268


O Jesus, sweetest Love, come Thou to me;
Come down in all Thy beauty unto me;
Thou Who didst die for longing love of me;
And never, never more depart from me.

Free me, O beauteous God, from all but Thee;
Sever the chain that holds me back from Thee;
Call me. O tender Love, I cry to Thee;
Thou art my all! O bind me close to Thee.

COMMENDATION
pg. 579


O HOLY guardian! at thy feet
This wreath of humble flowers I lay;
O that their odor were as sweet
As he desires, who sings the lay,
Protect me at death's awful hour,
Receive my soul to thy embrace,
Rich with the wonders of thy power,
To thank, to praise thee, face to face.

BIRTHDAY PRAYER

Heavenly Father,
We praise You for all Your gifts to us.
In a special way,
We thank You for (name).
Bless him (her) always in Your love.
Bless us too, Holy Father,
And this food with which we celebrate.
Help us all to praise You and give You glory
Through Jesus Christ our lord.

R. Amen.

Thanksgiving for the Rosary

There is one harp that any hand can play,
And from its strings what harmonies arise!
There is one song that any mouth can say-
A song that lingers when all singing dies,
When on their beds our Mother's children pray,
Immortal music charms the grateful skies.

Sweet, blessed beads! I would not part
With one of you for rishest gem
That gleams in kingly diadem:
Ye know the history of my heart.

Prayer of Aspiration

I have broken out of my prison
... but I am still not free.

I have been comforted in weakness
... yet I have too little strength.

I have experienced the warmth and depth of human friendship
... but I am not fulfilled.

I seek, I give, I possess
and yet I yearn -

It is You I seek, O Lord,
my unlosable friend forever.

Fill me up, Lord -
complete me -

I will be restless...
Until I rest in You.

ACT OF THANKSGIVING
By: Fr. Stedman, 1943
Accept, O most merciful God, the Sacrifice of Thy Son,
in thanksgiving for all the benefits Thou hast granted me.

Thou hast created me to Thine Own Image and Likeness.
Thou hast redeemed me with Thy Son's Precious Blood.
Thou hast called me to the true faith, and preserved me from eternal death, which I so
often deserved for my sins.

What return shall I make Thee for these and all Thy favors?

I offer Thee Thine Only Son,
Who offered His Lifeblood on the Altar this morning,
uniting my little sacrifices with His great Sacrifice;
and thus I am able to make a real thanksgiving for all the blessings
Thou hast bestowed on me and on all mankind.

- "But where are the nine who did not return to give thanks?" asked Jesus, of the lepers
He healed by a miracle. We petition God For Graces needed. Do we thank God for graces
received? If not, we offend God by ingratitude.

ACT OF CONFIDENCE
By: Fr. Stedman, 1943

Heart of Jesus, I adore Thee,
Heart of Mary, I implore thee,
Heart of Joseph, meek and just,
In these three Hearts I place my trust.

ACT OF REPARATION
By: Fr. Stedman, 1943

O good Jesus, in gratitude for Thy many Graces, and in sorrow for many abuses of these
Graces, I wish at this moment, both for myself, ever ungrateful and for the world, ever
criminal, to make an Act of Solemn reparation. Listen then, O merciful Savior of our
souls, listen to these Acts of faith, to these expressions of sorrow:

For the irreverence we have committed in the House of God.
• I wish to make reparation.
For the careless and distracted attendance at Sunday Mass.
• I wish to make reparation.
For our lack of preparation before, and our poor thanksgiving
after Holy Communion.
• I wish to make reparation.
For our failure to cooperate with Thy daily Graces.
   • I wish to make reparation.
For our sins of pride and sensuality.
   • I wish to make reparation.
For our bad example and the sins we have caused in others.
   • I wish to make reparation.
For our tragic indifference to Thy Words of Holy Scripture and to the words of our Holy Father the Pope.
   • I wish to make reparation.
For the deplorable untruths of heresy, for all deserters and apostates.
   • I wish to make reparation.
For the pleasure-seeking and money-mad profaners of the Lord's Day.
   • I wish to make reparation.
For the sacrilegious treatment of Thy Churches and Altars.
   • I wish to make reparation.
For the diabolical agents of Hell, ever seeking whom thy may.
   • I wish to make reparation.
For the heartbreaking outrages committed by those who should be Thy greatest consolation.
   • I wish to make reparation.

Salutation to Mary written by St. John Eudes

A copy was found in a book belonging to St. Margret Mary after her death Zealously propagated by Père Paul de Moll (Belgian) O.S.B. (1824 - 1896)
"This Salutation is so beautiful! Recite it daily. From her throne in Heaven the Blessed Virgin will bless you, and you must make the sign of the Cross. Yes! Yes! if only you could see - Our Lady blesses you. I know it."

"Offered for the conversion of a sinner it would be impossible not to be granted."
(Père Paul de Moll, O.S.B.)

Hail Mary! Daughter of God the Father,
       Hail Mary! Mother of God the Son,
       Hail Mary! Spouse of God the Holy Ghost,
       Hail Mary! Temple of the Most Blessed Trinity,
       Hail Mary! Celestial Rose of the ineffable love of God.
Hail Mary! Virgin pure and humble, of whom the King of Heaven willed to be born and with thy milk to be nourished.
       Hail Mary! Virgin of virgins,
       Hail Mary! Queen of Martyrs, whose soul a sword transfixed,
       Hail Mary! Lady most Blessed! unto whom all power in Heaven and earth is given,
Hail Mary! my Queen and my Mother! my Life, my Sweetness, and my Hope,
Hail Mary! Mother most Amiable,
Hail Mary! Mother most Admirable,
Hail Mary! Mother of Divine Love,
Hail Mary! IMMACULATE; Conceived without sin!
Hail Mary! Full of Grace! the Lord is with thee! Blessed art thou among
women! And blessed is the Fruit of thy womb, JESUS!
   Blessed by thy Spouse, St. Joseph,
   Blessed by thy Father, St. Joachim,
   Blessed by thy Mother, St. Anne,
   Blessed by thy Guardian, St. John,
   Blessed by thy Holy Angel, St. Gabriel,
Glory be to God the Father, who chose thee,
   Glory be to God the Son, who loved thee,
   Glory be to God the Holy Ghost, who espoused thee,
Glorious Virgin Mary, may all men love and praise thee,
Holy Mary, Mother of God! pray for us and bless us, now and at death in the
   Name of JESUS, thy Divine Son!

A Small Collection of Prayers Related to the Mass

Prayer to Obtain the Grace of all the World's Masses

Eternal Father we humbly offer Thee our poor presence and that of the whole of
humanity from the beginning to the end of the world at all the Masses that ever have and
ever will be prayed. We offer Thee all the pains, suffering, prayers, sacrifices, joys and
relaxations of our lives, in union with those of our dear Lord Jesus here on earth. May the
Most Precious Blood of Christ, all His blood and wounds and agony save us, through the
sorrowful and Immaculate Heart of Mary.

Amen!

[Each time we look at The Most Blessed Sacrament our place in Heaven is raised
forever.
(revealed by Our Lord to St. Gertrude the Great)]

Prayer of St. Thomas Aquinas

Almighty and ever-living God, I approach the sacrament of your only-begotten Son, our
Lord Jesus Christ. I come sick to the doctor of life, unclean to the fountain of mercy,
blind to the radiance of eternal light, and poor and needy to the Lord of heaven and earth.
Lord, in your great generosity, heal my sickness, wash away my defilement, enlighten my
blindness, enrich my poverty, and clothe my nakedness. May I receive the bread of
angels, the King of kings and Lord of lords, with humble reverence, with the purity and
faith, the repentence and love, and the determined purpose that will help to bring me to
salvation. May I receive the sacrament of the Lord's body and blood, and its reality and power.
Kind God, may I receive the body of your only-begotten Son, our Lord Jesus Christ, born from the womb of the Virgin Mary, and so be received into his mystical body and numbered among his members.
Loving Father, as on my earthly pilgrimage I now receive your beloved Son under the veil of a sacrament, may I one day see him face to face in glory, who lives and reigns with you for ever.

Amen.

Virgin Mary Prayer

Mother of mercy and love, blessed Virgin Mary, I am a poor and unworthy sinner, and I turn to you in confidence and love.
You stood by your Son as he hung dying on the cross. Stand also by me, a poor sinner, and by all the priests who are offering Mass today here and throughout the entire Church. Help us to offer a perfect and acceptable sacrifice in the sight of the holy and undivided Trinity, our most high God.

Amen.

BEFORE COMMUNION
(Sr. Beata's Personal Prayer Book)

Come, Jesus, Come!
My poor soul calls for Thee and awaits Thee.
Comfort my poor soul distressed
Come and dwell within my breast,
My Savior, Jesus, come to me.

With all my heart I long for Thee,
Most firmly I believe in Thee,
Most truthfully I hope in Thee,
Most ardently I love Thee.
Then, come, O Jesus
Come to me.

Prayer Before Communion

O Lord, I believe and profess that You are truly Christ, the Son of the living God, Who came into the world to save sinners, of whom I am the first.
Accept me as a partaker of Your mystical supper, 0 Son of God; for I will not reveal Your mystery to Your enemies, nor will I give You a kiss as did Judas, but like the thief I confess to You.
Remember me, 0 Lord, when You shall come into Your kingdom.
Remember me, 0 Master, when You shall come into Your kingdom.
Remember me, 0 Holy One, when You shall come into Your kingdom.
May the partaking of Your holy mysteries, 0 Lord, be not for my judgment or condemnation, but for the healing of soul and body.
O Lord, I also believe and profess that this, which I am about to receive, is truly Your most precious Body and Your life-giving Blood, which, I pray, make me worthy to receive for the remission of all my sins and for life everlasting. Amen.
O God, be merciful to me a sinner.
O God, cleanse me of my sins and have mercy on me.
O Lord, forgive me, for I have sinned without number.

St. Ambrose’s Prayer Before Communion

Lord Jesus Christ, I approach your banquet table in fear and trembling, for I am a sinner, and dare not rely on my own worth but only on your goodness and mercy. I am defiled by many sins in body and soul, and by my unguarded thoughts and words. Gracious God of majesty and awe, I seek your protection, I look for your healing. Poor troubled sinner that I am, I appeal to you, the fountain of all mercy. I cannot bear your judgment, but I trust in your salvation. Lord, I show my wounds to you and uncover my shame before you. I know my sins are many and great, and they fill me with fear, but I hope in your mercies, for they cannot be numbered.
Lord Jesus Christ, eternal king, god and man, crucified for mankind, look upon me with mercy and hear my prayer, for I trust in you. Have mercy on me, full of sorrow and sin, for the depth of your compassion never ends.
Praise to you, saving sacrifice, offered on the wood of the cross for me and for all mankind. Praise to the noble and precious blood, flowing from the wounds of my crucified Lord Jesus Christ and washing away the sins of the whole world. Remember, Lord, your creature, whom you have redeemed with your blood. I repent my sins, and I long to put right what I have done. Merciful Father, take away all my offenses and sins; purify me in body and soul, and make me worthy to taste the holy of holies.
May your body and blood, which I intend to receive, although I am unworthy, be for me the remission of my sins, the washing away of my guilt, the end of my evil thoughts, and the rebirth of my better instincts. May it incite me to do the works pleasing to you and profitable to my health in body and soul, and be a firm defense against the wiles of my enemies.

Amen.

Prayer for Holy Priests

My Dear Jesus, Thou desirest that we pray the Lord of the harvest that He send zealous laborers into His harvest. Deign to raise up in Thy Church, and especially in this diocese, numerous and holy priests who, taking Thy Divine Heart as their Model, will, in the exercise of their holy priesthood, promote the glory of Thy heavenly Father and the salvation of those souls whom thou hast redeemed with Thy Precious Blood. Give us truly holy priests who, inflamed with the fire of Thy divine love, seek nothing but Thy
greater glory and the salvation of souls.

O Mary, Queen of the clergy, pray for us; obtain for us a number of holy priests.

_Amen._

**An Act of Spiritual Communion**

Jesus Christ my Savior,
I believe that You
are present in the Most Holy Sacrament.
I love You above all things,
and I desire to receive You into my soul.
Since I cannot at this moment
receive You sacramentally,
come at least spiritually into my heart.
I embrace You as if You were already there
and unite myself wholly to You.
Never permit me to be separated from You.

Lord I am not worthy to receive you,
But only say the word and I shall be healed.

_Amen._

**Act of Spiritual Communion of St. Francis**

I believe that you, O Jesus, are in the most holy Sacrament.
I love you and desire you.
Come into my heart. I embrace you.
Oh, never leave me. May the burning and most sweet power of your love,
O Lord Jesus Christ, I beseech you,
absorb my mind that I may die through love of your love,
who were graciously pleased to die through love of my love.

_Amen._

**Prayer to Be Said at the Priest’s Communion**

O Lord, may Thou find shelter and rest gently within the heart of Thy priest. . .
Make him, O Lord, a priest according to Thy Heart: meek, humble, zealous, so that all he
does will be for Thine honor and glory. Mold him into a man of prayer and labor,
insensible to earthly things, and sensible only to Thy love and to the graces of the Holy
Ghost.

_Amen._
Before Holy Communion offer up your intentions for Holy Communion (and the Mass if you have forgotten) through the Immaculate Heart of Mary, whose intentions are foremost your own.

Anima Christi
by St. Ignatius of Loyola

SOUL of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within Thy wounds hide me.
Suffer me not to be separated from Thee.
From the malignant enemy defend me.
In the hour of my death, call me,
And bid me come to Thee,
That, with Thy Saints, I may praise Thee,
For ever and ever.

Amen.

AFTER HOLY COMMUNION
(Sr. Beata's Personal Prayer Book)

O Jesus, I pray to Thee today for all who are mine, all who Thou hast given me to love and care for. May my Communion be their safeguard and their growth in grace today.

May it be light, strength and consolation to our Holy Father, to our Archbishop, to all priests and bishops and to all who are striving to win souls to Thee.

May it flow through the Church, like the river of Love, and may its fruits be the healing of nations. May it flow to every one outside the Church, to all my relative and friends, to the poor heathen beyond the reach of sacramental grace.

O Heart of Jesus hear my Prayer. It has more than the efficacy of a saint's prayer today. It is Thine own, for Thou art mine.

Wherever there is temptation to be overcome, innocence to be guarded, death to be met by sea or land, final perseverance to be assured, the good to be supported, the weak to be strengthened, the fallen to be raised, the sad to be comforted--

there let the fruit of my Holy Communion be.
Prayer After Receiving the Eucharist

"Most Sacred Heart of Jesus, may the whole world burn with love for You!"

Post Communion by Fr. Stedman

"By the working of this Mystery, O Lord, May Our vices be cleansed and our just desires be fulfilled. Through Christ Our Lord. . .”

Prayer of Padre Pio after Communion

Stay with me, Lord, for it is necessary to have You present so that I do not forget You. You know how easily I abandon You.
Stay with me, Lord, because I am weak and I need Your strength, that I may not fall so often.
Stay with me, Lord, for You are my life, and without You, I am without fervor.
Stay with me, Lord, for You are my light, and without You, I am in darkness.
Stay with me, Lord, to show me Your will.
Stay with me, Lord, so that I hear Your voice and follow You.
Stay with me, Lord, for I desire to love You very much, and always be in Your company.
Stay with me, Lord, if You wish me to be faithful to You.
Stay with me, Lord, for as poor as my soul is, I wish it to be a place of consolation for You, a nest of Love.
Stay with me, Jesus, for it is getting late and the day is coming to a close, and life passes, death, judgement, eternity approaches. It is necessary to renew my strength, so that I will not stop along the way and for that, I need You. It is getting late and death approaches. I fear the darkness, the temptations, the dryness, the cross, the sorrows. O how I need You, my Jesus, in this night of exile!
Stay with me tonight, Jesus, in life with all its dangers, I need You.
Let me recognize You as Your disciples did at the breaking of bread, so that the Eucharistic Communion be the light which disperses the darkness, the force which sustains me, the unique joy of my heart.
Stay with me, Lord, because at the hour of my death, I want to remain united to You, if not by Communion, at least by grace and love.
Stay with me, Jesus, I do not ask for divine consolation, because I do not merit it, but, the gift of Your Presence, oh yes, I ask this of You!
Stay with me, Lord, for it is You alone I look for. Your Love, Your Grace, Your Will, Your Heart, Your Spirit, because I love You and ask no other reward but to love You more and more.
With a firm love, I will love You with all my heart while on earth and continue to love You perfectly during all eternity.

Amen

Post Communion Virgin Mary Prayer
Mary, holy virgin mother, I have received your Son, Jesus Christ. With love you became his mother, gave birth to him, nursed him, and helped him grow to manhood. With love I return him to you, to hold once more, to love with all your heart, and to offer to the Holy Trinity as our supreme act of worship for your honor and for the good of all your pilgrim brothers and sisters.

Mother, ask God to forgive my sins and to help me serve him more faithfully. Keep me true to Christ until death, and let me come to praise him with you for ever and ever.

Amen.

Prayer After Communion
by St. Bonaventure of Bagnoregio, Doctor of the Church

Pierce, O most sweet Lord Jesus, my inmost soul with the most joyous and healthful wound of Thy love, and with true, calm and most holy apostolic charity, that my soul may ever languish and melt with entire love and longing for Thee, may yearn for Thee and for thy courts, may long to be dissolved and to be with Thee. Grant that my soul may hunger after Thee, the Bread of Angels, the refreshment of holy souls, our daily and supersubstantial bread, having all sweetness and savor and every delightful taste. May my heart ever hunger after and feed upon Thee, Whom the angels desire to look upon, and may my inmost soul be filled with the sweetness of Thy savor; may it ever thirst for Thee, the fountain of life, the fountain of wisdom and knowledge, the fountain of eternal light, the torrent of pleasure, the fulness of the house of God; may it ever compass Thee, seek Thee, find Thee, run to Thee, come up to Thee, meditate on Thee, speak of Thee, and do all for the praise and glory of Thy name, with humility and discretion, with love and delight, with ease and affection, with perseverance to the end; and be Thou alone ever my hope, my entire confidence, my riches, my delight, my pleasure, my joy, my rest and tranquility, my peace, my sweetness, my food, my refreshment, my refuge, my help, my wisdom, my portion, my possession, my treasure; in Whom may my mind and my heart be ever fixed and firm and rooted immovably. Amen.

Post Communion Prayer of St. Thomas Aquinas

Lord, Father all-powerful and ever-living God, I thank you, for even though I am a sinner, your unprofitable servant, not because of my worth but in the kindness of your mercy, you have fed me with the precious body and blood of your Son, our Lord Jesus Christ.

I pray that this communion may not bring me condemnation and punishment but forgiveness and salvation. May it be a helmet of faith and a shield of good will. May it purify me from evil ways and put an end to my evil passions. May it bring me charity and patience, humility and obedience, and growth in the power to do good. May it bring me charity and patience, humility and obedience, and growth in the power to do good. May it be my strong defense against all my enemies, visible and invisible, and the perfect calming of all my evil impulses, bodily and spiritual. May it unite me more closely to you, the one true God, and lead me safely through death to everlasting happiness with you.
And I pray that you will lead me, a sinner, to the banquet where you, with your Son and Holy Spirit, are true and perfect light, total fulfillment, everlasting joy, gladness without end, and perfect happiness to your saints. Grant this through Christ our Lord.

Amen.

†

Prayer to be Said Kneeling at the Foot of the Altar

O God, I offer up to thee my entire self without reserve. I humbly ask for what graces you have for me here, before the altar. I ask for what graces are wasted and forgotten, unasked for. Holy Mary, please help me to receive all the unasked for graces. And I pray that others may come to you here, and love, and learn, and receive thy graces.

Amen.

Glory be. . .

Amen.

At the Holy Name of Jesus, Every Knee Should Bow in Heaven, on earth, and under the earth.

A Prayer After Mass

Lord Jesus Christ, take all my freedom, my memory, my understanding, and my will. All that I have and cherish you have given me. I surrender it all to be guided by Your will. Your grace and Your love are enough for me. Give me these, Lord Jesus, and I ask for nothing more.

Amen.

The Divine Praises

Blessed be God. Blessed be his Holy Name. Blessed be Jesus Christ, true God and true man. Blessed be the name of Jesus. Blessed be his most Sacred Heart. Blessed be his most Precious Blood. Blessed be Jesus in the most Holy Sacrament of the altar.
Blessed be the Holy Spirit, the Paraclete.
Blessed be the great Mother of God, Mary most holy.
Blessed be her holy and Immaculate Conception.
Blessed be her most glorious Assumption.
Blessed be the name of Mary, Virgin and Mother.
Blessed be Saint Joseph, her most chaste spouse.
Blessed be God in his angels and in his saints.

Prayers for the Angels

Troparion to the Holy Angels
from the Byzantine Liturgy

O leaders of the heavenly armies, although we are always unworthy, we beseech you that with your prayers you may encircle us with the protection of the wings of your angelic glory. Watch over us as we bow low and earnestly cry out to you: Deliver us from trouble, O princes of the heavenly armies.

_Amen._

**St. Michael**

_(Who is like God?)_

St. Michael the Archangel defend us in battle, be our protection against the wickedness and snares of the Devil.

May God rebuke him we humbly pray and do thou oh prince of the heavenly host, thrust into Hell, Satan, and all the evil spirits who prowl throughout the world seeking the ruin of souls.

_Amen._

Sancte Michael

Sancte Michael Archangele, defende nos in proelio, contra nequitiam et insidias diaboli esto praeidium. Imperet illi Deus, supplices deprecamur: tuque, princeps militiae caelestis, satanam aliosque spiritus malignos, qui ad perditionem animarum pervagantur in mundo, divina virtut, in infernum detrude.

_Amen._

Prayer to Saint Michael the Archangel, Commander of the Heavenly Hosts

So glorious prince St. Michael, chief and commander of the heavenly hosts, guardian of souls, vanquisher of rebel spirits, servant in the house of the Divine King and our admirable conductor, you who shine with excellence and superhuman virtue deliver us from all evil, who turn to you with confidence and enable us by your gracious protection
to serve God more and more faithfully every day.

Amen

St. Gabriel
(God's fortitude)

O God, who amongst all the Angels didst choose the Archangel Gabriel to announce the mystery of Thine Incarnation; mercifully grant, that we who solemnly remember him on earth may feel the benefit of his patronage in heaven

Amen.

St. Raphael
(God has healed)

Vouchsafe, O Lord God, to send unto our assistance Saint Raphael the Archangel: and may he, who, we believe, evermore standeth before the throne of Thy majesty, offer unto Thee our humble petitions to be blessed by Thee.
Through Christ our Lord.
Amen.

Sancte Raphael

Dirigere dignare, Domine Deus, in adiutorium nostrum, sanctum Raphaelem Archangelum;
et quem tuae maiestati semper assistere credimus,
tibi nostras exiguas preces benedicendas assignet.
Per Christum Dominum nostrum.
Amen.

Prayer to St. Raphael, Archangel

Glorious archangel, St. Raphael, great prince of the heavenly court, illustrious by thy gifts of wisdom and grace, guide of travelers by land and sea, consoler of the unfortunate and refuge of sinners, I entreat thee to help me in all my needs and in all the trials of this life, as you did once assist the young Tobias in his journeying. And since you art the "physician of God," I humbly pray thee to heal my soul of its many infirmities and my body of the ills that afflict it, if this favor is for my greater good. I ask, especially, for angelic purity, that I may be made fit to be the living temple of the Holy Ghost.

Amen.

To St. Raphael, Angel of Happy Meetings

O Raphael, lead us towards those we are waiting for, those who are waiting for us!
Raphael, Angel of Happy Meetings, lead us by the hand towards those we are looking for! May all our movements, all their movements, be guided by your Light and transfigured by your Joy.

Angel Guide of Tobias, lay the request we now address to you at the feet of Him on whose unveiled Face you are privileged to gaze. Lonely and tired, crushed by the separations and sorrows of earth, we feel the need of calling to you and of pleading for the protection of your wings, so that we may not be as strangers in the Province of Joy, all ignorant of the concerns of our country.

Remember the weak, you who are strong—you whose home lies beyond the region of thunder, in a land that is always peaceful, always serene, and bright with the resplendent glory of God.

Amen.

**Angel of God**

Angel of God, my guardian dear, to whom His love commits me here, ever this day (or night) be at my side, to light and guard to rule and guide.

_Amen._

**Angele Dei**

Angele Dei, qui custos es mei, me tibi commissum pietate superna;odia (vel hac nocte) illumina, custodi, rege, et superverna.

_Amen._

**Before Starting on a Journey**

My holy Angel Guardian, ask the Lord to bless the journey which I undertake, that it may profit the health of my soul and body; that I may reach its end, and that, returning safe and sound, I may find my family in good health. Do thou guard, guide and preserve us.

_Amen._

**Hear us**

(Roman Ritual)

Hear us, Lord, holy Father, almighty and eternal God; and graciously send your holy angel from heaven to watch over, to cherish, to protect, to abide with, and to defend all who dwell in this house. Through Christ our Lord.

_Amen._

**Exaudi nos**

Exaudi nos, Domine sancte, Pater omnipotens, aeternae Deus: et mittere digneris sanctum Angelum tuum de caelis, qui custodiat, foveat, proteget, visitet atque defendat omnes
habitantes in hoc habitaculo. Per Christum Dominum nostrum.

Amen.

St. Gertrude’s Guardian Angel Prayer

O most holy angel of God, appointed by God to be my guardian, I give you thanks for all the benefits which you have ever bestowed on me in body and in soul. I praise and glorify you that you condescended to assist me with such patient fidelity, and to defend me against all the assaults of my enemies. Blessed be the hour in which you were assigned me for my guardian, my defender and my patron. In acknowledgement and return for all your loving ministries to me, I offer you the infinitely precious and noble heart of Jesus, and firmly purpose to obey you henceforward, and most faithfully to serve my God.

Amen.

To the Holy Archangel Who Strengthened Our Lord in His Agony

I salute thee, holy Angel who didst comfort my Jesus in His agony, and with thee I praise the most holy Trinity for having chosen thee from among all the holy Angels to comfort and strengthen Him who is the comfort and strength of all that are in affliction. By the honor thou didst enjoy and by the obedience, humility and love wherewith thou didst assist the sacred Humanity of Jesus, my Savior, when He was fainting for very sorrow at seeing the sins of the world and especially my sins, I beseech thee to obtain for me perfect sorrow for my sins; deign to strengthen me in the afflictions that now overwhelm me, and in all the other trials, to which I shall be exposed henceforth and, in particular, when I find myself in my final agony.

Amen.

Prayer to St. Michael, St. Gabriel and St. Raphael

Most Holy Trinity, I thank Thee for having formed the hosts of Thy ministers in Heaven so marvelously, and for having adorned their leader so magnificently. Be Thou adored and loved in the beauty and grandeur of Thy ministers: be Thou praised in their jubilant songs of praise and thanksgiving, through all eternity. Amen

O holy princes of Heaven, Michael, Gabriel and Raphael, I praise you for the love with which the Most High has loved you and placed you so near to His own throne. Be mindful of our necessities, and at the head of the Holy Angels, do battle for the Church of God upon earth, that Satan may be forced to yield ever more, and the Kingdom of light and grace, virtue and the holy love of God, may flourish in splendor, and its beauty be acknowledged by all. Amen.

A Small Collection of Prayers for the Sick
Prayer to Our Lady Help of Christians  
*St. John Bosco*

Most Holy Virgin Mary, Help of Christians,  
how sweet it is to come to your feet  
imploring your perpetual help.  
If earthly mothers cease not to remember their children,  
how can you, the most loving of all mothers forget me?  
Grant then to me, I implore you,  
your perpetual help in all my necessities,  
in every sorrow, and especially in all my temptations.  
I ask for your unceasing help for all who are now suffering.  
Help the weak, cure the sick, convert sinners.  
Grant through your intercessions many vocations to the religious life.  
Obtain for us, O Mary, Help of Christians,  
that having invoked you on earth we may love and eternally thank you in heaven.

*Amen.*

PRAYER FOR THE SICK

Father of goodness and love, hear our prayers for the sick members of our community  
and for all who are in need. Amid mental and physical suffering may they find  
consolation in your healing presence. Show your mercy as you close wounds, cure  
illness, make broken bodies whole and free downcast spirits. May these special people  
find lasting health and deliverance, and so join us in thanking you for all your gifts. We  
ask this through the Lord Jesus who healed those who believed.

*Amen*

RULES FOR A SICK PERSON

RECEIVE your sickness from the hands of your heavenly Father dealing with you as  
with a child.  
2. Look on it as a loving correction for your sins, and as a summons to prepare more  
carefully for death.  
3. Practise the virtues of patience and submission to the will of God; deepen your  
repentance and offer yourself to God to suffer, if it pleases Him, still greater pains; give  
thanks for the blessings you enjoy.  
4. In any dangerous illness let your first care be to send for a Priest.  
5. Beg your friends to give you timely notice if your illness be dangerous, and not to  
flatter you with false hopes of recovery.  
6. Make the best use of the time you have; admit but few visitors; let your conversation  
be as little as may be on worldly matters.  
7. Settle your temporal affairs, in order to give yourself more entirely to spiritual matters.
8. Meditate often on our Lord’s Passion.
9. Bear in mind St. Augustine’s words: However innocent your life may have been, no Christian ought to venture to die in any other state than that of a penitent.

**Prayer in the Beginning of Sickness**

O HEAVENLY Father, who in Thy wisdom knowest what is best for me, glory be to Thee. Lord, if it seem good in Thy sight, remove from me this sickness which I now feel seizing upon me, that I may employ my health to Thy glory, and praise Thy name. But if Thou art pleased it should grow on me, I willingly submit to Thy afflictive hand, for Thou art wont to chasten those whom Thou dost love, and Thou hast promised not to lay on me any more than Thou wilt enable me to bear. I know, O my God, that Thou sendest this sickness on me for my good, even to humble and to prove me; O grant that it may not fail to work that saving effect in me. O Lord, create in me a true sorrow for all my past sins, a firm faith in Thee, and sincere resolutions of amendment for the time to come. Deliver me from all fretfulness and impatience, and give me entire resignations to Thy divine will: O suffer not my sickness to take away my senses, and do Thou continually supply my thoughts with holy ejaculations. Lord, bless all the means that are used for my recovery, and restore me to health, if it be Thy will, in Thy good time; but if Thou hast appointed otherwise for me, Thy blessed will be done. O wean my affections from all things of earth, and fill me with ardent desires after heaven: Lord, fit me for Thyself, and then call me, when Thou pleasest, to that joy unspeakable and full of glory; for the sake of Thine Only Son, Jesus Christ, my Lord and Saviour.

*Amen.*

**Act of Submission**

LORD, I submit to all the pains and uneasiness of this my illness: my sins have deserved infinitely more. Thou art just, O Lord, and Thy judgement is right.

*Amen.*

**Act of Self-Oblation**

LORD, I offer up to Thee all that I now suffer or may have to suffer, to be united to the sufferings of my Saviour, and to be sanctified by His Passion.

**Act of Adoration**

I ADORE Thee, O my God, and my All, as my First Beginning and my Last End; I desire to pay Thee the best homage that I am able, and to bow down all the powers of my soul to Thee.

*Amen.*
Act of Praise

LORD, I desire to praise Thee for ever, in sickness as well as in health; I desire to join my heart and voice with the whole Church of heaven and heart, in blessing Thee for ever.

Amen.

Act of Love of One’s Neighbor

I DESIRE to love my neighbor with perfect charity for the love of Thee. I forgive from my heart all who have in any way offend or injured me, and I ask pardon of all whom I have in any way offended or injured.

Amen.

Act of Commendation to God

I COMMEND my soul to God my Maker, who created me from nothing; to Jesus Christ my Savior, who redeemed me with His Blood; to the Holy Ghost, who sanctified me in baptism. Into Thy hands, O Lord, I commend my spirit.

Amen.

Act of Contrition

HAVE mercy upon me, O God, according to Thy great mercy: and according to the multitude of Thy tender mercies blot out my iniquity. O who will give water to my head, and a fountain of tears to my eyes, that, day and night, I may bewail my sins? O that I had never offended so good a God! O that I had never sinned! Happy those souls that have always preserved their baptismal innocence! Lord, be merciful to me a sinner; Holy Jesus, Son of the Living God, have mercy upon me.

Amen.

Prayer for a Happy Death

by Cardinal Newman

O MY Lord and Savior, support me in my last hour by the strong arms of Thy sacraments, and the fragrance of Thy consolations. Let Thy absolving words be said over me, and the holy oil sign and seal me; and let your own body be my food, and Thy blood my sprinkling; and let Thy Mother Mary come to me, and my angel whisper peace to me, and Thy glorious saints and my own dear patrons smile on me, that in and through them all I may die as I desire to live, in Thy Church, in Thy faith, and in Thy love. Amen.

My Jesus, mercy.
Daily Acceptance of Death
by Father John Hardon, S.J.

Most Sacred Heart of Jesus, I accept from your hands, whatever kind of death it may please you to send me today (tonight), with all its pains, penalties and sorrows, in reparation for my sins, for the conversion of sinners, for all those who will die today (tonight), and for your greater glory. Amen.

Pray twice daily.
(With ecclesiastical approval)

A Prayer in Suffering

O LORD JESUS CHRIST, accept my sufferings which I desire to unite with Thine. Sanctify this affliction, so that every pang I feel may purify my soul and bring it nearer to Thee, to be made more one with Thee; grant that I may welcome the sufferings which will make me more like to Thee.

O my Lord, stand Thou by me with Thy supporting grace; sanctify each pang, sustain my weakness. And then order for me what Thou pleasest. And then order for me what Thou pleasest. Come now to my help, O Lord, and so purify my soul that I may be spared the last, the eternal suffering; let me fly to the embrace of Thy love forever.

Amen.

Prayer for the Dying

Most merciful Jesus, lover of souls, I pray Thee, by the agony of Thy most Sacred Heart and by the sorrows of Thine Immaculate Mother, wash in Thy Blood the sinners of the whole world who are now in their agony and are to die this day. Amen. Heart of Jesus, once in agony, have mercy on the dying.

A Small Collection of Evening Prayers

Good Night To Our Blessed Mother

Night is falling dear Mother, the long day is o'er!
And before thy loved image I am kneeling once more
To thank thee for keeping me safe through the day
To ask thee this night to keep evil away.
Many times have I fallen today, Mother Dear,
Many graces neglected, since last I knelt here;
Wilt thou not in pity, my own Mother mild,
Ask Jesus to pardon the sins of thy child?
I am going to rest, for the day's work is done,
Its hours and its moments have passed one by one;
And the God who will judge me has noted them all,
He has numbered each grace, He has counted each fall.
In His book they are written against the last day,
   O Mother, ask Jesus to wash them away;
For one drop of His blood which for sinners was spilt,
Is sufficient to cleanse the whole world of its guilt.
And if ere the dawn I should draw my last breath
And the sleep that I take be the long sleep of death,
   Be near me, dear Mother, for dear Jesus' sake
When my soul on Eternity's shore shall awake.

**Hymn of the Evening / Phos Hilarion**

O joyful Light! Light and Holy
Glory of the Father immortal, the heavenly, holy, the
Blessed One; O Jesus Christ. Now that we have reached
the setting of the sun, and see the evening light, we
sing to God, Father † Son, and Holy Spirit. It is
fitting at all times to raise a song of praise in
measured melody to You, O Son of God, the giver of
life. Behold the universe sings your glory.

**The Angelic Trisagion**

Holy, holy, holy, Lord God of hosts, the earth is full of thy glory! Glory be to the Father,
glory be to the Son, Glory be to the Holy Ghost.

Sanctus, Sanctus, Sanctus, Dominus Deus exercituum: Plena es terra gloria tua: Gloria
Patri, gloria Filio, gloria Spiritui Sancto.

**Evening Prayer**

†

Now I lay me down to sleep, I pray the Lord my soul to keep, and if I die before I wake, I
pray the Lord my soul to take.

O My Lord God, thank you for all your blessings today and yesterday and forever. Thank
you for the gift of yourself. Thank you for all your angels, saints, and holy souls in
purgatory. Thank you for the Blessed Mother, St. Joseph, and my dear patrons and
special guardians.

Thank you for your Infinite Ocean of Mercy.
   Jesus, Mary, and Joseph, I love you.
   Father, Son, and Holy Spirit, one God, ever loved. I love you.
. All creation is yours, and it is good. Fill my heart with your grace as I sleep. Let me not
waste away the night, but as I sleep, I offer myself up to you entirely again, for forever,
again. I am yours, body, mind, heart and soul. Entirely, I offer myself up to you and ask
for the gift of greater conversion, even while I sleep. So that my time will not be wasted.
Let my dreams be yours. I ask my guardian angels to pray for me, through the night, and
thank them. I ask for the angels, saints, and holy souls to pray for us all, as the day closes,
let those who sleep dream of God, and awakening refreshed, love Him in the morning
Sun.

Amen.

A Prayer For Daily Neglects

Eternal Father, I offer Thee the Sacred Heart of Jesus, with all its love, all its sufferings
and all its merits.
First - To expiate all the sins I have committed this day and during all my life. (Glory be
to the Father and to the Son and the Holy Ghost as it was in the beginning, is now, and
ever shall be, world without end. Amen.)

Second - To purify the good I have done badly this day and during all my life. (Glory Be
to the Father...)

Third - To minister for the good I ought to have done, and that I have neglected this day
and during all my life. (Glory Be to the Father...)

A poor Clare who had just died, appeared to her Abbess, who was praying for her, and
said to her, "I went straight to Heaven, for, by means of this prayer, recited every
evening, I paid all my debts."

A Brief Evening Prayer

O my God, I adore You, and I love You with all my heart. I thank You for having created
me and saved me by Your grace, and for having preserved me during this day. I pray that
You will take for Yourself whatever good I might have done this day, and that You will
forgive me whatever evil I have done. Protect me this night, and may Your grace be with
me always.

Amen.

Prayer for the Forgotten

O My God,
I am so forgetful and sinful,
Have mercy on me,
I throw myself at the foot of the Cross
And beg thy mercy.
Abandon me not in thy grace,
Give me the strength and memory for all things,
That thou dost wish me to see.
And with this prayer, I beg Thee,
Give aid to all those I have forgotten to pray for;
The young, the old, the forgotten friend and enemy,
The family, the sick, those in need, and those whom
I pray for least.
Lord, I beg thee, help them all, and let the angels unto
Whom I am entrusted, please, if they please,
Join with me in offering prayers for them to Heaven.

Pray for us O Holy Mother of God,
That we may be made worthy of the promises of Christ.

Amen.

From the Byzantine Rite

Lord Jesus Christ, have mercy on me.

Say these words as you breathe out.
Relax your imagination, your eyes, your body,
Repeat the words on every breath,
Let them be formed on your lips, and in your mind.
Let them pass from your head to your heart.
Pray as you breathe, as long as it brings peace
And a deepening sense of the Lord’s presence

Caution: This prayer is not for beginners and to be done without the aid of a spiritual advisor.

The Golden Arrow

May the most holy, most sacred, most adorable, most mysterious and unutterable Name of God be always praised, blessed, loved, adored and glorified in heaven, on earth and under the earth, by all the creatures of God, and by the Sacred Heart of our Lord Jesus Christ in the most Holy Sacrament of the altar.

Universal Prayer for All Things Necessary for Salvation
(Composed by Pope Clement XI., A.D. 1721)

O My God, I believe in thee; do thou strengthen my faith. All my hopes are in thee; do thou secure them. I love thee; teach me to love thee daily more and more. I am sorry that I have offended thee; do thou increase my sorrow.
I adore thee as my first beginning; I espouse after thee as my last end. I give thee thanks as my constant benefactor; I call upon thee as my sovereign protector.
Vouchsafe, O my God, to conduct me by thy wisdom, to restrain me by thy justice, to comfort me by thy mercy, to defend me by thy power.
To thee I desire to consecrate all my thoughts, works, actions, and sufferings; that henceforward I may think of thee, speak of thee, refer all my actions to thy greater glory, and suffer willingly whatever thou shalt appoint.

Lord, I desire that in all things thy will may be done, because it is thy will, and in the manner that thou willest.

I beg to thee to enlighten my understanding, to inflame my will, to purify my body, and to sanctify my soul.

Give me strength, O my God, to expiate my offences, to overcome my temptations, to subdue my passions, and to acquire the virtues proper for my state.

_Amen._

**Prayer of St. Thomas Aquinas**

O Lord my God, Grant me a mind to know Thee.  
A heart to seek Thee. Wisdom to find Thee.  
Conduct pleasing to Thee.  
Faithful perseverance in waiting for Thee.  
And hope of finally embracing Thee.

**Watch, Lord**  
_by St Augustine of Hippo_  

Watch, Lord, with those who wake, or watch or weep tonight, and give your angels charge over those who sleep.  
Tend your sick ones, O Lord Jesus Christ; rest your weary ones; bless your dying ones; soothe your suffering ones; pity your afflicted ones; shield your joyous ones.  
And all for your love's sake,  
Lord Jesus Christ, Son of the living God, have mercy on me a sinner.

_Amen._

**Heartbeat Reparation Prayer**

Eternal Father, I desire to rest in your heart this night.  
I make the intention of offering you every beat of my heart, joining to them as many acts of love and desire.  
I pray that even while I'm asleep, I will bring back to You souls that offend You.  
I ask forgiveness for the whole world, especially for those who know You and yet sin.  
I offer to You my every breath and heartbeat, as a prayer of reparation.
Amen.

Evening Prayer to the Holy Spirit
by Saint Antiochus

O Holy Spirit, most merciful Comforter: You proceed from the Father in a manner beyond our understanding. Come, I beseech You, and take up your abode in my heart. Purify and cleanse me from all sin, and sanctify my soul. Cleanse it from every impurity, water its dryness, melt its coldness, and save it from its sinful ways. Make me truly humble and resigned, that I may be pleasing to You, and that You might abide with me forever. Most Blessed Light, most Amiable Light, enlighten me. O Rapturous Joy of Paradise, Fount of Purest Delight, My God, give yourself to me and kindle in my innermost soul the fire of Your love. My Lord, instruct, direct, and defend me in all things. Give me strength against all immoderate fears and against despondency. Bestow upon me a true faith, a firm hope, and a sincere and a perfect love. Grant that I always do Thy Most Gracious Will.

Amen.

Evening Prayer to the Son of God
by Saint Antiochus

O Only-Begotten Word of the Father, Jesus Christ, who alone are perfect: according to the greatness of your mercy, do not abandon me, your servant, but ever rest in my heart. O Sweet Jesus, Good Shepherd of Your flock, deliver me from the attacks of The Enemy. Do not allow me to become the prey of Satan's evil intent, even though I have within me the seed of eternal damnation. Instead, O Lord Jesus Christ, Adorable God, Holy King, while I sleep, protect me by Your Holy spirit, through Whom You sanctified Your Apostles. Enlighten my mind by the light of the Holy Gospel, my soul by the love of Your Cross, my heart by the purity of Your teaching. Protect my body by Your sacred passion, my senses by Your humility, and awaken me in due time for Your glorification. For You, above all, are adorable, together with Your eternal Father, and the Holy Spirit, now and ever, and forever.

Amen.

Evening Prayer to God the Father
by Saint Macarius

O eternal God and Ruler of all creation, You have allowed me to reach this hour. Forgive the sins I have committed this day by word, deed or thought. Purify me, O Lord, from every spiritual and physical stain. Grant that I may rise from this sleep to glorify You by my deeds throughout my entire lifetime, and that I be victorious over every spiritual and physical enemy. Deliver me, O Lord, from all vain thoughts and from evil desires, for yours is the kingdom, and the power, and the glory, Father, Son, and Holy Spirit, now and ever, and forever.
Renewal of Baptismal Promises

I, N. N., who through the tender mercy of the Eternal Father was privileged to be baptized "in the name of the Lord Jesus" (Acts 19, 5) and thus to share in the dignity of his divine Sonship, wish now in the presence of this same loving Father and of his only-begotten Son to renew in all sincerity the promises I solemnly made at the time of my holy Baptism.

I, therefore, now do once again renounce Satan; I renounce all his works; I renounce all his allurements.

I believe in God, the Father almighty, Creator of heaven and earth. I believe in Jesus Christ, his only Son, our Lord, who was born into this world and who suffered and died for my sins and rose again. I believe in the Holy Spirit, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body and life everlasting.

Having been buried with Christ unto death and raised up with him unto a new life, I promise to live no longer for myself or for that world which is the enemy of God but for him who died for me and rose again, serving God, my heavenly Father, faithfully and unto death in the holy Catholic Church.

Taught by our Savior's command and formed by the word of God, I now dare to say: Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

Amen.

Look down upon me, good and gentle Jesus

(En ego, o bone et dulcissime Iesu)

Look down upon me, good and gentle Jesus, while before your face I humbly kneel, and with burning soul pray and beseech you to fix deep in my heart lively sentiments of faith, hope and charity, true contrition for my sins, and a firm purpose of amendment, while I contemplate with great love and tender pity your five wounds, pondering over them within me, calling to mind the words which David, your prophet, said of you, my good Jesus: "They have pierced my hands and my feet; they have numbered all my bones"

Powerful Prayer to the Holy Magi

(to be said with faith three times. For spiritual and financial intercession.)

O Almighty God, we raise our voices to You, that You may hear and have pity on us.

You can assist us in a wonderful manner.

God of sanctity, God of strength, immortal God, have pity on us. We implore You
through the merits of Jesus Christ, through the intercession of the Blessed Virgin, Saint Joseph, of the Holy Magi Kings, Kasper, Melchior, and Baltassar, and all Your Angels and Saints, to grant us here below, temporal blessings, and above, the blessings of eternal life.

Amen.

**Lovely Lady Dressed in Blue**

Lovely Lady dressed in blue-
   Teach me how to pray!
   God was just your little boy,
   Tell me what to say!

Did you lift Him up, sometimes,
   Gently on your knee?
Did you sing to Him the way
   Mother does to me?

Did you hold His hand at night?
   Did you ever try
   Telling stories of the world?
   O! And did He cry?

Do you really think He cares
   If I tell Him things-
Little things that happen? And
   Do the Angels' wings
   Make a noise? And can He hear
   Me if I speak low?
Does He understand me now?
   Tell me- for you know?

Lovely Lady dressed in blue-
   Teach me how to pray!
God was just your little boy,
   And you know the way.

**AN EVENING VISIT**

*(Sr. Beata's Personal Prayer Book)*

While the twilight shadows linger,
   Dearest Lord, I come to Thee,
Bringing all my heart's deep secrets
   For The loving eye to see;
All the joys and all the sorrows,
All the blessings sent to me.

Here, before Thy Sacred Presence,
In adoring love I bend,
Asking Thee, my dearest Jesus,
To be Lover, Guide, and Friend,
And for all my wants and trials
Strength and loving comfort send.
And I consecrate, dear Jesus,
All my love, my life, to Thee;
Keep each though, each work, each action,
From the world's contagion free,
And bless all my loved ones, Jesus,
And unite us all in Thee.

Graces

Grace Before Meals

Bless us, O Lord, and these thy gifts, which we are about to receive from Your bounty,
through Christ, Our Lord. Amen.

Optional Addition: The Angelus is then said.

Group Grace Before Meals from the Franciscan Friars of the Renewal

L: "Praise the Lord!"
(then all join in together)

All: The eyes of all look hopefully to you, O Lord, and you give them their food in due season; You open Your hands and satisfy the desire of every living thing.
L: Let us pray;
All: Bless us O Lord and these Thy gifts which we are about to receive from Thy bounty,
through Christ our Lord.

Amen.

Optional Ending Addition: May the Lord provide for the needs of others, and may the souls of the faithful departed rest in peace.

Amen.

A Grandfather’s Grace
God in Heaven, we thank thee for this day. We thank thee for all thy blessings. Please bless this food, to the nourishment of our bodies. Guide and keep us, we ask in Jesus name.

Amen.

Simple Grace

Benedicus benedicat per Jesus Christus dominum nostrum.

Amen.

Grace After Meals

We give You thanks for all Your Benefits, O Almighty God, who lives and reigns forever. May the souls of the faithfully departed through the mercy of God, rest in peace. Amen.

A Small Collection of Biblical Prayers

Ephesians 6:10-18

"Finally, draw your strength from the Lord and from his mighty power. Put on the armor of God so that you may be able to stand firm against the tactics of the devil. For our struggle is not with flesh and blood but with the principalities, with the powers, with the world rulers of this present darkness, with the evil spirits in the heavens. Therefore, put on the armor of God, that you may be able to resist on the evil day and, having done everything, to hold your ground. So stand fast with your loins girded in truth, clothed with righteousness as a breastplate, and your feet shod in readiness for the gospel of peace. In all circumstances, hold faith as a shield, to quench all (the) flaming arrows of the evil one. And take the helmet of salvation and the sword of the Spirit, which is the word of God. With all prayer and supplication, pray at every opportunity in the Spirit. To that end, be watchful with all perseverance and supplication for all the holy ones..."

Canticle of the Three Children

Daniel 3, 57-88 and 56.

All works of the Lord, bless the Lord: praise and exalt him above all forever. O Angels of the Lord, bless the Lord: O heavens, bless the Lord. O all waters that are above the heavens, bless the Lord: O all powers of the Lord, bless the Lord. O sun and moon, bless the Lord: O stars of heaven, bless the Lord. O every shower and dew, bless the Lord: O all spirits of God, bless the Lord.
O fire and heat, bless the Lord: O cold and heat, bless the Lord.
O dews and hoar frosts, bless the Lord: O frost and cold, bless the Lord.
O ice and snow, bless the Lord: O nights and days, bless the Lord.
O light and darkness, bless the Lord: O lightnings and clouds, bless the Lord.
O let the earth bless the Lord: let it praise and exalt him above all forever.

O mountains and hills, bless the Lord: O all things that spring up from the earth, bless the Lord.
O fountains, bless the Lord: O seas and rivers, bless the Lord.
O whales, and all that move in the waters, bless the Lord: O all fowls of the air, bless the Lord.
O let Israel bless the Lord: let them praise and exalt Him above all forever.

Blessed are you, O Lord, in the firmament of heaven: and worthy of praise, and glorious, and exalted above all forever.

Psalm 98

Praise the Lord from the heavens: praise Him in the high places.
Praise Him, all His angels: praise Him, all His hosts.
Praise Him, O sun and moon: praise Him, all stars and light.
Praise Him, heavens of heavens: and let all the waters that are above the heavens praise the Name of the Lord.
For He spoke, and they were made: He commanded, and they were created.
He has established then forever, and for ages of ages: He has made a decree, and it shall not pass away.
Praise the Lord from the earth, dragons, and all deeps.
Fire, hail, snow, ice, stormy winds, which fulfill His word.
Mountains and all hills, fruitful trees and all cedars.
Beasts and all cattle: serpents and feathered fowls.
Kings of the earth, and all people: princes and all judges of the earth.
Young men and maidens: let the old with the younger, praise the Name of the Lord: for his Name alone is exalted.
The praise of Him is above heaven and earth and He has exalted the horn of His people.
A hymn to all His Saints: to the children of Israel: a people approaching to Him.


Blessed be the Lord, God of Israel, because He has visited and wrought redemption for His people,
And has raised up a horn of salvation for us, in the house of David His Servant,
As He promised through the mouth of His holy ones, the prophets from of old;
Salvation from our enemies, and from the hand of all who hate us,
To show mercy to our forefathers and to be mindful of His holy covenant,
Of the oath that He swore to Abraham our father, that He would grant us,
That, delivered from the hand of our enemies, we should serve Him without fear,
In holiness and justice before Him all our days.
And thou, child, shalt be called the prophet of the Most High, for You shall go before the
face of the Lord to prepare His ways,
To give to His people knowledge of salvation through forgiveness of their sins,
Because of the loving-kindness of our God, where with the Orient from on high has
visited us,
To shine on those who sit in darkness and in the shadow of death, to guide our feet into
the way of peace.

Psalm 129(130) – De Profundis

Out of the depths I cry to you, O Lord,
    Lord hear my voice!
O let your ears be attentive
    To the voice of my pleading.
If you, O Lord, should mark our guilt,
    Lord, who would survive?
But with you is found forgiveness:
    For this we revere you.
My soul is waiting for the Lord,
    I count on his word.
My soul is longing for the Lord
    More than watchmen for daybreak.
Because with the Lord there is mercy
    And fullness of redemption,
Israel indeed he will redeem
    From all its iniquity.

Psalm 50(51). Have mercy on me (Miserere)

Have mercy on me, O God, in your goodness;
in the greatness of your compassion wipe out my offense.
Thoroughly wash me from my guilt
    and of my sin cleanse me.

     For I acknowledge my offense,
    and my sin is before me always:
    "Against you only have I sinned,
    and done what is evil in your sight,"

That you may be justified in your sentence,
    vindicated when you condemn.
Indeed, in guilt was I born,  
and in sin my mother conceived me;

Behold, you are pleased with sincerity of heart,  
and in my inmost being you teach me wisdom.  
Cleanse me of sin with hyssop, that I may be purified;  
wash me, and I shall be whiter than snow.

Let me hear the sounds of joy and gladness;  
the bones you have crushed shall rejoice.  
Turn away your face from my sins,  
and blot out all my guilt.

A clean heart create for me, O God, and a steadfast spirit renew within me.  
Cast me not out from your presence,  
and your holy spirit take not from me.

Give me back the joy of your salvation,  
and a willing spirit sustain in me.  
I will teach transgressors your ways,  
and sinners shall return to you.

Free me from blood guilt, O Lord, my saving God;  
then my tongue shall revel in your justice.  
O Lord, open my lips,  
and my mouth shall proclaim your praise.

For you are not pleased with sacrifices;  
should I offer a holocaust, you would not accept it.  
My sacrifice, O God, is a contrite spirit;  
a heart contrite and humbled, O God, you will not spurn.

Be bountiful, O Lord, to Sion in your kindness  
by rebuilding the walls of Jerusalem;  
Then shall you be pleased with due sacrifices,  
burnt offerings and holocausts; then shall they offer up bullocks on your altar.

**Address of Ruth to Naomi**

Entreat me not to leave thee,  
Or to return from following after thee:  
For whither thou goest,  
I will go;  
And where thou lodgest,  
I will lodge.
Thy people shall be my people,
And thy God my God.
Where thou diest, will I die,
And there will I be buried.

The Lord do so to me, and more also
If ought but death part thee and me.

**NUPTIAL BLESSINGS**
*(The Shorter Version)*

Be appeased, O Lord,
by our humble prayers,
and in Your kindness assist this institution of marriage
which You have ordained for the propagation of the human race;
so that this union made here,
joined by Your authority,
may be preserved by Your help.
Through the same our Lord Jesus Christ,
Your Son,
Who lives and reigns with You
in the unity of the Holy Spirit, God,
world without end.

Amen.

**Marriage & Courting Prayers**

**NUPTIAL BLESSINGS**
*(The Longer Version)*

O God, by Your mighty power You made all things out of nothing.
First, You set the beginnings of the universe in order.
Then, You made man in Your image,
and appointed woman to be his inseparable helpmate.
Thus You made woman's body from the flesh of man,
thereby teaching that what You have been pleased to institute
from one principle might never lawfully be put asunder.

O God,
You have sanctified marriage by a mystery so excellent
that in the marriage union You foreshadowed
the union of Christ and the Church.
O God, You join woman to man,
and You endow that fellowship with a blessing
which was not taken away in punishment for original sin
nor by the sentence of the flood.
Look, in Your mercy,
upon this Your handmaid,
about to be joined in wedlock,
who entreats You to protect and strengthen her.
Let the yoke of marriage to her be one of love and peace.
Faithful and chaste,
let her marry in Christ.
Let her ever follow the model of holy women:
let her be dear to her husband like Rachel;
wise like Rebecca;
long-lived and faithful like Sara.
Let the author of sin work none of his evil deeds within her;
let her ever keep the Faith and the commandments.
Let her be true to one wedlock and shun all sinful embraces;
let her strengthen weakness by stern discipline.
Let her be grave in demeanor,
honorable for her modesty,
learned in heavenly doctrine,
fruitful in children.
Let her life be good and innocent.
Let her come finally to the rest of the blessed
in the kingdom of heaven.
May they both see their children's children
to the third and fourth generation,
thus attaining the old age which they desire.
Through the same our Lord Jesus Christ,
Your Son, Who lives and reigns with You
in the unity of the Holy Spirit, God,
world without end.

Amen.

DEDICATION OF A NEWLY MARRIED COUPLE
TO THE PRECIOUS BLOOD

Lord Jesus,
(on this happy day)
we thank you for the joy of N. and N.
Through all the years of their life
you have watched over them
to bring them together in holy Christian marriage.
Now Lord, bless them,
for they are united in love of you and of each other.
Redeemed by your Precious Blood
and strengthened by your grace,
may they live in kindness and fidelity,
in unfailing trust and love
so that their whole life may be pleasing to you.

Mary, who with Joseph
made a happy home at Nazareth for Jesus,
take these dear friends into your motherly care.
You who showed concern for a newly married couple at Cana,
help and guide N. and N.
May their union on earth lead to that eternal union
in which all the blessed will be joined together,
praising the Redeeming Blood of Jesus, the Lord.

Amen.

Novenas

Novena prayers are meant to be said in some form of nine times, in imitation of the days of prayer in preparation for the first Pentecost—The novena for the coming of the Holy Spirit was the very first novena. However, some novena prayers are suitably said only once as well.

Novena to the Holy Spirit for the Seven Gifts
by the Holy Ghost Fathers (c)1912

FOREWORD

The novena in honor of the Holy Ghost is the oldest of all novenas since it was first made at the direction of Our Lord Himself when He sent His apostles back to Jerusalem to await the coming of the Holy Ghost on the first Pentecost. It is still the only novena officially prescribed by the Church. Addressed to the Third Person of the Blessed Trinity, it is a powerful plea for the light and strength and love so sorely needed by every Christian.

ACT OF CONSECRATION TO THE HOLY GHOST

On my knees I before the great multitude of heavenly witnesses I offer myself, soul and body to You, Eternal Spirit of God. I adore the brightness of Your purity, the unerring keenness of Your justice, and the might of Your love. You are the Strength and Light of my soul. In You I live and move and am. I desire never to grieve You by unfaithfulness to grace and I pray with all my heart to be kept from the smallest sin against You. Mercifully guard my every thought and grant that I may always watch for Your light, and
listen to Your voice, and follow Your gracious inspirations. I cling to You and give myself to You and ask You, by Your compassion to watch over me in my weakness. Holding the pierced Feet of Jesus and looking at His Five Wounds, and trusting in His Precious Blood and adoring His opened Side and stricken Heart, I implore You, Adorable Spirit, Helper of my infirmity, to keep me in Your grace that I may never sin against You. Give me grace O Holy Ghost, Spirit of the Father and the Son to say to You always and everywhere, "Speak Lord for Your servant heareth."

Amen.

- to be recited daily during the Novena

PRAYER FOR THE SEVEN GIFTS OF THE HOLY GHOST

O Lord Jesus Christ Who, before ascending into heaven did promise to send the Holy Ghost to finish Your work in the souls of Your Apostles and Disciples, deign to grant the same Holy Spirit to me that He may perfect in my soul, the work of Your grace and Your love. Grant me the Spirit of Wisdom that I may despise the perishable things of this world and aspire only after the things that are eternal, the Spirit of Understanding to enlighten my mind with the light of Your divine truth, the Spirit on Counsel that I may ever choose the surest way of pleasing God and gaining heaven, the Spirit of Fortitude that I may bear my cross with You and that I may overcome with courage all the obstacles that oppose my salvation, the Spirit of Knowledge that I may know God and know myself and grow perfect in the science of the Saints, the Spirit of Piety that I may find the service of God sweet and amiable, and the Spirit of Fear that I may be filled with a loving reverence towards God and may dread in any way to displease Him. Mark me, dear Lord with the sign of Your true disciples, and animate me in all things with Your Spirit.

Amen.

- to be recited daily during the Novena

FIRST DAY

*Holy Spirit! Lord of Light! From Your clear celestial height, Your pure beaming radiance give!*  

The Holy Ghost

Only one thing is important -- eternal salvation. Only one thing, therefore, is to be feared—sin. Sin is the result of ignorance, weakness, and indifference. The Holy Ghost is the Spirit of Light, of Strength, and of Love. With His sevenfold gifts He enlightens the mind, strengthens the will, and inflames the heart with love of God. To ensure our salvation we ought to invoke the Divine Spirit daily, for "The Spirit helpeth our infirmity. We know not what we should pray for as we ought. But the Spirit Himself asketh for us."
Prayer

Almighty and eternal God, Who hast vouchsafed to regenerate us by water and the Holy Ghost, and hast given us forgiveness all sins, vouchsafe to send forth from heaven upon us your sevenfold Spirit, the Spirit of Wisdom and Understanding, the Spirit of Counsel and fortitude, the Spirit of Knowledge and Piety, and fill us with the Spirit of Holy Fear. Amen.

(Our Father and Hail Mary ONCE. Glory be to the Father 7 TIMES. Act of Consecration, Prayer for the Seven Gifts)

SECOND DAY

Come. Father of the poor. Come, treasures which endure; Come, Light of all that live!

The Gift of Fear

The gift of Fear fills us with a sovereign respect for God, and makes us dread nothing so much as to offend Him by sin. It is a fear that arises, not from the thought of hell, but from sentiments of reverence and filial submission to our heavenly Father. It is the fear that is the beginning of wisdom, detaching us from worldly pleasures that could in any way separate us from God. "They that fear the Lord will prepare their hearts, and in His sight will sanctify their souls."

Prayer

Come, O blessed Spirit of Holy Fear, penetrate my inmost heart, that I may set you, my Lord and God, before my face forever, help me to shun all things that can offend You, and make me worthy to appear before the pure eyes of Your Divine Majesty in heaven, where You live and reign in the unity of the ever Blessed Trinity, God world without end.

Amen.

(Our Father and Hail Mary ONCE. Glory be to the Father 7 TIMES. Act of Consecration, Prayer for the Seven Gifts)

THIRD DAY

Thou, of all consolers best, Visiting the troubled breast, Dost refreshing peace bestow.

The Gift of Piety

The gift of Piety begets in our hearts a filial affection for God as our most loving Father. It inspires us to love and respect for His sake persons and things consecrated to Him, as well as those who are vested with His authority, His Blessed Mother and the Saints, the Church and its visible Head, our parents and superiors, our country and its rulers. He who is filled with the gift of Piety finds the practice of his religion, not a burdensome duty, but a delightful service. Where there is love, there is no labor.

Prayer
Come, O Blessed Spirit of Piety, possess my heart. Enkindle therein such a love for God, that I may find satisfaction only in His service, and for His sake lovingly submit to all legitimate authority. Amen.

(Our Father and Hail Mary ONCE. Glory be to the Father 7 TIMES. Act of Consecration, Prayer for the Seven Gifts)

FOURTH DAY

Thou in toil art comfort sweet, Pleasant coolness in the heat, solace in the midst of woe.

The Gift of Fortitude

By the gift of Fortitude the soul is strengthened against natural fear, and supported to the end in the performance of duty. Fortitude imparts to the will an impulse and energy which move it to undeterredly face the most arduous tasks, to face dangers, to trample under foot human respect, and to endure without complaint the slow martyrdom of even lifelong tribulation. "He that shall persevere unto the end, he shall be saved."

Prayer

Come, O Blessed Spirit of Fortitude, uphold my soul in time of trouble and adversity, sustain my efforts after holiness, strengthen my weakness, give me courage against all the assaults of my enemies, that I may never be overcome and separated from Thee, my God and greatest Good. Amen.

(Our Father and Hail Mary ONCE. Glory be to the Father SEVEN TIMES. Act of Consecration, Prayer for the Seven Gifts)

FIFTH DAY

Light immortal! Light Divine! Visit Thou these hearts of Thine, And our inmost being fill!

The Gift of Knowledge

The gift of Knowledge enables the soul to evaluate created things at their true worth—in their relation to God. Knowledge unmasks the pretense of creatures, reveals their emptiness, and points out their only true purpose as instruments in the service of God. It shows us the loving care of God even in adversity, and directs us to glorify Him in every circumstance of life. Guided by its light, we put first things first, and prize the friendship of God beyond all else. "Knowledge is a fountain of life to him that possesseth it."

Prayer

Come, O Blessed Spirit of Knowledge, and grant that I may perceive the will of the Father; show me the nothingness of earthly things, that I may realize their vanity and use them only for Thy glory and my own salvation, looking ever beyond them to Thee, and Thy eternal rewards. Amen.

(Our Father and Hail Mary ONCE. Glory be to the Father SEVEN TIMES. Act of Consecration, Prayer for the Seven Gifts)
SIXTH DAY

If Thou take Thy grace away, nothing pure in man will stay, All his good is turn'd to ill.

The Gift of Understanding

Understanding, as a gift of the Holy Ghost, helps us to grasp the meaning of the truths of our holy religion BY faith we know them, but by Understanding we learn to appreciate and relish them. It enables us to penetrate the inner meaning of revealed truths and through them to be quickened to newness of life. Our faith ceases to be sterile and inactive, but inspires a mode of life that bears eloquent testimony to the faith that is in us; we begin to "walk worthy of God in all things pleasing, and increasing in the knowledge of God."

Prayer

Come, O Spirit of Understanding, and enlighten our minds, that we may know and believe all the mysteries of salvation; and may merit at last to see the eternal light in Thy Light; and in the light of glory to have a clear vision of Thee and the Father and the Son. Amen.

(Our Father and Hail Mary ONCE. Glory be to the Father SEVEN TIMES. Act of Consecration, Prayer for the Seven Gifts)

SEVENTH DAY

Heal our wounds--our strength renews; On our dryness pour Thy dew, Wash the stains of guilt away.

The Gift of Counsel

The gift of Counsel endows the soul with supernatural prudence, enabling it to judge promptly and rightly what must done, especially in difficult circumstances. Counsel applies the principles furnished by Knowledge and Understanding to the innumerable concrete cases that confront us in the course of our daily duty as parents, teachers, public servants, and Christian citizens. Counsel is supernatural common sense, a priceless treasure in the quest of salvation. "Above all these things, pray to the Most High, that He may direct thy way in truth."

Prayer

Come, O Spirit of Counsel, help and guide me in all my ways, that I may always do Thy holy will. Incline my heart to that which is good; turn it away from all that is evil, and direct me by the straight path of Thy commandments to that goal of eternal life for which I long.

(Our Father and Hail Mary ONCE. Glory be to the Father SEVEN TIMES. Act of Consecration, Prayer for the Seven Gifts)
EIGHTH DAY

_Bend the stubborn heart and will, melt the frozen warm the chill. Guide the steps that go astray!_

The Gift of Wisdom

Embodying all the other gifts, as charity embraces all the other virtues, Wisdom is the most perfect of the gifts. Of wisdom it is written "all good things came to me with her, and innumerable riches through her hands." It is the gift of Wisdom that strengthens our faith, fortifies hope, perfects charity, and promotes the practice of virtue in the highest degree. Wisdom enlightens the mind to discern and relish things divine, in the appreciation of which earthly joys lose their savor, whilst the Cross of Christ yields a divine sweetness according to the words of the Saviour: "Take up thy cross and follow me, for my yoke is sweet and my burden light.

Prayer

Come, O Spirit of Wisdom, and reveal to my soul the mysteries of heavenly things, their exceeding greatness, power and beauty. Teach me to love them above and beyond all the passing joys and satisfactions of earth. Help me to attain them and possess them for ever. Amen.

(Our Father and Hail Mary ONCE. Glory be to the Father SEVEN TIMES. Act of Consecration, Prayer for the Seven Gifts)

NINTH DAY

_Thou, on those who evermore Thee confess and Thee Adore, in Thy sevenfold gift, Descend; Give Them Comfort when they die; Give them Life with Thee on high; Give them joys which never end. Amen_

The Fruits of the Holy Ghost

The gifts of the Holy Ghost perfect the supernatural virtues by enabling us to practice them with greater docility to divine inspiration. As we grow in the knowledge and love of God under the direction of the Holy Ghost, our service becomes more sincere and generous, the practice of virtue more perfect. Such acts of virtue leave the heart filled with joy and consolation and are known as Fruits of the Holy Ghost. These Fruits in turn render the practice of virtue more attractive and become a powerful incentive for still greater efforts in the service of God, to serve Whom is to reign.

Prayer

Come, O Divine Spirit, fill my heart with Thy heavenly fruits, Thy charity, joy, peace, patience, benignity, goodness, faith, mildness, and temperance, that I may never weary in the service of God, but by continued faithful submission to Thy inspiration may merit to
be united eternally with Thee in the love of the Father and the Son. Amen.
(Our Father and Hail Mary ONCE. Glory be to the Father SEVEN TIMES. Act of
Consecration, Prayer for the Seven Gifts)

Novena for the Coming of the Holy Spirit

FIRST DAY

Come, O Holy Spirit, come—
From Your bright and blissful Home
Rays of healing light impart.

O God, You taught the hearts of Your faithful by the light of the Holy Spirit. Grant that
by the gift of the same Spirit I may be always truly wise and ever rejoice in His
consolations.

Amen.

SECOND DAY

Come, Father of the poor,
Source of gifts that will endure
Light of ev’ry human heart.

O Holy Spirit, Father of the poor, come fill my poverty-stricken soul out of the plenty of
Your eternal riches. Warn me, I beg You, of every opportunity in my daily round of duty,
to lay up treasures where no thief approaches nor moth corrupts, that I may enjoy them
together with You forever.

Amen.

THIRD DAY

You of all consolers best,
Of the soul most kindly Guest,
Quick’ning courage do bestow.

O Divine Consoler, and of all Comforters the best, to You do I come in trouble and
distress. May You, in the all-powerful Name of Jesus, our Redeemer, and out of love for
Mary our sorrowful Mother and Your chaste Spouse, come to my assistance an comfort
me in all my trials and tribulations.

Amen.

FOURTH DAY
In hard labor You are rest,  
In the heat You refresh best,  
And solace give in our woe.

O God, You bestowed the Holy Spirit on the Apostles, Grant to Your people the effect of their pious prayers, that on those to whom You have given grace, You may also bestow peace.

Amen.

FIFTH DAY

O most blessed Light Divine,  
Let Your radiance in us shine,  
And our inmost being fill.

May the Paraclete, Who proceeds from You, enlighten my mind, I beseech You, O Lord; and even as Your Son has promised, may He lead me into all truth.

Amen.

SIXTH DAY

Nothing good by man is thought,  
Nothing right by him is wrought,  
When he spurns Your gracious Will.

Send down, I beseech You, O Lord, the Holy Spirit in His might, to the merciful purifying of my heart and to my sure deliverance from all danger.

Amen.

SEVENTH DAY

Cleanse our souls from sinful stain,  
Lave our dryness with Your rain,  
Heal our wounds and mend our way.

Burn up, O Lord, my reins and heart in the fire of the Holy Spirit; that chaste of body and clean of heart, my service may be well pleasing to You.

Amen.

EIGHTH DAY

Bend the stubborn heart and will,
Melt the frozen, warm the chill,
Guide the steps that go astray.

Holy Spirit, Spirit of Truth, come into my heart. Give to all peoples the brightness of Your Light, that they may be well pleasing to You in unity of faith.

Amen.

NINTH DAY

On the faithful who in You,
Trust with childike piety,
Deign Your sevenfold gift to send.
Give them virtue’s rich increase,
Saving grace to die in peace,
Give them joys that never end.

Amen.

Alleluia

Send down upon me, I beseech You, O Lord, the Holy Spirit, that, inspired and encouraged by Him, I may comply with the duties of my state, carry my crosses patiently, and grow daily in Christian perfection. Grant me, through the same Divine Spirit, the intentions of this Novena or what is most conducive to my eternal salvation and Your glory.

Amen.

Efficacious Novena to the Sacred Heart of Jesus
(favorite of Padre Pio)

I. O my Jesus, you have said: "Truly I say to you, ask and it will be given you, seek and you will find, knock and it will be opened to you." Behold I knock, I seek and ask for the grace of . . .

Our Father, Hail Mary, Glory Be

Sacred Heart of Jesus, I place all my trust in you.

Amen.

II. O my Jesus, you have said: "Truly I say to you, if you ask anything of the Father in my name, he will give it to you." Behold in your name, I ask the Father for the grace of . . .
Our Father, Hail Mary, Glory Be

Sacred Heart of Jesus, I place all my trust in you.

Amen.

III. O my Jesus, you have said: "Truly I say to you, heaven and earth will pass away but my words will not pass away." Encouraged by your infallible words I now ask for the grace of . . .

Our Father, Hail Mary, Glory Be

Sacred Heart of Jesus, I place all my trust in you.

Amen.

IV. O Sacred Heart of Jesus, for whom it is impossible not to have compassion on the afflicted, have pity on us miserable sinners and grant us the grace which we ask of you, through the Sorrowful and Immaculate Heart of Mary, your tender Mother and ours.

Hail Holy Queen

St. Joseph, foster father of Jesus, pray for us.

NOVENA IN EXALTATION OF THE HOLY CROSS

Jesus, Who because of Your burning love for us willed to be crucified and to shed Your Most Precious Blood for the redemption and salvation of our souls, look down upon us and grant the petition we ask for

(State your intention here...)

We trust completely in Your Mercy.
Cleanse us from sin by Your Grace,
sanctify our work,
give us and all those who are dear to us our daily bread,
lighten the burden of our sufferings,
bless our families,
and grant to the nations,
so sorely afflicted,
Your Peace, which is the only true peace,
so that by obeying Your Commandments we may come at last to the glory of Heaven.
NOVENA TO THE PRECIOUS BLOOD

By the Voice of your Blood, O Jesus,
I would press you, solicit you, importune you.
Though you seem to reject my supplications
I will not leave your bleeding feet until you hear me.
Too many graces, too many mercies
flow from your Blood for me not to hope in its efficacy.

Then, O Jesus,
by the Precious Blood
seven times shed for the welfare of all,
by each drop of that sacred price of our redemption,
by the tears of your immaculate mother,
I implore you,
hear my earnest prayer.

(\textit{here specify your request})

O Jesus, during all the days of your mortal life
you consoled so many sufferers,
healed so many infirmities,
raised so often a sinking courage,
you will not fail to have pity
on one who cries to you from the depths of anguish.
Oh! No, it is impossible.
Another profound sigh from my heart,
and from the wound in your own
there will flow to me upon a wave
of your merciful Blood the grace so ardently desired.
O Jesus, Jesus,
hasten the moment when you will change my tears into joy,
my sighs into thanksgiving.

Holy Mary,
source of the divine Blood,
I implore you not to lose this occasion
of glorifying the Blood which made you immaculate.

\textit{Amen.}

\textbf{Novena Prayer to the Sacred Heart of Jesus}

Divine Jesus, You have said, "Ask and you shall receive; seek and you shall find; knock and it shall be opened to you." Behold me kneeling at Your feet, filled with a lively faith
and confidence in the promises dictated by Your Sacred Heart to Saint Margaret Mary. I come to ask this favor: *Mention your request*.

To whom can I turn if not to You, Whose Heart is the source of all graces and merits? Where should I seek if not in the treasure which contains all the riches of Your kindness and mercy? Where should I knock if not at the door through which God gives Himself to us and through which we go to God? I have recourse to You, Heart of Jesus. In You I find consolation when afflicted, protection when persecuted, strength when burdened with trials, and light in doubt and darkness.

Dear Jesus, I firmly believe that You can grant me the grace I implore, even though it should require a miracle. You have only to will it and my prayer will be granted. I admit that I am most unworthy of Your favors, but this is not a reason for me to be discouraged. You are the God of mercy, and You will not refuse a contrite heart. Cast upon me a look of mercy, I beg of You, and Your kind Heart will find in my miseries and weakness a reason for granting my prayer.

Sacred Heart, whatever may be Your decision with regard to my request, I will never stop adoring, loving, praising, and serving You. My Jesus, be pleased to accept this my act of perfect resignation to the decrees of Your adorable Heart, which I sincerely desire may be fulfilled in and by me and all Your creatures forever.

Grant me the grace for which I humbly implore You through the Immaculate Heart of Your most sorrowful Mother. You entrusted me to her as her child, and her prayers are all-powerful with You. Amen.

*Amen.*

**Prayer to the Infant Jesus of Prague**

(“The more you will honour Me, the more I will Bless you.” Words from the Infant of Prague, the Child of the Holy Eucharist)

O Infant Jesus, I have recourse to Thee. I beg of Thee through Thy Holy Mother, to assist me in this necessity (mention it); for I believe firmly that Thy Divinity can assist me. I hope with all my heart, and all my strength of my soul. I repent sincerely of my sins and I be of Thee, O Good Jesus, to give me strength to triumph over them. I make the resolution never to offend Thee again, and I offer myself to Thee with the disposition of suffering every thing rather than to displease Thee again. Henceforth, I will serve Thee with fidelity. For the love of Thee, O Divine Jesus, I will love my neighbor as myself. Child full of power, O Jesus, I beg Thee again to help me in this circumstance (name it) grant me the grace to possess Thee eternally with Mary and Joseph in heaven, and to adore Thee with the Holy Angels.

*Amen.*

**NOVENA TO MARY, QUEEN OF ALL HEARTS**
O Mary, Queen of All Hearts,
Advocate of the most hopeless cases;
Mother most pure, most compassionate;
    Mother of Divine Love,
full of divine light,
we confide to your care the favors which we ask of you today.

Consider our misery, our tears,
our interior trials and sufferings!
We know that you can help us
through the merits of your Divine Son, Jesus.
We promise, if our prayers are heard,
to spread your glory,
by making you known under the title of
Mary, Queen of the Universe.

Grant, we beseech you,
hear our prayers,
for every day you give us so many proofs of your love
and your power of intercession to heal both body and soul.

We hope against all hope:
Ask Jesus to cure us, pardon us,
and grant us final perseverance.

O Mary, Queen of all Hearts, help us,
we have confidence in you. (3 times)

Go to confession, receive Holy Communion and
recite this prayer for nine consecutive days.

Novena Prayer to the Immaculate Heart of Mary

O Most Blessed Mother, heart of love, heart of mercy, ever listening, caring, consoling,
hear our prayer. As your children, we implore your intercession with Jesus your Son.
Receive with understanding and compassion the petitions we place before you today,
especially (special intention).

We are comforted in knowing your heart is ever open to those who ask for your prayer.
We trust to your gentle care and intercession, those whom we love and who are sick or
lonely or hurting. Help all of us, Holy Mother, to bear our burdens in this life until we
may share eternal life and peace with God forever.

Amen.
Novena to Our Lady Of Hope

I am the mother of fair love, and of fear, and of knowledge, and of holy hope. In me is all grace of the way and of the truth; in me is all hope of life and of virtue. Come to me all that desire me and be filled with my fruits (Sirach 24:24-26).

O Blessed Virgin Mary, Mother of Grace, Hope of the world. Hear us, your children, who cry to you.

Let Us Pray.

O God, who by the marvelous protection of the Blessed Virgin Mary has strengthened us firmly in hope, grant we beseech You, that by persevering in prayer at her admonition, we may obtain the favors we devoutly implore. Through Christ Our Lord.

Amen.

Prayer to Our Lady of Hope

O Mary, my Mother, I kneel before you with heavy heart. The burden of my sins oppresses me. The knowledge of my weakness discourages me. I am beset by fears and temptations of every sort. Yet I am so attached to the things of this world that instead of longing for Heaven I am filled with dread at the thought of death.

O Mother of Mercy, have pity on me in my distress. You are all-powerful with your Divine Son. He can refuse no request of your Immaculate Heart. Show yourself a true Mother to me by being my advocate before His throne. O Refuge of Sinners and Hope of the Hopeless, to whom shall I turn if not you?
Obtain for me, then,
O Mother of Hope,
the grace of true sorrow for my sins,
the gift of perfect resignation to God's Holy Will,
and the courage to take up my cross and follow Jesus.

Beg of His Sacred Heart
the special favor that I ask in this novena.

(State your request here...)

But above all I pray,
O dearest Mother,
that through your most powerful intercession
my heart may be filled with Holy Hope,
so that in life's darkest hour
I may never fail to trust in God my Saviour,
but by walking in the way of His commandments
I may merit to be united with Him,
and with you in the eternal joys of Heaven.

Amen.

Mary, our Hope,
have pity on us.

Hope of the Hopeless,
pray for us.

Recite the following prayers...

3 Hail Marys...

Novena to Our Lady of Perpetual Help
(Triduo times 3)

FIRST DAY

Behold at thy feet, O Mother of Perpetual Help! A miserable sinner who has recourse to thee, and confides in thee. O Mother of Mercy, have pity on me. I hear thee called by all the refuge and hope of sinners; be then my refuge and my hope. Assist me for the love of Jesus Christ; stretch forth thy hand to a miserable wretch, who has fallen and who recommends himself to thee, and who consecrates himself to be thy servant forever. I bless and thank Almighty God, Who, by His mercy has given me this confidence in thee, which I hold to be a pledge of my eternal salvation. It is true, that in past times I have miserably fallen into sin, because I had not recourse to thee. I know that with thy help I will be able to conquer. I know, too, that thou wilt assist me if I recommend myself to
thee; but I fear that in the time of danger I may neglect to call on thee, and thus lose my soul. The grace, therefore, which I ask of thee, and for which I beg with all the fervor of my soul, is that in all the attacks of hell, I may ever have recourse to thee, and say to thee: O Mary, help me; O Mother of Perpetual Help, never permit me to lose my God.

Hail Mary (5 times)

V. Pray for us, O holy Mother of God.  
R. That we may be made worthy of the promises of Christ.

SECOND DAY

O Mother of Perpetual Help! Grant that I may ever invoke thy most powerful name, which is the safeguard of the living and the salvation of the dying. O purest Mary, O sweetest Mary, let thy name be henceforth the breath of my life. Do not hesitate, O Blessed Lady, to help me whenever I call on thee, to assist me; for in every temptation which will assail me, in all the necessities which may afflict me, I will never cease to call on thee by often repeating: O Mary~ O Mary~ O what consolation, what sweetness and confidence, and what emotion does not my soul experience when I utter thy name, or only think of thee~ I thank Almighty God for having given thee, on my account, so sweet, so powerful, so lovely a name. But I will not be content with the mere invocation of thy name. I will call on thee, burning with love for thee, and beg that my love for thee may prompt me constantly to salute thee: O Mother of Perpetual Help~

Hail Mary (5 times)

V. Pray for us, O holy Mother of God.  
R. That we may be made worthy of the promises of Christ.

THIRD DAY

O Mother of Perpetual Help! Thou art the dispenser of all those gifts which God grants to us miserable sinners, and for this end He has made thee so powerful, so rich, and so bountiful in order that thou mayest succor us in our misery. Thou art the advocate of those sinners who are more miserable and abandoned than the rest, and who have recourse to thee. Into thy hands I place my eternal salvation, and to thee I consign my soul. I wish to be numbered among thy most devoted servants; take me under thy protection, and it is enough for me. For if thou protect me, I fear nothing, neither from my sins, because thou wilt obtain for me the pardon of them; nor from the devils, because thou art more powerful than all hell together; nor even from Jesus Christ, my Judge Himself, because by one prayer from thee He will be appeased. But one thing I fear, that in the hour of temptation I may, from extreme negligence, fail to have recourse to thee, and thus perish miserably. Obtain for me, therefore, the pardon of my sins, final perseverance, and the priceless gift to love Jesus Christ, and ever to have recourse to thee, O Mother of Perpetual Help!
Hail Mary (5 times)

V. Pray for us, O holy Mother of God.
R. That we may be made worthy of the promises of Christ.

Novena of Our Lady of Mount Carmel

Each Day's Novena Prayer

after each recite:

Our Father, Hail Mary and Glory Be
Our Lady of Mount Carmel, pray for us.

Amen.

First Day

Flos Carmeli (Flower of Carmel)
by St. Simon Stock

O Beautiful Flower of Carmel, most fruitful vine, splendor of heaven, holy and singular, who brought forth the Son of God, still ever remaining a pure virgin, assist us in our necessity! O Star of the Sea, help and protect us! Show us that you are our Mother!
(pause and mention petitions)

Second Day

Most Holy Mary, Our Mother, in your great love for us you gave us the Holy Scapular of Mount Carmel, having heard the prayers of your chosen son Saint Simon Stock. Help us now to wear it faithfully and with devotion. May it be a sign to us of our desire to grow in holiness. (pause and mention petitions)

Third Day

O Queen of Heaven, you gave us the Scapular as an outward sign by which we might be known as your faithful children. may we always wear it with honor by avoiding sin and imitating your virtues. Help us to be faithful to this desire of ours. (pause and mention petitions)

Fourth Day

When you gave us, Gracious Lady, the Scapular as our Habit, you called us to be not only servants, but also your own children. We ask you to gain for us from your Son the grace to live as you children in joy, peace and love. (pause and mention petitions)
Fifth Day

O Mother of Fair Love, through your goodness, as your children, we are called to live in the spirit of Carmel. Help us to live in charity with one another, prayerful as Elijah of old, and mindful of our call to minister to God’s people. (pause and mention petitions)

Sixth Day

With loving provident care, O Mother Most Amiable, you covered us with your Scapular as a shield of defense against the Evil One. Through your assistance, may we bravely struggle against the powers of evil, always open to your Son Jesus Christ. (pause and mention petitions)

Seventh Day

O Mary, Help of Christians, you assured us that wearing your Scapular worthily would keep us safe from harm. Protect us in both body and soul with your continual aid, may all that we do be pleasing to your Son and to you. (pause and mention petitions)

Eighth Day

You give us hope, O Mother of Mercy, that through your Scapular promise we might quickly pass through the fires of purgatory to the Kingdom of your Son. Be our comfort and our hope. Grant that our hope may not be in vain but that, ever faithful to your Son and to you, we may speedily enjoy after death the blessed company of Jesus and the saints. (pause and mention petitions)

Ninth Day

O Most Holy Mother of Mount Carmel, when asked by a saint to grant privileges to the family of Carmel, you gave assurance of your Motherly love and help to those faithful to you and to your Son. Behold us, your children. We glory in wearing your holy habit, which makes us members of your family of Carmel, through which we shall have your powerful protection in life, at death and even after death. Look down with love, O Gate of Heaven, on all those now in their last agony! Look down graciously, O Virgin, Flower of Carmel, on all those in need of help! Look down mercifully, O Mother of our Savior, on all those who do not know that they are numbered among your children. Look down tenderly, O Queen of All Saints, on the poor souls! (pause and mention petitions)

Novena of the Miraculous Medal

O Immaculate Virgin Mary, Mother of Our Lord Jesus and our Mother, penetrated with the most lively confidence in you all-powerful and never-failing intercession, manifested so often through the Miraculous Medal, we your loving and trustful children implore you to obtain for us the graces and favors we ask during this novena, if they be beneficial to our immortal souls, and the souls for whom we pray. (Here form your petition) You
know, O Mary, how often our souls have been the sanctuaries of you Son who hates iniquity. Obtain for us then a deep hatred of sin and that purity of heart which will attach us to God alone so that our every thought, word and deed may tend to His greater glory. Obtain for us also a spirit of prayer and self-denial that we may recover by penance what we have lost by sin and at length attain to that blessed abode where you are the Queen of angels and of men.

Amen.

Novena to Saint Joseph

First Day

FOSTER-FATHER OF JESUS

Saint Joseph, you were privileged to share in the mystery of the Incarnation as the foster-father of Jesus. Mary alone was directly connected with the fulfillment of the mystery, in that she gave her consent to Christ's conception and allowed the Holy Spirit to form the sacred humanity of Jesus from her blood. You had a part in this mystery in an indirect manner, by fulfilling the condition necessary for the Incarnation -- the protection of Mary's virginity before and during your married life with her. You made the virginal marriage possible, and this was a part of God's plan, forseen, willed, and decreed from all eternity.

In a more direct manner you shared in the support, upbringing, and protection of the Divine Child as His foster-father. For this purpose the Heavenly Father gave you a genuine heart of a father -- a heart full of love and self-sacrifice. With the toil of your hands you were obliged to offer protection to the Divine Child, to procure for Him food, clothing, and a home. You were truly the saint of the holy childhood of Jesus -- the living created providence which watched over the Christ-Child.

When Herod sought the Child to put Him to death, the Heavenly Father sent an angel but only as a messenger, giving orders for the flight; the rest He left entirely in your hands. Then it was that fatherly love was the only refuge which received and protected the Divine Child. Your fatherly love carried Him through the desert into Egypt till all enemies were removed. Then on your arms the Child returned to Nazareth to be nourished and provided for during many years by the labor of your hands. Whatever a human son owes to a human father for all the benefits of his up-bringing and support, Jesus owed to you, because you were to Him a foster-father, teacher, and protector.

You served the Divine Child with a singular love. God gave you a heart filled with heavenly, supernatural love -- a love far deeper and more powerful than any natural father's love could be.

You served the Divine Child with great unselfishness, without any regard to self-interest, but not without sacrifices. You did not toil for yourself, but you seemed to be an instrument intended for the benefit of others, to be put aside as soon as it had done its word, for you disappeared from the scene once the childhood of Jesus had passed.
You were the shadow of the Heavenly Father not only as the earthly representative of the authority of the Father, but also by means of your fatherhood -- which only appeared to be natural -- you were to hide for a while the divinity of Jesus. What a wonderfully sublime and divine vocation was yours -- the loving Child which you carried in your arms, and loved and served so faithfully, had God in Heaven as Father and was Himself God!

Yours is a very special rank among the saints of the Kingdom of God, because you were so much a part of the very life of the Word of God made Man. In your house at Nazareth and under your care the redemption of mankind was prepared. What you accomplished, you did for us. You are not only a powerful and great saint in the Kingdom of God, but a benefactor of the whole of Christendom and mankind. Your rank in the Kingdom of God, surpassing far in dignity and honor of all the angels, deserves our very special veneration, love, and gratitude.

Saint Joseph, I thank God for your privilege of having been chosen by God to be the foster-father of His Divine Son. As a token of your own gratitude to God for this your greatest privilege, obtain for me the grace of a very devoted love for Jesus Christ, my God and my Savior. Help me to serve Him with some of the self-sacrificing love and devotedness with which you have done so. Grant that through your intercession with Jesus, your foster-Son, I may reach the degree of holiness God has destined for me, and save my soul.

( Novena Prayer )

Second Day

VIRGINAL HUSBAND OF MARY

Saint Joseph, I honor you as the true husband of Mary. Scripture says: "Jacob begot Joseph, the husband of Mary, and of her was born Jesus who is called Christ" (Matt. 1:16). Your marriage to Mary was a sacred contract by which you and Mary gave yourselves to each other. Mary really belonged to you with all she was and had. You had a right to her love and obedience; and no other person so won her esteem, obedience, and love.

You were also the protector and witness of Mary's virginity. By your marriage you gave to each other your virginity, and also the mutual right over it -- a right to safeguard the other's virtue. This mutual virginity also belonged to the divine plan of the Incarnation, for God sent His angel to assure you that motherhood and virginity in Mary could be united.

This union of marriage not only brought you into daily familiar association with Mary, the loveliest of God's creatures, but also enabled you to share with her a mutual exchange of spiritual goods. And Mary found her edification in your calm, humble, and deep virtue, purity, and sanctity. What a great honor comes to you from this close union with her whom the Son of God calls Mother and whom He declared the Queen of heaven and earth! Whatever Mary had belonged by right to you also, and this included her Son, even
though He had been given to her by God in a wonderful way. Jesus belonged to you as His legal father. Your marriage was the way which God chose to have Jesus introduced into the world, a great divine mystery from which all benefits have come to us.

_God the Son confided the guardianship and the support of His Immaculate Mother to your care._ Mary's life was that of the Mother of the Savior, who did not come upon earth to enjoy honors and pleasures, but to redeem the world by hard work, suffering, and the cross. You were the faithful companion, support, and comforter of the Mother of Sorrows. How loyal you were to her in poverty, journeying, work, and pain. Your love for Mary was based upon your esteem for her as Mother of God. After God and the Divine Child, you loved no one as much as her. Mary responded to this love. She submitted to your guidance with naturalness and easy grace and childlike confidence. The Holy Spirit Himself was the bond of the great love which united your hearts.

Saint Joseph, I thank God for your privilege of being the virginal husband of Mary. As a token of your own gratitude to God, obtain for me the grace to love Jesus with all my heart, as you did, and you love Mary with some of the tenderness and loyalty with which you loved her.

(Novena Prayer)

**Third Day**

**MAN CHOSEN BY THE BLESSED TRINITY**

Saint Joseph, _you were the man chosen by God the Father._ He selected you to be His representative on earth, hence He granted you all the graces and blessings you needed to be His worthy representative.

_You were the man chosen by God the Son._ Desirous of a worthy foster-father, He added His own riches and gifts, and above all, His love. The true measure of your sanctity is to be judged by your imitation of Jesus. You were entirely consecrated to Jesus, working always near Him, offering Him your virtues, your work, your sufferings, your very life. Jesus lived in you perfectly so that you were transformed into Him. In this lies your special glory, and the keynote of your sanctity. Hence, after Mary, you are the holiest of the saints.

_You were chosen by the Holy Spirit._ He is the mutual Love of the Father and the Son -- the heart of the Holy Trinity. In His wisdom He drew forth all creatures from nothing, guides them to their end in showing them their destiny and giving them the means to reach it. Every vocation and every fulfillment of a vocation proceeds from the Holy Spirit. As a foster-father of Jesus and head of the Holy Family, you had an exalted and most responsible vocation -- to open the way for the redemption of the world and to prepare for it by the education and guidance of the youth of the God-Man. In this work you cooperated as the instrument of the Holy Spirit. The Holy Spirit was the guide; you obeyed and carried out the works. How perfectly you obeyed the guidance of the God of Love!

The words of the Old Testament which Pharaoh spoke concerning Joseph of Egypt can
Saint Joseph, I thank God for having made you the man specially chosen by Him. As a token of your own gratitude to God, obtain for me the grace to imitate your virtues so that I too may be pleasing to the Heart of God. Help me to give myself entirely to His service and to the accomplishment of His Holy Will, that one day I may reach heaven and be eternally united to God as you are.

(Novena Prayer)

Fourth Day

FAITHFUL SERVANT

Saint Joseph, you lived for one purpose -- to be the personal servant of Jesus Christ, the Word made flesh. Your noble birth and ancestry, the graces and gifts, so generously poured out on you by God -- all this was yours to serve our Lord better. Every thought, word, and action of yours was a homage to the love and glory of the Incarnate Word. You fulfilled most faithfully the role of a good and faithful servant who cared for the House of God.

How perfect was your obedience! Your position in the Holy Family obliged you to command, but besides being the foster-father of Jesus, you were also His disciple. For almost thirty years, you watched the God-Man display a simple and prompt obedience, and you grew to love and practice it very perfectly yourself. Without exception you submitted to God, to the civil rulers, and to the voice of your conscience.

When God sent an angel to tell you to care for Mary, you obeyed in spite of the mystery which surrounded her motherhood. When you were told to flee into Egypt under painful conditions, you obeyed without the slightest word of complaint. When God advised you in a dream to return to Nazareth, you obeyed. In every situation your obedience was as simple as your faith, as humble as your heart, as prompt as your love. It neglected nothing; it took in every command.

You had the virtue of perfect devotedness, which marks a good servant. Every moment of your life was consecrated to the service of our Lord: sleep, rest, work, pain. Faithful to your duties, you sacrificed everything unselfishly, even cheerfully. You would have sacrificed even the happiness of being with Mary. The rest and quiet of Nazareth was sacrificed at the call of duty. Your entire life was one generous giving, even to the point of being ready to die in proof of your love for Jesus and Mary. With true unselfish devotedness you worked without praise or reward.

But God wanted you to be in a certain sense a cooperator in the Redemption of the world. He confided to you the care of nourishing and defending the Divine Child. He wanted you to be poor and to suffer because He destined you to be the foster-father of His Son, who came into the world to save men by His sufferings and death, and you were to share
in His suffering. In all of these important tasks, the Heavenly Father always found you a faithful servant!

Saint Joseph, I thank God for your privilege of being God's faithful servant. As a token of your own gratitude to God, obtain for me the grace to be a faithful servant of God as you were. Help me to share, as you did, the perfect obedience of Jesus, who came not to do His Will, but the Will of His Father, to trust in the Providence of God, knowing that if I do His Will, He will provide for all my needs of soul and body: to be calm in my trials and to leave it to our Lord to free me from them when it pleases Him to do so. And help me to imitate your generosity, for there can be no greater reward here on earth than the joy and honor of being a faithful servant of God.

(Novena Prayer)

Fifth Day

PATRON OF THE CHURCH

Saint Joseph, God has appointed you patron of the Catholic Church because you were the head of the Holy Family, the type and starting-point of the Church. You were the father, protector, guide and support of the Holy Family. For that reason you belong in a particular way to the Church, which was the purpose of the Holy Family's existence.

I believe that the Church is the family of God on earth. Its government is represented in priestly authority which consists above all in its power over the true Body of Christ, really present in the Blessed Sacrament of the Altar, thus continuing Christ's life in the Church. From this power, too, comes authority over the Mystical Body of Christ, the members of the Church -- the power to teach and govern souls, to reconcile them with God, to bless them, and to pray for them.

You have a special relationship to the priesthood because you possessed a wonderful power over our Savior Himself. Your life and office were of a priestly functions are especially connected with the Blessed Sacrament. To some extent you were the means of bringing the Redeemer to us -- as it is the priest's function to bring Him to us in the Mass -- for you reared Jesus, supported, nourished, protected and sheltered Him. You were prefigured by the patriarch Joseph, who kept supplies of wheat for his people. But how much greater than he were you! Joseph of old gave the Egyptians mere bread for their bodies. You nourished and with tenderest care preserved for the Church Him who is the Bread of Heaven and who gives eternal life in Holy Communion.

God has appointed you patron of the Church because the glorious title of patriarch also falls by special right to you. The patriarchs were the heads of families of the Chosen People, and theirs was the honor to prepare for the Savior's incarnation. You belonged to this line of patriarchs, for you were one of the last descendants of the family of David and one of the nearest forebears of Christ according to the flesh. As husband of Mary, the Mother of God, and as the foster-father of the Savior, you were directly connected with Christ. Your vocation was especially concerned with the Person of Jesus; your entire activity centered about Him. You are, therefore, the closing of the Old Testament and the beginning of the New, which took its rise with the Holy Family of Nazareth. Because the
New Testament surpasses the Old in every respect, you are the patriarch of patriarchs, the most venerable, exalted, and amiable of all the patriarchs.

Through Mary, the Church received Christ, and therefore the Church is indebted to her. But the Church owes her debt of gratitude and veneration to you also, for you were the chosen one who enabled Christ to enter into the world according to the laws of order and fitness. It was by you that the patriarchs and the prophets and the faithful reaped the fruit of God's promise, Alone among them all, you saw with your won eyes and possessed the Redeemer promised to the rest of men.

Saint Joseph, I thank God for your privilege of being the Patron of the Church. As a token of your own gratitude to God, obtain for me the grace to live always as a worthy member of this Church, so that through it I may save my soul. Bless the priests, the religious, and the laity of the Catholic Church, that they may ever grow in God's love and faithfulness in His service. Protect the Church from the evils of our day and from the persecution of her enemies. Through your powerful intercession may the church successfully accomplish its mission in this world -- the glory of God and the salvation of souls!
(Novena Prayer)

Sixth Day

PATRON OF FAMILIES

Saint Joseph, *I venerate you as the gentle head of the Holy Family*. The Holy Family was the scene of your life's work in its origin, in its guidance, in its protection, in your labor for Jesus and Mary, and even in your death in their arms. You lived, moved, and acted in the loving company of Jesus and Mary. The inspired writer describes your life at Nazareth in only a few words: "And (Jesus) went down with them and came to Nazareth, and was subject to them" (Luke, 2:51). Yet these words tell of your high vocation here on earth, and the abundance of graces which filled your soul during those years spent in Nazareth.

*Your family life at Nazareth was all radiant with the light of divine charity.* There was not a closer bond than that uniting you to Jesus, your foster-Son and to Mary, your most loving wife. Jesus chose to fulfill toward you, His foster-father, all the duties of a faithful son, showing you every mark of honor and affection due to a parent. And Mary showed you all the signs of respect and love of a devoted wife. You responded to this love and veneration of both Jesus and Mary for you with feelings of deepest love and respect. You had for Jesus a true fatherly love, enkindled and kept aglow in your heart by the Holy Spirit. And you could not cease to admire the workings of grace in Mary's soul, and this admiration caused the holy love which you had consecrated to her on the day of your wedding you grow stronger every day.

*God has made you a heavenly patron of family life because you sanctified yourself as head of the Holy Family and thus by your beautiful example sanctified family life.* How peacefully and happily the Holy Family rested under the care of your fatherly rule, even
in the midst of trials. You were the protector, counselor, and consolation of the Holy Family in every need. And just as you were the model of piety, so you gave us by your zeal, your earnestness and devout trust in God's providence, and especially by your love, the example of labor according to the Will of God. You cherished all the experiences common to family life and the sacred memories of the life, sufferings, and joys in the company of Jesus and Mary. Therefore the family is dear to you as the work of God, and it is of the highest importance in your eyes to promote the honor of God and the well-being of man. In your loving fatherliness and unfailing intercession you are the patron and intercessor of families, and you deserve a place in every home.

Saint Joseph, I thank God for your privilege of living in the Holy Family and being its head. As a token of your own gratitude to God, obtain God's blessing upon my own family. Make our home the kingdom of Jesus and Mary -- a kingdom of peace, of joy, and love.

I also pray for all Christian families. Your help is needed in our day when God's enemy has directed his attack against the family in order to desecrate and destroy it. In the face of these evils, as patron of families, be pleased to help; and as of old, you arose to save the Child and His Mother, so today arise to protect the sanctity of the home. Make our homes sanctuaries of prayer, of love, of patient sacrifice, and of work. May they be modeled after your own at Nazareth. Remain with us with Jesus and Mary, so that by your help we may obey the commandments of God and of the Church, receive the holy sacraments of God and of the Church, live a life of prayer, foster religious instruction in our homes. Grant that we may be reunited in God's Kingdom and eternally live in the company of the Holy Family in heaven.

(Novena Prayer)

Seventh Day

PATRON OF WORKERS

Saint Joseph, you devoted your time at Nazareth to the work of a carpenter. It was the Will of God that you and your foster-Son should spend your days together in manual labor. What a beautiful example you set for the working classes!

It was especially for the poor, who compose the greater part of mankind, that Jesus came upon earth, for in the synagogue of Nazareth He read the words of Isaiah and referred them to Himself: "The Spirit of the Lord is upon me; because He has anointed Me; to bring good news to the poor He has sent Me" (Luke 4:18). It was God's Will that you should be occupied with work common to poor people, that in this way Jesus Himself might enable it by inheriting it from you, His foster-father, and by freely embracing it. Thus our Lord teaches us that for the humbler class of workmen, He has in store His richest graces, provided they live in content in the place God's Providence has assigned them, and remain poor in spirit for He said, "Blessed are the poor in spirit, for theirs is the kingdom of heaven" (Matt. 5:3).

The kind of work to which you devoted your time in the workshop of Nazareth offered you many occasions of practicing humility. You were privileged to see each day the
example of humility which Jesus practiced -- a virtue most pleasing to Him. He chose for His earthly surrounding not the courts of princes nor the halls of the learned, but a little workshop of Nazareth. Here you shared for many years the humble and hidden toiling of the God-Man. What a touching example for the worker of today!

While your hands were occupied with manual work, your mind was turned to God in prayer. From the Divine Master, who worked along with you, you learned to work in the presence of God in the spirit of prayer, for as He worked He adored His Father and recommended the welfare of the world to Him, Jesus also instructed you in the wonderful truths of grace and virtue, for you were in close contact with Him who said of Himself, "I am the Way and the Truth and the Life."

As you were working at your trade, you were reminded of the greatness and majesty of God, who, as a most wise Architect, formed this vast universe with wonderful skill and limitless power.

The light of divine faith that filled your mind, did not grow dim when you saw Jesus working as a carpenter. You firmly believed that the saintly Youth working beside you was truly God's own Son.

Saint Joseph, I thank God for your privilege of being able to work side by side with Jesus in the carpenter shop of Nazareth. As a token of your own gratitude to God, obtain for me the grace to respect the dignity of labor and ever to be content with the position in life, however lowly, in which it may please Divine Providence to place me. Teach me to work for God and with God in the spirit of humility and prayer, as you did, so that I may offer my toil in union with the sacrifice of Jesus in the Mass as a reparation for my sins, and gain rich merit for heaven.

(Novena Prayer)

Eighth Day

FRIEND IN SUFFERING

Saint Joseph, your share of suffering was very great because of your close union with the Divine Savior. All the mysteries of His life were more or less mysteries of suffering. Poverty pressed upon you, and the cross of labor followed you everywhere. Nor were you spared domestic crosses, owing to misunderstandings in regard to the holiest and most cherished of all beings, Jesus and Mary, who were all to you. Keen must have been the suffering caused by the uncertainty regarding Mary's virginity; by the bestowal of the name of Jesus, which pointed to future misfortune. Deeply painful must have been the prophecy of Simeon, the flight into Egypt, the disappearance of Jesus at the Paschal feast. To these sufferings were surely added interior sorrow at the sight of the sins of your own people.

You bore all this suffering in a truly Christ-like manner, and in this you are our example. No sound of complaint or impatience escaped you -- you were, indeed, the silent saint! You submitted to all in the spirit of faith, humility, confidence, and love; and cheerfully bore all in union with and for the Savior and His Mother, knowing well that true love is a
crucified love. But God never forsook you in your trials. The trials, too, disappeared and were changed at last into consolation and joy.

It seems that God had purposely intended your life to be filled with suffering as well as consolation to keep before my eyes the truth that my life on earth is but a succession of joys and sorrows, and that I must gratefully accept whatever God sends me, and during the time of consolation prepare for suffering. Teach me to bear my cross in the spirit of faith, of confidence, and of gratitude toward God. In a happy eternity, I shall thank God fervently for the sufferings which He deigned to send me during my pilgrimage on earth, and which after your example I endured with patience and heartfelt love for Jesus and Mary.

You were truly the martyr of the hidden life. This was God's Will, for the holier a person is, the more he is tried for the love and glory of God. If suffering is the flowering of God's grace in a soul and the triumph of the soul's love for God, being the greatest of saints after Mary, you suffered more than any of the martyrs.

Because you have experienced the sufferings of this valley of tears, you are most kind and sympathetic toward those in need. Down through the ages souls have turned to you in distress and have always found you a faithful friend in suffering. You have graciously heard their prayers in their needs even though it demanded a miracle. Having been so intimately united with Jesus and Mary in life, your intercession with Them is most powerful.

Saint Joseph, I thank God for your privilege of being able to suffer for Jesus and Mary. As a token of your own gratitude to God, obtain for me the grace to bear my suffering patiently for love of Jesus and Mary. Grant that I may unite the sufferings, works and disappointments of life with the sacrifice of Jesus in the Mass, and share like you in Mary's spirit of sacrifice.

(Novena Prayer)

Ninth Day

PATRON OF A HAPPY DEATH

Saint Joseph, how fitting it was that at the hour of your death Jesus should stand at your bedside with Mary, the sweetness and hope of all mankind. You gave your entire life to the service of Jesus and Mary; at death you enjoyed the consolation of dying in Their loving arms. You accepted death in the spirit of loving submission to the Will of God, and this acceptance crowned your hidden life of virtue. Yours was a merciful judgement, for your foster-Son, for whom you had cared so lovingly, was your Judge, and Mary was your advocate. The verdict of the Judge was a word of encouragement to wait for His coming to Limbo, where He would shower you with the choicest fruits of the Redemption, and an embrace of grateful affection before you breathed forth your soul into eternity.

You looked into eternity and to your everlasting reward with confidence. If our Savior blessed the shepherds, the Magi, Simeon, John the Baptist, and others, because they
greeted His presence with devoted hearts for a brief passing hour, how much more did He bless you who have sanctified yourself for so many years in His company and that of His Mother? If Jesus regards every corporal and spiritual work of mercy, performed in behalf of our fellow men our of love for Him, as done to Himself, and promises heaven as a reward, what must have been the extent of His gratitude to you who in the truest sense of the word have received Him, given Him shelter, clothed, nourished, and consoled Him at the sacrifice of your strength and rest, and even your life, with a love which surpassed the love of all fathers.

God really and personally made Himself your debtor. Our Divine Savior paid that debt of gratitude by granting you many graces in your lifetime, especially the grace of growing in love, which is the best and most perfect of all gifts. Thus at the end of your life your heart became filled with love, the fervor and longing of which your frail body could not resist. Your soul followed the triumphant impulse of your love and winged its flight from earth to bear the prophets and patriarchs in Limbo the glad tidings of the advent of the Redeemer.

Saint Joseph, I thank God for your privilege of being able to die in the arms of Jesus and Mary. As a token of your own gratitude to God, obtain for me the grace of a happy death. Help me to spend each day in preparation for death. May I, too, accept death in the spirit of resignation to God's Holy Will, and die, as you did, in the arms of Jesus, strengthened by Holy Viaticum, and in the arms of Mary, with her rosary in my hand and her name on my lips!

NOVENA PRAYER

Saint Joseph, I, your unworthy child, greet you. You are the faithful protector and intercessor of all who love and venerate you. You know that I have special confidence in you and that, after Jesus and Mary, I place all my hope of salvation in you, for you are specially powerful with God and will never abandon your faithful servants. Therefore I humbly invoke you and commend myself, with all who are dear to me and all that belong to me, to your intercession. I beg of you, by your love for Jesus and Mary, not to abandon me during life and to assist me at the hour of my death.

Glorious Saint Joseph, spouse of the Immaculate Virgin, obtain for me a pure, humble, charitable mind, and perfect resignation to the divine Will. Be my guide, my father, and my model through life that I may merit to die as you did in the arms of Jesus and Mary.

Loving Saint Joseph, faithful follower of Jesus Christ, I raise my heart to you to implore your powerful intercession in obtaining from the Divine Heart of Jesus all the graces necessary for my spiritual and temporal welfare, particularly the grace of a happy death, and the special grace I now implore: (Mention your request).

Guardian of the Word Incarnate, I feel confident that your prayers in my behalf will be graciously heard before the throne of God. Amen.

MEMORARE

Remember, most pure spouse of Mary, ever Virgin, my loving protector, Saint Joseph,
that no one ever had recourse to your protection or asked for your aid without obtaining relief. Confiding, therefore, in your goodness, I come before you and humbly implore you. Despise not my petitions, foster-father of the Redeemer, but graciously receive them.

_Amen._

**A Novena for the Poor Souls**

*(Prayers from The Raccolta, 594-595)*

**SUNDAY**

O Lord God Almighty, I beseech Thee by the Precious Blood which Thy divine Son Jesus shed in the Garden, deliver the souls in Purgatory, and especially that one which is the most forsaken of all, and bring it into Thy glory, where it may praise and bless Thee forever.

_Amen._

*Our Father, Hail Mary, Glory Be.*

*Eternal rest, etc.*

**MONDAY**

O Lord God Almighty, I beseech Thee by the Precious Blood which Thy divine Son Jesus shed in His cruel scourging, deliver the souls in Purgatory, and amongst them all, especially that soul which is nearest to its entrance into Thy glory, that it may soon begin to praise Thee and bless Thee forever.

_Amen._

*Our Father, Hail Mary, Glory Be.*

*Eternal rest, etc.*

**TUESDAY**

O Lord God Almighty, I beseech Thee by the Precious Blood of Thy divine Son Jesus that was shed in His bitter crowning with thorns, deliver the souls in Purgatory, and amongst them all, particularly that soul which is in the greatest need of our prayers, in order that it may not long be delayed in praising Thee in Thy glory and blessing Thee forever.

_Amen._

*Our Father, Hail Mary, Glory Be.*

*Eternal rest, etc.*
WEDNESDAY

O Lord God Almighty, I beseech Thee by the Precious blood of Thy divine Son Jesus that was shed in the streets of Jerusalem, whilst He carried on His sacred shoulders the heavy burden of the Cross, deliver the souls in Purgatory, and especially that one which is richest in merits in Thy sight so that, having soon attained the high place in glory to which it is destined, it may praise Thee triumpantly and bless Thee forever.

Amen.

Our Father, Hail Mary, Glory Be.
Eternal rest, etc.

THURSDAY

O Lord God Almighty, I beseech Thee by the Precious Body and Blood of Thy divine Son Jesus, which He Himself, on the night before His Passion, gave as meat and drink to His beloved Apostles and bequeathed to His holy Church to be the perpetual Sacrifice and life-giving nourishment of His faithful people, deliver the souls in Purgatory, but most of all, that soul which was most devoted to this Mystery of infinite love, in order that it may praise Thee therefor, together with Thy divine Son and the Holy Spirit in Thy glory forever.

Amen.

Our Father, Hail Mary, Glory Be.
Eternal rest, etc.

FRIDAY

O Lord God Almighty, I beseech Thee by the Precious Blood which Jesus Thy divine Son did shed this day upon the tree of the Cross, especially from His sacred hands and feet, deliver the souls in Purgatory, and particularly that soul for whom I am most bound to pray, in order that I may not be the cause which hinders Thee from admitting it quickly to the possession of Thy glory, where it may praise Thee and bless Thee for evermore.

Amen.

Our Father, Hail Mary, Glory Be.
Eternal rest, etc.

SATURDAY

O Lord God Almighty, I beseech Thee by the Precious Blood which gushed forth from the sacred side of Thy divine Son Jesus in the presence of and to the great sorrow of His
most holy Mother, deliver the souls in Purgatory, and among them all, especially that soul which has been most devout to this noble Lady, that it may come quickly into Thy glory, there to praise Thee in her, and her in Thee, through all the ages.

Amen.

*Our Father, Hail Mary, Glory Be.*

*Eternal rest, etc.*

ON EVERY DAY OF THE NOVENA

V. O Lord, hear my prayer;  
R. *And let my cry come unto Thee.*

O God, the creator and Redeemer of all the faithful, grant unto the souls of Thy servants and handmaids the remission of all their sins, that through our devout supplications they may obtain the pardon they have always desired, Who livest and reignest world without end.

Amen.

*Eternal rest, etc.*

**Immaculate Conception Novena Prayer**  
*of Saint Francis of Assisi*

Hail, holy Lady,  
Most holy Queen,  
Mary, Mother of God,  
Virgin made Church;  
Chosen by the most holy Father in heaven,  
consecrated by him,  
with his most holy beloved Son and the Holy Spirit, the Comforter.  
On you descended and in you still remains all the fulness of grace and every good.  
Hail, his Palace.  
his Tabernacle.  
Hail, his Robe.  
Hail, his Handmaid.  
Hail, his Mother.  
And Hail, all holy Virtues who, by the grace and inspiration of the Holy Spirit, are poured forth into the hearts of the
Glorious Saint Alphonsus, Bishop, Confessor, and Doctor of the Church, devoted servant of our Lord and loving child of Mary, I invoke you as a saint in heaven. I give myself to you that you may always be my father, my protector, and my guide in the way of holiness and salvation. Aid me in observing the duties of my state of life. Obtain for me great purity of heart and a fervent love of the interior life after your own example. Great lover of the Blessed Sacrament and the Passion of Jesus Christ, teach me to love Holy Mass and Holy Communion as the source of all grace and holiness, and to receive this Sacrament as often as I can. Give me a tender devotion to the Passion of my Crucified Redeemer. Promoter of the truth of Christ in your preaching and writing, give me a greater knowledge and appreciation of the divine truths. Gentle father of the poor and sinners help me to imitate your charity toward my fellowmen in word and deed. Consoler of the suffering, help me to bear my daily cross patiently in imitation of your own patience in your long illness and to resign myself to the will of God. Good Shepherd of the flock of Christ, obtain for me the grace of being a true child of Holy Mother Church. Saint Alphonsus, I humbly implore your powerful intercession for obtaining from the Divine Heart of Jesus all the graces necessary for my spiritual and temporal welfare. I recommend to you in particular this favor... (Mention your request). I have great confidence in your prayers. I earnestly trust that if it is God's holy will, my petition will be granted through your intercession for me at the throne of God. Saint Alphonsus, pray for me and for those I love, I beg of you, by your love for Jesus and Mary, do not abandon us in our needs. May we experience the peace and joy of your holy death. Amen.

In thanksgiving to God for the graces bestowed on Saint Alphonsus:

(Our Father, Hail Mary, Glory Be 3 times)

Novena to St. Anne, the Mother of the Virgin Mary

First, recite this prayer.

Glorious St. Anne,
filled with compassion for those who invoke you,
with love for those who suffer,
heavily laden with the weight of my troubles, 
I kneel at your feet and humbly beg you 
to take my present need under your special protection...
(State your intention here.)
Vouchsafe to recommend it to your daughter, 
the Blessed Virgin Mary, 
and lay it before the throne of Jesus.
Cease not to intercede for me until my request is granted.
Above all, obtain for me the grace to one day meet God face to face, 
and with you and Mary and all the angels 
and saints praising Him through all eternity.

_Amen._

Next, recite the prayer that relates to the day that you are at.

**DAY ONE**

Great Saint Anne, 
engrave indelibly on my heart 
and in my mind the words that have reclaimed 
and sanctified so many sinners:
"What shall it profit a man to gain the whole world 
if he lose his own soul?"
May this be the principle fruit of these prayers 
by which I will strive to honor you during this novena.
At your feet renew my resolution to invoke you daily, 
not only for the success of my temporal affairs 
and to be preserved from sickness and suffering, 
but above all, that I may be preserved from all sin, 
that I may succeed in working out my eternal salvation 
and that I will receive the special grace of...
(State your intention here.)
O most powerful Saint Anne, 
do not let me lose my soul, 
but obtain for me the grace of winning my way to heaven, 
there with you, you blessed spouse, 
and your glorious daughter, 
to sing the praise of the most holy 
and adorable Trinity forever and ever.
_Amen._

_Recite the..._

_Our Father..._
_Hail Mary..._
Glory Be to the Father...

Pray for us, Saint Anne!
That we may be made worthy of the promises of Christ.

DAY TWO

Glorious Saint Anne,
how can you be otherwise than overflowing
with tenderness toward sinners like myself,
since you are the grandmother of Him who shed His blood for them,
and the mother of her whom the saints call advocate of sinners?
To you, therefore, I address my prayers with confidence.
Vouchsafe to commend me to Jesus and Mary so that,
at your request, I may be granted remission of my sins,
perseverance, the love of God, charity for all mankind,
and the special grace of...
(State your intention here.)
which I stand in need at the present time.
O most powerful protectress,
let me not lose my soul,
but obtain for me that through the merits of Jesus Christ
and the intercession of Mary,
I may have happiness of seeing them,
of loving and praising them with your through all eternity. Amen.

Recite the...

Our Father...
Hail Mary...
Glory Be to the Father...

Pray for us, Saint Anne!
That we may be made worthy of the promises of Christ.

DAY THREE

Beloved of Jesus, Mary and Joseph,
mother of the Queen of Heaven,
take us and all who are dear to us under your special care.
Obtain for us the virtues you instilled in the heart of her
who was destined to become Mother of God,
and the graces with which you were endowed.
Sublime model of Christian womanhood,
pray that we may imitate your example in our homes and families,
listen to our petitions,
Guardian of the infancy
and childhood of the most Blessed Virgin Mary,
obtain the graces necessary for all who enter the marriage state,
that imitating your virtues they may sanctify their homes
and lead the souls entrusted to their care to eternal glory. Amen.

Recite the...

Our Father...
Hail Mary...
Glory Be to the Father...

Pray for us, Saint Anne!
That we may be made worthy of the promises of Christ.

DAY FOUR

Glorious Saint Anne,
I kneel in confidence at your feet,
for you also have tasted the bitterness and sorrow of life.
My necessities, the cause of my tears, are...
(State your intention here.)
Good Saint Anne,
you who did suffer much during the twenty years
that preceded your glorious maternity,
I beseech you, by all your sufferings and humiliations,
to grant my prayer.
I pray to you,
through you love for your glorious spouse Saint Joachim,
through your love for your immaculate child,
through the joy you did feel at the moment of her happy birth,
not to refuse me.
Bless me, bless my family and all who are dear to me,
so that some day we may all be with you in the glory of heaven,
for all eternity.
Amen.

Recite the...

Our Father...
Hail Mary...
Glory Be to the Father...
Pray for us, Saint Anne!
That we may be made worthy of the promises of Christ.
DAY FIVE

Great Saint Anne,
how far I am from resembling you.
I so easily give way to impatience and discouragement;
and so easily give up praying
when God does not at once answer my request.
Prayer is the key to all heavenly treasures and I cannot pray,
because my weak faith and lack of confidence
fail me at the slightest delay of divine mercy.
O my powerful protectress,
come to my aid,
listen to my petition...
(State your intention here.)
make my confidence and fervor,
supported by the promise of Jesus Christ,
redouble in proportion as the trial
to which God in His goodness subjects me is prolonged,
that I may obtain like you more than I can venture to ask for.
In the future I will remember
that I am made for heaven and not for earth;
for eternity and not for time;
that consequently I must ask, above all,
the salvation of my soul
which is assured to all who pray properly
and who persevere in Pray.
Amen.

Recite the...

Our Father...
Hail Mary...
Glory Be to the Father...
Pray for us, Saint Anne!
That we may be made worthy of the promises of Christ.

DAY SIX

Glorious Saint Anne,
mother of the Mother of God,
I beg you to obtain through your powerful intercession
the pardon of my sins and the assistance I need in my troubles...
(State your intention here.)
What can I not hope for
if you deign to take me under your protection?
The Most High has been please to grant the prayers of sinners,
whenever you have been charitable enough to be their advocate.

Kneeling at your feet,
I beg you to help me in all spiritual and temporal dangers;
to guide me in the true path of Christian perfection,
and finally to obtain for me
the grace of ending my life with the death of the just,
so that I may contemplate face to face your beloved Jesus
and daughter Mary in your loving companionship throughout eternity.
Amen.

Recite the...

Our Father...
Hail Mary...
Glory Be to the Father...
Pray for us, Saint Anne!
That we may be made worthy of the promises of Christ.

DAY SEVEN

O Good Saint Anne,
so justly called the mother of the infirm,
the cure for those who suffer from disease,
look kindly upon the sick for whom I pray;
 alleviate their sufferings;
cause them to sanctify their sufferings by patience
and complete submission to the divine will;
finally deign to obtain health for them
and with it the firm resolution to honor Jesus, Mary,
and yourself by the faithful performance of duties.
But, merciful Saint Anne,
I ask you above all for the salvation of my soul,
rather than bodily health,
for I am convinced that this fleeting life is given us
solely to assure us a better one.
Now, we cannot obtain that better life
without the help of God’s graces.
I earnestly beg them of you for the sick and for myself,
especially the petition for which I am making in this novena...
(State your intention here.)
through the merits of our Lord Jesus Christ,
through the intercession of His Immaculate Mother,
and through the efficacious and powerful mediation.
O glorious Saint Anne,
Amen.
Recite the...

Our Father...
Hail Mary...
Glory Be to the Father...
Pray for us, Saint Anne!
That we may be made worthy of the promises of Christ.

DAY EIGHT

Remember, O Saint Anne, you whose name signifies grace and mercy, that never was it known that anyone who fled to your protection, implored your help, and sought your intercession was left unaided. Inspired with this confidence, I fly unto you, good, and kind mother; I take refuge at your feet, burdened with the weight of my sins. O holy mother of the Immaculate Virgin Mary, despise not my petition... (State your intention here.) but hear me and grant my prayer.
Amen.

Recite the...

Our Father...
Hail Mary...
Glory Be to the Father...
Pray for us, Saint Anne!
That we may be made worthy of the promises of Christ.

DAY NINE

Most holy mother of the Virgin Mary, glorious Saint Anne, I, a miserable sinner, confiding in your kindness, choose you today as my special advocate. I offer and consecrate my person and all my interests to your care and maternal solicitude. I hope To serve you and honor you all my life for the love of your most holy daughter and to do all in my power to spread devotion to you.
O my very good mother and advocate,
deign to accept me as your servant,
and to adopt me as you child.
O glorious Saint Anne, I beg you,
by the passion of my most loving Jesus,
the Son of Mary, your most holy daughter,
to assist me in all the necessities
both of my body and my soul.
Venerable Mother,
I beg you to obtain for me the favor I seek in this novena...
(State your intention here.)
and the grace of leading a life perfectly conformable
in all things to the divine will.
I place my soul in your hands
and in those of your kind daughter.
I confide it to you,
above all at the moment
when it will be to separate itself from my body in order that,
appearing under your patronage before the Supreme Judge,
He may find it worthy of enjoying His Divine Presence
in your holy companionship in Heaven.
_Amen._

Recite the...
_Our Father..._
_Hail Mary..._
_Glory Be to the Father..._
Pray for us, Saint Anne!
_That we may be made worthy of the promises of Christ._

**Novena to St. Anthony of Padua**

_First, recite this prayer._

O wonderful St. Anthony,
glorious on account of the fame of your miracles,
and through the condescension of Jesus
in coming in the form of a little child to rest in your arms,
obtain for me of His bounty the grace
which I ardently desire from the depths of my heart...
(State your intention here.)
You who were so compassionate toward miserable sinners,
regard not the unworthiness of those who pray to you,
but the glory of God that it may once again be magnified
by the granting of the particular request...
(Request your intention here.)
which I now ask for with persevering earnestness.
Amen

Next, recite in honour of St. Anthony...

Our Father,
Hail Mary,
Glory Be to the Father.

Saint Anthony, pray for us!

Next, recite the prayer that relates to the day of your Novena.

DAY ONE

O holy St. Anthony,
gentlest of saints,
your love for God and charity for his creatures made you worthy while on earth to possess miraculous powers. Miracles waited your word, which you were ever ready to speak for those in trouble or anxiety. Encouraged by this thought, I implore you to obtain for me the favor I seek in this novena...
(State your intention here.)
The answer to my prayer may require a miracle; even so, you are the saint of miracles. O gentle and loving Saint Anthony, whose heart was ever full of human sympathy, whisper my petition into the ears of the Infant Jesus, who loved to be folded in your arms, and thee gratitude of my heart will always be yours.

Next, recite in honour of St. Anthony...

Our Father,
Hail Mary,
Glory Be to the Father.
Saint Anthony, pray for us!

DAY TWO

O miracle-working St. Anthony, remember that it never has been heard that you left without help or relief anyone who in his need had recourse to you. Animated now with the most lively confidence, even with full conviction of not being refused,
I fly for refuge to thee,
O most favored friend of the Infant Jesus.
O eloquent preacher of the divine mercy,
despise not my supplications but,
bringing them before the throne of God,
strengthen them by your intercession
and obtain for me the favor I seek in this novena...
(State your intention here.)

Next, recite in honour of St. Anthony...

Our Father,
Hail Mary,
Glory Be to the Father.
Saint Anthony, pray for us!

DAY THREE

O purest St. Anthony,
who through your angelic virtue
was made worthy to be caressed by the Divine Child Jesus,
to hold him in your arms and press him to your heart.
I entreat you to cast a benevolent glance upon me.
O glorious St. Anthony,
born under the protection of Mary Immaculate,
on the Feast of her Assumption into Heaven,
and consecrated to her
and now so powerful an intercessor in Heaven,
I beseech you to obtain for me the favor I ask in this novena...
(State your intention here.)
O great wonder-worker,
intercede for me that God may grant my request.

Next, recite in honour of St. Anthony...

Our Father,
Hail Mary,
Glory Be to the Father.
Saint Anthony, pray for us!

DAY FOUR

I salute and honor you,
O powerful helper, St. Anthony.
The Christian world confidently turns to you
and experiences your tender compassion
and powerful assistance in so many necessities
and sufferings that I am encouraged in my need
to seek you help in obtaining a favorable answer
to my request for the favor I seek in this novena...

(State your intention here.)

O holy St. Anthony,
I beseech you,
obtain for me the grace that I desire.

Next, recite in honour of St. Anthony...

Our Father,
Hail Mary,
Glory Be to the Father.
Saint Anthony, pray for us!

DAY FIVE

I salute you, St. Anthony,
lily of purity, ornament and glory of Christianity.
I salute you, great Saint,
cherub of wisdom and seraph of divine love.
I rejoice at the favors our Lord has so liberally bestowed upon you.

In humility and confidence I entreat you to help me,
for I know that God has given you charity and pity,
as well as power.

I ask you by the love you did feel toward the Infant Jesus
as you held him in your arms to tell Him now
of the favor I seek through your intercession in this novena...

(State your intention here.)

Next, recite in honour of St. Anthony...

Our Father,
Hail Mary,
Glory Be to the Father.
Saint Anthony, pray for us!

DAY SIX

O glorious St. Anthony,
chosen by God to preach his Word,
you received from Him the gift of tongues
and the power of working the most extraordinary miracles.

O good St. Anthony,
pray that I may fulfill the will of God in all things
so that I may love Him, with you, for all eternity.
O kind St. Anthony, I beseech you,
obtain for me the grace that I desire,
the favor I seek in this novena...
(State your intention here.)

Next, recite in honour of St. Anthony...

Our Father,
Hail Mary,
Glory Be to the Father.
Saint Anthony, pray for us!

DAY SEVEN

O renowned champion of the faith of Christ,
most holy St. Anthony, glorious for your many miracles,
obtain for me from the bounty of my Lord
and God the grace which I ardently seek in this novena...
(State your intention here.)
O holy St. Anthony,
ever attentive to those who invoke you,
grant me that aid of your powerful intercession.

Next, recite in honour of St. Anthony...

Our Father,
Hail Mary,
Glory Be to the Father.
Saint Anthony, pray for us!

DAY EIGHT

O holy St. Anthony,
you have shown yourself so powerful in your intercession,
so tender and so compassionate towards those who honor you
and invoke you in suffering and distress.
I beseech you most humbly and earnestly
to take me under your protection in my present necessities
and to obtain for me the favor I desire...
(State your intention here.)
Recommend my request to the merciful Queen of Heaven,
that she may plead my cause with you before the throne of her Divine Son.

Next, recite in honour of St. Anthony...
Our Father,
Hail Mary,
Glory Be to the Father.
Saint Anthony, pray for us!

DAY NINE

Saint Anthony, servant of Mary,
glory of the Church,
pray for our Holy Father,
our bishops, our priests,
our Religious Orders, that,
through their pious zeal
and apostolic labors,
all may be united in faith
and give greater glory to God.
St. Anthony, helper of all who invoke you,
pray for me and intercede for me
before the throne of Almighty God
that I be granted the favor
I so earnestly see in this novena...
(State your intention here.)

Next, recite in honour of St. Anthony...

Our Father,
Hail Mary,
Glory Be to the Father.
Saint Anthony,
pray for us!

May the divine assistance remain always with us.

Amen
May the souls of the faithful departed,
through the mercy of God, rest in peace.

Amen.
O God, may the votive commemoration of blessed Anthony,
your confessor, be a source of joy to your Church,
that she may always be fortified with spiritual assistance,
and deserve to enjoy eternal rewards.
Through Christ our Lord.

Amen.

Novena to St. Benedict

Glorious Saint Benedict, sublime model of virtue, pure vessel of God's grace! Behold me
humbly kneeling at your feet. I implore you in your loving kindness to pray for me before the throne of God.

To you I have recourse in the dangers that daily surround me.

Shield me against my selfishness and my indifference to God and to my neighbor.

Inspire me to imitate you in all things.

May your blessing be with me always, so that I may see and serve Christ in others and work for His kingdom.

Graciously obtain for me from God those favors and graces which I need so much in the trials, miseries and afflictions of life.

Your heart was always full of love, compassion and mercy toward those who were afflicted or troubled in any way. You never dismissed without consolation and assistance anyone who had recourse to you.

I therefore invoke your powerful intercession, confident in the hope that you will hear my prayers and obtain for me the special grace and favor I earnestly implore.

[mention your petition]

Help me, great Saint Benedict, to live and die as a faithful child of God, to run in the sweetness of His loving will, and to attain the eternal happiness of heaven.

Amen.

Novena to St. Blaise

Begin by reciting this prayer...

Almighty and Eternal God!

With lively faith and reverently worshiping Thy Divine Majesty,

I prostrate myself before Thee

and invoke with filial trust Thy supreme bounty and mercy.

Illumine the darkness of my intellect

with a ray of Thy heavenly light

and inflame my heart with the fire of Thy divine love,

that I may contemplate the great virtues

and merits of the saint in whose honor I make this novena,

and following his example imitate,

like him, the life of Thy divine Son.

Moreover, I beseech Thee to grant graciously,

through the merits and intercession of this powerful Helper,

the petition which through him I humbly place before Thee,

devoutly saving, "Thy will be done on earth as it is in heaven."

Vouchsafe graciously to hear it,

if it redounds to Thy greater glory

and to the salvation of my soul.
Amen.

Prayer in honor of St. Blaise

O GOD,
deliver us through the intercession
of Thy holy bishop and martyr Blaise,
from all evil of soul and body,
especially from all ills of the throat;
and grant us the grace to make a good confession
in the confident hope of obtaining Thy pardon,
and ever to praise with worthy lips Thy most holy name.
Through Christ our Lord.

Amen.

Invocation of St. Blaise

St. BLAISE,
gracious benefactor of mankind
and faithful servant of God,
who for the love of our Saviour
did suffer so many tortures with patience and resignation;
I invoke thy powerful intercession.
Preserve me from all evils of soul and body.
Because of thy great merits God endowed thee
with the special grace to help
those that suffer from ills of the throat;
relieve and preserve me from them,
so that I may always be able to fulfill my duties,
and with the aid of God's grace perform good works.
I invoke thy help as special physician of souls,
that I may confess my sins sincerely
in the holy sacrament of Penance
and obtain their forgiveness.
I recommend to thy merciful intercession
also those who unfortunately concealed a sin in confession.
Obtain for them the grace to accuse themselves sincerely
and contritely of the sin they concealed,
of the sacrilegious confessions
and communions they made,
and of all the sins they committed since then,
so that they may receive pardon,
the grace of God,
and the remission of the eternal punishment.
Amen.

Prayer

My LORD and my God!
I offer up to Thee my petition
in union with the bitter passion
and death of Jesus Christ, Thy Son,
together with the merits of His immaculate
and blessed Mother, Mary ever virgin,
and of all the saints,
particularly with those of the holy Helper
in whose honor I make this novena.

Look down upon me,
merciful Lord!
Grant me Thy grace and Thy love,
and graciously hear my prayer.

Amen.

Novena to St. Catherine of Siena

Heavenly Father,
your glory is in your saints.
We praise your glory
in the life of the admirable St. Catherine of Siena,
virgin and doctor of the Church.
Her whole life was a noble sacrifice
inspired by an ardent love of Jesus,
your unblemished Lamb.
In troubled times
she strenuously upheld the rights
of His beloved spouse, the Church.
Father, honour her merits
and hear her prayers for each of us,
and for our whole parish family dedicated to her.
Help us to pass unscathed through the corruption of this world,
and to remain unshakably faithful
to the Church in word, deed, and example.
Help us always to see in the Vicar of Christ
an anchor in the storms of life,
and a beacon of light to the harbour of your Love,
in this dark night of your times and men's souls.
Grant also to each of us our special petition...
(State your need here...)

We ask this through Jesus, your Son,
in the bond of the Holy Spirit.

Amen.

St. Catherine of Siena,
Pray for us.

The Miraculous Novena of Grace
Prayer to Saint Francis Xavier

Most amiable and most loving Saint Francis Xavier, in union with thee I reverently adore
the Divine Majesty. I rejoice exceedingly on account of the marvelous gifts which God
bestowed upon thee. I thank God for the special graces He gave thee during thy life on
earth and for the great glory that came to thee after thy death. I implore thee to obtain for
me, through thy powerful intercession, the greatest of all blessings--that of living and
dying in the state of grace. I also beg of thee to secure for me the special favor I ask in
this novena. (Here you may mention the grace, spiritual or temporal, that you wish to
obtain.) In asking this favor, I am fully resigned to the Divine Will. I pray and desire only
to obtain that which is most conducive to the greater glory of God and the greater good of
my soul.

V. Pray for us, Saint Francis Xavier.
R. That we may be made worthy of the promises of Christ.

Let Us Pray

O God, Who didst vouchsafe, by the preaching and miracles of Saint Francis Xavier, to
join unto Thy Church the nations of the Indies, grant, we beseech Thee, that we who
reverence his glorious merits may also imitate his example, through Jesus Christ Our
Lord. Amen.

Then add an Our Father and Hail Mary, three times, in memory of Saint Francis Xavier's
devotion to the Most Holy Trinity, and Glory be to the Father 10 times in thanksgiving for
the graces received during his 10 years of apostleship.

[This Novena, which begins on March 4th and ends March 12th, the day of the
canonization of Saint Francis Xavier, owes its origin to the Saint himself. At Naples, in
December, 1633, Father Marcello Mastrilli, S.J. was at the point of death. The Saint
appeared to him and, bidding him renew a vow he had made to labor in Japan, said: "All
those who implore my help daily for nine consecutive days, from the 4th to the 12th of
March included, and worthily receive the Sacraments of Penance and the Holy Eucharist
on one of the nine days, will experience my protection and may hope with entire
assurance to obtain from God any grace they ask for the good of their souls and the glory]
of God." Father Marcello Mastrilli, S.J., was instantly cured after saying this. So well has Saint Francis Xavier kept this promise that this devotion in his honor became universally known as the Novena of Grace. Its efficacy is not restricted to the dates mentioned. Also recommended it Nov. 25 - Dec. 3, the Feast of Saint Francis Xavier.

Short Novena to St Gerard Majella
(Patron of expecting mothers)

Recite this prayer for nine days.

Almighty and Eternal God, we thank you for the gift of St. Gerard and the example of his life. Because St. Gerard always had complete faith and trust in you, you blessed him with great powers of help and healing. Through him, you showed your loving concern for all those who suffered or were in need. You never failed to hear his prayer on their behalf. Today, through St. Gerard's powerful intercession, you continue to show your love for all those who place their trust in you. And so, Father, full of faith and confidence, and in thanksgiving for all the wonderful things you have done for us, we place ourselves before you today. Through the intercession of St. Gerard, hear our prayers and petitions, and if it is your holy will, grant them.

Amen.

Novena Prayer to St. Gerard – Patron of Motherhood and Good Confessions

Most Blessed Trinity, I, Your child, thank You for all the gifts and privileges which You granted to St. Gerard, especially for those virtues with which You adorned him on earth and the glory which You now impart to him in heaven. Accomplish Your work, Oh Lord, so that Your kingdom may come about on earth. Through his merits, in union with those of Jesus and Mary, grant me the grace for which I ask....

And you, my powerful intercessor, St. Gerard, always so ready to help those who have recourse to you, pray for me. Come before the throne of Divine Mercy and do not leave without being heard. To you I confide this important and urgent affair....

Graciously take my cause in hand and do not let me end this novena without having experienced in some way the effects of your intercession.

Amen.

Nine Days Novena to St Gerard Majella

DAY ONE

Saint Gerard,
ever full of faith,obtain for me that,
believing firmly all that the Church of God proposes to my belief,  
I may strive to secure through a holy life,  
the joys of eternal happiness.

_Recite 9 times._

Hail Mary...

Pray for us, O Saint Gerard  
That we may be made worthy of the promises of Christ.

_Let Us pray._

Almighty and Everlasting God,  
who did draw to Yourself Saint Gerard,  
even from his tenderest years,  
making him conformable to the Image of Your Crucified Son,  
grant we beseech You,  
that imitating his example,  
we may be made like unto the same Divine Image,  
through Jesus Christ Our Lord.

_Amen._

**DAY TWO**

Saint Gerard,  
most generous saint,  
who from they tenderest years  
did care so little for the goods of earth,  
grant that I may place all my confidence in Jesus Christ alone,  
my true Treasure,  
who alone can make me happy in time and eternity.

_Recite 9 times._

Hail Mary...

Pray for us, O Saint Gerard  
That we may be made worthy of the promises of Christ.

**DAY THREE**

Saint Gerard,  
bright seraph of love,  
who despising all earthly love,
did consecrate your life to the service of God
and your neighbor,
promoting God's glory in your lowly state,
and ever ready to assist the distressed
and console the sorrowful,
obtain for me, I beseech thee,
that loving God the only good
and my neighbor for His sake,
I may be hereafter united to Him
forever in glory.

Recite 9 times..

Hail Mary...

Pray for us, O Saint Gerard
That we may be made worthy of the promises of Christ.

DAY FOUR

Saint Gerard,
spotless lily of purity,
by the angelic virtue
and thy wonderful innocence of life
you did receive from the Infant Jesus
and His Immaculate Mother,
sweet pledges of tender love,
grant, I beseech you,
that I may ever strive manfully in my lifelong fight,
and therefore win the crown
that awaits the brave and the true.

Recite 9 times..

Hail Mary...

Pray for us, O Saint Gerard
That we may be made worthy of the promises of Christ.

DAY FIVE

Saint Gerard,
model of holy obedience,
who through your life
did heroically submit your judgment
to those who represent Jesus Christ to you,
therefore sanctifying your lowliest actions, 
obtain for me from God 
cheerful submission to His Holy Will 
and the virtue of perfect obedience, 
that I may be made conformable to Jesus, 
my Model, who was obedient even to death.

Recite 9 times..

Hail Mary...

Pray for us, O Saint Gerard 
That we may be made worthy of the promises of Christ.

**DAY SIX**

Saint Gerard, 
most perfect imitator of Jesus Our Redeemer, 
you whose greatest glory was to be humble and lowly, 
obtain that I too, 
knowing my littleness in God's sight 
may be found worthy to enter the kingdom 
that is promised to the humble and lowly of heart.

Recite 9 times..

Hail Mary...

Pray for us, O Saint Gerard 
That we may be made worthy of the promises of Christ.

**DAY SEVEN**

Saint Gerard, 
unconquered hero, 
most patient in suffering, 
you who did glory in infirmity, 
and under slander 
and most cruel ignominy did rejoice to suffer with Christ, 
obtain for me patience 
and resignation in my sorrows, 
that I may bravely bear the cross 
that is to gain for me 
the crown of everlasting glory.

Recite 9 times..
Hail Mary...

Pray for us, O Saint Gerard
That we may be made worthy of the promises of Christ.

**DAY EIGHT**

Saint Gerard,
true lover of Jesus in the Blessed Sacrament of the Altar,
you who did kneel long hours before the Tabernacle,
and there did taste the joys of paradise,
obtain for me an undying love for the Most Holy Sacrament,
that receiving frequently the Body and Blood of Jesus,
I may daily grow in His holy love
and merit the priceless grace of loving Him
even to the end.

*Recite 9 times.*

Hail Mary...

Pray for us, O Saint Gerard
That we may be made worthy of the promises of Christ.

**DAY NINE**

Saint Gerard,
most favored child of heaven,
to whom Mary gave the Infant Jesus
in the days of your childhood,
to whom she sweetly came
before you did close your eyes in death,
obtain for me I beseech you,
so to seek and love my Blessed Mother during life,
that she may be my joy
and consolation in this valley of tears,
until with you,
before the throne of God,
I may praise her goodness for all eternity.

*Amen.*

*Recite 9 times.*

Hail Mary...
Pray for us, O Saint Gerard
That we may be made worthy of the promises of Christ.

**Novena to St. John Bosco**

Father and Teacher of the Young,
In need of special help,
I appeal with confidence to you,
Saint John Bosco,
for I require not only spiritual graces,
but also temporal ones, and particularly...

*Begin by reciting this prayer...*

May you,
who on earth
had such great devotion to Jesus
in the Blessed Sacrament
and to Mary Help of Christians,
and who always had compassion
for those who were suffering,
obtain from Jesus
and His Heavenly Mother
the grace I now request,
and also a sincere resignation to the Will of God.

*Recite the following prayers...*

Our Father...
Hail Mary...
Glory Be...

**Novena to St. John Marie Vianney**
*(the Cure’ of Ars)*

The nine day Novena in honour of Saint John Marie Vianney is normally practiced from July 27th (first day) to August 4th (ninth day).

**DAY ONE:**

**FOR ARDENT FAITH**

Saint John Marie Baptist Vianney
you were born of a deeply religious mother;
from her you received the Holy Faith;
you learned to love God and to pray.
At a young age,
you were seen kneeling in the front of the statue of Mary.
Your soul was supernaturally carried towards the things on High.
Despite the high cost,
you answered your vocation!
Against many obstacles and contradictions,
you had to fight and suffer
to become the perfect priest which you were.
But your deep spirit of faith supported you
in all these battles.
0 Great Saint you know the desire of my soul;
I would like to serve God better;
from Him I have received so many good things.
For this, obtain for me more courage and especially the depth of faith.
Many of my thoughts, words, and actions
are useless for my sanctification and for my salvation,
because this supernatural spirit does not stir up my life.
Help me to be better in the future.
Holy Priest of Ars,
I have confidence in your intercession.
Pray for me during this novena especially for...

State your request here...

Recite the following prayers...

Our Father...
Hail Mary...
Glory Be...

DAY TWO:
FOR COMPLETE TRUST IN GOD

Saint John Marie Baptist Vianney,
what confidence the people had in your prayers!
You could not leave your old rectory
or your humble church without being surrounded by imploring souls,
who appealed to you as they would have appealed
to Jesus Himself during His earthly life.
And you, O good Saint,
gave them hope by your words,
which were full of love for God.
You, who had always counted entirely on the heart of God,
obtain for me a deep filial trust in His Providence.
As the hope of divine goods fills my heart,
give me courage and help me to always obey the Commandments of God.
Holy Priest of Ars,
I have confidence in your intercession.
Pray for me during this novena especially for...

State your request here...

Recite the following prayers...

Our Father...
Hail Mary...
Glory Be...

DAY THREE:
FOR A TRUE LOVE OF NEIGHBOUR

Saint John Marie Baptist Vianney
because of your love of God
you showed great charity towards your neighbour.
You could not preach on the Love of God
without burning tears of love.
During your last years,
it seemed as though you could not talk about any thing else
or live for anything else.
Thus you sacrificed yourself to your neighbor by consoling,
absolving and sanctifying them to the limits of your strength.
Your charity inspires me to greater love of God,
a love which is shown more by acts then by words.
Help me to love my neighbor generously as Christ loves them.
Holy Priest of Ars,
I have confidence in your intercession.
Pray for me during this novena especially for...

State your request here...

Recite the following prayers...

Our Father...
Hail Mary...
Glory Be...

DAY FOUR:
FOR A HORROR OF SIN

Saint John Mary Baptist Vianney,
you were so adamant against sin,
yet so sympathetic and so ready to welcome the sinner.
I come to you today as if you were still alive, as if I were kneeling at your feet and you could hear me. 
Bend towards me, 
listen to the repentant confidence 
for the weaknesses and miserable deeds of mine. 
Priest of the Lord, 
inexhaustible Confessor, 
obtain for me the horror for sin. 
You wanted us First to avoid the occasion of sin. 
I want to take your advice 
and make the resolution to break bad habits 
and to avoid the dangerous occasions of sin. 
Help me today to examine my conscience. 
Holy Priest of Ars, 
I have confidence in your intercession. 
Pray for me during this novena especially for...

State your request here...

Recite the following prayers...

Our Father... 
Hail Mary... 
Glory Be...

DAY FIVE: 
CONFESSOR OF SOULS

O Holy Priest of Ars, 
you knew how important was a good confession for the Christian life. 
It was to procure the happy fruits of millions of souls that you agreed to be in an uncomfortable confessional, which was like a prison, up to 15 to 16 hours on certain days. 
I will try to develop the habit of frequent confession, to prepare properly each time and to have always regret for my sins, so that the grace of final perseverance but also the sanctification of my soul will be assured. 
Ask this grace for me. 
Holy Priest of Ars, 
I have confidence in your intercession. 
Pray for me during this novena especially for...

State your request here...
Recite the following prayers...

Our Father...
Hail Mary...
Glory Be...

**DAY SIX:**
**REAL PRESENCE**

O Holy Priest of Ars,
whose only comfort in this world
was the real presence of Jesus in the tabernacle,
was it not your great joy to distribute the Eucharist
to the pilgrims who visited you?
You refused Communion to the souls
who refused to reform
but to souls of goodwill
you opened wide the doors of the Eucharistic Feast.
You, who each day at Holy Mass received Holy Communion with great loves,
give me some of your fervor.
With freedom from mortal sin,
obtain for me a sincere desire
to profit from receiving Holy Communion.
Holy Priest of Ars,
I have confidence in your intercession.
Pray for me during this novena especially for...

State your request here...

Recite the following prayers...

Our Father...
Hail Mary...
Glory Be...

**DAY SEVEN:**
**DISPELPER OF SATAN**

O Holy Priest of Ars,
the infamous attacks of the devil
which you had to suffer
and the trials which disheartened you by fatigue
would not make you give up the sublime task of converting souls.
The devil came to you for many years
to disturb your short rest
but you won because of mortification and prayers. Powerful protector, you know the temptor's desire to harm my baptized and believing soul. He would have me sin, by rejecting the Holy Sacraments and the life of virtue. But good Saint of Ars dispel from me the traces of the enemy. Holy Priest of Ars, I have confidence in your intercession. Pray for me during this novena especially for...

State your request here...

Recite the following prayers...

Our Father...
Hail Mary...
Glory Be...

DAY EIGHT:
FOR EXQUISITE PURITY

O Holy Priest of Ars, a witness of your life made this magnificent praise of you: ”We would have taken him for an angel in a mortal body.” You so edified others: the modesty and the exquisite purity radiated from your body. With such charm and with such enthusiasm you preached to others about these beautiful virtues which you said resembled the perfume of a vineyard in bloom. Please I beg you to join your entreaties to those of Mary Immaculate and Saint Philomena in order that I guard always, as God asks me, the purity of my heart. You, who have directed so many souls towards the heights of virtue, defend me in temptations and obtain for me the strength to conquer them. Holy Priest of Ars, I have confidence in your intercession. Pray for me during this novena especially for...

State your request here...

Recite the following prayers...
Our Father...
Hail Mary...
Glory Be...

**DAY NINE:**
**FOR THE DESIRE OF HEAVEN**

O Holy Priest of Ars,
your precious remains are contained in a magnificent reliquary,
the donation from the priests of France.
But this earthly glory is only a very pale image
of the unspeakable glory which you are enjoying with God.
During the time you were on earth,
you used to repeat in your dejected hours,
'One will rest in the other life.'

It is done,
you are in eternal peace,
and eternal happiness.
I desire to follow you one day.
Until then, I hear you saying to me:
"You should work and fight as long as you are in the world."
Teach me then to work for the salvation of my soul,
to spread the good news and good example
and to do good towards those around me
in order that I will receive the happiness of the Elect with you.

Holy Priest of Ars,
I have confidence in your intercession.
Pray for me during this novena especially for...

State your request here...

Recite the following prayers...

Our Father...
Hail Mary...
Glory Be...

O St John Vianney,
Patron of Priests,
pray for us and for all priests!

**Novena to St. Jude**
*(Long Version)*
Patron of Desperate Causes
Begin by reciting the prayer:

St. Jude, glorious apostle, faithful servant and friend of Jesus, the name of the traitor has caused you to be forgotten by many. But the Church honors and invokes you universally as the patron of hopeless cases, and of things despaired of. Pray for me who am so distressed. Make use, I implore you, of that particular privilege accorded you to bring visible and speedy help where help was almost despaired of. Come to my assistance in this great need that I may receive the consolation and succor of Heaven in all my necessities, tribulations and sufferings, particularly....

(Make your request here.)

and that I may bless God with you and all the elect throughout eternity. St. Jude, apostle, martyr, and relative of our Lord Jesus Christ, of Mary, and of Joseph, intercede for us! Amen.

Recite the appropriate prayer for each of the 9 days.

DAY ONE

O blessed apostle St. Jude, who labored zealously among the Gentiles in many lands, and performed numerous miracles in needy and despairing cases, we invoke you to take special interest in us and our needs. We feel that you understand us in a particular way. Hear our prayers and our petitions and plead for us in all our necessities especially...

(Make your request here.)

May we be patient in learning God’s holy will and courageous in carrying it out.
DAY TWO

O blessed apostle Jude,
who has been instrumental in gathering us here together this day,
grant that we may always serve Jesus Christ
as he deserves to be served,
giving of our best efforts in living
as he wishes us to live.
May we dispose our hearts and minds
that God will always be inclined
to listen to our prayers and petitions,
especially those petitions which we entrust to your care
and for which we as you to plead for us...

(Make your request here.)

Grant that we may be enlightened as to what is best for us,
in the present and future,
not forgetting the blessings we have received in the past.

Amen.

St. Jude, pray for us!
My Jesus, mercy!

DAY THREE

O holy St. Jude,
apostle of Jesus Christ,
you who have so faithfully
and devotedly helped to spread his Gospel of Light,
we who are gathered together today in your honor,
ask and petition you to remember us and our needs.
Especially do we pray for...

(Make your request here.)

May it also please our Lord
to lend an ear to your supplications in our behalf.
Grant that we may ever pray with fervor and devotion,
resigning ourselves humbly to the divine will,
seeing God’s purpose in all our trials
and knowing that he will leave
no sincere prayer unanswered in some way.

_Amen._

St. Jude, pray for us!
My Jesus, mercy!

**DAY FOUR**

Saint blessed Jude,
you were called to be one of Christ’s chosen apostles
and labored to bring men to a knowledge and love of God;
listen with compassion to those gathered together to honor you and ask;
your intercession.

In this troubled world of ours we have many trials,
difficulties, and temptations.
Plead for us in the heavenly court,
asking that our petitions may be answered,
especially the particular one we have in mind at this moment...

(_Make your request here._)

May it please God to answer our prayers
in the way that he knows best,
giving us grace to see his purpose in all things.

_Amen._

St. Jude, pray for us!
My Jesus, mercy!

**DAY FIVE**

O holy St. Jude,
apostle and companion of Christ Jesus,
you have shown us by example
how to lead a life of zeal and devotion.
We humbly entreat you today to hear our prayers and petitions.
Especially do we ask you to obtain for us the following favor...

(_Make your request here._)

Grant that in praying for present and future favors
we may not forget the innumerable ones granted in the past
but often return to give thanks.
Humbly we resign ourselves to God’s holy will,
knowing that he alone knows what is best for us
especially in our present needs and necessities.

_Amen._

St. Jude, pray for us!
My Jesus, mercy!

**DAY SIX**

St. Jude,
apostle of Christ and helper in despairing cases,
hear the prayers and petitions
of those who are gathered together in your honor.
In all our needs and desires
may we only seek what is pleasing to God
and what is best for our salvation.
These, our petitions...

(Make your request here.)

we submit to you,
asking you to obtain them for us,
if they are for the good of our souls.
We are resigned to God’s holy will in all things,
knowing that he will leave no sincere prayer unanswered
in some way though it may be in a way unexpected by us.

_Amen._

St. Jude, pray for us!
My Jesus, mercy!

**DAY SEVEN**

O holy apostle Saint Jude,
in whose honor we are gathered today,
may we never forget that our Lord and Savior Jesus Christ
chose you to be one of twelve apostles.
Because of this and of the martyrdom you suffered for the Faith,
we know you are a close friend of Almighty God.
Therefore we do not hesitate to petition you
in our necessities, especially...
We humbly submit ourselves to the will of God, knowing full well that no sincere prayer is ever left unanswered. May we see God’s good and gracious purpose working in all our trials.

Amen.

St. Jude, pray for us!
My Jesus, mercy!

DAY EIGHT

O holy Saint Jude, apostle of Christ, pray that we may ever imitate the Divine Master and live according to His will. May we cooperate with the grace of God and ever remain pleasing in His sight. Especially do we ask you to plead for us and obtain whatsoever is necessary for our salvation. Forget not our special petitions...

(Make your request here.)

May we always be thankful to God for the blessings we have received in the past. Whatsoever we ask for the present or future, we submit to the divine will, realizing that God knows best what is good for us. We know He will respond to our prayers and petitions in one way or another.

Amen.

St. Jude, pray for us!
My Jesus, mercy!

DAY NINE

O holy Saint Jude, apostle and martyr, grant that we may so dispose our lives that we may always be pleasing to God. In working out our salvation in this life
we have many needs and necessities.
   Today we turn to you,
   asking you to intercede for us
and obtain for us the favors we ask of God.
   Especially do we petition for...

   (Make your request here.)

   May we not so much seek temporal good
   but rather what will avail our souls,
   knowing that it will profit us nothing
if we gain the whole world yet suffer the loss of our soul.

Therefore, may we incline ourselves toward the divine will,
seeing God's good and gracious purpose in all our trials.

   *Amen.*

   St. Jude, pray for us!
   My Jesus, mercy!

**Novena to St. Jude**

(Short Version)

   Most holy Apostle, St. Jude,
faithful servant and friend of Jesus,
the Church honors and invokes you universally,
as the patron of difficult cases,
of things almost despaired of,
Pray for me,
I am so helpless and alone.

Intercede with God for me that He bring visible
and speedy help where help is almost despaired of.
Come to my assistance in this great need
that I may receive the consolation
and help of heaven in all my necessities,
tribulations, and; sufferings,
particularly...

   (You make your request here...)

and that I may praise God with you
and all the saints forever.
I promise, O Blessed St. Jude,
to be ever mindful of this great favor
granted me by God
and to always honor you as my special
and powerful patron,
and to gratefully encourage devotion to you.

Amen

PRAYER

May the Most Sacred Heart of Jesus be adored,
and loved in all the tabernacles until the end of time.

_Amen._

May the most Sacred Heart of Jesus
be praised and glorified now and forever.

_Amen_

St. Jude pray for us and hear our prayers.

_Amen_.

Blessed be the Sacred Heart of Jesus
Blessed be the Immaculate Heart of Mary
Blessed be St. Jude Thaddeus,
in all the world and for all Eternity.

(When finishing this prayer, recite the following prayers...)

_Our Father..._
_Hail Mary..._

**Novena to St. Maria Goretti**

Novena Prayer

Saint Mary Goretti who, strengthened by God's grace, did not hesitate, even at the age of
twelve, to shed your blood and sacrifice life itself to defend your virginal purity, look
graciously on the unhappy human race, which has strayed far from the path of eternal
salvation. Teach us all, and especially youth, with what courage and promptitude we
should flee for the love of Jesus, anything that could offend Him or stain our souls with
sin. Obtain for us from our Lord victory in temptation, comfort in the sorrows of life, and
the grace which we earnestly beg of Thee, (mention your request) and may we one day
enjoy with Thee the imperishable glory of heaven.

_Amen._
DAY ONE (July 1)

† In the Name of the Father, and of the Son, and of the Holy Ghost.
Amen

Most lovable little Saint, who valued your purity above any earthly gain, and who sealed this choice with a martyr's death, obtain for me also a strong love of this virtue, so consoling to the Sacred Heart of Jesus and the Immaculate Heart of Mary. The pleasures of the world create many temptations for me. I turn to your powerful intercession in Heaven, so that with this help I may remain ever loyal to God, no matter what the price. In danger inspire me to repeat with you, "No, it is a sin!" Amen.

Recite the Litany of the Blessed Virgin followed by

Sweet Heart of Jesus, be my Love!
Sweet Heart of Mary, be my Salvation!

Recite the Prayer to Saint Mary Goretti above, followed by

Our Father, Hail Mary, and Glory Be to the Father,

Saint Mary Goretti, Pray for us!

† In the Name of the Father, and of the Son, and of the Holy Ghost. Amen

DAY TWO (July 2)

In the Name of the Father, and of the Son, and of the Holy Ghost. Amen

Dear Saint Mary Goretti, model of loving obedience to parents, teach me to imitate your example. Help me to overcome all selfishness and stubborn pride, draw my parents to Thee, then lead me to accept this authority as the Voice of God in my life. Help them to direct me aright and enable me to obey their every wish. Amen.

Recite the Litany of the Blessed Virgin followed by

Sweet Heart of Jesus, be my Love!
Sweet Heart of Mary, be my Salvation!

Recite the Prayer to Saint Mary Goretti above, followed by

Our Father, Hail Mary, and Glory Be to the Father,

Saint Mary Goretti, Pray for us!

In the Name of the Father, and of the Son, and of the Holy Ghost. Amen
DAY THREE (July 3)

In the Name of the Father, and of the Son, and of the Holy Ghost. *Amen*

Dear Little Saint Mary! You were ready for the moment of martyrdom because your short life was given over to daily and heroic self-denial. Your great love of the Sacred Hearts made all this possible. Teach me to love Jesus and His Blessed Mother, so that I too will be inspired to daily self-denial. I am inclined to pamper myself, to gratify my senses, and to excuse myself from all penance. This keeps me from being a true follower of Christ. Help me, lovable Little Martyr, to a sincere practice of self-denial, so that I may be your worthy follower and thus gain Heaven for all Eternity. *Amen.*

Recite the Litany of the Blessed Virgin followed by

Sweet Heart of Jesus, be my Love!
Sweet Heart of Mary, be my Salvation!

Recite the Prayer to Saint Mary Goretti above, followed by

*Our Father, Hail Mary, and Glory Be to the Father,*

Saint Mary Goretti, Pray for us!

In the Name of the Father, and of the Son, and of the Holy Ghost. *Amen*

DAY FOUR (July 4)

In the Name of the Father, and of the Son, and of the Holy Ghost. *Amen*

Dear Little Saint! Your days were spent in the filth of the marshes, willingly helping your desperately poor parents and family. Obtain for me the grace to accept my present circumstances in life, no matter how difficult or humiliating they may be. "Just one little drop of water" as the only request that fell from your parched lips during those last horrible hours of life. How much I demand, how unhappy I am when I cannot have my share of the world's conveniences and gaudy attractions! Teach me by your heroic example to be content with what I have, to be grateful for the blessings God has already showered upon me. *Amen.*

Recite the Litany of the Blessed Virgin followed by

Sweet Heart of Jesus, be my Love!
Sweet Heart of Mary, be my Salvation!

Recite the Prayer to Saint Mary Goretti above, followed by

*Our Father, Hail Mary, and Glory Be to the Father,*
Saint Mary Goretti, Pray for us!

In the Name of the Father, and of the Son, and of the Holy Ghost. *Amen*

**DAY FIVE (July 5)**

In the Name of the Father, and of the Son, and of the Holy Ghost. *Amen*

Dear Little Saint, I depend a great deal upon the help of my friends in time of trouble or sorrow. I look for their approval in many things I do. I am disconsolate and lonely when they desert me. Through your powerful intercession in Heaven, obtain for me the grace to place all my confidence in God. Only by walking constantly in His presence and depending upon His help, will I have the courage to stand up for His laws, even though it may mean loss of friends, criticism and complete removal of worldly comfort. Help me to look for all of my strength in Him. *Amen.*

*Recite the Litany of the Blessed Virgin followed by*

Sweet Heart of Jesus, be my Love!
Sweet Heart of Mary, be my Salvation!

*Recite the Prayer to Saint Mary Goretti above, followed by Our Father, Hail Mary, and Glory Be to the Father,*

Saint Mary Goretti, Pray for us!
In the Name of the Father, and of the Son, and of the Holy Ghost. *Amen*

**DAY SIX (July 6)**

In the Name of the Father, and of the Son, and of the Holy Ghost. *Amen*

Dear Little Saint! Help me to greater love of my Faith. I have many God-given opportunities to study it but, sad to say, I neglect them. I am even critical of the Priests, Brothers and Sisters who offer their lives that I may better know and love my holy religion. Dear Saint Mary Goretti, teach me to be thankful for these grace which you did not have. Make me proud of my Faith and ready to die for it, if God should require that of me. *Amen.*

*Recite the Litany of the Blessed Virgin followed by*

Sweet Heart of Jesus, be my Love!
Sweet Heart of Mary, be my Salvation!

*Recite the Prayer to Saint Mary Goretti above, followed by*
Our Father, Hail Mary, and Glory Be to the Father,

Saint Mary Goretti, Pray for us!
In the Name of the Father, and of the Son, and of the Holy Ghost. Amen

DAY SEVEN (July 7)

In the Name of the Father, and of the Son, and of the Holy Ghost. Amen

Dear Little Saint, never was Jesus more welcome in a human heart than in yours. The Great Day of First Communion could not come quickly enough. In borrowed clothes and head crowned with flowers of the field, you knelt to receive Him into your soul, so rich with Innocence and Love, and this after months of keen anticipation! O Powerful Intercessor with the Lamb of God, inflame my soul with your "ardent longing to receive Jesus in the Eucharist." Obtain for me the grace to put aside laziness and indifference, so that I may often, even daily, allow myself to be consumed in the "burning Furnace of Charity." Teach me what true Love really is! Amen.

Recite the Litany of the Blessed Virgin followed by

Sweet Heart of Jesus, be my Love!
Sweet Heart of Mary, be my Salvation!

Recite the Prayer to Saint Mary Goretti above, followed by

Our Father, Hail Mary, and Glory Be to the Father,

Saint Mary Goretti, Pray for us!
In the Name of the Father, and of the Son, and of the Holy Ghost. Amen

DAY EIGHT (July 8)

In the Name of the Father, and of the Son, and of the Holy Ghost. Amen

Dear Little Martyr! To the last you followed your beloved Jesus! He, while hanging upon His Cross of Suffering, uttered through parched lips, "Father, forgive them for they know not what they do!" And you upon your bed of pain, burning with fever, forgave your murderer with the words, "I too, pardon him... I too, wish him to join me in Paradise!" Grant me the grace, O Heroic Saint, to be charitable to others! Much of my time is spent on vengeful thoughts, seeking how I may pay back to others the harm they have done to me. Teach me to forgive, so that I may not only gain Heaven, but also lead others there who might otherwise be doomed to Hell. If I am to follow Christ, help me to imitate His Charity, even as you have done. Amen.

Recite the Litany of the Blessed Virgin followed by
Sweet Heart of Jesus, be my Love!
Sweet Heart of Mary, be my Salvation!

*Recite the Prayer to Saint Mary Goretti above, followed by*

*Our Father, Hail Mary, and Glory Be to the Father,*

Saint Mary Goretti, Pray for us!

In the Name of the Father, and of the Son, and of the Holy Ghost. *Amen*

**DAY NINE (July 9 Feast)**

In the Name of the Father, and of the Son, and of the Holy Ghost. Amen

Dear Saint Mary Goretti! Once again I turn to you, and beg of you in the words of Our Holy Father, Pope Pius XII, that "serenity of spirit and deep joy which is the heritage of those who are pure of heart." Help me to turn to Our Blessed Lady, confident in the hope that she will take my hand as she did yours, and lead me on to Paradise, my heavenly country, there to enjoy with you and Her, the company of God the Father, Son and Holy Ghost for all Eternity. *Amen.*

*Recite the Litany of the Blessed Virgin followed by*

Sweet Heart of Jesus, be my Love!
Sweet Heart of Mary, be my Salvation!

*Recite the Prayer to Saint Mary Goretti above, followed by*

*Our Father, Hail Mary, and Glory Be to the Father,*

Saint Mary Goretti, Pray for us!

In the Name of the Father, and of the Son, and of the Holy Ghost. *Amen*

**Novena to St. Martha**

*The prayer that follows is to be recited for nine consecutive Tuesdays, lighting a candle on each Tuesday.*

*This miraculous Saint has been known to grant anything, no matter how difficult it is, before the ninth Tuesday.*

Saint Martha,
I resort to thy aid and protection.
As proof of my affection and faith,
I offer thee this light,  
which I shall burn every Tuesday.  

Comfort me in all my difficulties  
and through the great favors thou didst enjoy  
when the Savior was lodged in thy house,  
intercede for my family,  
that we be provided for in our neccessities.  
I ask of thee, Saint Martha,  
to overcome all difficulties  
as thou didst overcome the dragon  
which thou hadst at thy feet.  
In the name of the Father  
and of the Son and of the Holy Spirit.  

Amen.  

Recite the following prayers...  

Our Father...  
Hail Mary...  
Glory Be...  

Novena Prayer to St. Maximilian Kolbe  

O Lord Jesus Christ, who said, "greater love than this no man has that a man lay down his life for his friends," through the intercession of Saint Maximilian Kolbe whose life illustrated such love, we beseech you to grant us our petitions ... (here mention the requests you have).  
Through the Militia Immaculata movement, which Maximilian founded, he spread a fervent devotion to Our Lady throughout the world. He gave up his life for a total stranger and loved his persecutors, giving us an example of unselfish love for all men - a love that was inspired by true devotion to Mary.  
Grant, O Lord Jesus, that we too may give ourselves entirely without reserve to the love and service of our Heavenly Queen in order to better love and serve our fellow man in imitation of your humble servant, Saint Maximilian. Amen.  

Three Hail Marys and a Glory be.  

Amen.  

St. Peregrine of Laziosi Prayer for Novena  
(to obtain a special grace)  

O glorious Saint Peregrine, apostle of Our Lady of Sorrows, you who had so great a faith that the Blessed Virgin gave you an angel as faithful companion obtaining for you all that
you requested from God through his intercession, you who were so profoundly humble that you denied holy orders, you whose patience was so perfect that when you implored Our Lord Jesus crucified for the cure to your cancer, you asked that the suffering remain: By the indescribable joy that you now enjoy as eternal reward and by the virtue of your total submission to the Holy Divine Will of God, we ask that the same all powerful and all good God may imprint within our hearts and souls, these same dispositions of faith, humility, and submission to the Divine Will, so that we may obtain through the intercession of Our Lady of Sorrows and Her faithful servant Saint Peregrine, the favour we now request:

*(make a silent pause, recalling the favour that is requested through the intercession of Saint Peregrine and kiss the relic)*

To whom should we have recourse in our suffering if not to you, who bore in your flesh this disease, you who were cured by the Divine physician, Our Lord Jesus Christ? The example of your life will lead us to Our Lady who is our life, our sweetness, and our hope, and in this way we will obtain all which we request of Our Lord Jesus Christ.

*Amen.*

*Our Father, Hail Mary, Glory Be*

**Novena to St. Peregrine**

Oh great Saint Peregrine, you who have been called "The Mighty" and "The Wonder-Worker" because of the numerous miracles which you have obtained from God for those who have had recourse to you. For so many years you bore in your own flesh this cancerous disease that destroys the very fiber of our being, and who had recourse to the source of all grace when the power of man could do no more. You were favored with the vision of Jesus coming down from His Cross to heal your affliction. Ask of God and Our Lady, the cure of these sick persons whom we entrust to you.

Aided in this way by your powerful intercession, we shall sing to God, now and for all eternity, a song of gratitude for His great goodness and mercy.

*Amen.*

**Novena to Saint Peter**

O Holy Apostle, because you are the Rock upon which Almighty God has built His church; obtain for me I pray you, lively faith, firm hope and burning love; complete detachment from myself, contempt of the world,
patience in adversity,
humility in prosperity,
recollection in prayer,
purity of heart,
a right intention in all my works,
diligence in fulfilling the duties of my state of life,
constancy in my resolutions,
resignation to the will of God
and perseverance in the grace of God even unto death;
that so, by means of your intercession
and your glorious merits,
I may be worthy to appear
before the chief and eternal Shepherd of souls,
Jesus Christ,
Who with the Father
and the Holy Spirit
lives and reigns for ever.

Amen.

Prayer to St. Rita

O Holy patroness of those in need, St. Rita, who pleadings before thy Divine Lord are almost irresistible, who for thy lavishness in granting favors hast been called the Advocate of the Hopeless and even of the Impossible; St. Rita, so humble, so pure, so mortified, so patient and of such compassionate love for thy Crucified Jesus that thou couldst obtain from Him whatsoever thou askest, on account of which all confidently have recourse to thee, expecting, if not always relief, at least comfort; be propitious to our petition, showing thy power with God on behalf of thy suppliant; be lavish to us, as thou hast been in so many wonderful cases, for the greater glory of God, for the spreading of thine own devotion, and for the consolation of those who trust in thee. We promise, if our petition is granted, to glorify thee by making known thy favor, to bless and sing thy praises forever. Relying then upon thy merits and power before the Sacred Heart of Jesus, we pray thee grant that (here mention your request).

Obtain for us our request

By the singular merits of thy childhood,
By the perfect union with the Divine Will,
By they heroic sufferings during thy married life,
By the consolation thou didst experience at the conversion of thy husband,
By the sacrifice of thy children rather than see them grievously offend God,
By thy miraculous entrance into the convent,
By thy severe penances and thrice daily bloody scourgings,
By the suffering caused by the wound thou didst receive from the thorn of thy Crucified Saviour,
By the divine love which consumed thy heart,
By that remarkable devotion to the Blessed Sacrament, on which alone thou didst exist for four years,
By the happiness with which thou didst part from thy trials to joing thy Divine Spouse,
By the perfect example thou gavest to people of every state of life.
Pray for us, O holy St. Rita, that we may be made worthy of the promises of Christ.

Let us pray

O GOD, Who in Thine infinite tenderness hast vouchsafed to regard the prayer of Thy servant, Blessed Rita, and dost grant to her supplication that which is impossible to human foresight, skill and efforts, in reward of her compassionate love and firm reliance on Thy promise, have pity on our adversity and succor us in our calamities, that the unbeliever may know Thou art the recompense of the humble, the defense of the helpless, and the strength of those who trust in Thee, through Jesus Christ, Our Lord.

Amen.

Novena To Saint Theresa of the Child Jesus
(Twenty-Four "Glory Be's" Novena)

The Twenty-four "Glory be to the Father's" novena can be said at any time. However, the ninth to the seventeenth of the month is particularly recommended, for on those days the petitioner joins in prayer with all those making the novena.
The "Glory be to the Father" praising the Holy Trinity is said twenty-four times each of the nine days, in thanksgiving for all the blessings and favors given to Saint Theresa of the Child Jesus during the twenty-four years of her life. In addition, this, or a similar prayer may be used:

"Holy Trinity, God the Father, God the Son, and God the Holy Ghost, I thank Thee for all the blessings and favors thou hast showered upon the soul of Thy servant Theresa of the Child Jesus, during the twenty-four years she spent here on earth, and in consideration of the merits of this Thy most beloved Saint, I beseech Thee to grant me this favor, if it is in accordance with Thy most Holy Will and is not an obstacle to my salvation."

After this Prayer, follow the twenty-four "Glory be to the Father's", between each of which may be include this short prayer:
"Saint Theresa of the Child Jesus, pray for us."

ORIGIN OF THE NOVENA

Father Putigan, a Jesuit, began the Novena to Saint Theresa of the Child Jesus on December 3, 1925 asking the glorious Saint for one great favor. For nine days he recited the "Glory be to the Father" twenty-four times thanking the Holy Trinity for the favors and Graces showered on Saint Theresa during the twenty-four years of her life on earth. The priest asked Saint Theresa, that as a sign that his novena was heard he would receive
from someone a freshly plucked rose. On the third day of the novena, an unknown person sought out Father Putigan and presented him with a beautiful rose. Father Putigan began the second novena on December 24 of the same year, and as a sign, asked for a white rose. On the fourth day of this novena one of the Sister-nurses brought him a white rose saying:
"Saint Theresa sent you this."
Amazed, the priest asked: "Where did you get this?"
"I was in the chapel," said the Sister, "and as I was leaving I passed the altar above which hangs the beautiful picture above which hangs the beautiful picture of Saint Theresa. This rose fell at my feet. I wanted to put it back into the bouquet, but a thought came to me that I should bring it to you."
Father Putigan received the favors he had petitioned of the Little Flower of Jesus, and promised to spread the novena to increase devotion to, and bring her more honor.
In this fashion, from the ninth to the seventeenth of each month, those who want to participate in the Twenty-four "Glory be to the Father's" novena, should add to those of their own, the intentions of all who are at that time making the novena, thus forming one great prayer in common.

Novena to St. Therese of the Child Jesus

O Little Therese of the Child Jesus, please pick for me a rose from the heavenly gardens and send it to me as a message of love.

O Little Flower of Jesus, ask God today to grant the favors I now place with confidence in your hands.....
(Mention specific request)

St. Therese, help me to always believe as you did, in God's great love for me, so that I might imitate your "Little Way" each day.

Amen.

Devotions

At the Foot of the Altar

While there, you could also ask God, (according to what our Lord told St. Gertrude the Great), for all the graces He wishes to give you - and for all the graces no one asks for through the hands of the Blessed Mother, Mediatrix of all Graces. (According to Our Lady of the Miraculous Medal to St. Catherine Laboure'). Jesus was seen by a chosen soul - standing there at the alter with armfuls of gifts - looking for someone who would
Prayer for those who wear the Cord of St. Philomena

Oh Saint Philomena, Virgin and Martyr, pray for us so that through thy powerful intercession we may obtain that purity of spirit and heart that leads to the perfect love of God.

Amen

Prayer for Members of the Archconfraternity of St. Joseph

St. Joseph, model and patron of those who love the Sacred Heart of Jesus, pray for us now and at the hour of our death.

Amen.

Prayer of the Green Scapular for Conversions

Ten years after the manifestation of the Miraculous Medal to Sister Catherine Laboure in 1830, the Blessed Mother entrusted the Green Scapular of the Immaculate Heart to Sister Justine Bisqueybru, likewise a daughter of Charity of St. Vincent de Paul. This “scapular” is not a badge of a confraternity but simply a double image attached to a single piece of cloth and suspended from a cord, investiture is not required. It suffices that it be blessed by a priest and worn by one for whom it is intended. It may be placed in the clothing, on the bed, or simply in a room. Although wonderful graces are obtained, they are proportionate to the confidence with which the prayer is given.

Immaculate Heart of Mary, pray for us now and at the hour of our death.

Amen.

Prayer of the Miraculous Medal

“Even though a person be the worst sort, if only he agrees to wear the medal, give it to him.. and then pray for him, and at the proper moment strive to bring him closer to his Immaculate Mother, so that he have recourse to her in all difficulties and temptations.”

– St. Maximilian Kolbe

O Mary, conceived without sin, pray for us who have recourse to thee.

Amen.

Agnus Dei

daily prayer (for those who carry or wear an Agnus Dei)
Jesus, my Savior, true Lamb of God,  
Who takest away the sins of the world,  
by Thine infinite mercy, I beseech Thee to pardon my iniquities.  
By Thy sacred Passion, I beseech Thee preserve me this day from sin and shield me from all evil.  
To Thine honor and glory I carry about with me this blessed Agnus Dei as a protection to my soul and body,  
and as an incentive to practice the virtues which Thou hast inculcated, especially meekness, humility, purity and charity.  
In memory of that sacrifice of love which Thou didst offer for me and all mankind on Calvary,  
I consecrate my whole being to Thee.  
Thou didst die on the cross for love of me;  
let me die to self for love of Thee!  
Keep me in Thy love and Thy grace to the end of my life, that I may bless Thee forever with the Saints to heaven.

Amen.

Consecration to the Sacred Heart  
(by St. Margaret Mary)

O Sacred Heart of my Lord and Savior Jesus Christ, to You I consecrate and offer up my person and my life, my actions, trials and sufferings, that my entire being may from now on only be employed in loving, honoring and glorifying You. This is my irrevocable will, to belong entirely to You, and to do all for Your love, renouncing with my whole heart all that can displease You.  
I take You, O Sacred Heart, for the sole object of my love, the protection of my life, the pledge of my salvation, the remedy of my frailty and inconstancy, the reparation for all the defects of my life, and my secure refuge at the hour of my death. Be, O Most Merciful Heart, my justification before God Your Father, and screen me from His anger which I have so justly merited. I fear all from my own weakness and malice, and placing my entire confidence in You, O Heart of Love, I hope all from Your infinite goodness. Annihilate in me all that can displease or resist You. Imprint Your pure love so deeply in my heart that I may never forget You or be separated from You. I ask You in Your infinite goodness to grant that my name be engraved in Your Heart, for in this I place all my happiness and all my glory, to live and to die as one of Your devoted servants.

Amen.

MI Prayer of Marian Consecration  
(Composed by St. Maximilian Kolbe)

O Immaculata, Queen of Heaven and earth, refuge of sinners and our most loving Mother, God has willed to entrust the entire order of mercy to you. I, (name), a repentant sinner, cast myself at your feet, humbly imploring you to take me with all that I am and
have, wholly to yourself as your possession and property. Please make of me, of all my
powers of soul and body, of my whole life, death and eternity, whatever most pleases
you.
If it pleases you, use all that I am and have without reserve, wholly to accomplish what
was said of you: "She will crush your head," and "You alone have destroyed all heresies
in the whole world." Let me be a fit instrument in your immaculate and merciful hands
for introducing and increasing your glory to the maximum in all the many strayed and
indifferent souls, and thus help extend as far as possible the blessed kingdom of the most
Sacred Heart of Jesus. For wherever you enter you obtain the grace of conversion and
growth in holiness, since it is through your hands that all graces come to us from the most
Sacred Heart of Jesus.

V. Allow me to praise you, O Sacred Virgin
R. Give me strength against your enemies

The Five-Fold Scapular Devotion

In 1190, St. John of Matha, a Spaniard, was saying his first holy Mass, when he saw over
the altar the figure of an angel wearing a white robe, with a blue and red cross on the
breast and the shoulder. This became the habit of the order of The Holy Trinity. (White
Scapular)

In 1240, the Blessed Virgin appeared to seven prominent citizens of Florence who bound
themselves by vow to honor the Mother of God in her sorrows. She handed them the
black habit of the Servites and said,"...these garments shall be to you a perpetual memory
of the sufferings of my heart." (Black Scapular)

In 1251, Our Lady appeared to St. Simon Stock, Holding in her hands the Brown habit of
the Carmelites, she made this promise: "Whoever dies in this habit shall not suffer
everlasting fire..." (Brown Scapular)

In 1605, Our Lord appeared to Sr. Ursula Benincasa, and made great promises if she and
her fellow nuns would adopt as their religious habit one of a light blue color in honor of
the Immaculate Conception of His Mother. Sister Ursula then asked Him if He would
grant similar favors of those of the Laity or of other religious orders who would wear, in
honor of the Immaculate Conception, a small Blue scapular; and Our Lord did so
promise. (Blue Scapular)

In 1846, Our Blessed Lord appeared to Sr. Appoline Andriveau, showing her the red
scapular of the Passion, promising that a great increase of faith, hope and charity would
be reserved every Friday for those who wore the scapular. This vision was several times
repeated; and the extraordinary thing about it is the rapidity with which it was approved
in Rome. (Red or Passion Scapular)

These five scapulars have been approved separately and together by the Church. The
fivefold are one single devotion, approved by the Church.
Prayer When Donning the Five-Fold Scapular in the Morning

†

I receive the habit of the Order of The Most Holy Trinity with an increase of Faith, Hope, and Charity, that I may put on the new man, created in the likeness of God, in holiness and righteousness.

I receive the Scapular of the devoted Servants of Our Lady of the Seven Dolors, so that, through diligent meditation on her sorrows, I may be imbued in heart and body with the Passion of Our Lord Jesus Christ, always remaining steadfast in my devotion.

I receive the habit of the Society and Confraternity of Our Lady of Mount Carmel, beseeching the Most Holy Virgin, that through her merits I may wear it without stain, being protected by her from all adversity and brought to the joys of Life Everlasting.

I receive the Scapular of the devoted clients of the Blessed Virgin Mary, conceived without sin, that by her intercession I may be cleansed from every defilement and attain Life Everlasting.

I receive the Scapular of the Passion of Our Lord Jesus Christ, so that having laid aside the old man and put on the new, I may wear it worthily and come to Life Everlasting.

I ask for all the spiritual favors of these congregations and associations, begging the blessing and renewal of us all, and thanking the Lord and all Heaven above for the love and mercy shown us.

Amen.

Prayers and Remembrances for the Wearer of the Scapulars

(1) The White Scapular of the Most Blessed Trinity

St. John De Matha, St. Felix of Valois, Blessed Anne Marie Taigi, pray for us. Rescue us from the captivity of sin and slavery. Let us always keep in mind God, the Father, the Son, and the Holy Spirit, working within and without us.

Amen.

Its color is white, with a cross of red and blue in the center. About seven or eight centuries ago the Moors were very powerful; they often landed on the coast of Southern Europe, seized upon many defenseless Christians, and sold them as slaves. They also attacked Christian vessels, plundered them, and sold the crew into bondage. There lived at this time in Paris a holy priest name John de Matha. During the first Mass (1190) he was honored by a heavenly vision. He beheld a bright angel, clad in a robe of snowy whiteness; on his breast shimmered a cross of blue (transverse) and crimson (vertical). He held his hands extended over a Moor and a Christian who stood beside him. The saint understood from this vision that he was called by God to ransom the Christian captives. In order, then, to prepare himself for this generous undertaking, he quitted Paris and retired to a wilderness, where he sought the company of St. Felix, a holy hermit, who was
heir to the crown of France, but had quitted all to secure his salvation. As these holy men were one day seated near a cool spring that gushed forth beside their hermitage, and were discoursing of heavenly things, they suddenly beheld a snow-white stag. Between its antlers glittered a brilliant cross of blue and crimson. St John de Matha now told his astonished companion the vision he had seen during his first Mass.

The two holy men then agreed to obey the voice of Heaven and to found an order for the redemption of the Christian captives. They therefore set out for Rome to receive the approbation of the Pope. On their arrival they were graciously received, and on the following morning the Pope also, during Mass, had the same vision which John de Matha beheld in Paris. The Holy Father then approved the new order, and gave it the name of the Order of the Most Holy Trinity. As the faithful were desirous of partaking in the merits and good works of this order, the Scapular of the Most Holy Trinity was instituted and approved of and enriched by the Church with many indulgences.

(2) The Black Scapular of Our Lady of Sorrows

On Good Friday evening, as they were meditating on the sorrows of the Mother of God, they were again wrapped into an ecstasy, and beheld the Blessed Virgin descending from heaven, accompanied by a great multitude of angels carrying with them the instruments of Our Savior's Passion. One of them bore a palm branch, the emblem of victory. Another carried a shield, on which the words "Servants of Mary" were written in letters of gold. The Blessed Virgin herself held in her hand a religious habit of black cloth. Her beautiful countenance bore an expression of unutterable compassion and love. She presented the habit to the pious religious, saying: "My children, receive this habit, and with it the name of my servant; persevere as you have begun, and this palm of victory shall one day be yours." As the faithful were now desirous of sharing in the merits and good works of this pious order, these good religious instituted the black Scapular, which was approved of by the Church and enriched with many indulgences.

O Lady, Donning This Scapular, We Don with You the Robes of Sorrow

O Lady, mindful of the charisms of the Servants of Mary to whom you promised the crown of victory to the persevering in love through all woe:

We remember.

We recall your journey, feeling the sorrow in your heart at the first blood shed in the circumcision of Our Lord. . .

Your flight into Egypt to save the life of the little Infant Jesus from Herod’s killers. Experiencing with you the mournful lack of your child the three days he was lost in Jerusalem.

Walking with you as you saw Christ carrying His Cross, along that terrible Way, your heart with his every footstep.

You Before Him, in His death.

Full of pity and heart piercing sorrow, the agony amidst the ecstasy. . .

When He was taken down from the Cross, and you cradled His broken body in your arms. . .
And relinquishing Him, when He was laid in the sepulchre.

What did you feel then? Teach us O Lady, let us remember your sorrows, and so love Jesus better, and all. Let no longer the fullness of sorrow and pain be unknown to us, our love forbids us not to know Jesus in all the ways we are privileged to in this mortal coil.

We Remember.

Amen.

(3) The Brown Scapular of Our Lady of Mt. Carmel

Our Lady of Mt. Carmel, pray for us who have recourse to thee. St. Simon Stock, thanks be to God for your prayers and Our Lady’s scapular. Please, pray for us who would love the Lord and wear the woolen garb of His Queen’s servants.

Amen.

Remember the Great Carmelite Saints and Charisms of those Devoted to Unworldliness and Mental Prayer

...all those who out of true veneration and love for the Blessed Virgin constantly wear the scapular in a spirit of fidelity and confiding faith, after they have been placed by the Church itself with this habit or badge under the special protection of the Mother of God, shall enjoy this special protection in the matter and crisis which most concerns them for time and eternity. Whoever, therefore, even though he be now a sinner, wears the badge of the Mother of God throughout life as her faithful servant, not presumptuously relying on the scapular as on a miraculous amulet, but trustfully confiding in the power and goodness of Mary, may securely hope that Mary will through her powerful and motherly intercession procure for him all the necessary graces for true conversion and for perseverance in good. Such is the meaning and importance of the first privilege of the Carmelite Scapular, which is wont to be expressed in the words: "whoever wears the scapular until death, will be preserved from hell". The second privilege of the scapular otherwise known as the Sabbatine privilege, may be briefly defined as meaning that Mary's motherly assistance for her servants in the Scapular Confraternity will continue after death, and will find effect especially on Saturday (the day consecrated to her honor), provided that the members fulfill faithfully the not easy conditions necessary for obtaining this privilege (see SABBATINE PRIVILEGE).

The Catholic Encyclopedia

"Just as men take pride in having others wear their livery, so the Most Holy Mary is pleased when Her servants wear Her Scapular as a mark that they have dedicated themselves to Her service, and are members of the Family of the Mother of God."

St. Alphonsus

Those who wear the Brown Scapular may wish to gain the Sabbatine Privilege
1) Wear the Brown Scapular continuously.

2) Observe chastity according to one's state in life. (Married/single.)

3) Recite daily the "Little Office of the Blessed Virgin."
   Or, A) To observe the fasts of the church together with abstaining from meat on
   Wednesdays and Saturdays.
   Or, B) With permission of a Priest to say five decades of Our Lady's Most Holy
   Rosary
   Or C) With permission of a Priest to substitute some other good work.

(4) The Blue Scapular of the Immaculate Conception

It was on the Feast of Candlemas, a few centuries ago, that Our Blessed Lady appeared
to a pious maiden named Ursula Benincasa. Our Lady was clad in a robe of dazzling
whiteness, over which she wore a mantel of heavenly blue. A troop of beautiful virgins,
clad in the same attire, surrounded their Virgin Queen, who bore her Divine Infant in her
arms. The Holy Mother of God smiled graciously upon the pious maiden, who was at the
time bitterly bewailing her sins, and consoled her.
"My daughter," said she, "dry up thy tears; thy sorrow shall now be changed into pure
and heavenly joy. Hearken to the words of my Divine son, whom thou has chosen for thy
Spouse." The Infant Jesus now commanded Ursula to found a new order bearing the
name of Theatine Nuns in honor of the Immaculate Conception. (1605) This order was to
be composed of thirty virgins, who were to wear a Habit similar to that in which the
Blessed Virgin Mary appeared. The Divine Infant promised especial graces to all those
who would join this order.

Our Lord made great promises to (Ven.) Sr. Ursula Benincasa if she and her fellow nuns
would adopt as their religious habit one of a light blue color in honor of the Immaculate
Conception of His Mother. Sister Ursula then asked Him if He would grant similar favors
of those of the Laity or of other religious orders who would wear, in honor of the
Immaculate Conception, a small Blue scapular; and Our Lord did so promise.

There are hundreds of indulgences attached to this scapular. You must be enrolled and
wearing the Blue Scapular and you must say:

6 Our Father's, 6 Hail Mary's, and 6 Glory Be's in honor of The Holy Trinity and Mary
Immaculate.

(5) The Red Scapular of the Passion

"Holy Passion of Our Lord Jesus Christ, save us."
"Sacred Hearts of Jesus and Mary, protect us."

The Red Scapular, or the Scapular of the Passion and of the Sacred Hearts of Jesus and
Mary. It was in the evening, about the year 1840, that a Sister of Charity of St. Vincent
De Paul, Sr. Appoline Andriveau, was praying before the Blessed Sacrament. Our
Blessed Savior appeared to her, holding in his hand the red Scapular, with bands of red
wool braid; on one part of the Scapular was represented the Crucifixion; at the foot of the Cross lay the instruments of Our Lord's Passion. Around the cross were the words, "Holy Passion of Our Lord Jesus Christ, save us." On the other part of the Scapular were represented the Sacred Hearts of Jesus and Mary. Between these Hearts arose a Cross, and around them were the words, "Sacred Hearts of Jesus and Mary, protect us." This apparition was renewed several times.

One day Our Lord revealed to the Sister that all those who wear this Scapular shall receive a great increase of Faith, Hope, and Charity, which would be reserved for them on every Friday.

At another time, while this religious was meditating on the Passion during the Holy Mass, she had another apparition, which she relates as follows; "I thought, " said she, "I saw Our Lord Jesus hanging on the cross. The ghastly paleness of His countenance made a deep impression on me, and my whole body became covered with a cold sweat. Our Lord's head was bowed down. His brow was pierced by long and sharp thorns. On a sudden He raised His head, and the thorns were violently forced into His eyes and temples. Never can I forget that sight. There was something terrible in the pain He must have endured in the rude shock of His adorable head against the wood of the cross. I was filled with anguish and trembling. From that moment, the Passion of Our Lord has always been before my eyes."

One evening, this Sister was making the Way of the Cross. At the thirteenth station, the Blessed Virgin Mary put into her arms the mangled body of her Divine Son. The Blessed Mother of God then uttered these remarkable words; "The world is going to ruin because it does not think of the Passion of Jesus Christ. Do all you can to get men to think of the Passion. Do all you can for the world's salvation."

One Sunday, Our Divine Savior showed this religious a beautiful river, clearer than crystal. Many persons were on its banks. Those that plunged in became all resplendent with brilliancy. Diamonds and gold seem to fall from their hands. Those that fled away became enveloped in a black smoke which made them hideous to the sight. Our Savior then told her that this beautiful river represented his mercy, always ready to receive the repentance of the sinner and to give it a value.

The Cross or Brief of St. Anthony of Padua

A cloth or linen upon which a cross is inscribed along with the words “Ecce crucem Domini fugite Partes adversae / Vicit Leo de tribu Juda Radix David. Alleluia! Alleluia!” are written, which means “Behold the Cross of the Lord! Begone hostile enemies! The Lion of Juda, the Offspring of David has triumphed! Alleluia! Alleluia!”

The story of the brief of St. Anthony is as follows: In Portugal, in the reign of King Denis, there was a certain person exposed to the attacks of the devil. The enemy of our salvation appeared often under the figure of Jesus Crucified and persuaded her to throw herself into the Tagus, to obtain the remission of her sins, and the happiness of Heaven. The unfortunate creature, deceived by satan’s lies, decided one day to destroy herself. On
her way to the river she entered a Franciscan Chapel, prostrating herself before the Altar of St. Anthony of Padua, she entreated the saint to help to save her soul, then terrified by the prospect of death, and overcome by fatigue, she fell asleep.

During her sleep, St. Anthony appeared to her and persuaded her to turn away from her fatal project, giving her a piece of parchment (cloth), which she was always to wear. On awakening, she found the precious leaflet hanging around her neck, on which was inscribed a few lines, known afterwards as the Brief or letter of St. Anthony. She immediately felt the efficacy of this Heavenly remedy; the temptation and obsession of Satan entirely disappeared.

St. Anthony of Padua is also known as the Hammer of Heretics and Wonderworker, a golden tongued Franciscan preacher, during his life St. Gregory IX had called him the “Ark of the Testament” because of his singular knowledge of the Scriptures. In 1946 he was declared a Doctor of the Church.

By wearing the brief one reminds satan of the everlasting victory inflicted upon him by the Lion of Juda.

**I Consecrate My House & Novena**

Most Blessed virgin, whose Heart is Sorrowful and Immaculate, we recognize Thee as the Lady and Queen of this house.

Have the kindness to preserve it from any evil; from fire, water, thunder, storms, earthquakes, from robbers, wicked people, from revolutions, war, raids, from persecution and taxes, from any other evil known by Thee.

Bless, protect, defend and preserve as Thy personal property, those who live and will live here. Keep them from adversity and misfortune, but above all preserve them from offending God. Let not a single mortal sin be ever committed in this house. And may all those who enter it work for the Glory of God, for the Reign of Jesus and Mary.

Let this house be forever consecrated to You, O Jesus and Mary. Let it be blessed with all those who inhabit it.

_Amen._

**Novena for Protection of your house.**

1 Hail Holy Queen  
7 St. Michael Prayers  
9 Glory Be’s  
3 “Lord Have Mercy On Us”

_During the 1st World War, in France, some of the faithful Catholics were known to have this prayer tacked on their front door. These homes and residents were not harmed or invaded during the time of war._
THE DEVOTION OF THE SEVEN SORROWS AND JOYS OF ST. JOSEPH

1. O chaste Spouse of Mary most holy, glorious St. Joseph, great was the trouble and anguish of thy heart when thou wert minded to put away privately thine inviolate Spouse, yet thy joy was unspeakable when the surpassing mystery of the Incarnation was made known to thee by the Angel!

By this sorrow and this joy, we beseech thee to comfort our souls, both now and in the sorrows of our final hour, with the joy of a good life and a holy death after the pattern of thine own, in the arms of Jesus and Mary.

Our Father, Hail Mary, Glory Be . . .

2. O most blessed Patriarch, glorious St. Joseph, who was chosen to be the foster father of the Word made flesh, thy sorrow at seeing the Child Jesus born in such poverty was suddenly changed into heavenly exultation when thou didst hear the angelic hymn and beheld the glories of that resplendent night.

By this sorrow and this joy, we implore thee to obtain for us the grace to pass over from life's pathway to hear the angelic songs of praise, and to rejoice in the shining splendor of celestial glory.

Our Father, Hail Mary, Glory Be . . .

3. O glorious St. Joseph, thou faithfully obeyed the law of God, and thy heart was pierced at the sight of the Precious Blood that was shed by the Infant Savior during His Circumcision, but the Name of Jesus gave thee new life and filled thee with quiet joy.

By this sorrow and this joy, obtain for us the grace to be freed from all sin during life, and to die rejoicing, with the Holy Name of Jesus in our hearts and on our lips.

Our Father, Hail Mary, Glory Be . . .

4. O most faithful Saint who shared the mysteries of our Redemption, glorious St. Joseph, the prophecy of Simeon regarding the sufferings of Jesus and Mary caused thee to shudder with mortal dread, but at the same time filled thee with a blessed joy for the salvation and glorious which, he foretold, would be attained by countless souls.

By this sorrow and this joy, obtain for us that we may be among the number of those, who through merits of Jesus and the intercession of Mary the Virgin Mother, are predestined to a glorious resurrection.

Our Father, Hail Mary, Glory Be . . .

5. O most watchful Guardian of the Incarnate Son of God, glorious St. Joseph, what toil was thine in supporting and waiting upon the Son of the most high God, especially in the flight into Egypt! Yet at the same time, how thou didst rejoice to have always near you
God Himself, and to see the idols of the Egyptians fall prostrate to the ground before Him.

By this sorrow and this joy, obtain for us the grace of keeping ourselves in safety from the infernal tyrant, especially by flight from dangerous occasions; may every idol of earthly affection fall from our hearts; may we be wholly employed in serving Jesus and Mary, and for them alone may we live and happily die.

*Our Father, Hail Mary, Glory Be . . .*

6. O glorious St. Joseph, an angel on earth, thou didst marvel to see the King of Heaven obedient to thy commands, but thy consolation in bringing Jesus out of the land of Egypt was troubled by the fear of Archelaus; nevertheless, being assured by the Angel, thou dwelt in gladness at Nazareth with Jesus and Mary.

By this sorrow and this joy, obtain for us that our hearts may be delivered from harmful fears, so that we may rejoice in peace of conscience and may live in safety with Jesus and Mary and may, like thee, die in their company.

*Our Father, Hail Mary, Glory Be . . .*

7. O glorious St. Joseph, pattern of all holiness, when thou didst lose, through no fault of thine own, the Child Jesus, thou sought Him sorrowing for the space of three days, until with great joy, thou didst find Him again in the Temple, sitting in the midst of the doctors.

By this sorrow and this joy, we supplicate thee, with our hearts upon our lips, to keep us from ever having the misfortune to lose Jesus through mortal sin; but if this supreme misfortune should befall us, grant that we may seek Him with unceasing sorrow until we find Him again, ready to show us His great mercy, especially at the hour of death; so that we may pass over to enjoy His presence in Heaven; and there in company with thee, may we sing the praises of His Divine mercy forever.

*Our Father, Hail Mary, Glory Be . . .*

*Antiphon.* And Jesus Himself was beginning about the age of thirty, being (as it was supposed) the Son of Joseph.

V. Pray for us, O holy Joseph,
R. That we may be made worthy of the promises of Christ.

Let Us Pray.

O God, Who in Thine ineffable Providence didst vouchsafe to choose Blessed Joseph to be the spouse of Thy most holy Mother, grant we beseech Thee, that he whom we venerate as our protector on earth may be our intercessor in Heaven. Who lives and reigns forever and ever.
The Fifteen Prayers of St. Bridget

(Tan Books has these prayers with pictures which aid in the regular recital, the normal devotion being to say these prayers each day for a year)

THE FIRST PRAYER

Our Father, Hail Mary.

O Jesus Christ! Eternal Sweetness to those who love Thee, joy surpassing all joy and all desire, Salvation and Hope of all sinners, Who hast proved that Thou hast no greater desire than to be among men, even assuming human nature at the fullness of time for the love of men, recall all the sufferings Thou hast endured from the instant of Thy conception, and especially during Thy Passion, as it was decreed and ordained from all eternity in the Divine plan.

Remember, O Lord, that during the Last Supper with Thy disciples, having washed their feet, Thou gavest them Thy Most Precious Body and Blood, and while at the same time thou didst sweetly console them, Thou didst foretell them Thy coming Passion.

Remember the sadness and bitterness which Thou didst experience in Thy Soul as Thou Thyself bore witness saying: "My Soul is sorrowful even unto death."

Remember all the fear, anguish and pain that Thou didst suffer in Thy delicate Body before the torment of the Crucifixion, when, after having prayed three times, bathed in a sweat of blood, Thou wast betrayed by Judas, Thy disciple, arrested by the people of a nation Thou hadst chosen and elevated, accused by false witnesses, unjustly judged by three judges during the flower of Thy youth and during the solemn Paschal season.

Remember that Thou wast despoiled of Thy garments and clothed in those of derision; that Thy Face and Eyes were veiled, that Thou wast buffeted, crowned with thorns, a reed placed in Thy Hands, that Thou was crushed with blows and overwhelmed with affronts and outrages. In memory of all these pains and sufferings which Thou didst endure before Thy Passion on the Cross, grant me before my death true contrition, a sincere and entire confession, worthy satisfaction and the remission of all my sins.

Amen.

THE SECOND PRAYER

Our Father, Hail Mary.

O Jesus! True liberty of angels, Paradise of delights, remember the horror and sadness which Thou didst endure when Thy enemies, like furious lions, surrounded Thee, and by thousands of insults, spits, blows, lacerations and other unheard-of-cruelties, tormented Thee at will. In consideration of these torments and insulting words, I beseech Thee, O my Saviour, to deliver me from all my enemies, visible and invisible, and to bring me, under Thy protection, to the perfection of eternal salvation.

Amen.

THE THIRD PRAYER
Our Father, Hail Mary.
O Jesus! Creator of Heaven and earth Whom nothing can encompass or limit, Thou Who dost enfold and hold all under Thy Loving power, remember the very bitter pain Thou didst suffer when the Jews nailed Thy Sacred Hands and Feet to the Cross by blow after blow with big blunt nails, and not finding Thee in a pitiable enough state to satisfy their rage, they enlarged Thy Wounds, and added pain to pain, and with indescribable cruelty stretched Thy Body on the Cross, pulled Thee from all sides, thus dislocating Thy Limbs. I beg of Thee, O Jesus, by the memory of this most Loving suffering of the Cross, to grant me the grace to fear Thee and to Love Thee.

Amen.

THE FOURTH PRAYER

Our Father, Hail Mary.
O Jesus! Heavenly Physician, raised aloft on the Cross to heal our wounds with Thine, remember the bruises which Thou didst suffer and the weakness of all Thy Members which were distended to such a degree that never was there pain like unto Thine. From the crown of Thy Head to the Soles of Thy Feet there was not one spot on Thy Body that was not in torment, and yet, forgetting all Thy sufferings, Thou didst not cease to pray to Thy Heavenly Father for Thy enemies, saying: "Father forgive them for they know not what they do."
Through this great Mercy, and in memory of this suffering, grant that the remembrance of Thy Most Bitter Passion may effect in us a perfect contrition and the remission of all our sins.

Amen.

THE FIFTH PRAYER

Our Father, Hail Mary.
O Jesus! Mirror of eternal splendor, remember the sadness which Thou experienced, when contemplating in the light of Thy Divinity the predestination of those who would be saved by the merits of Thy Sacred Passion, Thou didst see at the same time, the great multitude of reprobates who would be damned for their sins, and Thou didst complain bitterly of those hopeless lost and unfortunate sinners. Through this abyss of compassion and pity, and especially through the goodness which Thou displayed to the good thief when Thou saidst to him: "This day, thou shalt be with Me in Paradise." I beg of Thee, O Sweet Jesus, that at the hour of my death, Thou wilt show me mercy.

Amen.

THE SIXTH PRAYER

Our Father, Hail Mary.
O Jesus! Beloved and most desirable King, remember the grief Thou didst suffer, when naked and like a common criminal, Thou was fastened and raised on the Cross, when all Thy relatives and friends abandoned Thee, except Thy Beloved Mother, who remained close to Thee during Thy agony and whom Thou didst entrust to Thy faithful disciple
when Thou saidst to Mary: "Woman, behold thy son!" and to St. John: "Son, behold thy Mother!"

I beg of Thee O my Saviour, by the sword of sorrow which pierced the soul of Thy holy Mother, to have compassion on me in all my affliction and tribulations, both corporal and spiritual, and to assist me in all my trials, and especially at the hour of my death.

Amen.

THE SEVENTH PRAYER

Our Father, Hail Mary.

O Jesus! Inexhaustible Fountain of compassion, Who by a profound gesture of Love, said from the Cross: "I thirst!" suffered from the thirst for the salvation of the human race. I beg of Thee O my Saviour, to inflame in our hearts the desire to tend toward perfection in all our acts; and to extinguish in us the concupiscence of the flesh and the ardor of worldly desires.

Amen.

THE EIGHTH PRAYER

Our Father, Hail Mary.

O Jesus! Sweetness of hearts, delight of the spirit, by the bitterness of the vinegar and gall which Thou didst taste on the Cross for Love of us, grant us the grace to receive worthily Thy Precious Body and Blood during our life and at the hour of our death, that they may serve as a remedy and consolation for our souls.

Amen.

THE NINTH PRAYER

Our Father, Hail Mary.

O Jesus! Royal virtue, joy of the mind, recall the pain Thou didst endure when, plunged in an ocean of bitterness at the approach of death, insulted, outraged by the Jews, Thou didst cry out in a loud voice that Thou was abandoned by Thy Father, saying: "My God, My God, why hast Thou forsaken me?"

Through this anguish, I beg of Thee, O my Saviour, not to abandon me in the terrors and pains of my death.

Amen.

THE TENTH PRAYER

Our Father, Hail Mary.

O Jesus! Who art the beginning and end of all things, life and virtue, remembers that for our sakes Thou was plunged in an abyss of suffering from the soles of Thy Feet to the crown of Thy Head. In consideration of the enormity of Thy Wounds, teach me to keep, through pure love, Thy Commandments, whose way is wide and easy for those who love Thee.
Amen.

THE ELEVENTH PRAYER

Our Father, Hail Mary.
O Jesus! Deep abyss of mercy, I beg of Thee, in memory of Thy Wounds which penetrated to the very marrow of Thy Bones and to the depth of Thy being, to draw me, a miserable sinner, overwhelmed by my offenses, away from sin and to hide me from Thy Face justly irritated against me, hide me in Thy wounds, until Thy anger and just indignation shall have passed away.

Amen.

THE TWELFTH PRAYER

Our Father, Hail Mary.
O Jesus! Mirror of Truth, symbol of unity, link of Charity, remember the multitude of wounds with which Thou was covered from head to foot, torn and reddened by the spilling of Thy adorable Blood. O Great and Universal Pain which Thou didst suffer in Thy virginal Flesh for Love of us! Sweetest Jesus! What is there that Thou couldst have done for us which Thou hast not done! May faithful remembrance of Thy Passion, and may Thy Love increase in my heart each day, until I see Thee in eternity, Thou Who art the treasury of every real good and every joy, which I beg Thee to grant me, O Sweetest Jesus, in Heaven,

Amen.

THE THIRTEENTH PRAYER

Our Father, Hail Mary.
O Jesus! Strong Lion, Immortal and Invincible King, remember the pain which Thou didst endure when all Thy strength, both moral and physical, was entirely exhausted, Thou didst bow Thy Head, saying: "It is consummated!" Through this anguish and grief, I beg of Thee Lord Jesus, to have mercy on me at the hour of my death when my mind will be greatly troubled and my soul will be in anguish.

Amen.

THE FOURTEENTH PRAYER

Our Father, Hail Mary.
O Jesus! Only Son of the Father, Splendor and Figure of His Substance, remember the simple and humble recommendation Thou didst make of Thy Soul to Thy Eternal Father, saying: "Father, into Thy Hands I commend My Spirit!" And with Thy Body all torn, and Thy Heart Broken, and the bowels of Thy Mercy open to redeem us, Thou didst Expire. By this Precious Death, I beg of Thee O King of Saints, comfort me and help me to resist the devil, the flesh and the world, so that being dead to the world I may live for Thee alone. I beg of Thee at the hour of my death to receive me, a pilgrim and an exile returning to Thee.
Amen.

THE FIFTEENTH PRAYER

Our Father, Hail Mary.
O Jesus! True and fruitful Vine! Remember the abundant outpouring of Blood which Thou didst so generously shed from Thy Sacred Body as juice from grapes in a wine press.

From Thy Side, pierced with a lance by a soldier, blood and water issued forth until there was not left in Thy Body a single drop, and finally, like a bundle of myrrh lifted to the top of the Cross Thy delicate Flesh was destroyed, the very Substance of Thy Body withered, and the Marrow of Thy Bones dried up.

Through this bitter Passion and through the outpouring of Thy Precious Blood, I beg of Thee, O Sweet Jesus, to receive my soul when I am in my death agony.

Amen.

Closing Prayer:

O Sweet Jesus! Pierce my heart so that my tears of penitence and love will be my bread day and night; may I be converted entirely to Thee, may my heart be Thy perpetual habitation, may my conversation be pleasing to Thee, and may the end of my life be so praiseworthy that I may merit Heaven and there with Thy saints, praise Thee forever.

Amen.

An Early Christian Inscription on a Home


The victory is Christ's. Begone, Satan.
Our Lord Jesus Christ, God's Son and Word, lives here.
Nothing evil may come inside.
Jesus Christ, King of kings and Lord of lords, in your mercy keep your eyes on this house day and night.
This is the Lord's door.
Those who come through it must be just.
God the holy, God the strong, God the undying, crucified for us, have mercy on us.
You have our trust, Lord; may we have your mercy.

Daily Prayer for Knights of the Last Crusade

Most Holy Trinity, Father, Son, and Holy Ghost, grant that we Thy humble servants, who honour, venerate, restore, defend, and protect Thy Sacred Relics and those of Thy Holy Saints, May through their intercession and prayers, obtain an abundance of Thy favours, which we urgently require in this dark hour when the forces of evil once again advance upon Christendom, attacking Thy Holy Church in the Sacraments, Dogmas, Papacy, and
the ancient Devotions and Cults of Thy Saints.

Grant us Lord Jesus Christ, King of the whole world, Thy Blessing, and out of Divine Mercy, show unto us Thy wounded and disfigured Holy Face, impressed upon the Holy Shroud and Holy Veil, whilst permitting, that upon us may fall from Thy Holy Grail, infinite drops of Thy Precious Blood, so that they may cover us as Thy Holy Tunic and Robe and constitute, Spiritual armour against the enemy.

Grant us also we beseech Thee Lord, the powerful protection of Thy Holy Mother Mary, Queen of Angels and Saints, under whose protective Holy Veil we shield ourselves from the attacks of the foe.

Give us sincere Humility and Chastity through Good Saint Joseph and permit that through Good Saint Anne, maker of Emperors and Kings, we may be enriched with the Chivalry and nobility needed to be Spiritual Knights in this Last Crusade.

Arm us for battle with the Spiritual weapons of Thy Holy General Saint Michael, Prince of the Heavenly Host and vanquisher of satan, so that with our humble efforts, the work of the armies of darkness may be impeded and their poison purged from the Catholic Church by Thy Holy Lance.

Make of us, ardent apostles and Crusaders so that we may bravely preach Thy Holy Word to the nations and propagate true devotion and veneration to the Holy Relics of Thy Champions and Heroes, thus contributing to the spread of Thy Heavenly Kingdom on earth.

Bestow upon us Lord, the Courage of Saint Louis (King of France), Blessed Nuno Alvares Pereira, (last Knight of the Round Table) and the many other Holy Men and Women (Religious and Lay) who partook in the previous Crusades, and in whose name we also implore Thy help. May we, like them, carry Thy Holy Crown of Thorns and be strong, steadfast and faithful, amidst suffering, persecution, profanation, sacrilege and indifference, even unto death if need be.

Lord, protect from all evil, Thy Servant, the Pope, successor of Saint Peter, under whose Holy Crown in filial obedience, we set forth on this Holy Crusade of Reparation to the Most Sacred Eucharistic Heart of Jesus and the Triumphant Immaculate Heart of Mary.

May Thou grant Lord, that after helping to carry Thy Holy Cross, it may once again be victoriously raised as a symbol for all of triumph over sin and death, as we await the coming of Thy Glorious Kingdom, the Resurrection of the dead, and the Communion of Saints, whose relics we vigilantly venerate and protect. We ask this also through the merits of Thy Holy Saints, for the conversion of sinners and the alleviation and liberation of the poor souls of Purgatory, in Thy Holy name and for Thy Glory and Honour now and Forever.

Amen.
The Seven Dolors of Mary

The seven dolors are seven chief occasions of sorrow in the life of our Blessed Lady. They are:

1. The circumcision of Our Lord, when she saw His blood shed for the first time.
2. Her flight into Egypt to save the life of the little Infant Jesus when Herod was seeking to kill Him.
3. The three days she lost Him in Jerusalem.
4. When she saw Christ carrying His Cross.
5. His death.
6. When He was taken down from the Cross.
7. When He was laid in the sepulchre.

St. Alphonsus Liguori, writes that Our Lord revealed to St. Elizabeth of Hungary four special graces that are given to those who are devoted to the dolors of His holy Mother:

1. That those who before death invoke the Blessed Mother in the name of her sorrows, should obtain true repentance of all their sins.
2. That He would protect in their tribulations all who remember this devotion, and that He would protect them especially at the hour of death.
3. That He would impress upon their minds the remembrance of His Passion, and that they should have their reward for it in Heaven.
4. That He would commit such devout clients to the hands of Mary, so that she might obtain for these souls all the graces she wanted to lavish upon them.

The Blessed Virgin Mary grants seven graces to the souls who honor her daily by saying seven Hail Marys and meditation on her tears and dolors. The devotion was passed on by St. Bridget of Sweden (1302-1373).

1. I will grant peace to their families
2. They will be enlightened about the divine mysteries.
3. I will console them in their pains and I will accompany them in their work.
4. I will give them as much as they ask for as long as it does not oppose the adorable will of my divine Son or the sanctification of their souls.
5. I will defend them in their spiritual battles with the infernal enemy and I will protect them at every instant of their lives.
6. I will visibly help them at the moment of their death, they will see the face of their Mother.
7. I have obtained (This Grace) from my divine Son, that those who propagate this devotion to my tears and dolors, will be taken directly from this earthly life to eternal happiness since all their sins will be forgiven and my Son and I will be their eternal consolation and joy.

THE SEVEN SORROWS OF OUR BLESSED MOTHER
1. **The prophecy of Simeon**: "And Simeon blessed them, and said to Mary his mother: Behold this child is set for the fall and for the resurrection of many in Israel, and for a sign which shall be contradicted; And thy own soul a sword shall pierce, that out of many hearts thoughts may be revealed." - Luke II, 34-35.

**Meditation**: How great was the shock to Mary's Heart at hearing the sorrowful words, in which holy Simeon told the bitter Passion and death of her sweet Jesus, since in that same moment she realized in her mind all the insults, blows, and torments which the impious men were to offer to the Redeemer of the world. But a still sharper sword pierced her soul. It was the thought of men's ingratitude to her beloved Son. Now consider that because of your sins you are unhappily among the ungrateful.

2. **The flight into Egypt**: "And after they (the wise men) were departed, behold an angel of the Lord appeared in sleep to Joseph, saying: Arise and take the child and His mother and fly into Egypt: and be there until I shall tell thee. For it will come to pass that Herod will seek the child to destroy Him. Who arose and took the child and His mother by night, and retired into Egypt: and He was there until the death of Herod." - Matt. II, 13-14.

**Meditation**: Consider the sharp sorrow which Mary felt when, St. Joseph being warned by an angel, she had to flee by night in order to preserve her beloved Child from the slaughter decreed by Herod. What anguish was hers, in leaving Judea, lest she should be overtaken by the soldiers of the cruel king! How great her privations in that long journey! What sufferings she bore in that land of exile, what sorrow amid that people given to idolatry! But consider how often you have renewed that bitter grief of Mary, when your sins have caused her Son to flee from your heart.

3. **The loss of the Child Jesus in the temple**: "And having fulfilled the days, when they returned, the Child Jesus remained in Jerusalem; and His parents knew it not. And thinking that he was in the company, they came a day's journey, and sought him among their kinsfolk and acquaintance. And not finding Him, they returned into Jerusalem, seeking Him." Luke II, 43-45.

**Meditation**: How dread was the grief of Mary, when she saw that she had lost her beloved Son! And as if to increase her sorrow, when she sought Him diligently among her kinsfolk and acquaintance, she could hear no tidings of Him. No hindrances stayed her, nor weariness, nor danger; but she forthwith returned to Jerusalem, and for three long days sought Him sorrowing. Great be your confusion, O my soul, who has so often lost your Jesus by your sins, and has given no heed to seek Him at once, a sign that you make very little or no account of the precious treasure of divine love.

4. **The meeting of Jesus and Mary on the Way of the Cross**: "And there followed Him a great multitude of people, and of women, who bewailed and lamented Him." - Luke
Meditation: Come, O ye sinners, come and see if ye can endure so sad a sight. This Mother, so tender and loving, meets her beloved Son, meets Him amid an impious rabble, who drag Him to a cruel death, wounded, torn by stripes, crowned with thorns, streaming with blood, bearing His heavy cross. Ah, consider, my soul, the grief of the blessed Virgin thus beholding her Son! Who would not weep at seeing this Mother's grief? But who has been the cause of such woe? I, it is I, who with my sins have so cruelly wounded the heart of my sorrowing Mother! And yet I am not moved; I am as a stone, when my heart should break because of my ingratitude.

5. The Crucifixion: "They crucified Him. Now there stood by the cross of Jesus, His Mother. When Jesus therefore had seen His Mother and the disciple standing whom he loved, He saith to His Mother: Woman: behold thy son. After that he saith to the disciple: Behold thy Mother." - John XIX, 18-25-27.

Meditation: Look, devout soul, look to Calvary, whereon are raised two altars of sacrifice, one on the body of Jesus, the other on the heart of Mary. Sad is the sight of that dear Mother drowned in a sea of woe, seeing her beloved Son, part of her very self, cruelly nailed to the shameful tree of the cross. Ah me! how every blow of the hammer, how every stripe which fell on the Saviour's form, fell also on the disconsolate spirit of the Virgin. As she stood at the foot of the cross, pierced by the sword of sorrow, she turned her eyes on Him, until she knew that He lived no longer and had resigned His spirit to His Eternal Father. Then her own soul was like to have left the body and joined itself to that of Jesus.

6. The taking down of the Body of Jesus from the Cross: "Joseph of Arimathea, a noble counselor, came and went in boldly to Pilate, and begged the body of Jesus. And Joseph buying fine linen, and taking Him down, wrapped Him up in the fine linen." - Mark XV, 43-46.

Meditation: Consider the most bitter sorrow which rent the soul of Mary, when she saw the dead body of her dear Jesus on her knees, covered with blood, all torn with deep wounds. O mournful Mother, a bundle of myrrh, indeed, is thy Beloved to thee. Who would not pity thee? Whose heart would not be softened, seeing affliction which would move a stone? Behold John not to be comforted, Magdalen and the other Mary in deep affliction, and Nicodemus, who can scarcely bear his sorrow.

7. The burial of Jesus: "Now there was in the place where He was crucified, a garden; and in the garden a new sepulcher, wherein no man yet had been laid. There, therefore, because of the parasceve of the Jews, they laid Jesus, because the sepulcher was nigh at hand." John XIX, 41-42.

Meditation: Consider the sighs which burst from Mary's sad heart when she saw her beloved Jesus laid within the tomb. What grief was hers when she saw the stone lifted to cover that sacred tomb! She gazed a last time on the lifeless body of her Son, and could
scarce detach her eyes from those gaping wounds. And when the great stone was rolled to
the door of the sepulcher, oh, then indeed her heart seemed torn from her body!

**The Seven Dolors of the Blessed Virgin Mary**

**V:** O God, come to my assistance  
**R:** O Lord, make haste to help me

**V:** Glory be to the Father  
**R:** As it was in the beginning

1. I grieve for you, O Mary, most sorrowful, in the affliction of your tender heart at the
prophecy of the holy and aged Simeon. Dear Mother, by your heart so afflicted, obtain
for me the virtue of humility and the gift of the holy fear of God.

_Hail Mary...

2. I grieve for you, O Mary most sorrowful, in the anguish of your most affectionate heart
during the flight into Egypt and your sojourn there. Dear Mother, by your heart so
troubled, obtain for me the virtue of generosity, especially toward the poor, and the gift of
piety.

_Hail Mary...

3. I grieve for you, O Mary most sorrowful, in those anxieties which tried your troubled
heart at the lost of your dear Jesus. Dear Mother, by your heart so full of anguish, obtain
for me the virtue of chastity and the gift of knowledge.

_Hail Mary..

4. I grieve for you, O Mary most sorrowful, in the consternation of your heart at meeting
Jesus as He carried His cross. Dear Mother, by your heart so troubled, obtain for me the
virtue of patience and the gift of fortitude.

_Hail Mary...

5. I grieve for you, O Mary most sorrowful, in the martyrdom which your generous heart
endured in standing near Jesus in His agony. Dear Mother, by your afflicted heart, obtain
for me the virtue of temperance and the gift of counsel.

_Hail Mary...

6. I grieve for you, O Mary most sorrowful, in the wounding of your compassionate
heart, when the side of Jesus was struck by the lance before His Body was removed from
the cross. Dear Mother, by your heart thus transfixed, obtain for me the virtue of fraternal
charity and the gift of understanding.
Hail Mary...

7. I grieve for you, O Mary most sorrowful, for the pangs that wrenched your most loving heart at the burial of Jesus. Dear Mother, by your heart sunk in the bitterness of desolation, obtain for me the virtue of diligence and the gift of wisdom.

Hail Mary...

Let Us Pray

Let intercession be made for us, we beseech You, O Lord Jesus Christ, now and at the Hour of our death, before the throne of Your mercy, by the Blessed Virgin Mary, Your Mother, whose most holy soul was pierced by a sword of sorrow in the hour of Your bitter Passion. Through You, O Jesus Christ, Saviour of the world, Who with the Father and the Holy Ghost lives and reigns world without end.

Amen.

The Angelic Chaplet of St. Michael

Of all the many different chaplets this is probably the most elaborate. It consists of nine groups of four beads each, consisting of three Ave’s and one Pater in each. The nine groups are in honor of the nine choirs of angels.

The chaplet was given to a devout servant of God, Antonia d’Astonac, in an apparition by St. Michael. To all who should recite the nine salutations every day, before receiving Holy communion, he promised that an angel of each of the nine choirs would be assigned to accompany them to the Holy Table. He also promised continual assistance during life, and after death, and the deliverance of the souls of they and their relatives from the pains of purgatory.

The chaplet is said by starting with the medal, the four beads nearest the medal being left for the end.

V. O God come to my assistance
R. O Lord, make haste to help me.
Glory be to the Father, etc.

First Salutation: One Pater and three Aves in honor of the first Choir of angels. By the intercession of St. Michael and the Celestial choir of Seraphim, may the Lord make us worthy to burn with the fire of perfect charity. Amen.

Second Salutation: One Pater and three Ave in honor of the second Choir of Angels. By the intercession of St. Michael and the celestial Choir of Cherubim, may the Lord vouchsafe to grant us grace to leave the ways of wickedness and run in the paths of

Third Salutation: One Pater and three Aves in honor of the third Choir of angels. By the intercession of St. Michael and the celestial Choir of Thrones, may the Lord infuse into our hearts a true and sincere spirit of humility. Amen.

Fourth Salutation: One Pater and three Aves in honor of the fourth Choir of angels. By the intercession of St. Michael and the celestial Choir of Dominions, may the Lord give us grace to govern our senses and subdue our unruly passions. Amen.

Fifth Salutation: One Pater and three Aves in honor of the fifth Choir of angels. By the intercession of St. Michael and the celestial Choir of Powers, may the Lord vouchsafe to protect our souls against the snares and temptation of the devil. Amen.

Sixth Salutation: One Pater and three Aves in honor of the sixth Choir of Angels. By the intercession of St. Michael and the Celestial Choir of Virtues, may the Lord preserve us from evil and suffer us not to fall into temptation. Amen.

Seventh Salutation: One Pater and three Aves in honor of the seventh Choir of Angels. By the intercession of St. Michael and the celestial Choir of Principalities, may God fill our souls with a true spirit of obedience. Amen.

Eighth Salutation: One Pater and three Aves in honor of the eighth Choir of angels. By the intercession of St. Michael and the celestial Choir of Archangels, may the Lord give us perseverance in faith and in all good works, in order that we gain the glory of Paradise. Amen.

Ninth Salutation: One Pater and three Aves in honor of the ninth Choir of Angels. By the intercession of St. Michael and the celestial Choir of Angels, may the Lord grant us to be protected by them in this mortal life and conducted hereafter to eternal glory. Amen.

At the end say four Paters on the four large beads nearest the medal.

The first in honor of St. Michael
The second in honor of St. Gabriel
The third in honor of St. Raphael
The fourth in honor of Our Guardian Angel.

Then say the following invocation:

O glorious St. Michael, chief and commander of the heavenly hosts, guardian of souls, vanquisher of rebel spirits, servant in the house of the divine King, and our admirable conductor, thou who dost shine with excellence and superhuman virtue, vouchsafe to deliver us from all evil, who turn to thee with confidence and enable us by thy gracious protection to serve God more and more faithfully every day.
V. Pray for us, O Glorious St. Michael, Prince of the Church of Jesus Christ.

R. That we may be made worthy of His Promises.

Prayer

Almighty and Everlasting God, Who by a prodigy of Goodness and a merciful desire for the salvation of all men, hast appointed the most glorious Archangel St. Michael, Prince of Thy Church, make us worthy, we beseech Thee, to be delivered by his powerful protection from all our enemies, that none of them may harass us at the hour of death, but that we may be conducted by him into the august presence of Thy Divine Majesty. This we beg through the merits of Jesus Christ our Lord. Amen.

The 3 Hail Marys
in Honor of the Holy Trinity

This devotion was practiced and promoted by St. Mechtilde, St. Gertrude the Great, St. Alphonsus Liguori, St. Anthony of Padua, and St. Leonard of Port-Maurice. Our Lady appeared to St. Mechtilde and requested the daily recitation of 3 Hail Mary's in honor of the Holy Trinity. Our Lady said:

"The first Hail Mary will be in honor of God the Father, whose omnipotence raised my soul so high above every creature that after God, I have the greatest power in Heaven and on earth. In the hour of your death I will use that power of God the Father to keep any hostile power far from you."

"The second Hail Mary will be in honor of God the Son, who communicated His inscrutable wisdom to me ... In the hour of your death I will fill your soul with the light of that wisdom so that all the darkness of ignorance and error will be dispelled."

"The third Hail Mary will be in honor of God the Holy Ghost, who filled my soul with the sweetness of His love and tenderness and mercy ... In your last hour I will then change the bitterness of death into divine sweetness and delight."

Promise Made to St. Gertrude by Our Lady:
"To any soul who faithfully prays the Three Hail Marys I will appear at the hour of death in a splendor of beauty so extraordinary that it will fill the soul with heavenly consolation."

Eucharistic Prayer of Akita

"Most Sacred Heart of Jesus, truly present in the Holy Eucharist, I consecrate my body and soul to be entirely one with Your Heart, being sacrificed at every moment on all the altars of the world and giving praise to the Father, pleading for the coming of His Kingdom.

Please receive this humble offering of myself. Use me as You will for the glory of the Father and the salvation of souls. Most Holy Mother of God, never let me be separated from Your Divine Son. Please defend and protect me as your special child."
Amen.

Devotions and Novenas in Honor of Jesus as True King

“My little one, every time you say the prayers I taught you in connection with My image as ‘Jesus, King of All Nations’, I promise I will convert ten sinners, bring ten souls into the One True Faith, release ten souls from Purgatory, and be less severe in My Judgement of your nation, the United States of America.

“Whenver there is the threat of severe weather, recite these prayers along with the prayers I will later teach you, and no harm will come to you or to those you pray for.”

“This, My little one, applies not only to weather, but all forms of My Justice.”

Our Father
Hail Mary
Glory Be

Novena Prayer

O Lord our God, You alone are the Most Holy King and Ruler of all nations. We pray to You, Lord, in the great expectation of receiving from You, O Divine King, mercy, peace, justice, and all good things.

Protect, O Lord our King, our families and the land of our birth. Guard us, we pray, Most Faithful One! Protect us from our enemies and from Your Just Judgment.

Forgive us, O Sovereign King, our sins against You. Jesus, You are a King of Mercy. We have deserved Your Just Judgment. Have mercy on us, Lord, and forgive us. We trust in Your Great Mercy.

O most awe-inspiring King, we bow before You and pray; may Your Reign, Your Kingdom, be recognized on earth.

Amen.

I promise to give this Chaplet of Unity great power over My wounded Sacred Heart when prayed with faith and confidence to heal the brokenness of My people’s lives caused by so much sin, selfishness, error, division and disunity. Pray this Chaplet for repentance and forgiveness to open and reconcile your hearts to Mine, that you may receive My Word and act upon My Will for you.

The Chaplet of Unity

Using the Rosary,

Recite on the large bead before each of the five decades:

[L] God our Heavenly Father, through Your Son Jesus, our Victim-High Priest, True
Prophet, and Sovereign King,
[R] Pour forth the power of Your Holy Spirit upon us and open our hearts. In You Great Mercy, through the Motherly Mediation of the Blessed Virgin Mary, or Queen, forgive our sinfulness, heal our brokenness, and renew our hearts in the faith, and peace, and love, and joy of Your Kingdom, that we may be one in You.

Recite on the ten small beads of each of the five decades:
[L] In Your Great Mercy,
[R] Forgive our sinfulness, heal our brokenness, and renew our hearts that we may be one in You.

Conclude in unison:
Hear, O Israel! The Lord Our God is One God!
Oh Jesus, King of All Nations, may Your reign be recognized on Earth!
Mary, Our Mother and Mediatrix of All Grace, pray and intercede for us your children!
Saint Micheal, great prince and guardian of your people, come with the holy angels and saints and protect us!

Novena of Holy Communion

This consists of nine consecutive Holy Communion in honor of Jesus King of All Nations.

Promises: “My daughter, for those souls who will offer Me this devotion I will bid an angel of each of the Nine Choirs, one with each Holy Communion, to guard this soul for the rest of its life on this earth.”

Faithful are encouraged to offer this novena again and again for other souls, so that they may gain additional angelic protection.

In addition one separate, unrelated intention may be attached to this novena: “What they ask for in this Novena, if it be according to My Most Holy Will, I will surely grant it. Let these souls ask from Me without reservation.”

Mary Mediatrix of All Grace Consecration

O Mary, Most Holy and Immaculate Mother of God, of Jesus, our Victim-High Priest, True Prophet and Sovereign King, I come to you as the Mediatrix of All Grace, for that is truly what you are. O Fountain of all Grace! O Fairest of Roses! Most Pure Spring! Unsullied Channel of all of God’s Grace! Receive me, Most Holy Mother~ Present me and my every need to the Most Holy Trinity~ That having been made pure and holy in His Sight through your hands, they may return to me, through you, as graces and blessing. I give and consecrate myself to you, Mary, Mediatrix of All Grace, that Jesus Our One True Mediator, Who is the King of All Nations, may Reign in every heart.
Amen.

The Special Blessing

Place hands on person forehead and make sign of cross or hold hands over and make sign of cross (distance).

May the Reign of Jesus King of All Nations be recognized in your heart;
May the Reign of Jesus King of All Nations be lived in your heart;
May the Reign of Jesus King of All Nations be given through your heart to other hearts;
So that the Reign of Jesus King of All Nations may be lived in every heart all over the world.

I ask this Special Blessing through Our Lady, Mediatrix of All Grace, who as Queen and Mother of All Nations, has obtained it for you as a tremendous grace from the Sacred Heart of her Divine Son, in the name of the Father and of the Son and of the Holy Spirit.

Amen.

[Note: The Christ King of All Nations Devotions are new devotions our of “private revelation” and have yet to be completely judged by the Church. It has however been approved for distribution by the local ordinary. As such we await the full judgement of the Church, and hope in Christ Jesus for the best. Amen.]

The Fatima Devotion & Prayers

Our Lady of Fatima

The following are the words from the visions that occured to three children, during the time of the 1st World War, in which the Virgin Mother of God confirmed her mission and words with many miracles. One, the Miracle of the Sun was seen by near one hundred thousand. The next, a sign of the coming 2nd World War, was seen by the world and caused much fear. The Northern Lights came down, down further than they had ever been before, causing the major papers to report it and astonishment.

First Apparition:
"Fear not! I will not harm you."

"I am from heaven"

"I came to ask you to come here for six consecutive months, on the thirteenth day, at this same hour. I will tell you later who I am and what I want. And I shall return here again a seventh time."
(Lucia said: "Do you come from heaven...and will I go to heaven?")

"Yes, you'll go."

("And Jacinta?")

"As well"

("And Francisco?")

"Him too, but he will have to say many rosaries."

"Do you wish to offer yourselves to God, to endure all the suffering that He may please to send you, as an act of reparation for the sins by which He is offended, and to ask for the conversion of sinners?"

("Yes, we do." said the children.)

"You will have to suffer a lot, but the grace of God will be your comfort."

"Recite the rosary every day to obtain the peace for the world and the end of the war."

Second Apparition

"I wish you to come here the 13th of next month; that you say the Rosary every day, and that you learn to read. In succeeding months I will tell you what else I want."

"Yes, Jacinta and Francis will be among the few, but you must stay here for a long time. Jesus wants to help Himself of you to make Me known and loved. God wishes you to remain in the world for some time because He wants to use you to establish in the world a devotion to my Immaculate Heart. I promise salvation to those who embrace it, and their souls will be loved by God as flowers placed by myself to adorn His throne."

"Don't be discouraged, I will not abandon you ever. My Immaculate Heart will be your refuge and through it will conduct you to God."

Third Apparition

"That you come the 13th of the next month, that you continue to recite the Rosary every day to our Lady of the Rosary to obtain peace in the world and the end of the war, because only She will be able to aid you."

"You continue to come here. In October I will tell you who I am, that which I want, and I will do a miracle that all can see and believe. Sacrifice yourselves for sinners, and say often this prayer, especially during any sacrifice:

"O my Jesus, I offer this for love of Thee, for the conversion of poor sinners, and in reparation for all the sins committed against the Immaculate Heart of Mary"
"You have seen Hell, where the souls of poor sinners go. To save future souls God wishes to establish in the world the devotion to My Immaculate Heart. If people do what I tell you, many souls will be saved."

"If my requests are granted, Russia will be converted and there will be peace. If not, she will scatter her errors throughout the world, provoking wars and persecution of the Church. The good will be martyed, the Holy Father will have much to suffer, and various nations will be destroyed...But in the end, my Immaculate Heart will triumph. The Holy Father will consecrate Russia to me, Russia will be converted, and a certain period of peace will be granted to the world".

"Do you want to learn a prayer? When you recite the Rosary, say at the end of each decade:

Oh My Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to Heaven, especially those in most need of Your Mercy."

Fourth Apparition

"I want you to continue to go to the Cova da Iria on the 13th, that you continue to say the Rosary every day. I, in the last month will make the miracle that all will believe. Pray, pray a lot and offer sacrifices for the sinners. You know that many souls go to hell because there is none who pray for them."

Fifth Apparition

"I want you to come here on October 13 and that you continue to recite the Rosary to obtain the end of the war. In October the Lord, the sorrowful Lady, the Lady of Mt. Carmel, and St Joseph with the child Jesus, will also come to bless the world. God is glad of your sacrifices, He does not want you to sleep with the chord to the sides, use it only during the day."

Sixth Apparition (13 October 1917)

"I am the Lady of the Rosary, I desire here a chapel in my honor to be built, that people continue to recite the Rosary every day. Will the war finish. The war is going to end, and the soldiers will soon return to their homes."

(Lucy asked: "May I ask you for cures and conversions, will you grant them?").

"Some yes, others no. It is necessary that they ask pardon for their sins, that they don't offend God our Lord, and that he is already too much offended."

"I do not want anything more."

Here are some of the statements which Jacinta claimed were spoken to her personally by Our Lady:

More souls go to hell because of sins of the flesh than for any other reason.

Certain fashions will be introduced that will offend Our Lord very much.

Many marriages are not good; they do not please Our Lord and are not of God.
Priests must be pure, very pure. They should not busy themselves with anything except what concerns the Church and souls. The disobedience of priests to their superiors and to the Holy Father is very displeasing to Our Lord.

The Blessed Mother can no longer restrain the hand of her Divine Son from striking the world with just punishment for its many crimes.

Tell everybody that God gives graces through the Immaculate Heart of Mary. Tell them to ask graces from her, and that the Heart of Jesus wishes to be venerated together with the Immaculate Heart of Mary.

Apparition to Sister Lucy on December 10, 1925:
"See, My daughter, My heart surrounded by thorns which ungrateful men pierce at every moment by their blasphemies and ingratitude... Say to all those who:

- For five months, on the first Saturday, confess,
- Receive Holy Communion,
- Recite the Rosary
- and keep Me company for 15 minutes while meditating on the fifteen mysteries of the Rosary, in a spirit of reparation,

I promise to assist them at the hour of death with all the graces necesary for the salvation of their souls."

Pardon Prayer
(of the Angel of Peace)

My God, I believe, I adore, I hope and I love Thee! I beg pardon for those who do not believe, do not adore, do not hope, and do not love Thee.

Angel’s Prayer

O Most Holy Trinity, Father, Son, and Holy Spirit, I adore Thee profoundly. I offer Thee the most precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages of the world, in reparation for the outrages, sacrileges and indifferences by which He is offended. By the infinite merits of the Sacred Heart of Jesus and the Immaculate Heart of Mary, I beg for the conversion of poor sinners.

Eucharistic Prayer

Most Holy Trinity, I adore Thee! My God, my God, I love Thee in the Most Blessed Sacrament!

Sacrifice Prayer
(taught the children by Our Lady for when they had some sacrifice to offer)
O my Jesus, it is for love of Thee, in reparation for the offenses committed against the Immaculate Heart of Mary, and for the conversion of poor sinners.

Decade Prayer
(asked by Our Lady to be placed at the end of each decade of the Rosary)

O my Jesus, forgive us our sins, save us from the fires of hell. Lead all souls to heaven especially those most in need of thy mercy.

Amen.

First Saturday Reparation

The Blessed Mother then said: “My daughter, look at my heart surrounded by the thorns with which ungrateful men pierce it at every moment by their blasphemies and ingratitude. You, at least, try to console me, and say that I promise to assist at the hour of death with all the graces necessary for salvation all those who, on the first Saturday of five consecutive months, go to Confession and receive Holy Communion, recite five decades of the Rosary, and keep me company for fifteen minutes while meditating on the fifteen mysteries of the Rosary with the intention of making reparation to me.

(1) Confession
(2) Communion
(3) 5 decades of the Rosary
(4) Keep Mary company by meditation for fifteen minutes on the Rosary mysteries.
(5) All this done with the intention of making reparation to the Immaculate Heart of Mary

[Note: These devotions and prayers from Fatima are approved for the whole Church. However, as with all “private revelation” they are not required for belief or devotion.]

AN ACT OF REPARATION
FOR THE FIRST SATURDAYS
OF THE MONTH

O Most Holy Virgin, and Our Mother, we listen with grief to the complaints of your Immaculate Heart surrounded with the thorns placed therein at every moment by the blasphemies and ingratitude of ungrateful humanity. We are moved by the ardent desire of loving you as Our Mother and of promising a true devotion
to Your Immaculate Heart.

We therefore kneel before You
to manifest the sorrow we feel
for the grievances that people cause You,
and to atone by our prayers
and sacrifices for the offenses
with which they return your love.

Obtain for them
and for us the pardon of so many sins.

Hasten the conversion of sinners
that they may love Jesus Christ
and cease to offend the Lord,
already so much offended.

Turn you eyes of mercy toward us,
that we may love God
with all our heart on earth
and enjoy Him forever in Heaven.

Amen.

[End of Fatima Prayers & Devotions]

The Twelve Promises of the Sacred Heart to St. Margaret Mary

1. I will give them all the graces necessary for their state of life.
2. I will give peace in their families.
3. I will console them in all their troubles.
4. They shall find in My heart an assured refuge during life and especially at the hour of death.
5. I will pour abundant blessings on all their undertakings.
6. Sinners shall find in My Heart the source and infinite ocean of mercy.
7. Tepid souls shall become fervent.
8. Fervent souls shall speedily rise to great perfection.
9. I will bless the homes in which the image of My Sacred Heart shall be exposed and honoured.
10. I will give to priests the power to touch the most hardened hearts.
11. Those who propagate this devotion shall have their name written in My Heart, and it shall never be effaced.
12. The all-powerful love of My Heart will grant to all those who shall receive Communion on the First Friday of nine consecutive months the grace of final repentance; they shall not die under My displeasure, nor without receiving their Sacraments; My Heart shall be their assured refuge at the last hour.

“And He showed me that it was His great desire of being loved by men and of withdrawing them from the path of ruin into which Satan hurls such crowds of them, that
made Him form the design of manifesting His Heart to men, with all the treasures of love, of mercy, of grace, of sanctification and salvation which It contains, in order that those who desire to render Him and procure for Him all the honour and love possible, might themselves be abundantly enriched with those divine treasures of which this Heart is the source. He should be honoured under the figure of this Heart of flesh, and Its image should be exposed . . . He promised me that wherever this image should be expose with a view towards showing It special honour, He would pour forth His blessings and graces. This devotion was the last effort of His love that He would grant to men in these latter ages, in order to withdraw them from the empire of Satan which He desired to destroy, and thus to introduce them into the sweet liberty of the rule of His love, which He wished to restore in the hearts of all those who should embrace this devotion.”

– St. Margaret Mary

The Fifteen Promises
of Mary to Christians Who
Recite the Rosary
(Given to St. Dominic and Blessed Alan de Roche)

1. Whoever shall faithfully serve me by the recitation of the Rosary, shall receive signal graces.
2. I promise my special protection and the greatest graces to all those who shall recite the Rosary.
3. The Rosary shall be a powerful armor against hell, it will destroy vice, decrease sin, and defeat heresies.
4. It will cause virtue and good works to flourish; it will obtain for souls the abundant mercy of God; it will withdraw the hearts of men from the love of the world and its vanities, and will lift them to the desire of eternal things. Oh, that souls would sanctify themselves by this means.
5. The soul which recommends itself
6. Whoever shall recite the Rosary devoutly, applying himself to the consideration of its sacred mysteries shall never be conquered by misfortune. God will not chastise him in His justice, he shall not perish by an unprovided death; if he be just he shall remain in the grace of God, and become worthy of eternal life.

7. Whoever shall have a true devotion for the Rosary shall not die without the sacraments of the Church.

8. Those who are faithful to recite the Rosary shall have during their life and at their death the light of God and the plentitude of His graces; at the moment of death they shall participate in the merits of the saints in paradise.

9. I shall deliver from purgatory those who have been devoted to the Rosary.

10. The faithful children of the Rosary shall merit a high degree of glory in heaven.

11. You shall obtain all you ask of me by the recitation of the Rosary.

12. All those who propagate the holy Rosary shall be aided by me in their necessities.

13. I have obtained from my Divine Son that all the advocates of the
Rosary shall have for intercessors the entire celestial court during their life and at the hour of death.

14. All who recite the Rosary are my sons, and brothers of my only Son Jesus Christ.
15. Devotion of my Rosary is a great sign of predestination.

St. Philomena Devotions

NOVENA PRAYER TO SAINT PHILOMENA

O FAITHFUL VIRGIN, and glorious martyr, St. Philomena, who works so many miracles on behalf of the poor and sorrowing, have pity on me. Thou knowest the multitude and diversity of my needs. Behold me at thy feet, full of misery, but full of hope. I entreat thy charity, O Great Saint! Graciously hear me and obtain from God a favorable answer to the request which I now humbly lay before thee... (Here specify your petition). I am firmly convinced that through thy merits, through the scorn, the sufferings and death of Jesus, thy Spouse, I shall obtain what I ask of thee, and in the joy of my heart I will bless God, Who is admirable in His Saints.

Amen.

NOVENA PRAYER TO SAINT PHILOMENA

The Three Part Novena

We beseech Thee, O Lord, to grant us the pardon of our sins by the intercession of Saint Philomena, virgin and martyr, who was always pleasing in Thy sight by her eminent chastity and by the profession of every virtue.

Amen.

Illustrious virgin and martyr, Saint Philomena, behold me prostrate before the throne whereupon it has pleased the Most Holy Trinity to place thee. Full of confidence in thy protection, I entreat thee to intercede for me with God. Ah, from the heights of Heaven deign to cast a glance upon thy humble client! Spouse of Christ, sustain me in suffering, fortify me in temptation, protect me in the dangers surrounding me, obtain for me the graces necessary to me, and in particular (Here specify your petition). Above all, assist me at the hour of my death. Saint Philomena, powerful with God, pray for us.

Amen.

O God, Most Holy Trinity, we thank Thee for the graces Thou didst bestow upon the Blessed Virgin Mary, and upon Thy handmaid Philomena, through whose intercession
The little Chaplet of St. Philomena consists of white beads, a token of virginity, red beads, the sign of martyrdom, and a St. Philomena medal. There are three white beads in honor of the Blessed Trinity, in whose honor the holy virgin laid down her life. The red beads are thirteen in number and signify the thirteen years St. Philomena lived on earth. This Chaplet is one of the simplest ways of praying to the Saint. When saying it, we may very properly ask, firstly for the grace of purity, in honor of the virginity of the Saint, who sacrificed life and honor in defense of this angelic virtue. Secondly, we should do well to ask for the strength and courage ever to do our duty, a virtue for which she was so eminently distinguished and which she is so ready to obtain for all her devoted clients.

This great grace alone helps a Christian to arrive at the highest sanctity, in the most practical and easy way. (If you do not have a Chaplet, ordinary rosary beads will suffice, as I am sure God and St. Philomena will honor your heart-filled prayers and devotion.)

First: Say the Apostle Creed to ask for the gift of faith. Then three Our Fathers are said, in honor of the Three Divine Persons of the Blessed Trinity, in thanksgiving for the graces bestowed on Saint Philomena and for all the favors that have been obtained through her intercession.

The following prayer is then repeated thirteen times to commemorate her thirteen years:

Hail, O holy Saint Philomena, whom I acknowledge, after Mary, as my advocate with the Divine Spouse; intercede for me now and at the hour of my death. Saint Philomena, beloved daughter of Jesus and Mary, pray for us who have recourse to thee.

The following prayer is said at the end of the Chaplet:

Hail, O illustrious Saint Philomena, who didst so courageously shed thy blood for Christ. I bless the Lord for all the graces He bestowed upon thee during thy life, and especially at thy death. I praise and glorify Him for the honor and power with which He has crowned thee, and I beg thee to obtain for me from God the graces I ask through thy intercession.

Amen.

In praying the Chaplet or "Little Crown" as it is called, it is suggested that one ask for the grace of purity in honor of her virginity, who suffered death rather than tarnish this virtue; and secondly, for courage and fortitude to be faithful to the duties of a Christian as she was.
PRAYER FOR RECOVERY
This prayer may be recited when wearing the Cord of Saint Philomena to obtain recovery from sickness.

Oh unvanquished Martyr Saint Philomena, you who have endured many cruel tortures for Jesus Christ, grant me the patience to bear this sickness, and if it be God's will, let me, wearing the Cord, blessed in your name, recover good health so that I can vigorously work towards the consecration of my soul.

Amen.

THE LEGION OF SAINT PHILOMENA

The most solid yet least used practice of showing honor and devotion to the saints is that of imitating their virtues, thereby rendering ourselves worthy of their intercession and favors, and of the enjoyment of eternal good. We wish to share in their joy without sharing in their suffering. Being most anxious to interest Saint Philomena in our cause, let us meditate on her life, contemplate her sufferings and reflect on the heroism of her death. Beg of her the light and grace to apply to our state the virtues which she championed. Let us take courage and uproot from our hearts the vices and defects which oppose her virtues, while practicing the habits which perfect them and for which she is eternally honored.

[Note: St. Philomena is now regarded as a legendary saint. However, private devotion is perfectly allowed, and her history shows the favor of God upon those who love her for her story.]

Devotional Prayers for the Holy Face of Jesus

O Lord, show us Thy Face, and we shall be saved!

PROMISES OF OUR LORD JESUS CHRIST To Sr. Mary of St. Peter Discalced Carmelite Nun of Tours, France,In favor of those who honor His Holy Face.

1. “By My Holy Face you shall work miracles.”
2. “By My Face you will obtain the conversion of many sinners.”
3. “Nothing that you ask in making this offering will be refused to you.”
4. “If you knew how pleasing the sight of My Face is to My Father.”
5. “As in a kingdom you can procure all you wish for with a coin marked with the King’s effigy, so in the Kingdom of Heaven you will obtain all you desire with the precious coin of My Holy Face.”
6. “Our Lord has promised me that He will imprint His divine likeness on the souls of those who honor His most holy Countenance.”
7. “All those who honour My Holy Face in a spirit of reparation will, by so doing, perform the office of the pious Veronica.”
8. “According to the care you take in making reparation to My Face, disfigured by blasphemies, so will I take care of yours, which has been disfigured by sin. I will reprint therein My image and render it as beautiful as it was on leaving the Baptismal font.”

9. “Our Lord promised me that all those who defend His cause in this work of reparation, by words, by prayers, or in writing, He will defend them before His Father; at their death He will purify their souls by effacing all the blots of sin and will restore to them their primitive beauty.

Holy Face Prayer

O LORD Jesus Christ, in presenting ourselves before Thine adorable Face to ask of Thee the graces of which we stand most in need, we beseech Thee, above all, to grant us that interior disposition of never refusing at any time to do what Thou requirest of us by Thy holy commandments and divine inspirations. Amen.

O GOOD Jesus, who hast said, "Ask and you shall receive, seek and you shall find, knock and it shall be opened to you," grant us, 0 Lord, that faith which obtains all, or supply in us what may be deficient; grant us, by the pure effect of Thy charity, and for Thine eternal glory, the graces which we need and which we look for from Thine infinite mercy. Amen.

BE MERCIFUL to us, 0 my God, and reject not our prayers, when amid our afflictions, we call upon Thy Holy Name and seek with love and confidence Thine adorable Face. Amen.

O ALMIGHTY and Eternal God, look upon the Face of Thy Son Jesus. We present It to Thee with confidence, to implore Thy pardon. The All-Merciful Advocate opens His mouth to plead our cause; hearken to His cries, behold His tears, 0 God, and through his infinite merits hearken to Him when He intercedes for us poor miserable sinners. Amen

ADORABLE Face of my Jesus, my only love, my light and my life, grant that I may know, love and serve Thee alone, that I may live with Thee, of Thee, by Thee and for Thee. Amen.

ETERNAL Father, I offer Thee the adorable Face of Thy Beloved Son for the honor and glory of Thy Name, for the conversion of sinners and for the salvation of the dying. O DIVINE Jesus, through Thy face and Name, save us. Our hope is in the virtue of Thy Holy Name!

Amen.

Prayer of Mother Maria-Pierina

O Blessed Face of my kind Savior, by the tender love and piercing sorrow of Our Lady as she beheld you in your cruel Passion, grant us to share in this intense sorrow and love so as to fulfill the holy will of God to the utmost of our ability. Amen.
Offering of the Holy Face

Eternal Father, I offer Thee the adorable Face of Thy Beloved Son, for the honor and glory of Thy Name, for the conversion of sinners, and for the salvation of the dying. [Here you may add: especially (name)].

The Sacred Head Devotion

Teresa Higginson, a saintly Catholic school-teacher and alleged mystic. It is claimed that she was chosen to make known Christ's desire that his Sacred Head be worshipped as the Seat of Divine Wisdom in reparation for sins of pride and intellectual arrogance. This was to be the completion - not substitute - to the devotion to the Sacred Heart and the crowning of all devotions.

There does not seem to be anything on the site which contradicts the mind of the Church and Teresa's life is an inspiration. Her cause for canonization was presented to the Holy Office and received a Non Expedire (which amounts to a shelving). A further letter from the Vatican in February 1949 confirmed that there was no insurmountable obstacle to the Cause. [ - Petersnet ]

Prayer of Devotion to the Sacred Head of Christ

O WISDOM of the Sacred Head, guide me in all my ways.
O LOVE of the Sacred Heart, consume me with thy fire.
Three Glory be’s, in honour of the Divine Will, Memory and Understanding.
O Seat of Divine Wisdom, and guiding Power, which governs all the motions and love of the Sacred Heart, may all minds know thee, all hearts love thee, and all tongues praise thee, now and for evermore. Amen.
O WILL, which was always in meek subjection to thy Heavenly Father's, control me in all things, as thou didst govern all the affections and motions of the Sacred Heart of the God made man.

O UNDERSTANDING, which knows all things, ever guide me with thy light.
O MEMORY, in which past, present and future are at once reflected, which is ever mindful of me, and always seems studying some new means of giving fresh favours, force me to love thee more and more.

Litany of the Sacred Head of Christ

Lord have mercy on us
Christ have mercy on us
Lord have mercy on us
Christ hear us
God the Father of heaven
God the Son, Redeemer of the world
God the Holy Spirit
Holy Trinity, One God
Sacred Head of Jesus  
Formed by the Holy Spirit in the womb of the Blessed Virgin Mary,  
Guide us in all our ways

1st Response: Sacred Head of Jesus  
Substantially united to the Word of God

Temple of Divine Wisdom  
Hearth of eternal clarities  
Sanctuary of infinite intelligence  
Providence against error  
Sun of heaven and earth  
Treasure of science and pledge of faith  
Beaming with beauty, justice and love  
Full of grace and truth  
Living lesson of humility  
Reflection of God's infinite majesty  
Object of the delights of the heavenly Father  
Who received the caresses of the Blessed Virgin Mary  
On whom the Holy Spirit reposed  
Who allowed a reflection of Thy Glory to shine on Tabor  
Who had no place on earth to lay  
To whom the perfumed ointment of Magdalen was pleasing  
Who deigned to tell Simon that he did not anoint Thy Head when Thou entered his house  
Bathed in a sweat of blood in Gethsemane  
Who wept over our sins  
Crowned with thorns  
Disgracefully outraged during the passion  
Consoled by the loving gesture of Veronica

“Which thou inclined towards the earth at the moment Thou saved us by the separation of Thy soul from Thy Body on the cross”  
Light of every man coming into this world  
Our Guide and our Hope  

Who knows all our needs  
Who dispenses all graces  
Who directs the movements of the Divine Heart  
Who governs the world  
Who will judge all our actions  
Who knows the secrets of our hearts

That we want to make known and adored by the whole world  
Who ravishe the angels and the saints  
That we hope to contemplate one day, unveiled

- We adore Thy Sacred Head, oh Jesus,
- And we submit ourselves to all the decrees of Thine infinite Wisdom.

Let us pray

Oh Jesus, Who deigned to reveal to Thy servant Teresa Higginson Thine immense desire to see Thy Sacred Head adored, grant us the joy to make it known and honoured; let fall on our souls a ray of Thy light, in order that we may advance from clarity to clarity, conducted by Thine adorable Wisdom to the recompense promised to Thine elect. Amen.

The Divine Mercy Devotion & St. Faustina Kowalska

I demand from you deeds of mercy which are to arise out of love for me. You are to show mercy to your neighbors always and everywhere. You must not shrink from this or try to excuse yourself from it (Diary, 742).

- Our Lord to St. Faustina

On October 5, 1938, a young religious by the name Sister Faustina (Helen Kowalska) died in a convent of the Congregation of Sisters of Our Lady of Mercy in Cracow, Poland. She came from a very poor family that had struggled hard on their little farm during the terrible years of WWI. Sister had had only three years of very simple education. Hers were the humblest of tasks in the convent, usually in the kitchen or the vegetable garden, or as a porter.

On February 22, 1931, Our Lord and Savior Jesus Christ appeared to this simple nun, bringing with Him a wonderful message of Mercy for all mankind. Saint Faustina tells us in her diary under this date:

"In the evening, when I was in my cell, I became aware of the Lord Jesus clothed in a white garment. One hand was raised in blessing, the other was touching the garment at the breast. From the opening of the garment at the breast there came forth two large rays, one red and the other pale. In silence I gazed intently at the Lord; my soul was overwhelmed with fear, but also with great joy. After a while Jesus said to me, 'paint an image according to the pattern you see, with the inscription: Jesus, I trust in You.'"

Some time later, Our Lord again spoke to her:

"The pale ray stands for the Water which makes souls righteous; the red ray stands for the Blood which is the life of souls. These two rays issued forth from the depths of My most tender Mercy at that time when My agonizing Heart was opened by a lance on the Cross....Fortunate is the one who will dwell in their shelter, for the just hand of God shall not lay hold of him."
The words of Christ to St. Faustina Kowalska:

Paint an image according to the pattern you see, with the signature: Jesus I trust in You. I desire that this image be venerated, first in your chapel, and throughout the world. (Diary 47)

I promise that the soul that will venerate this image will not perish. I also promise victory over its enemies already here on earth, especially at the hour of death. I myself will defend it as My own glory. (Diary 48)

I am offering people a vessel with which they are to keep coming for graces to the fountain of mercy. That vessel is this image with the signature "Jesus, I trust in You." (Diary 327)

The two rays denote Blood and Water. The pale ray stands for the Water which makes souls righteous. The red ray stands for the Blood which is the life of souls. These two rays issued forth from the very depths of My tender mercy when My agonized heart was opened by a lance on the Cross. These rays shield souls from the wrath of My Father. Happy is the one who dwell in their shelter, for the just hand of god shall not lay hold of him. (Diary 299)

Not in the beauty of the color, nor of the brush, lies the greatness of this image, but in My grace. (Diary 313)

By means of this image I shall grant many graces to souls. It is to be a reminder of the demands of My mercy, because even the strongest faith is of no avail without works. (Diary 742)

The Feast of Mercy

The words of Christ to St. Faustina Kowalska:

Whoever approaches the Fountain of Life on this day will be granted complete forgiveness of sins and punishment. (Diary 300)

I want the image solemnly blessed on the first Sunday after Easter, and I want it to be venerated publicly so that every soul may know about it. (Diary 341)

This Feast emerged from the very depths of My mercy, and it is confirmed in the vast depths of my tender mercies. (Diary 420)

On one occasion, I heard these words: My daughter, tell the whole world about My Inconceivable mercy. I desire that the Feast of Mercy be a refuge and shelter for all souls, and especially for poor sinners. On that day the very depths of My
tender mercy are open. I pour out a whole ocean of graces upon those souls who approach the fount of My mercy. The soul that will go to Confession and receive Holy Communion shall obtain complete forgiveness of sins and punishment.* [our emphasis] On that day all the divine floodgates through which grace flow are opened. Let no soul fear to draw near to Me, even though its sins be as scarlet. My mercy is so great that no mind, be it of man or of angel, will be able to fathom it throughout all eternity. Everything that exists has come forth from the very depths of My most tender mercy. Every soul in its relation to Me will I contemplate My love and mercy throughout eternity. The Feast of Mercy emerged from My very depths of tenderness. It is My desire that it be solemnly celebrated on the first Sunday after Easter. Mankind will not have peace until it turns to the Fount of My Mercy. (Diary 699)

Yes, the first Sunday after Easter is the Feast of Mercy, but there must also be deeds of mercy, which are to arise out of love for Me. You are to show mercy to our neighbors always and everywhere. You must not shrink from this or try to absolve yourself from it. (Diary 742)

I want to grant complete pardon to the souls that will go to Confession and receive Holy Communion on the Feast of My mercy. (Diary 1109)

*The Cardinal of Krakow, Cardinal Macharski, whose diocese is the center of the spread of the devotion and the sponsor of the Cause of Sr. Faustina, has written that we should use Lent as preparation for the Feast and confess even before Holy Week! So, it is clear that the confessional requirement does not have to be met on the Feast itself. That would be an impossible burden for the clergy if it did. The Communion requirement is easily met that day, however, since it is a day of obligation, being Sunday. We would only need confession again, if received earlier in Lenten or Easter Season, if we were in the state of mortal sin on the Feast.

The Chaplet of Divine Mercy
given to St. Faustina Kowalska

Jesus said later to Sister Faustina:

"Say unceasingly this chaplet that I have taught you. Anyone who says it will receive great Mercy at the hour of death. Priests will recommend it to sinners as the last hope. Even the most hardened sinner, if he recites this Chaplet even once, will receive grace from My Infinite Mercy. I want the whole world to know My Infinite Mercy. I want to give unimaginable graces to those who trust in My Mercy...."

"....When they say this Chaplet in the presence of the dying, I will stand between My Father and the dying person not as the just judge but as the Merciful Savior."

1. Begin with the Sign of the Cross, 1 Our Father, 1 Hail Mary and The Apostles Creed.
2. Then on the Our Father Beads say the following:
Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your dearly beloved Son, Our Lord Jesus Christ, in atonement for our sins and those of the whole world.

3. On the 10 Hail Mary Beads say the following:
For the sake of His sorrowful Passion, have mercy on us and on the whole world.

*(Repeat step 2 and 3 for all five decades).*

4. Conclude with *(three times)*:
Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.

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In 1933, God gave Sister Faustina a striking vision of His Mercy, Sister tells us:

"I saw a great light, with God the Father in the midst of it. Between this light and the earth I saw Jesus nailed to the Cross and in such a way that God, wanting to look upon the earth, had to look through Our Lord's wounds and I understood that God blessed the earth for the sake of Jesus."

Of another vision on Sept. 13, 1935, she writes:

"I saw an Angel, the executor of God's wrath... about to strike the earth...I began to beg God earnestly for the world with words which I heard interiorly. As I prayed in this way, I saw the Angel's helplessness, and he could not carry out the just punishment...."

The following day an inner voice taught her to say this prayer on ordinary rosary beads:

"First say one 'Our Father', 'Hail Mary', and 'I believe'. Then on the large beads say the following words:

'Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your dearly beloved Son, Our Lord Jesus Christ, in atonement for our sins and those of the whole world.'

On the smaller beads you are to say the following words:

'For the sake of His sorrowful Passion have mercy on us and on the
whole world.'

In conclusion you are to say these words three times:

'Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world'.

The Divine Mercy Novena

Jesus further asked that this Feast of the Divine Mercy be preceded by a Novena to the Divine Mercy which would begin on Good Friday. He gave St. Faustina an intention to pray for on each day of the Novena, saving for the last day the most difficult intention of all, the lukewarm and indifferent of whom

*He said:*

"These souls cause Me more suffering than any others; it was from such souls that My soul felt the most revulsion in the Garden of Olives. It was on their account that I said: 'My Father, if it is possible, let this cup pass Me by.' The last hope of salvation for them is to flee to My Mercy."

*In her diary, St. Faustina wrote that Jesus told her:*

"On each day of the novena you will bring to My heart a different group of souls and you will immerse them in this ocean of My mercy ... On each day you will beg My Father, on the strength of My passion, for the graces for these souls."

The different souls prayed for on each day of the novena are:

**DAY 1** - All mankind, especially sinners

**DAY 2** - The souls of priests and religious

**DAY 3** - All devout and faithful souls

**DAY 4** - Those who do not believe in Jesus and those who do not yet know Him

**DAY 5** - The souls of separated brethren

**DAY 6** - The meek and humble souls and the souls of children
DAY 7 - The souls who especially venerate and glorify Jesus' mercy

DAY 8 - The souls who are detained in purgatory; and

DAY 9 - The souls who have become lukewarm.

This is prayed along with the Divine Mercy Chaplet.

First Day
Today bring Me all mankind, especially all sinners.

Most Merciful Jesus, whose very nature it is to have compassion on us and to forgive us, do not look upon our sins, but upon our trust which we place in Your infinite goodness. Receive us all into the abode of Your Most Compassionate Heart, and never let us escape from It. We beg this of You by Your love which unites You to the Father and the Holy Spirit. Eternal Father, turn Your merciful gaze upon all mankind and especially upon poor sinners, all enfolded in the Most Compassionate Heart of Jesus. For the sake of His Sorrowful Passion show us Your mercy, that we may praise the omnipotence of Your mercy for ever and ever. Amen.

Second Day
Today Bring Me the Souls of Priests and Religious.

Most Merciful Jesus, from whom comes all that is good, increase Your grace in us, that we may perform worthy works of mercy, and that all who see us may glorify the Father of Mercy who is in heaven. Eternal Father, turn Your merciful gaze upon the company [of chosen souls] in Your vineyard - upon the souls of priests and religious; and endow them with the strength of Your blessing. For the love of the Heart of Your Son in which they are enfolded, impart to them Your power and light, that they may be able to guide others in the way of salvation, and with one voice sing praise to Your boundless mercy for ages without end. Amen.

Third Day
Today Bring Me All Devout and Faithful Souls.

Most Merciful Jesus, from the treasury of Your mercy, You impart Your graces in the great abundance to each and all. Receive us into the abode of Your Most Compassionate Heart and never let us escape from It. We beg this of You by that most wondrous love for the heavenly Father with which Your Heart burns so fiercely. Eternal Father, turn Your Merciful gaze upon faithful souls, as
upon the inheritance of Your Son. For the sake of His Sorrowful Passion, grant them Your blessing and surround them with Your constant protection. Thus may they never fail in love or lose the treasure of the holy faith, but rather, with all the hosts of Angels and Saints, may they glorify Your boundless mercy for endless ages. Amen.

Fourth Day
Today Bring Me Those Who Do Not Believe In Me and Those Who Do Not Know Me

Most Compassionate Jesus, You are the Light of the whole world. Receive into the abode of Your Most Compassionate Heart the souls of those who as yet do not believe in You or do not know You. Let the rays of Your grace enlighten them that they, too, together with us, may extol Your wonderful mercy; and do not let them escape from the abode which is Your Most Compassionate Heart. Eternal Father, turn Your merciful gaze upon the souls of those who do not believe in Your Son, and of those who as yet do not know You, but who are enclosed in the Most Compassionate Heart of Jesus. Draw them to the light of the Gospel. These souls do not know what great happiness it is to love You. Grant that they, too, may extol the generosity of Your mercy for endless ages. Amen.

Fifth Day
Today Bring to Me the Souls of the Separated Brethren

Most Merciful Jesus, Goodness Itself, You do not refuse light to those who seek it of You. Receive into the abode of Your Most Compassionate Heart the souls of our separated brethren. Draw them by Your light into the unity of the Church, and do not let them escape from the abode of Your Most Compassionate Heart; but bring it about that they, too, come to glorify the generosity of Your mercy. Eternal Father, turn Your merciful gaze upon the souls of our separated brethren, who have squandered Your blessings and misused Your graces obstinately persisting in their errors. Do not look upon their errors, but upon the love of Your Own Son and upon His bitter Passion, which He underwent for their sake, since they, too, are enclosed in the Most Compassionate Heart of Jesus. Bring it about that they also may glorify Your great mercy for endless ages. Amen.

Sixth Day
Today Bring Me The Meek and Humble Souls and the Souls of Little Children

Most Merciful Jesus, You Yourself have said, "Learn from Me for I am meek and humble of heart." Receive into the abode of Your Most
Compassionate Heart all meek and humble souls and the souls of little children. These souls send all heaven into ecstasy, and they are the heavenly Father's favorites. They are a sweet-smelling bouquet before the throne of God; God Himself takes delight in their fragrance. These souls have a permanent abode in Your Most Compassionate Heart, O Jesus, and they unceasingly sing out a hymn of love and mercy. Eternal Father, turn Your merciful gaze upon meek and humble souls, and upon the souls of little children, who are enfolded in the abode of the Most Compassionate Heart of Jesus. These souls bear the closest resemblance to Your Son. Their fragrance rises from the earth and reaches Your very throne. Father of mercy and of all goodness, I beg You by the love You bear these souls and by the delight you take in them: bless the whole world, that all souls together may sing out the praises of Your mercy for endless ages. Amen.

Seventh Day
Today Bring Me The Souls Who Especially Venerate and Glorify My Mercy

Most Merciful Jesus, whose Heart is Love Itself, receive into the abode of Your Most Compassionate Heart the souls of those who particularly extol and venerate the greatness of Your Mercy. These souls are mighty with the very power of God Himself. In the midst of all afflictions and adversities they go forward, confident in Your Mercy. These souls are united to Jesus and carry all mankind on their shoulders. These souls will not be judged severely, but Your mercy will embrace them as they depart from this life. Eternal Father, turn Your merciful gaze upon the souls who glorify and venerate Your greatest attribute, that of Your fathomless mercy, and who are enclosed in the Most Compassionate Heart of Jesus. These souls are a living Gospel; their hands are full of deeds of mercy and their spirit, overflowing with joy, sings a canticle of mercy to You, O Most High! I beg You O God: Show them Your mercy according to the hope and trust they have placed in You. Let there be accomplished in them the promise of Jesus, who said to them, "I Myself will defend as My own glory, during their lifetime, and especially at the hour of their death, those souls who will venerate My fathomless mercy."

Eighth Day
Today Bring Me The Souls Who Are In the Prison Of Purgatory

Most Merciful Jesus, You Yourself have said that You desire mercy; so I bring into the abode of Your Most Compassionate Heart the
souls in Purgatory, souls who are very dear to You, and yet who must make retribution to Your justice. May the streams of Blood and Water which gushed forth from Your Heart put out the flames of purifying fire, that in that place, too, the power of Your mercy may be praised. Eternal Father, turn Your most merciful gaze upon the souls suffering in Purgatory, who are enfolded in the Most Compassionate Heart of Jesus. I beg You, by the sorrowful Passion of Jesus Your Son, and by all the bitterness with which His most sacred Soul was flooded, manifest Your mercy to the souls who are under Your just scrutiny. Look upon them in no other way than through the Wounds of Jesus, Your dearly beloved Son; for we firmly believe that there is no limit to Your goodness and compassion. Amen.

Ninth Day
Today Bring Me The Souls Who Have Become Lukewarm

Most Compassionate Jesus, You are Compassion Itself. I bring lukewarm souls into the abode of Your Most Compassionate Heart. In this fire of Your pure love let these tepid souls, who, like corpses, filled You with such deep loathing, be once again set aflame. O Most Compassionate Jesus, exercise the omnipotence of Your mercy and draw them into the very ardor of Your love; and bestow upon them the gift of holy love, for nothing is beyond Your power. Eternal Father, turn Your merciful gaze upon lukewarm souls who are nonetheless enfolded in the Most Compassionate Heart of Jesus. Father of Mercy, I beg You by the bitter Passion of Your Son and by His three-hour agony on the Cross: let them, too, glorify the abyss of Your mercy. Amen

The Second Coming

You will prepare the world for My final coming. (Diary 429)

Speak to the world about My mercy ... It is a sign for the end times. After it will come the Day of Justice. While there is still time, let them have recourse to the fountain of My mercy. (Diary 848)

Tell souls about this great mercy of Mine, because the awful day, the day of My justice, is near. (Diary 965).

I am prolonging the time of mercy for the sake of sinners. But woe to them if they do not recognize this time of My visitation. (Diary 1160)

Before the Day of Justice, I am sending the Day of Mercy. (Diary 1588)

He who refuses to pass through the door of My mercy must pass through the door
of My justice. (Diary 1146).

In addition to these words of Our Lord Sr. Fasutina gives us the Words of the Mother of Mercy, the Blessed Virgin:

You have to speak to the world about His great mercy and prepare the world for the Second Coming of Him who will come, not as a merciful Savior, but as a just Judge. Oh how terrible is that day! Determined is the day of justice, the day of divine wrath. The angels tremble before it. Speak to souls about this great mercy while it is still the time for granting mercy. (Diary 635).

St. Faustina & Our Lady

On December 8, 1937, the Mother of God appeared to St. Faustina (known for the Divine Mercy apparitions) at the convent of the Sisters of Our Lady of Mercy in Vilnius, Poland (now located in Lithuania). Here is St. Faustina's description of the apparition:

"The Feast of the Immaculate Conception. Before Holy Communion I saw the Blessed Mother inconceivably beautiful. Smiling at me, She said to me:

"My daughter, at God's command I am to be, in a special and exclusive way your Mother; but I desire that you, too, in a special and exclusive way, be My child.

"I desire, My dearly beloved daughter, that you practice the three virtues that are dearest to Me and most pleasing to God. The first is humility, humility, and once again, humility; the second virtue, purity; the third virtue, love of God. As My daughter, you must especially radiate with these virtues."

"When the conversation ended She pressed me to Her Heart and disappeared. When I regained the use of my senses, my heart became so wonderfully attracted to these virtues; and I practice them faithfully. They are as though engraved in my heart."1

Work Cited


Chaplets & Rosaries

The Most Holy Rosary

The Most Holy Rosary of Our Lady consists of 59 beads, a crucifix, and usually a centerpiece. There are 50 beads for the Ave Marias, 4 beads for the Our Fathers and Glory Bes, and then the initial 5 beads for the Apostle’s Creed, the Our Father, and the 3 Hail Marys of the beginning, said for Faith, Hope, & Charity, and then the Glory Be.

The Centerpiece is used as the marker for the first Our Father and last Glory Be, or the
The Rosary is a Meditation Prayer, and often spoken of as the greatest private devotion. The saints have recommended it as essential, since its inception into the life of the Church, especially promoted by St. Dominic Guzman, it has proved to be a profound spiritual force for good in the lives of the people of God.

There are 15 mysteries which have survived above all the others as The Mysteries of the Rosary. There have been others in the past, and will be more in the future, but the core and truest mysteries will always be the 15 which make up the full rosary. A partial rosary, is to say 5 of the mysteries, and this is often more than enough for a beginner and what is said in devotionals and popular referred to as ‘praying the rosary’.

The rosary is most often said in this manner: The lips move or speak the prayers, and the mind meditates upon the mysteries. One mystery for each decade of the rosary, which consists of an Our Father, 10 Aves, and 1 Glory Be.

New to the Rosary since the Private Revelation of Fatima is another prayer that has gained great popularity and is now regularly said by many devotees of Our Lady and Peace, is the “O My Jesus” prayer which follows the Glory Be.

The 15 mysteries are:

The Joyful Mysteries

1. The Annunciation
2. The Visitation
3. The Nativity
4. The Presentation of the Child Jesus in the Temple
5. The Finding of the Child Jesus in the Temple

The Sorrowful Mysteries

6. The Agony in the Garden
7. The Scourging at the Pillar
8. The Crowning with Thorns
9. The Way of the Cross
10. The Crucifixion

The Glorious Mysteries

11. The Resurrection
12. The Ascension
13. Pentecost
14. The Assumption of Our Lady
15. The Crowning of Mary as Queen of Heaven

The rosary is said in this fashion:


Announce the First Mystery
Meditate upon the First Mystery.
Say the Our Father
Say 10 Ave Marias
Say the Glory Be
Say the “O My Jesus” prayer (optional).

Announce the Second Mystery
Continue exactly as you did the First Mystery.

After the last prayer of the Fifth Mystery say The Hail Holy Queen.

And you have finished a 1/3rd of the rosary.

The Servite Rosary of The Seven Sorrows of Mary

Meditation on the Seven Sorrows of Our Lady is a way of sharing in the major sorrows of Mary’s life. As we pray one Our Father, seven (or one) Hail Mary's, and one Glory Be for each sorrow, we ponder the pain she endured along with her Son. We ask her to help us understand the evil we have done and to lead us to repentance. By joining our sorrows with Mary’s, as she joined her sacrifices with her Son’s, we participate in the work of our Redemption.

An Act of Contrition
O Lord, Jesus Christ, I am truly sorry for my sins. I humbly ask Your forgiveness, and I promise with Your help to prove worthy of Your love by sharing in Your Passion and death through Our Blessed Mother’s sorrows. Amen.

FIRST SORROW: The Prophecy of Simeon
How great was the shock to Mary’s heart at hearing the sorrowful words in which Simeon foretold the bitter passion and death of her sweet Jesus. Dear Mary, obtain for me a true sorrow for my sins.

SECOND SORROW: The Flight into Egypt
Consider the sharp sorrow which Mary felt when she and Joseph had to suddenly flee by night in order to preserve her Beloved Child from the slaughter decreed by Herod. What anguish was hers; how great her privations in that long journey. What sufferings she bore in that land of wails.
THIRD SORROW: The Loss of Jesus in the Temple
How dreadful was the grief of Mary when she realized that she had lost her beloved Son. Filled with worry and weariness, she and Joseph returned to Jerusalem, and for three long days sought Jesus, until finding Him in the temple.

FOURTH SORROW: Mary Meets Jesus on the way to Calvary
Come, O sinners, come and see if you can endure so sad a sight. This Mother, so tender and loving, meets her beloved Son amid those who drag Him to a cruel death. Consider, O dear people, the tremendous grief as their eyes met—the sorrow of the blessed mother thus beholding her Son.

FIFTH SORROW: Jesus Dies on the Cross
Look upon the two sacrifices on Calvary—one, the body of Jesus; the other, the heart of Mary. Sad is the sight of that dear Mother seeing her beloved Son cruelly nailed in the tree of the cross. She stood at the foot of the cross and heard her Son promise heaven to a thief and forgive His enemies. His last words are centered on His mother and are directed to us, Behold Thy Mother! Let us resolve always to look upon Mary as our Mother and remember that she never fails her children.

SIXTH SORROW: Mary Received the Body of Jesus in her Arms
Ponder the bitter sorrow which rent the heart of Mary when the body of her dear Jesus was lowered from the cross and placed in her arms. O mournful Mother, our hearts are softened with sorrow upon seeing such affliction.

SEVENTH SORROW: Jesus is Placed in the Tomb
The most tragic day in history ends, and all that is left for the Mother is to accompany her Son’s Body to the grave. What grief was hers as she gazed a last time on the lifeless body of her Son, and the great stone was rolled to seal the entrance to the tomb.

Let us pray
O Mother, obtain that all our love may rest with you and your Son, Our Saviour, Who shed His blood for our salvation. By all your sorrows, grant that the memory of them may be imprinted on our mind, that our hearts may burn with love for God, and for the Passion of Jesus: to Him be honor, glory and thanksgiving for ever and ever. Amen.

The Chaplet or Rosary of the Precious Blood

The Chaplet of the Precious Blood, also known as the Precious Blood Rosary, is a meditation on the generous love of Jesus, who shed his blood for us. Each mystery calls us to meditate on one of the seven times Jesus shed his blood. Each "decade," except the last, consists of five "Our Fathers" followed by one "Glory be" and the versicle and response. There are thirty three Our Fathers in all, recalling the thirty three years of Jesus' life on earth.

As an aid to meditation, quotations from sacred Scripture are provided for each Our
Father. Different members of the group gathered to pray might each read the verses for a different mystery.

The Chaplet was composed in 1809 by Francesco Albertini and officially approved in the same year. Albertini, who founded the ArchConfraternity of the Precious Blood, was the mentor and spiritual director of Saint Gaspar del Bufalo, founder of the Missionaries of the Precious Blood.

Saint Gaspar encouraged the Missionaries to pray this chaplet with the people every morning. It is an excellent way of heightening our awareness of God's presence in difficult and painful situations. It can help us connect our own suffering, the suffering of those we love, and the suffering of our enemies, with the suffering of Christ. Many people who like to pray the rosary every day pray the Precious Blood Rosary on Fridays, the day when we traditionally meditate on the Passion.

Precious Blood Rosaries are available from our parish office.

Introductory Dialogue

Leader:
O God, come to our assistance.
All:
Lord, make haste to help us.

Leader:
Glory to the Father, and to the Son,

and to the Holy Spirit.
All:
As it was in the beginning, is now,

and will be forever. Amen.

First Mystery:
The Circumcision
1. When eight days were completed for his circumcision, he was named Jesus, the name given him by the angel before he was conceived in the womb. (Luke 2:21)

   Our Father

2. But when the fullness of time had come, God sent his Son, born of a woman, born under the law, to ransom those under the law, so that we might receive adoption. (Galatians 4:4-5)

   Our Father

3. "Do not think that I have come to abolish the law or the prophets. I have come not to abolish but to fulfill." (Matthew 5:17)
Our Father

4. In Christ Jesus neither circumcision nor lack of it counts for anything; only faith, which expresses itself through love. (Galatians 5:6)

Our Father

5. At the name of Jesus every knee should bend, of those in heaven and on earth and under the earth, and every tongue confess that Jesus Christ is Lord, to the glory of God the Father. (Philippians 2:10-11)

Our Father
Glory be

Leader:
Come, Lord, and help your people.
All:
Bought with the price of your own Blood.

Second Mystery:
The Agony in the Garden
1. Jesus prayed that, if it were possible, the hour might pass from him. He said, "Abba, Father, for you all things are possible; remove this cup from me; yet, not what I want but what you want." (Mark 14:35b-36)

Our Father

2. Jesus was in such agony and he prayed so fervently that his sweat became like drops of blood falling on the ground. (Luke 22:44)

Our Father

3. Since he himself was tempted through what he suffered, he is able to help those who are tempted. (Hebrews 2:18)

Our Father

4. In the days when he was in the flesh, Jesus offered prayers and supplications with loud cries and tears to the one who was able to save him from death, and he was heard because of his reverence. (Hebrews 5:7)

Our Father

5. By this will, we have been consecrated through the offering of the body of Jesus Christ once for all. (Hebrews 10:10)

Our Father
Glory be

Leader:
Come, Lord, and help your people.
All:
Bought with the price of your own Blood.

Third Mystery:
The Scourging at the Pillar
1. I gave my back to those who beat me, my cheeks to those who plucked my beard; My face I did not shield from buffets and spitting. (Isaiah 50:6)
   Our Father

2. Upon him was the chastisement that makes us whole; by his stripes we were healed. (Isaiah 53:5)
   Our Father

3. So Pilate, wishing to satisfy the crowd, released Barabbas to them and, after he had Jesus scourged, handed him over to be crucified. (Mark 15:15)
   Our Father

4. Through his blood, God made Jesus the means of expiation for all who believe. (Romans 3:25)
   Our Father

5. With your blood you purchased for God those from every tribe and tongue, people and nation. (Revelation 5:9)
   Our Father
   Glory be

Leader:
Come, Lord, and help your people.
All:
Bought with the price of your own Blood.

Fourth Mystery:
The Coronning with Thorns
1. The soldiers then wove a crown of thorns and fixed it on Jesus' head, throwing around his shoulders a cloak of royal purple. (John 19:2)
   Our Father

2. They came to him and said, "Hail, King of the Jews!" And they struck him repeatedly. (John 19:3)
   Our Father

3. Pilate had an inscription written and put on the cross. It read, "Jesus the Nazorean, the
King of the Jews." (John 19:19)

4. He wore a cloak that had been dipped in blood, and his name was called the Word of God. (Revelation 19:13)

5. He has a name written on his cloak and on his thigh, "King of kings and Lord of lords." (Revelation 19:16)

Leader:

Come, Lord, and help your people.

All:

Bought with the price of your own Blood.

Fifth Mystery:

Jesus carries the cross

1. In the end, Pilate handed Jesus over to them to be crucified. So they took Jesus, and carrying the cross himself he went out to what is called the Place of the Skull, in Hebrew, Golgotha. (John 19:16)

2. Jesus said to all, "If any wish to come after me, they must deny themselves and take up their cross daily and follow me." (Luke 9:23)

3. For the sake of the joy that lay before him, he endured the cross, despising its shame, and has taken his seat at the right of the throne of God. (Hebrews 12:2)

4. Jesus himself bore our sins in his body upon the cross, so that, free from sin, we might live for righteousness. By his wounds you have been healed. (1 Peter 2:24)

5. May I never boast except in the cross of our Lord Jesus Christ, through which the world has been crucified to me, and I to the world. (Galatians 6:14)
All:
_Bought with the price of your own Blood._

Sixth Mystery:
The Crucifixion
1. Jesus said to them, "This is my blood of the covenant, which will be shed for many." (Mark 14:24)
   _Our Father_

2. When they came to the place called the Skull, they crucified him and the criminals there, one on his right, the other on his left. (Luke 23:33)
   _Our Father_

3. It pleased God to make absolute fullness dwell in him, and through him to reconcile all things in his person, whether those on earth or those in heaven, making peace by the blood of his cross. (Colossians 1:19-20)
   _Our Father_

4. But now in Christ Jesus you who once were far off have been brought near by the blood of Christ. (Ephesians 2:13)
   _Our Father_

5. "When I am lifted up from the earth, I will draw all things to myself." (John 12:32)
   _Our Father_
   _Glory be_

Leader:
Come, Lord, and help your people.
_All:_
_Bought with the price of your own Blood._

Seventh Mystery:
The Piercing of Jesus' Side
1. One of the soldiers thrust his lance into Jesus's side, and immediately blood and water flowed out. (John 19:34)
   _Our Father_

2. This happened so that the scripture passage might be fulfilled: "They will look upon him whom they have pierced." (John 19:36a, 37b)
   _Our Father_

3. Jesus Christ it is who came through water and blood, not in water only, but in water and blood. (1 John 5:6a)
Our Father
Glory be

Leader:
Come, Lord, and help your people.
All:
Bought with the price of your own Blood.

Closing Prayer

Father, by the blood of your own Son you have set all people free and saved us from death. Continue your work of love within us, that by constantly celebrating the mystery of our salvation, we may reach the eternal life it promises. We ask this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

The Holy Wounds Chaplet

To be said on the Crucifix and the first three beads of the Rosary:

O Jesus, Divine redeemer, be merciful to us and to the whole world. Amen.
Strong God, holy God, immortal God, have mercy on us and on the whole world. Amen.
Grace and mercy, O my Jesus, during present dangers; cover us with Your Precious Blood. Amen.
Eternal Father, grant us mercy through the Blood of Jesus Christ, Your only Son; grant us mercy, we beseech You. Amen, Amen, Amen.

The following prayers, composed by Our Lord, are to be said using the Rosary beads:

On the large beads:
Eternal Father, I offer You the Wounds of our Lord Jesus Christ. To heal the wounds of our souls.
(Finish by repeating this prayer three times.)

On the small beads:
My Jesus, pardon and mercy. Through the merits of Your Holy Wounds.

Promises of Our Lord to Sr. Mary Martha

"I will grant all that is asked of Me by the invocation of My Holy Wounds. You must spread the devotion."
"With My Wounds and My Divine Heart you can obtain everything."
"The sinner who will say: Eternal Father, I offer Thee the Wounds of Our Lord Jesus Christ, etc., will obtain conversion."
"The Holy Wounds are the treasures for the Souls in Purgatory."
"The Chaplet of Mercy is a counterpoise to My justice, it restrains My vengeance."
"At each word that you pronounce of the Chaplet of Mercy I allow a drop of My Blood to fall upon the soul of a sinner."

From the brochure: "Sr. M. Martha Chambon and the Holy Wounds of Our Lord."

[The devotion to the Holy Wounds and the following promises were revealed by Our Lord to St. Mary Martha Chambon (1841-1907), of the Monastery of the Visitation of Chambéry. The cause for her beatification was introduced in 1937.]

Litanies

LITANIES TO SAINT PHILOMENA

Lord have mercy on us.
Christ have mercy on us.
Lord have mercy on us.
God the Father of Heaven,
have mercy on us.
God the Son, Redeemer of the world,
have mercy on us.
God the Holy Ghost,
have mercy on us.
Holy Trinity one God,
have mercy on us.
Holy Mary, Queen of Virgins,
have mercy on us.
Saint Philomena,
pray for us.
Saint Philomena, filled with the most abundant graces from your very birth,
pray for us.
Saint Philomena, faithful imitator of Mary,
pray for us.
Saint Philomena, model of Virgins,
pray for us.
Saint Philomena, temple of the most perfect humility,
pray for us.
Saint Philomena, inflamed with zeal for the Glory of God,
pray for us.
Saint Philomena, victim of the love of Jesus,
pray for us.
Saint Philomena, example of strength and perseverance,
pray for us.
Saint Philomena, invincible champion of chastity,
pray for us.
Saint Philomena, mirror of the most heroic virtues,
pray for us.
Saint Philomena, firm and intrepid in the face of torments,
pray for us.
Saint Philomena, scourged like your Divine Spouse,
pray for us.
Saint Philomena, pierced by a shower of arrows,
pray for us.
Saint Philomena, consoled by the Mother of God when in chains,
pray for us.
Saint Philomena, cured miraculously in prison,
pray for us.
Saint Philomena, comforted by angels in your torments,
pray for us.
Saint Philomena, who preferred torments and death to the splendors of a throne,
pray for us.
Saint Philomena, who converted the witnesses of your martyrdom,
pray for us.
Saint Philomena, who wore out the fury of your executioners,
pray for us.
Saint Philomena, protectress of the innocent,
pray for us.
Saint Philomena, patron of youth,
pray for us.
Saint Philomena, refuge of the unfortunate,
pray for us.
Saint Philomena, health of the sick and the weak,
pray for us.
Saint Philomena, new light of the church militant,
pray for us.
Saint Philomena, who confounds the impiety of the world,
pray for us.
Saint Philomena, who stimulates the faith and courage of the faithful,
pray for us.
Saint Philomena, whose name is glorified in Heaven and feared in Hell,
pray for us.
Saint Philomena, made illustrious by the most striking miracles,
pray for us.
Saint Philomena, all powerful with God,
pray for us.
Saint Philomena, who reigns in glory,
pray for us.
Lamb of God, Who takest away the sins of the world,
spare us, O Lord.
Lamb of God, Who takest away the sins of the world,
graciously hear us, O Lord.
Lamb of God, Who takest away the sins of the world,
have mercy on us.
V. Pray for us, Great Saint Philomena,
R. That we may be made worthy of the promises of Christ

*Let us pray*

We implore Thee, O Lord, by the intercession of Saint Philomena, Virgin and Martyr, who was ever most pleasing to Thy eyes by reason of her eminent purity and the practice of all the virtues, pardon us our sins and grant us all the graces we need (and name any special grace you may require).

*Amen.*

- *Composed by Saint John Vianney*

**Litany of the Infant Jesus**

Lord have mercy, Lord have mercy,
Christ, have mercy, Christ, have mercy,
Lord have mercy, Lord, have mercy.
Infant Jesus, hear us,
Infant Jesus, graciously hear us.
God the Father of heaven,
God the Son, Redeemer of the world,
God the Holy Ghost,
Holy Trinity, One God,
Infant Jesus,

*Response: Have mercy on us.*

Infant, very God,
Infant, Son of the Living God,
Infant, Son of the Virgin Mary,
Infant, begotten before the morning star,
Infant, Word made flesh,
Infant, Wisdom of your Father,
Infant, Purity of your mother,
Infant, only Son of your Father,
Infant, First-Born of you mother,
Infant, Image of your Father,
Infant, Creator of your mother,
Infant, Splendor of your Father,
Infant, Honor of your mother,
Infant, equal to your Father,
Infant, subject to your mother,
Infant, Joy of your Father,
Infant, Riches of your mother,
Infant, Gift of your Father,
Infant, Offering of your mother,
Infant, precious fruit of a virgin,
Infant, Creator of man,
Infant, Power of God,
Infant, Power of God,
Infant, our God,
Infant, our Brother,
Infant, perfect Man from your conception,
Infant, ancient in wisdom from your childhood,
Infant, Father of ages,
Infant, of days,
Infant, giving life, and nourished at the breast,
Infant, Eternal Word, and making yourself dumb,
Infant, weeping in the crib,
Infant, thundering in heaven,
Infant, terror of hell,
Infant, Joy of Paradise,
Infant, dreaded by tyrants,
Infant, desired by the Magi,
Infant, exiled from your people,
Infant, King in exile,
Infant, Destroyer of idols,
Infant, Vindicator of the glory of God,
Infant, strong in weakness,
Infant, powerful in abasement,
Infant, Treasure of Grace,
Infant, Fountain of Love,
Infant, Author of the blessings of heaven,
Infant, Repairer of the evils of earth,
Infant, Head of the angels,
Infant, Stem of the patriarchs,
Infant, Word of the prophets,
Infant, Expectation of nations,
Infant, Joy of the shepherds,
Infant, Light of the Magi,
Infant, Salvation of children,
Infant, Hope of the just,
Infant, Teacher of doctors,
Infant, First-fruits of the saints,
Be merciful,

Response: Spare us, O Infant Jesus,
Be merciful,

*Response:* *Graciously hear us, O Infant Jesus.*

From the bondage of the children of Adam,

*Response:* *Infant Jesus, deliver us.*

From the slavery of the devil,
From the corruption of the world,
From the lust of the flesh,
From the pride of life,
From the immoderate desire of knowledge,
From the blindness of mind,
From the perversity of will,
From our sins,
Through your most pure conception,
Through your most humble birth,
Through your tears,
Through your most painful circumcision,
Through your most glorious epiphany,
Through your most devout presentation,
Through your most innocent conversation in the world,
Through your most holy life,
Through your poverty,
Through your sorrows,
Through your labors and travails.
Lamb of God, who takes away the sins of the world,
Spare us, O Infant Jesus,
Lamb of God, who takes away the sins of the world,
Graciously hear us, O Infant Jesus,
Lamb of God, who takes away the sins of the world,
Have mercy on us, O Infant Jesus.
Infant Jesus, hear us,
Infant Jesus, graciously hear us.

**LET US PRAY**

O Lord Jesus, who allowed the greatness of your incarnate divinity and most sacred humanity to be born in time, to become a little child, and to suffer bitter death, grant that we may acknowledge infinite wisdom in the silence of a child, power in weakness, majesty in abasement, so that adoring your humility and littleness on earth we may contemplate your glories in heaven. We ask this of you, who, with the Father and the Holy Spirit, lives and reigns God, forever and ever.
Litany of St. Rita

For peace in families  *St. Rita intercede for us*
For the health of the sick
For the protection of children
For the serenity of the elderly
For the choices of the young
For fidelity in spouses  *St. Rita, intercede for us*
For the mission of parents
For the coherence of consecrated persons
To be capable of forgiving
To have the strength to suffer
To fulfill our duties well
To believe in the victory of the good
To build a better world
To spread the Gospel
To live the call to holiness

Concluding Prayer (from the liturgy)

We praise and thank you, O almighty and eternal Father, through Christ Our Lord. By taking our death upon himself, he has freed us from death, and by sacrificing his life he has opened the way to immortal life. He is the salvation of the world, everlasting life, and the resurrection of the dead. He lives and reigns with you and the Holy Spirit, for ever and ever. *Amen.*

Concluding Prayer (from the liturgy)

O God, you have made all things good so that they will be a sign of your wisdom. Help us to gather up the praise that rises up to you from the whole creation in order to give glory to your name with our whole life. Through Christ Our Lord. *Amen.*

LITANY TO THE GUARDIAN ANGEL
*(For private recitation)*

Lord, have mercy on us, Christ, have mercy on us.

Lord, have mercy on us. Christ, hear us. Christ, graciously hear us.

God, the Father of heaven, have mercy on us.

God, the Son, Redeemer of the world, have mercy on us.

God, the Holy Spirit, have mercy on us.
Holy Trinity, one God, have mercy on us.

Holy Mary, Queen of Angels, pray for us.

Holy Angel, my prince, pray for us.
Holy Angel, my monitor,
Holy Angel, my counselor,
Holy Angel, my defender,
Holy Angel, my steward,
Holy Angel, my friend,
Holy Angel, my negotiator,
Holy Angel, my intercessor,
Holy Angel, my patron,
Holy Angel, my director,
Holy Angel, my ruler,
Holy Angel, my protector,
Holy Angel, my comforter,
Holy Angel, my brother,
Holy Angel, my teacher,
Holy Angel, my shepherd,
Holy Angel, my witness,
Holy Angel, my helper,
Holy Angel, my watcher,
Holy Angel, my conductor,
Holy Angel, my preserver,
Holy Angel, my instructor,
Holy Angel, my enlightener,

Lamb of God, Who take away the sins of the world, spare us, O Lord!

Lamb of God, Who take away the sins of the world, graciously hear us, O Lord!

Lamb of God, Who take away the sins of the world, have mercy on us!

Christ, hear us. Christ graciously hear us.

Pray for us, O holy Angel Guardian.

That we may be made worthy of the promises of Christ.

Let us Pray---Almighty, everlasting God, who in the counsel of Your ineffable goodness have appointed to all the faithful, from their mother's womb, a special Angel Guardian of their body and
soul; grant, that I may so love and honor him whom You have so mercifully given me, that protected by the bounty of Your grace and by his assistance, I may merit to behold, with him and all the angelic host, the glory of Your countenance in the heavenly country. Who live and reign, world without end.

Amen.

LITANY OF THE HOLY ARCHANGELS
ST. MICHAEL, ST. GABRIEL AND ST. RAPHAEL

Lord, have mercy on us!
Christ, have mercy on us!
Lord, have mercy on us! Christ, hear us!
Christ, graciously hear us!

God, the Father of Heaven, Creator of every spirit, have mercy on us!
God, the Son, Redeemer of the world, on whom the angels desire to gaze, have mercy on us!
God, the Holy Spirit, felicity of the blessed spirits, have mercy on us!
Holy Trinity, one God, glory of the holy angels, have mercy on us!

Holy Mary, Queen of the heavenly spirits,
pray for us!

St Michael, prince of the celestial host,
Response: pray for us!

Chief of the angels of peace,
Most strong in combat,
Conqueror of the ancient serpent,
Defender at all times of the people of God,
Who did expel Lucifer and his confederates from Heaven,
Who receives souls at their departure, and conducts them to Paradise,
Solace of the faithful,
Protector of those who are devout to you,

St Gabriel, who revealed to Daniel divine secrets,
Who declared the birth and ministry of
St John the Baptist,
Who announced the Incarnation of the Word,
Guardian of the Holy Virgin,
Attendant of the infancy of the Saviour,
Who consoled Christ in his last agony,
Faithful minister of Christ,
St Raphael, angel of health,  
St Raphael, one of the seven spirits who stand before the Throne,  
Faithful conductor of Tobias,  
Who did compel the devil to flee,  
Offerer of our prayer before the Lord,  
Curer of blindness,  
Helper in tribulation,  
Consoler in necessities,  
Making joyful your devoted clients,  

Holy Michael, Gabriel and Raphael,  

Christ Jesus, beatitude of the angels, spare us!  
Christ Jesus, glory of the heavenly spirits, hear us!  
Christ Jesus, splendor of the celestial armies, have mercy on us!  

To St. Michael  
O God, who did render blessed Michael, your archangel, victorious over the proud Lucifer and the wicked spirits, we beseech you that combating under the Cross, and ever adopting his maxim ‘Who is like God?’ we may be victorious over all our enemies, and delivered from all impediments; regulate our lives according to your will and commandments. Through Jesus Christ, our Lord. Amen.  

To St. Gabriel  
O God, the lover of the salvation of mankind, who did commission blessed Gabriel, assisting before your throne, to announce to the ever glorious Virgin, the mystery of your blessed Son’s becoming man, we beseech you, that recurring to his intercession, we may be helped in all our wants, spiritual and temporal. Through Jesus Christ, our Lord. Amen.  

To St. Raphael  
O God, who in your ineffable goodness has rendered blessed Raphael the conductor of your faithful in their journeys, we humbly implore you that we may be conducted by him in the way of salvation, and experience his help in the maladies of our souls. Through Jesus Christ, our Lord. Amen.  

ACT OF CONSECRATION  
Oh most Noble Prince of the Angelic Hierarchies valorous warrior of Almighty God, and zealous lover of His glory, terror of the rebellious angels, and love and delight of all the just ones, my beloved Archangel Saint Michael, desiring to be numbered among your devoted servants, I, today offer and consecrate myself to you, and place myself, my family, and all I possess under your most powerful protection.  

I entreat you not to look at how little, I, as your servant have to offer, being only a wretched sinner, but to gaze, rather, with favorable eve at the heartfelt affection with which this offering is made, and remember that if from this day onward I am under your
patronage, you must during all my life assist me, and procure for me the pardon of my many grievous offenses, and sins, the grace to love with all my heart my God, my dear Saviour Jesus and my Sweet Mother Mary, and obtain for me all the help necessary to arrive to my crown of glory.

Defend me always from my spiritual enemies, particularly in the last moments of my life.

Come then oh Glorious Prince and succour me in my last struggle, and with your powerful weapon cast far from me into the infernal abysses that prevaricator and proud angel that one day you prostrated in the celestial battle. Saint Michael defend us in our daily battle so that we may not perish in the last Judgement. *Amen.*

**LITANY OF SAINT RAPHAEL**

Lord, have mercy on us.
*Christ have mercy on us.*

Lord, have mercy on us.
Christ hear us.
*Christ, graciously hear us.*

God the Father of Heaven,
*Have mercy on us.*
God the Son, Redeemer of the world,
*Have mercy on us.*
God the Holy Spirit,
*Have mercy on us.*
Holy Trinity, One God,
*Have mercy on us.*

Holy Mary, Queen of Angels,
*pray for us.*
St. Raphael,
*pray for us.*

St. Raphael, filled with the mercy of God,
*pray for us.*
St. Raphael, terror of demons,
St. Raphael, exterminator of vices,
St. Raphael, health of the sick,
St. Raphael, our refuge in all our trials,
St. Raphael, guide of travelers,
St. Raphael, consoler of prisoners,
St. Raphael, joy of the sorrowful,  
St. Raphael, filled with zeal for the salvation of souls,  
St. Raphael, whose name means "God heals,"  
St. Raphael, lover of chastity,  
St. Raphael, scourge of demons,  
St. Raphael, in pestilence, famine and war,  
St. Raphael, angel of peace and prosperity,  
St. Raphael, endowed with the grace of healing,  
St. Raphael, sure guide in the paths of virtue and sanctification,  
St. Raphael, help of all those who implore your assistance,  
St. Raphael, who was the guide and consolation of Tobias on his journey,  
St. Raphael, whom the Scriptures praise: "Raphael, the holy angel of the Lord, was sent to cure,"  
St. Raphael, our advocate,  

Lamb of God, Who takes away the sins of the world,  
Spare us, O Lord.  
Lamb of God, Who takes away the sins of the world,  
Graciously hear us, O Lord.  
Lamb of God, Who takes away the sins of the world,  
Have mercy on us.  

Christ, hear us.  
Christ, graciously hear us.  

Pray for us, St. Raphael, to the Lord Our God,  
That we may be made worthy of the promises of Christ.  

Lord, Jesus Christ, by the prayer of the Archangel Raphael, grant us the grace to avoid all sin and to persevere in every good work until we reach our heavenly destination, You Who lives and reigns world without end. Amen

**Litany of the Most Holy Name of Jesus**

Lord, have mercy.  
Christ, have mercy.  
Lord, have mercy.  
Jesus, hear us.  
Jesus, graciously hear us.  

God, the Father of Heaven, have mercy on us. (etc.)  
God the Son, Redeemer of the world,  
God, the Holy Spirit,  
Holy Trinity, one God,  

Jesus, Son of the living God, have mercy on us. (etc.)
Jesus, Splendor of the Father,
Jesus, Brightness of eternal Light,
Jesus, King of Glory,
Jesus, Sun of Justice,
Jesus, Son of the Virgin Mary,
Jesus, most amiable,
Jesus, most admirable,
Jesus, the mighty God,
Jesus, Father of the world to come,
Jesus, angel of great counsel,
Jesus, most powerful,
Jesus, most patient,
Jesus, most obedient,
Jesus, meek and humble of heart,
Jesus, Lover of Chastity,
Jesus, our Lover,
Jesus, God of Peace,
Jesus, Author of Life,
Jesus, Model of Virtues,
Jesus, zealous for souls,
Jesus, our God,
Jesus, our Refuge,
Jesus, Father of the Poor,
Jesus, Treasure of the Faithful,
Jesus, good Shepherd,
Jesus, true Light,
Jesus, eternal Wisdom,
Jesus, infinite Goodness,
Jesus, our Way and our Life,
Jesus, joy of the Angels,
Jesus, King of the Patriarchs,
Jesus, Master of the Apostles,
Jesus, Teacher of the Evangelists,
Jesus, Strength of Martyrs,
Jesus, Light of Confessors,
Jesus, Purity of Virgins,
Jesus, Crown of all Saints,

Be merciful, spare us, O Jesus!
Be merciful, graciously hear us, O Jesus!

From all evil, deliver us, O Jesus. (etc.)
From all sin,
From your wrath,
From the snares of the devil,
From the spirit of fornication,
From everlasting death,
From the neglect of your inspirations,

Through the mystery of your holy Incarnation, deliver us, O Jesus. (etc.)
Through your Nativity,
Through your Infancy,
Through your most divine Life,
Through your Labors,
Through your Agony and Passion,
Through your Cross and Dereliction,
Through your Sufferings,
Through your Death and Burial,
Through your Resurrection,
Through your Ascension,
Through your Institution of the Most Holy Eucharist,
Through your Joys,
Through your Glory,

Lamb of God, who take away the sins of the world, spare us, O Jesus!
Lamb of God, who take away the sins of the world, graciously hear us, O Jesus!
Lamb of God, who take away the sins of the world, have mercy on us, O Jesus!

Jesus, hear us.
Jesus, graciously hear us.

Let us pray

O Lord Jesus Christ, you have said, "Ask and you shall receive; seek, and you shall find; knock, and it shall be opened to you"; mercifully attend to our supplications, and grant us the grace of your most divine love, that we may love you with all our hearts, and in all our words and actions, and never cease to praise you.
Make us, O Lord, to have a perpetual fear and love of your holy name, for you never fail to govern those whom you solidly establish in your love. You, who live and reign forever and ever.

R. Amen.

Litaniæ Sanctissimi Nominis Iesu
(Litany of the Most Holy Name of Jesus)

Kyrie, eleison Kyrie, eleison.
Christe, eleison Christe, eleison.
Kyrie, eleison Kyrie, eleison.

Iesu, audi nos Iesu, audi nos.
Iesu, exaudi nos. Iesu, exaudi nos.
Pater de cælis, Deus, miserere nobis.
Fili, Redemptor mundi, Deus,
Spiritus Sancte, Deus,
Sancta Trinitas, unus Deus,

Iesu, Fili Dei vivi, miserere nobis.
Iesu, splendor Patris,
Iesu, candor lucis æternæ,
Iesu, rex gloriæ,
Iesu, sol iustitiae,
Iesu, Fili Mariæ Virginis,
Iesu, amabilis,
Iesu, admirabilis,
Iesu, Deus fortis,
Iesu, pater futuri sæculi,
Iesu, magni consilii angele,
Iesu potentissime,
Iesu patientissime,
Iesu obedientissime,
Iesu, mitis et humilis corde,
Iesu, amator castitatis,
Iesu, amator noster,
Iesu, Deus pacis,
Iesu, auctor vitae,
Iesu, exemplar virtutum,
Iesu, zelator animarum,
Iesu, Deus noster,
Iesu, refugium nostrum,
Iesu, pater pauperum,
Iesu, thesaure fidelium,
Iesu, bone pastor,
Iesu, lux vera,
Iesu, sapientia æternæ,
Iesu, bonitas infinita,
Iesu, via et vita nostra,
Iesu, gaudium Angelorum,
Iesu, rex Patriarcharum,
Iesu, magister Apostolorum,
Iesu, doctor Evangelistarum,
Iesu, fortitudo Martyrum,
Iesu, lumen Confessorum,
Iesu, puritas Virginum,
Iesu, corona Sanctorum omnium,

Propitius esto, parce nobis, Iesu.
Propitius esto, exaudi nos, Iesu.

Ab omni malo, libera nos, Iesu.
Ab omni peccato,
Ab ira tua,
Ab insidias diaboli,

A spiritu fornicationis,
A morte perpetua,
A neglectu inspirationeum tuarum,

Per mysterium sanctæ Incarnationis tuæ, libera nos, Iesu.
Per nativitatem tuam,
Per infantiam tuam,
Per divinissimam vitam tuam,
Per labores tuos,
Per agoniam et passionem tuam,
Per crucem et derelictionem tuam,
Per languores tuos,
Per mortem et sepulturam tuam,
Per resurrectionem tuam,
Per ascensionem tuam,
Per sanctissimæ Eucharistiae institutionem tuam,
Per gaudia tua,
Per gloriam tuam,

Agnus Dei, qui tollis peccata mundi, parce nobis, Domine.
Agnus Dei, qui tollis peccata mundi, exaudi nos, Iesu.
Agnus Dei, qui tollis peccata mundi, miserere nobis, Iesu.

Iesu, audi nos.
Iesu, exaudi nos.

Oremus

Domine Iesu Christe, qui dixisti: Petite et accipietis; quaerite et invenietis; pulsate et aperietur vobis; quæsumus, da nobis petentibus divinissimi tui amoris affectum, ut te tot corde, ore et opere diligamus et a tua numquam laude cessemus.

Litany of the Blessed Virgin Mary

Lord, have mercy on us, Christ have mercy on us.
Lord, have mercy on us. Christ hear us. Christ, graciously hear us.
God the Father of Heaven, have mercy on us.
God the Son, Redeemer of the world, have mercy on us
God the Holy Ghost, have mercy on us.
Holy Trinity, One God, have mercy on us.

Response for all: pray for us.

Holy Mary,
Holy Mother of God,
Holy Virgin of virgins,

Mother of Christ, pray for us.
Mother of divine grace,
Mother most pure,
Mother most chaste,
Mother inviolate,
Mother undefiled,
Mother most amiable,
Mother most admirable,
Mother of good counsel,
Mother of our Creator,
Mother of our Savior,

Virgin most prudent, pray for us.
Virgin most venerable,
Virgin most renowned,
Virgin most powerful,
Virgin most powerful,
Virgin most merciful,
Virgin most faithful,

Mirror of justice, pray for us.
Seat of wisdom,
Cause of our joy,
Spiritual vessel,
Vessel of honor,
Singular vessel of devotion,
Mystical rose,
Tower of David,
Tower of ivory,
House of gold,
Ark of the covenant,
Gate of heaven,
Morning star,
Heath of the Sick,
Refuge of sinners,
Comforter of the afflicted,
Help of Christians,
Queen of Angels, pray for us.
Queen of Patriarchs,
Queen of Prophets,
Queen of Apostles,
Queen of Martyrs,
Queen Confessors,
Queen of Virgins,
Queen of all Saints,
Queen conceived without original sin,
Queen assumed into heaven,
Queen of the most holy Rosary,
Queen of Peace,

Lamb of God, who take away the sins of the world,
R/ spare us, O Lord,

Lamb of God, who take away the sins of the world,
R/ graciously hear us, O Lord.

Lamb of God, who take away the sins of the world.
R/ have mercy on us.

Pray for us, O holy Mother of God.
R/ That we may be made worthy of the promises of Christ.

Let us pray.

Grant, we beg you, O Lord God, that we your servants, may enjoy lasting health of mind and body, and by the glorious intercession of the Blessed Mary, ever Virgin, be delivered from present sorrow and enter into the joy of eternal happiness. Through Christ our Lord.

R/ Amen.

Litany of St. Joseph
Approved by Pius X, March 18, 1909

Lord, have mercy. Lord, have mercy.
Christ, have mercy. Christ, have mercy.
Lord, have mercy. Lord, have mercy.
Christ, hear us. Christ graciously hear us.

God, the Father of Heaven, Have mercy on us.
God, the Son, Redeemer of the world,
God, the Holy Spirit,
Holy Trinity, one God,

Holy Mary, pray for us.
Saint Joseph, pray for us.
Renowned offspring of David,
Light of patriarchs,
Spouse of the Mother of God,
Chaste Guardian of the Virgin,
Foster-father of the Son of God,
Diligent protector of Christ,
Head of the Holy Family,
Joseph most just,
Joseph most chaste,
Joseph most prudent,
Joseph most strong,
Joseph most obedient,
Joseph most faithful,
Mirror of patience,
Lover of poverty,
Model of artisans,
Glory of home life,
Guardian of virgins,
Pillar of families,
Solace of the wretched,
Hope of the sick,
Patron of the dying,
Terror of demons,
Protector of holy Church,

Lamb of God, who takes away the sins of the world, Spare us, O Lord.
Lamb of God, who takes away the sins of the world, Graciously hear us, O Lord.
Lamb of God, who takes away the sins of the world, Have mercy on us.

He made him lord of His house; And ruler of all his substance.

Let us pray. O God, who in Your unspeakable providence did choose blessed Joseph to be the spouse of Your own most holy Mother; grant, we beg You, that we may deserve to have him for our intercessor in heaven, whom we reverence as our defender on earth; who lives and reigns forever and ever.

Amen.

Litany of the Seven Dolours of the Blessed Virgin Mary (For Passiontide)
by Cardinal Newman
LORD, have mercy.
Lord, have mercy.
Christ, have mercy.
Christ, have mercy.
Lord, have mercy.
Lord, have mercy.

Christ, hear us.
Christ, graciously hear us.

God the Father of Heaven, Have mercy on us.
God the Son, Redeemer of the world,
God the Holy Ghost,
Holy Trinity, one God,

Mother of sorrows, Pray for us.
Mother, whose soul was pierced by the sword,
Mother, who didst flee with Jesus into Egypt,
Mother, who didst seek Him sorrowing for three days,
Mother, who didst see Him scourged, and crowned with thorns,
Mother, who didst stand by Him whilst He hung upon the cross,
Mother, who didst receive Him into thine arms when He was dead,
Mother, who didst see Him buried in the tomb,

O Mary, Queen of Martyrs, Pray for us.
O Mary, comfort of the sorrowful,
O Mary, help of the weak,
O Mary, strength of the fearful,
O Mary, light of the desponding,
O Mary, nursing-mother of the sick,

O Mary, refuge of sinners, Save us by thy prayers.
Through the bitter passion of thy Son,
Through the piercing anguish of thy heart,
Through thy heavy weight of woe,
Through thy sadness and desolation,
Through thy maternal pity,
Through thy perfect resignation,
Through thy meritorious prayers,
From immoderate sadness,
From a cowardly spirit,
From an impatient temper,
From fretfulness and discontent,
From sullenness and gloom,
From despair and unbelief,
From final impenitence,
We sinners, Beseech thee, hear us.
Preserve us from sudden death, We beseech thee, hear us.
Teach us how to die,
Succour us in our last agony,
Guard us from the enemy,
Bring us to a happy end,
Gain for us the gift of perseverance,
Aid us before the judgment seat,
Spare us, O Lord.

Litany of Our Lady of Seven Sorrows (alternate)

Lord, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us.
Christ, hear us.
Christ, graciously hear us.

Litany of Our Lady of Seven Sorrows (alternate)

Lord, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us.
Christ, hear us.
Christ, graciously hear us.
God, the Father of heaven,
*Have mercy on us.*
God the Son, Redeemer of the world,
*Have mercy on us.*
God the Holy Ghost,
*Have mercy on us.*

Holy Mary, Mother of God,
*Response: pray for us.*

Holy Virgin of virgins,
Mother of the Crucified,
Sorrowful Mother,
Mournful Mother,
Sighing Mother,
Afflicted Mother,
Foresaken Mother,
Desolate Mother,

Mother most sad,
Mother set around with anguish,
Mother overwhelmed by grief,
Mother transfixed by a sword,
Mother crucified in thy heart,
Mother bereaved of thy Son,

Sighing Dove,
Mother of Dolors,
Fount of tears,
Sea of bitterness,
Field of tribulation,
Mass of suffering,
Mirror of patience,
Rock of constancy,
Remedy in perplexity,
Joy of the afflicted,
Ark of the desolate,
Refuge of the abandoned,
Shield of the oppressed,
Conqueror of the incredulous,
Solace of the wretched,
Medicine of the sick,
Help of the faint,
Strength of the weak,
Protectress of those who fight,
Haven of the shipwrecked,
Calmer of tempests,
Companion of the sorrowful,
Retreat of those who groan,
Terror of the treacherous,
Standard-bearer of the Martyrs,
Treasure of the Faithful,
Light of Confessors,
Pearl of Virgins,
Comfort of Widows,
Joy of all Saints,
Queen of thy Servants,
Holy Mary, who alone art unexampled,

Pray for us, most Sorrowful Virgin,
That we may be made worthy of the promises of Christ.

O God, in whose Passion, according to the prophecy of Simeon, a sword of grief pierced through the most sweet soul of Thy glorious Blessed Virgin Mother Mary: grant that we, who celebrate the memory of her Seven Sorrows, may obtain the happy effect of Thy Passion, Who lives and reigns world without end. Amen.

- Pope Pius VII, composed while in captivity by Napoleon.

Consecration to Our Lady of Sorrows
from The Servite Manual

Most holy Virgin and Queen of Martyrs, Mary, would that I could be in Heaven, there to contemplate the honors rendered to thee by the Most Holy Trinity and by the whole Heavenly Court! But since I am still a pilgrim in this vale of tears, receive from me, thy unworthy servant and a poor sinner, the most sincere homage and the most perfect act of vassalage a human creature can offer thee. In thy Immaculate Heart, pierced with so many swords of sorrow, I place today my poor soul forever; receive me as a partaker in thy dolors, and never suffer that I should depart from that Cross on which thy only begotten Son expired for me. With thee, O Mary, I will endure all the sufferings, contradictions, infirmities, with which it will please thy Divine Son to visit me in this life. All of them I offer to thee, in memory of the Dolors which thou didst suffer during thy life, that every thought of my mind, every beating of my heart may henceforward be an act of compassion to thy Sorrows, and of complacency for the glory thou now enjoyest in Heaven. Since then, O Dear Mother, I now compassionate thy Dolors, and rejoice in seeing thee glorified, do thou also have compassion on me, and reconcile me to thy Son Jesus, that I may become thy true and loyal son (daughter); come on my last day and assist me in my last agony, even as thou wert present at the Agony of thy Divine Son Jesus, that from this painful exile I may go to Heaven, there to be made partaker of thy glory. Amen.

Litany to Old Testament Saints
Lord, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us. Christ, hear us.
Christ, graciously hear us.

God the Father of Heaven, Have mercy on us.
God the Son, Redeemer of the world,
God the Holy Spirit,
Holy Trinity, One God,
God of Abraham,
God of Bethel, (El Bethel)
Mighty One of Jacob,
God of Abraham, Isaac and Jacob,
God Almighty, (El Shaddai)
God the Most High, (El-Elyon)
Yahweh,

Archangel Michael, Pray for us. (etc.)
Archangel Gabriel,
Archangel Raphael,
All you holy angels and archangels,

Noah,
All you holy people before the flood,
Abraham,
Isaac,
Jacob,
Joseph,
All you holy patriarchs,
Aaron,
All you holy priests,
Moses,
Joshua,
All you holy leaders,
David,
All you holy kings,
Job,
Tobit,
All you holy men,

Sarah,
Rebecca,
Rachel,
Miriam,
Deborah,
Ruth,
Hannah,
Judith,
Esther,
All you holy women,

Samuel,
Jeremiah,
Ezekiel,
Daniel,
Malachias,
Elijah,
Elisha,
All you holy prophets,

Abel,
Eleazar,
Ananias,
Azarias,
Misael,
All you holy martyrs and heroic witnesses,

All you holy men and women, Old Testament saints of God,
Make intercession for us.
Be merciful,
Spare us, O Lord.
Be merciful,
Graciously hear us, O Lord.

From all evil, O Lord, deliver us.
From all sin,
From breaking Your Commandments,
From falling away from the Faith,
From doubting Your Word,
From denying Your Name,
From fear of proclaiming Your Name,
From lack of sincere repentance,
From losing hope,
From fear of fraternal correction,
From doubt of Your Power,
From all false desires,
From lack of zeal in Your service,

We sinners, We implore You, hear us.
That we continue to walk by faith,
That we witness to You regardless of human respect,
That we grow in love for Your Holy Word,
That we appreciate the blessing of having children,
That we overcome evil by the power of good,
That we who have more respond more,
That the Jewish nation will recognize You,
That all non-Christians will come to the Light,
That You would give eternal rest to the faithful departed,
That You would grant my special intention,

Lamb of God, Who takes away the sins of the world,
Spare us, O Lord.

Lamb of God, Who takes away the sins of the world,
Graciously hear us, O Lord.

Lamb of God, Who takes away the sins of the world,
Have mercy on us. Amen.

**Litany of the Saints with Additions**

Lord, have mercy.
Christ, have mercy.
Lord, have mercy.

Jesus, hear us. Jesus, graciously hear us.
God, the Father of Heaven, have mercy on us.
God, the Son, Redeemer of the world. have mercy on us.
God, the Holy Spirit, have mercy on us.
Holy Trinity, One God, have mercy on us.

*Response for all: pray for us.*

Holy Mary,
Holy Mother of God,
Holy Virgin of virgins,
St. Michael,
St. Gabriel,
St. Raphael,
All you holy Angels and Archangels,
All you holy orders of blessed Spirits,
St. John the Baptist,
St. Joseph,
All you holy Patriarchs and Prophets,
St. Peter,
St. Paul,
St. Andrew,
St. James,
St. John,
St. Thomas,
St. James,
St. Philip,
St. Bartholomew,
St. Matthew,
St. Simon,
St. Thaddeus,
St. Matthias,
St. Barnabas,
St. Luke,
St. Mark,
All you holy Apostles and Evangelists,
All you holy Disciples of the Lord,
All you holy Innocents,
St. Stephen,
St. Lawrence,
St. Vincent,
Sts. Fabian and Sebastian,
Sts. John and Paul,
Sts. Cosmas and Damian,
Sts. Gervase and Protase,
All you holy Martyrs,
St. Sylvester,
St. Gregory,
St. Ambrose,
St. Augustine,
St. Jerome,
St. Martin,
St. Nicholas,
All you holy Bishops and Confessors,
All you holy Doctors,
St. Anthony,
St. Benedict,
St. Bernard,
St. Dominic,
St. Francis,
All you holy Monks and Hermits,

St. Mary Magdalen,
St. Agatha,
St. Lucy,
St. Agnes,
St. Cecilia,
St. Catherine,
St. Anastasia,
All you holy Virgins and Widows,

All you Holy Men and Women, Saints of God make intercession for us.

Be merciful, spare us, O Lord.
Be merciful, graciously hear us, O Lord.

Response for all: O Lord, deliver us.
From all evil,
From all sin,
From your wrath,
From sudden and unprovided death,
From the snares of the devil,
From anger, and hatred, and all ill-will,
From the spirit of fornication,
From lightning and tempest,
From the scourge of earthquake,
From plague, famine and war,
From everlasting death,

Through the mystery of your holy Incarnation,
Through your Coming,
Through your Nativity,
Through your Baptism and holy Fasting,
Through you Cross and Passion,
Through your Death and Burial,
Through your admirable Ascension,
Through the coming of the Holy Spirit, the Paraclete,
In the day of judgment,

Response for all: We beseech you, hear us.

We sinners,
That you would spare us,
That you would pardon us,
That you would bring us to true penance,
That you would deign to govern and preserve your holy Church,
That you would deign to preserve our Apostolic Prelate, and all orders of the Church in holy religion,
That you would deign to humble the enemies of Holy Church,
That you would deign to give peace and true concord to Christian kings and princes,
That you would deign to grant peace and unity to all Christian people,
That you would deign to call back to the unity of the Church all who have strayed from the truth and lead all unbelievers to the light of the Gospel,
That you would deign to confirm and preserve us in your holy service,
That you would lift up our minds to heavenly desires,
That you would render eternal blessings to all our benefactors,
That you would deliver our souls and the souls of our brethren, relations and benefactors,
from eternal damnation,
That you would deign to give and preserve the fruits of the earth,
That you would deign to grant eternal rest to all the faithful departed.
That you would deign graciously to hear us,
Son of God,

Lamb of God, who take away the sins of the world, 
spare us, O Lord.
Lamb of God, who take away the sins of the world, 
graciously hear us, O Lord.
Lamb of God, who take away the sins of the world, 
have mercy on us.

Christ, hear us. Christ, graciously hear us.
Lord, have mercy. Christ, have mercy.
Lord, have mercy.

Our Father, etc.

V/ And lead us not into temptation.
R/ But deliver us from evil

Psalm 69

Deign, O Lord, to rescue me; O Lord, make haste to help me.
Let them be put to shame and confounded who seek my life.
Let them be turned back in disgrace who desire my ruin.
Let them retire in their shame who say to me, "Aha, aha!"
But may all who seek you exult and be glad in you,
And may those who love your salvation say ever, "God be glorified!"
But I am afflicted and poor; O God, hasten to me!
You are my help and my deliverer; O Lord, hold not back!
Glory be to the Father, and to the Son, and to the Holy spirit.
As it was in the beginning, is now, and ever shall be, world without end. Amen.
Save your servants.
Who trust in you, O my God.
Be a tower of strength for us, O Lord,
Against the attack of the enemy.
Let not the enemy prevail against us.
And let not the son of evil dare to harm us.
O Lord, deal not with us according to our sins.
Neither requite us according to our iniquities.
Let us pray for our Sovereign Pontiff N.
The Lord preserve him, and give him life, and make him blessed upon the earth, and
deliver him not up to the will of his enemies.
Let us pray for our benefactors.
Deign, O Lord, for Your name's sake, to reward with eternal life all those who do us good. Amen.
Let us pray for the faithful departed.
Eternal rest give to them O Lord; and let perpetual light shine upon them.
May they rest in peace.
Amen.

For our absent brethren.
Save your servants, who trust in you, my God.
Send them help, O Lord, from your sanctuary.
And sustain them from Zion.
O Lord, hear my prayer.
And let my cry come to you.
The Lord be with you.
And with your spirit.

Let us pray

O God, whose property is always to have mercy and to spare, receive our petition, that we, and all your servants who are bound by the chains of sin, may, by the compassion of your goodness, be mercifully absolved.
Graciously hear, we beg you, O Lord, the prayers of your suppliants, and pardon the sins of those who confess to you, that in your bounty you may grant us both pardon and peace.
In your clemency, O Lord, show us your ineffable mercy, that you may both free us from all our sins, and deliver us from the punishments which we deserve for them.

O God, who by sin are offended and by penance pacified, mercifully regard the prayers of your suppliant people, and turn away the scourges of your anger, which we deserve for our sins.
Almighty, everlasting God, have mercy upon your servant N., our Sovereign Pontiff, and direct him according to your clemency into the way of everlasting salvation, that by your grace he may desire those things that are pleasing to you, and perform them with all his strength.

O God, from whom are holy desires, good counsels, and just works, give to your servants that peace which the world cannot give, that our hearts be set to keep your commandments, and that, being removed from the fear of our enemies, we may pass our time in peace under your protection.
Burn our desires and our hearts with the fire of the Holy Spirit, O Lord, that we may serve you with a chaste body, and with a clean heart be pleasing to you.

O God, the Creator and Redeemer of all the faithful, grant to the souls of your servants and handmaids the remission of all their sins, that, through devout prayers, they may obtain the pardon which they always desired.
Direct, we beg you, O Lord, our actions by your holy inspirations, and carry them on by
your gracious assistance, that every prayer and work of ours may begin always with you, and through you be happily ended.
Almighty and everlasting God, you have dominion over the living and the dead, and you are merciful to all who you foreknow will be yours by faith and good works; we humbly beg you that those for whom we intend to pour forth our prayers, whether this present world still detain them in the flesh, or the world to come has already received them out of their bodies, may, through the intercession of all Saints, by the clemency of your goodness, obtain the remission of all their sins. Through Christ our Lord. Amen.

O Lord, hear my prayer.
And let my cry come to you.
May the almighty and merciful Lord graciously hear us.
Amen.

And may the souls of the faithful departed, through the mercy of God, rest in peace.

Amen.

**Litany of the Passion**
*(For private devotion.)*

LORD, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us.
Christ, hear us. Christ, graciously hear us.

R: have mercy on us.

God, the Father of heaven,
God, the Son, Redeemer of the world,
God, the Holy Ghost,
Holy Trinity, one God,

Jesus, the Eternal Wisdom,
Jesus, sold for thirty pieces of silver,
Jesus, prostrate on the ground in prayer,
Jesus, strengthened by an angel,
Jesus, in Thine agony bathed in a bloody sweat,
Jesus, betrayed by Judas with a kiss,
Jesus, bound by the soldiers,
Jesus, forsaken by Your disciples,
Jesus, brought before Annas and Caiphas.
Jesus, struck in the face by a servant,
Jesus, accused by false witnesses,
Jesus, declared guilty of death,
Jesus, spat upon,
Jesus, blindfolded,
Jesus, smitten on the cheek,
Jesus, thrice denied by Peter,
Jesus, delivered up to Pilate,
Jesus, despised and mocked by Herod,
Jesus, clothed in a white garment,
Jesus, rejected for Barabbas,
Jesus, torn with scourges,
Jesus, bruised for our sin,
Jesus, esteemed a leper,
Jesus, covered with a purple robe,
Jesus, crowned with thorns
Jesus, struck with a reed upon the head,
Jesus, demanded for crucifixion by the Jews,
Jesus, condemned to an ignominious death,
Jesus, given up to the will of Thine enemies,
Jesus, loaded with the heavy weight of the cross,
Jesus, led like a sheep to the slaughter,
Jesus, stripped of Your garments,
Jesus, fastened with nails to the cross,
Jesus, reviled by the malefactors,
Jesus, promising paradise to the penitent thief,
Jesus, commending St. John to Your Mother as her son,
Jesus, declaring Yourself forsaken by Your Father,
Jesus, in Your thirst given gall and vinegar to drink,
Jesus, testifying that all things written concerning Thee were accomplished,
Jesus, commending Your spirit into the hand of Your Father,
Jesus, obedient even to the death of the cross,
Jesus, pierced with a lance,
Jesus, made a propitiation for us,
Jesus, taken down from the cross,
Jesus, laid in the sepulcher,
Jesus, rising gloriously from the dead,
Jesus, ascending into heaven,
Jesus, our advocate with the Father,
Jesus, sending down on Your disciples the Holy Ghost, the Paraclete,
Jesus, exalting Your Mother above the choirs of angels,
Jesus, Who shalt come to judge the living and the dead,

Be merciful, Spare us, 0 Lord.
Be merciful, Graciously hear us, 0 Lord.

From all evil,
From all sin,
From anger, hatred, and every evil will,
From war, famine, and pestilence,
From all dangers of mind and body,  
From everlasting death,  
Through Your most pure conception,  
Through Your miraculous nativity,  
Through Your humble circumcision  
Through Your baptism and holy fasting,  
Through Your labors and watchings,  
Through Your cruel scourging and crowning,  
Through Your thirst, and tears, and nakedness,  
Through Your precious death and cross,  
Through Your glorious resurrection and ascension,  

R: Lord Jesus, deliver us.

Through Your sending forth the Holy Ghost, the Paraclete,  
In the day of judgment,  
We sinners beseech Thee, hear us.

R: We beseech Thee, hear us.

That Thou would spare us,  
That Thou would pardon us,  
That Thou would vouchsafe to bring us to true penance,  
That Thou would vouchsafe mercifully to pour into our hearts the grace of the Holy Spirit,  
That Thou would vouchsafe to defend and propagate Your holy Church,  
That Thou would vouchsafe to preserve and increase all societies assembled in Your holy name,  
That Thou would vouchsafe to bestow upon us true peace,  
That Thou would vouchsafe to give us perseverance in grace and in Your holy service,  
That Thou would vouchsafe to deliver us from unclean thoughts, the temptations of the devil, and everlasting damnation,  
That Thou would vouchsafe to unite us to the company of Your saints,  
That Thou would vouchsafe graciously to hear us,

Lamb of God, Who takest away the sins of the world, Spare us, 0 Lord.  
Lamb of God, Who takes away the sins of the world, Graciously hear us, 0 Lord.  
Lamb of God, Who takes away the sins of the world, Have mercy on us, 0 Lord.  
Christ, hear us; Christ, graciously hear us.

V. We adore Thee, 0 Christ, and praise Thee:  
R. Because by Your holy cross Thou hast redeemed the world

Let Us Pray

ALMIGHTY and eternal God, Who hast appointed Thine only-begotten Son the Savior
of the world, and hast willed to be appeased with His blood, grant that we may so venerate this price of our salvation, and by its might be so defended upon earth from the evils of this present life, that in heaven we may rejoice in its everlasting fruit. Who lives and reigns with Thee in the unity of the Holy Ghost, world without end.

Amen.

Litany of the Sacred Heart of Jesus

Lord, have mercy Lord, have mercy.
Christ, have mercy Christ, have mercy.
Lord, have mercy Lord, have mercy.

Christ, hear us Christ, hear us.
Christ, graciously hear us. Christ, graciously hear us.

God the Father of Heaven, have mercy on us.
God the Son, Redeemer of the world, have mercy on us.
God, the Holy Spirit, have mercy on us.
Holy Trinity, One God, have mercy on us.

Heart of Jesus, Son of the Eternal Father, have mercy on us.
Heart of Jesus, formed by the Holy Spirit in the womb of the Virgin Mother,
Heart of Jesus, substantially united to the Word of God,
Heart of Jesus, of Infinite Majesty,
Heart of Jesus, Sacred Temple of God,
Heart of Jesus, Tabernacle of the Most High,
Heart of Jesus, House of God and Gate of Heaven,
Heart of Jesus, burning furnace of charity,
Heart of Jesus, abode of justice and love,
Heart of Jesus, full of goodness and love,
Heart of Jesus, abyss of all virtues,
Heart of Jesus, most worthy of all praise,
Heart of Jesus, king and center of all hearts,
Heart of Jesus, in whom are all treasures of wisdom and knowledge,
Heart of Jesus, in whom dwells the fullness of divinity,
Heart of Jesus, in whom the Father was well pleased,
Heart of Jesus, of whose fullness we have all received,
Heart of Jesus, desire of the everlasting hills,
Heart of Jesus, patient and most merciful,
Heart of Jesus, enriching all who invoke Thee,
Heart of Jesus, fountain of life and holiness,
Heart of Jesus, propitiation for our sins,
Heart of Jesus, loaded down with opprobrium,
Heart of Jesus, bruised for our offenses,
Heart of Jesus, obedient to death,
Heart of Jesus, pierced with a lance,
Heart of Jesus, source of all consolation,
Heart of Jesus, our life and resurrection,
Heart of Jesus, our peace and our reconciliation,
Heart of Jesus, victim for our sins,
Heart of Jesus, salvation of those who trust in Thee,
Heart of Jesus, hope of those who die in Thee,
Heart of Jesus, delight of all the Saints.

Lamb of God, who taketh away the sins of the world, spare us, O Lord.
Lamb of God, who taketh away the sins of the world, graciously hear us, O Lord.
Lamb of God, who taketh away the sins of the world, have mercy on us, O Lord.

V. Jesus, meek and humble of heart.
R. Make our hearts like to Thine.

Let us pray

Almighty and eternal God, look upon the Heart of Thy most beloved Son and upon the praises and satisfaction which He offers Thee in the name of sinners; and to those who implore Thy mercy, in Thy great goodness, grant forgiveness in the name of the same Jesus Christ, Thy Son, who livest and reignest with Thee forever and ever. Amen.

Litaniæ Cordis Sanctæ Iesu
(Litany of the Sacred Heart of Jesus)

Kyrie, eleison Kyrie, eleison.
Christe, eleison Christe, eleison.
Kyrie, eleison Kyrie, eleison.

Christe, audi nos Christe, audi nos.
Christe, exaudi nos. Christe, exaudi nos.

Pater de cælis, Deus, miserere nobis.
Fili, Redemptor mundi, Deus, miserere nobis.
Spiritus Sancte, Deus, miserere nobis.
Sancta Trinitas, unus Deus, miserere nobis.

Cor Iesu, Filii Patris æterni, miserere nobis.
Cor Iesu, in sinu Virginis Matris a Spiritu Sancto formatum,
Cor Iesu, Verbo Dei substantialiter unitum,
Cor Iesu, maiestatis inifinitæ,
Cor Iesu, templum Dei sanctum,
Cor Iesu, tabernaculum Altissimi,.
Cor Iesu, domus Dei et porta caeli,
Cor Iesu, fornaix ardens caritatis,
Cor Iesu, iustitiæ et amoris receptaculum,
Cor Iesu, bonitate et amore plenum,
Cor Iesu, virtutem omnium abyssus,
Cor Iesu, omni laude dignissimum,
Cor Iesu, rex et centrum omnium cordium,
Cor Iesu, in quo sunt omnes thesauri sapientiæ et scientiæ,
Cor Iesu, in quo habitat omnis plenitudine divinitatis,
Cor Iesu, in quo Pater sibi bene complacuit,
Cor Iesu, de cuius plenitudine omnes nos accepiimus,
Cor Iesu, desiderium collium æternorum,
Cor Iesu, patiens et multæ misericordiæ,
Cor Iesu, dives in omnes qui invocant te,
Cor Iesu, fons vitae et sanctitatis,
Cor Iesu, propitiatio pro peccatis nostris,
Cor Iesu, saturatum opprobriis,
Cor Iesu, attritum propter scelera nostra,
Cor Iesu, usque ad mortem obediens factum,
Cor Iesu, lancea perforatum,
Cor Iesu, fons totius consolationis,
Cor Iesu, vita et resurrectione nostra,
Cor Iesu, pax et reconciliatio nostra,
Cor Iesu, victima peccatorum,
Cor Iesu, salus in te sperantium,
Cor Iesu, spes in te morientium,
Cor Iesu, deliciæ Sanctorum omnium,

Agnus Dei, qui tollis peccata mundi, parce nobis, Domine.
Agnus Dei, qui tollis peccata mundi, exaudi nos, Domine.
Agnus Dei, qui tollis peccata mundi, miserere nobis, Domine.

V. Iesu, mitis et humilis Corde,
R. Fac cor nostrum secundum Cor tuum.

Oremus

Omnipotens sempiterne Deus, respice in Cor dilectissimi Filii tui et in laudes et satisfactiones, quas in nomine peccatorum tibi persolvit, isque misericordiam tuam petentibus, tu veniam concede placatus in nomine eiusdem Filii tui Iesu Christi: Qui tecum vivit et regnat in sæcula sæculorum. Amen.

Litany of Christ the King
(from Kyrie Eleison, by Benjamin Francis Musser, O.F.M., The Magnificat Press)

*Antiphon: The Lamb that was slain is worthy to receive power and divinity and wisdom and strength and honor: to Him be glory, and empire for ever and ever.
V. He shall rule from sea to sea, and from the river to the ends of the earth.
R. All kings shall adore Him, all nations shall serve Him.

Lord, have mercy upon us.
Christ, have mercy upon us.

Lord, have mercy upon us. Christ the King, hear us.
Christ the King, graciously hear us.

Who didst receive crowns and tribute from the Magi,
R: May all nations serve Thee, O Lord.

Who rulest by love the Holy Family of Nazareth,  
Who, as King, served Thy people in the example of filial obedience,  
Who drawest to Thy realm the fishermen to be fishers of men,  
Whose Kingdom is not of the spirit of this world,  
Who art King not of the Jews alone but of all creation,  
Who wast mocked in false purple by the little rulers,  
Who wast crowned with piercing thorns,  
Who wast nailed to Thy throne on Golgotha,  
Who didst ransom Thy people by the royal Sacrifice of Calvary,  
Who didst purchase Thy Kingdom with the Blood of the Atonement,  
Who in Thy Resurrection wert the First-born from the dead,  
Who in Thy glorified body art risen triumphant,  
Who art throned and crowned at the right hand of Thy Father,  
In Whom are all created things in heaven and on earth, visible and invisible,  
Beneath Whom are all thrones and dominations,  
Beneath Whom are all principalities and powers,  
By Whom all things consist,  
To Whom all the nations of the earth are subject,

Through Whom all things are reconciled unto Thy Father,  
V. His power shall be an everlasting power,  
R. And His Kingdom a kingdom that shall not be destroyed.

That the peoples of this world may know themselves subject to Thee,  
R: We Beseech Thee, hear us.

That they may put off their vainglory,  
That they may dispel the evils laicism has brought upon society,  
That they may hearken to Thy fiat,  
That they may bow their heads before Thee,  
That they may know Thy reign is eternal,  
That they may submit to Thy just and gentle rule,  
That they may recognize Thy Vicar on earth,  
That they may freely accept his rule for Thy sake,
That they may know that Thy Church, being Thee Thyself, cannot die as nations die,
That the Gentiles may be restored to mercy,
That to Christ the King all things may be restored,

That in the Prince of Peace true peace may by all be found,
Lamb of God, Who takest away the sins of the world:
*Spare us, O Christ our King.*

Lamb of God, Who takest away the sins of the world:
*Hear us, O Christ our King.*

Lamb of God, Who takest away the sins of the world:
*Have mercy on us.*

V. His power shall be an everlasting power, which shall not be taken away:
R. And His Kingdom that shall not decay. Alleluia.

Let us pray. Almighty, everlasting God, Who in Thy beloved Son, King of the whole
world, hast willed to restore all things anew: grant in Thy mercy that all the families of
nations, rent asunder by the wound of sin, may be subjected to His most gentle rule. Who
with Thee liveth and reigneth in the unity of the Holy Ghost, God, world without end,

R. *Amen.*

**Litany to the Love of God**
*by Brother John Raymond*

Lord have mercy on us.
*Christ have mercy on us.*

Lord, have mercy on us.
Christ, hear us.
*Christ, graciously hear us.*

God the Father of Heaven,
**Response:** Have mercy on us.

God the Son, Redeemer of the world,
God the Holy Spirit,
Holy Trinity, One God,

You Who are Infinite Love,
**Response:** I love You, O my God.

You Who did first love me,
You Who did command me to love You,
With all my heart,
With all my soul,
With all my mind,
With all my strength,

Above all possessions and honor,
Above all pleasures and enjoyments,

More than myself and all that belongs to me,
More than all my relatives and friends,
More than all men and angels,

Above all created things in Heaven or on earth,
Only for Yourself,

Because You are the sovereign Good,
Because You are infinitely worthy of being loved,
Because You are infinitely perfect,

Even had You not promised me Heaven,
Even had You not menaced me with Hell,
Even should You try me by want and misfortune,

In wealth and in poverty,
In prosperity and in adversity,
In health and in sickness,
In life and in death,
In time and in eternity,

In union with the love by which all the Saints and all the Angels love You in Heaven,
In union with that love by which the Blessed Virgin Mary loves You,
In union with that infinite love by which You love Yourself eternally,

My God, Who does possess in incomprehensible abundance all that is perfect and worthy of love, annihilate in me all guilty, sensual and undue love for creatures; kindle in my heart the pure flame of Your love, so that I may love nothing but You or in You, until, being entirely consumed by holy love of You, I may go to love You eternally with the elect in Heaven, the country of pure love. Amen.

Litany of the Most Precious Blood

Lord, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us; Christ hear us.
Christ, graciously hear us.
God, the Father of heaven, have mercy on us.
God, the Son, Redeemer of the world, have mercy on us.
God, the Holy Spirit, have mercy on us.
Holy Trinity, One God, have mercy on us.

Blood of Christ, only-begotten Son of the Eternal Father, save us.
Blood of Christ, Incarnate Word of God,
Blood of Christ, of the New and Eternal Testament,
Blood of Christ, falling upon the earth in the agony,
Blood of Christ, shed profusely in the scourging,
Blood of Christ, flowing forth in the crowning with thorns,
Blood of Christ, poured out on the cross,
Blood of Christ, price of our salvation,
Blood of Christ, without which there is no forgiveness,
Blood of Christ, Eucharistic drink and refreshment of souls,
Blood of Christ, stream of mercy,
Blood of Christ, victor over demons,
Blood of Christ, courage of martyrs,
Blood of Christ, strength of confessors,
Blood of Christ, bringing forth virgins,
Blood of Christ, help of those in peril,
Blood of Christ, relief of the burdened,
Blood of Christ, solace in sorrow,
Blood of Christ, hope of the penitent,
Blood of Christ, consolation of the dying,
Blood of Christ, peace and tenderness of hearts,
Blood of Christ, pledge of eternal life,
Blood of Christ, freeing souls from purgatory,
Blood of Christ, most worthy of all glory and honor,

Lamb of God, who take away the sins of the world,
spare us, O Lord.
Lamb of God, who take away the sins of the world,
graciously hear us, O Lord.
Lamb of God, who take away the sins of the world,
have mercy on us.

You have redeemed us, O Lord, in your blood.
And made us, for our God, a kingdom.

Let us pray

Father, by the blood of your own Son,
you have set all people free
and saved us from death.
Continue your work of love within us,
that by constantly celebrating the mystery of our salvation,
we may reach the eternal life it promises.
We ask this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
one God, for ever and ever. Amen.

Litaniæ Pretiosissimi Sanguinis Domini Nostri Iesu Christi
(Litany of the Most Precious Blood of Our Lord Jesus Christ)

Kyrie, eleison Kyrie, eleison.
Christe, eleison Christe, eleison.
Kyrie, eleison Kyrie, eleison.

Christe, audi nos Christe, audi nos.
Christe, exaudi nos. Christe, exaudi nos.

Pater de cælis, Deus, miserere nobis.
Fili, Redemptor mundi, Deus,
Spiritus Sancte, Deus,
Sancta Trinitas, unus Deus,

Sanguis Christi, Unigeniti Patris æterni, salva nos.
Sanguis Christi, Verbi Dei incarnati,
Sanguis Christi, Novi et æterni Testamenti,
Sanguis Christi, in agonia decurrens in terram,
Sanguis Christi, in flagellatione profluens,
Sanguis Christi, in coronatione spinarum emanans,
Sanguis Christi, in Cruce effusus,
Sanguis Christi, pretium nostræ salutis,
Sanguis Christi, sine quo non fit remissio,
Sanguis Christi, in Eucharistia potus et lavacrum animarum,
Sanguis Christi, flumen misericordiæ,
Sanguis Christi, victor daemonum,
Sanguis Christi, fortitudo martyrum,
Sanguis Christi, virtus confessorum,
Sanguis Christi, germinans virgines,
Sanguis Christi, robur periclitantium,
Sanguis Christi, levamen laborantium,
Sanguis Christi, in fletu solatium,
Sanguis Christi, spes poenitentium,
Sanguis Christi, solamen morientium,
Sanguis Christi, pax et dulcedo cordium,
Sanguis Christi, pignus vitae æternæ,
Sanguis Christi, animas liberans de lacu Purgatorii,
Sanguis Christi, omni gloria et honore dignissimus,
Agnus Dei, qui tollis peccata mundi, 

*parce nobis, Domine.*

Agnus Dei, qui tollis peccata mundi, 

*exaudi nos, Domine.*

Agnus Dei, qui tollis peccata mundi, 

*miserere nobis, Domine.*

V. redimisti nos, Domine, in sanguine tuo. 

*R. Et fecisti nos Deo nostro regnum.*

**Oremus**

Omnipotens semper Deus, qui unigenitum Filium tuum mundi Redemptorem constituisti, ac eius sanguine placari voluisti: concede, quæsumus, salutis nostræ pretium ita venerari, atque a præsentis vitæ malis eius virtute defendi in terris, ut fructu perpetuo lætemur in cælis. Per eundem Christum Dominum nostrum. Amen.

**11th Century Irish Litany of Mary**

Great Mary

Response: Pray for us

Greatest of Marys

Greatest of Women

Mother of Eternal Glory

Mother of the Golden Light

Honor of the Sky

Temple of the Divinity

Fountain of the Gardens

Serene as the Moon

Bright as the Sun

Garden Enclosed

Temple of the Living God

Light of Nazareth

Beauty of the World

Queen of Life

Ladder of Heaven

Mother of God

Amen.

**Litany of the Saints - Traditional**

*This is to believed to be the most ancient of the Church's litanies. St. Basil in the 4th century mentioned the litany (in a slightly different form). It was prescribed by Pope Gregory the Great in 590 A.D. for a public procession of thanksgiving after a plague that had ravaged Rome. Traditionally it has been used on Rogation Days, the Feast of St. Mark (April 25th), in the Mass of Ordination, before conferring of major orders, during forty hours’ devotion, and during religious profession.*
Lord, have mercy, Christ, have mercy.
Lord, have mercy, Christ, hear us. Christ, graciously hear us.

God, the Father of Heaven, have mercy on us.
God, the Redeemer of the world, have mercy on us.
God, the Holy Spirit, have mercy on us.

Holy Trinity, one God, have mercy on us.
Holy Mary, pray for us.
Holy Virgin of Virgins, pray for us.

St. Michael, pray for us.
St. Gabriel, pray for us.
St. Raphael, pray for us.

All holy angels and archangels, pray for us.
All holy orders of blessed spirits, pray for us.

St. John the Baptist, pray for us.
St. Joseph, pray for us.

All holy patriarchs and prophets, pray for us.

St. Peter, pray for us.
St. Paul, pray for us.
St. Andrew, pray for us.
St. James, pray for us.
St. John, pray for us.
St. Thomas, pray for us.
St. Philip, pray for us.
St. Bartholomew, pray for us.
St. Matthew, pray for us.
St. Simon, pray for us.
St. Thaddeus, pray for us.
St. Matthias, pray for us.
St. Barnabas, pray for us.
St. Luke, pray for us.
St. Mark, pray for us.

All holy apostles and evangelists, pray for us.
All holy disciples of the Lord, pray for us.
All holy innocents, pray for us.

St. Stephen, pray for us.
St. Lawrence, pray for us.
St. Vincent, *pray for us.*
SS. Fabian and Sebastian, *pray for us.*
SS. John and Paul, *pray for us.*
SS. Cosmos and Damian, *pray for us.*
SS. Gervase and Protase, *pray for us.*

All Holy Martyrs, *pray for us.*

St. Sylvester, *pray for us.*
St. Gregory, *pray for us.*
St. Ambrose, *pray for us.*
St. Augustine, *pray for us.*
St. Jerome, *pray for us.*
St. Martin, *pray for us.*
St. Nicholas, *pray for us.*

All holy bishops and confessors, *pray for us.*
All holy doctors, *pray for us.*

St. Anthony, *pray for us.*
St. Benedict, *pray for us.*
St. Bernard, *pray for us.*
St. Francis, *pray for us.*

All holy priests and Levites, *pray for us.*
All holy monks and hermits, *pray for us.*

St. Mary Magdalen, *pray for us.*
St. Agatha, *pray for us.*
St. Lucy, *pray for us.*
St. Agnes, *pray for us.*
St. Cecelia, *pray for us.*
St. Catherine, *pray for us.*
St. Anastasia, *pray for us.*

All holy virgins and windows, *pray for us.*
All holy saints of God, *intercede for us.*

Be merciful, *spare us, O Lord.*
Be merciful, *graciously hear us, O Lord.*

From all evil, *deliver us, O Lord.*
From all sin, *deliver us, O Lord.*
From your wrath, *deliver us, O Lord.*
From sudden and provided death, *deliver us, O Lord.*
From the snare of the devil, *deliver us, O Lord.*
From anger, hatred, and all ill will, deliver us, O Lord.
From all lewdness, deliver us, O Lord.
From lightning and tempest, deliver us, O Lord.
From the scourge of earthquakes, deliver us, O Lord.
From the plague, famine, and war, deliver us, O Lord.
From everlasting death, deliver us, O Lord.

By the mystery of your holy incarnation, deliver us, O Lord.
By your coming, deliver us, O Lord.
By your birth, deliver us, O Lord.
By your baptism and holy fasting, deliver us, O Lord.
By your cross and passion, deliver us, O Lord.
By your holy resurrection, deliver us, O Lord.
By your wondrous ascension, deliver us, O Lord.
By the coming of the Holy Spirit, the Advocate, deliver us, O Lord.

On the day of judgement, deliver us, O Lord.
We sinners, we beg you to hear us.
That you spare us,
That you pardon us,
That you bring us to true penance,
That you govern and preserve your holy Church,
That you preserve our Holy Father and all ranks in the Church in holy religion,
That you humble the enemies of the holy Church,
That you give peace and true concord to all Christian rulers,
That you give peace and unity to the whole Christian world,
That you restore to the unity of the Church all who have strayed from the truth, and lead all unbelievers to the light of the Gospel,
That you confirm and preserve us in your holy service,
The you lift up our minds to heavenly desires,
That you grant everlasting blessings to all our benefactors,
That you deliver our souls and the souls of our brethren, relatives, and benefactors from everlasting damnation,
That you give and preserve the fruits of the earth,
That you grant eternal rest to all the faithful departed,
That you graciously hear us, Son of God.

Lamb of God, who takes away the sins of the world, spare us, O Lord.
Lamb of God, who takes away the sins of the world, spare us, O Lord.
Lamb of God, who takes away the sins of the world, have mercy on us.
Christ, hear us, Christ, graciously hear us.
Lord, have mercy. Christ have mercy. Lord have mercy

Let us pray.

From You, Lord come holiness in our desires, right thinking in our plans, and justice in
our actions. Grant Your children the peace which the world cannot give; then our hearts will be devoted to Your laws, we shall be delivered from the terrors of war, and under Your protection we shall be able to Live in tranquility. Amen.

**Litany of the Saints – Traditional Latin**

Kyrie, éléison.
Christe, éléison.
Kyrie, éléison.
Christe, audi nos.
Christe, axáudi nos.

Pater de caelis, Deus, miserére nobis.
Fili, Redémptor mundi, Deus, miserére nobis.
Spiritus Sancte, Deus, miserére nobis.
Sancta Trinitas, unus Deus, miserére nobis.

Sancta Maria, ora pro nobis.
Sancta Dei Génitrix,
Sancta Virgo virginum,
Sancte Michaël,
Sancte Gábriel,
Sancte Ráphaël,

Omnes sancti Angeli et Archángeli, oráte pro nobis.
Omnes sancti beatórum Spirituum órdines,

Sancte Joánnes Baptista, ora pro nobis
Sante Joseph,

Omnes sancti Patriárchae, et Prophétæ,
Sancte Petre,
Sancte Paule,
Sancte Andréa,
Sancte Jacóbe,
Sancte Joánnes,
Sancte Thoma,
Sancte Jacóbe,
Sancte Philippine,
Sancte Bartholomáee,
Sancte Mattháee,
Sancte Simon,
Sancte Thaddáee,
Sancte Matthia,
Sancte Bárnaba,
Sancte Luca,
Sancte Marce,

Omnes sancti Apóstoli et Evangelistae,
Omnes sancti Discipuli Dómini,
Omnes sancti Innocéntes,

Sancte Stéphane,
Sancte Laurénti,
Sancte Vincénti,
Sancti Fabiáne et Sebastiáne,
Sancti Joánnes et Paule,
Sancti Cosma et Damiáne,
Sancti Gervási et Protási,
Omnes sancti Mártýres,

Sancte Silvéster,
Sancte Gregóri,
Sancte Ambrósi,
Sancte Augustine,
Sancte Hierónyme,
Sancte Martine,
Sancte Nocoláe,
Omnes sancte Pontifices et Confessóres,
Omnes sancti Doctóres,

Sancte Antóni,
Sancte Benedicte,
Sancte Bernárde,
Sancte Dominice,
Sancte Francisce,
Omnes sancti Sacerdótes et Levitae,
Omnes sancti Mónachi et Eremitae,
Sancte Maria Magdaléna,
Sancta Agatha,
Sancta Lúcia,
Sancta Agnes,
Sancta Caecilia,
Sancta Catharina,
Sancta Anastásia,
Omnes sanctae Virgines et Víduae,
Omnes Sancti et Sanctae Dei, intercédite pro nobis.

Propitius esto, parce nobis, Dómini.
Propitius esto, exáudi nos, Dómini.
Ab omni malo, libera nos, Dómine.
Ab omni peccáto,
Ab ira tua,
A subitánea et improvisa morte,
Ab insidiis diáboli,
Ab ira, et ódio, et omni mala voluntáte,
A spiritu fornicatiónis,
A fulgure et tempestáte,
A flagéllo terraemótus,
A peste, fame et bello,
A morte perpétua,
Per mystérium sanctae incarnatiónis tuae,
Per advéntuum tuum,
Per nativitátem tuam,
Per baptismum, et sanctum jejúnium tuam,
Per crucem et passionem tuam,
Per mortem et sepultúram tuam,
Per sanctam, resurrectiónem tuam,
per advéntum Spiritus Sancti Parácliti,
In die judicii,

Peccatóres, te rogámus, audi nos.

Ut nobis parcas,
Ut nobis indúlgeas,
Ut ad veram paenitétiam nos perdúcere dignérís,
Ut Ecclésiam tuam sanctam † régere et conserváre dignérís,
Ut domnum Apostólicum et omnes ecclesiasticos órdines
† in sancta religioné conserváre dignáris,
Ut inimicos sanctae Ecclésiae † humiliáre dignérís,
Ut régibus et principibus Christiánís
† pacem, et veram concórdiam donáre dignérís,
Ut cuncto pópulo Christiáno † pacem et unitátem largiri dignérís,
Ut omnes errántes ad unitátem Ecclésiae revocáre,
et infidéles universos ad Evangélii lumen perdúcere dignérís.
Ut nosmetípos in tuo sancto servitio
† confortáre, et conserváre dignáris,
Ut mentes nostras † ad caeléstia desidéria érigas,
Ut ómnibus benefactóribus nostris † sempitérna bona retríbusas,
Ut ánimas nostras, † fratrum, propinquórum et benefactórum
† ab aetérna damnatióne erípias,
Ut fructus terrae † dare et conserváre dignáris,
Ut, ómnibus fidélibus defúnctis † réquiem aetérnam donáre dignérís,
Ut nos exaudire dignérís
Fili Dei,
Agnus Dei, qui tollis peccáta mundi, parce nobis, Dómine.
Agnus Dei, qui tollis peccáta mundi, Dómine,
Agnus Dei, qui tollis peccáta mundi, exáudi nos, Dómine,
Christe, audi nos.
Christe, exáudi nos.
Kyrie, eléison.
Christie, eléison.
Kyrie, eléison.
Pater noster...

V. Et ne nos indúcas in tentatiónem.
R. Sed libera nos a malo.

Litany of the Saints - Contemporary

Today, this used for solemn intercessions. Sections marked A and B indicate a choice between one or the other. Saints' names may be added according to the occasion (e.g. patron, Church title, founder). Likewise, petitions may be added according to the occasion.

I. Petitions to God

A

Lord, have mercy.  
Lord, have mercy.  
Christ, have mercy.  
Christ, have mercy.  
Lord, have mercy.  
Lord, have mercy.  

B

God our Father in heaven,  
have mercy on us.  
God the Son, our redeemer,  
have mercy on us.  
God the Holy Spirit,  
have mercy on us.  
Holy Trinity, one God,  
have mercy on us.

II. Petitions to the Saints

Holy Mary, pray for us.  
Mother of God,  
Most honored of all virgins,  
Michael, Gabriel and Raphael,  
Angels of God,

Prophets and Fathers of our Faith

St. Peter and St. Paul, pray for us.  
St. Andrew,  
St. John and St. James,
St. Thomas,
St. Matthew,
All holy apostles, pray for us.

St. Luke, pray for us.
St. Mark,
St. Barnabas,
St. Mary Magdalen,
All disciples of the Lord, pray for us.

Martyrs

St. Stephen, pray for us.
St. Ignatius, pray for us.
St. Polycarp, pray for us.
St. Justin, pray for us.
St. Lawrence, pray for us.
St. Cyprian, pray for us.
St. Boniface, pray for us.
St. Thomas Becket, pray for us.
St. John Fisher and St. Thomas More, pray for us.
St. Paul Miki, pray for us.
St. Isaac Jogues and St. John de Brebeuf, pray for us.
St. Peter Chanel, pray for us.
St. Charles Lwanga, pray for us.
St. Perpetua and St. Felicity, pray for us.
St. Agnes, pray for us.
St. Maria Goretti, pray for us.
All holy martyrs form Christ, pray for us.

Bishops and Doctors

St. Leo and St. Gregory, pray for us.
St. Ambrose, pray for us.
St. Jerome, pray for us.
St. Augustine, pray for us.
St. Athanasius, pray for us.
St. Basil and St. Gregory, pray for us.
St. John Chrysostom, pray for us.
St. Martin, pray for us.
St. Patrick, pray for us.
St. Cyril and St. Methodius, pray for us.
St. Charles Borromeo, pray for us.
St. Francis de Sales, pray for us.
St. Pius, pray for us.
Priests and Religious

St. Anthony, pray for us.
St. Benedict, pray for us.
St. Bernard, pray for us.
St. Francis and St. Dominic, pray for us.
St. Thomas Aquinas, pray for us.
St. Ignatius Loyola, pray for us.
St. Francis Xavier, pray for us.
St. Vincent de Paul, pray for us.
St. John Vianney, pray for us.
St. John Bosco, pray for us.
St. Catherine, pray for us.
St. Theresa, pray for us.
St. Rose, pray for us.

Laity

St. Lucy, pray for us.
St. Monica, pray for us.
St. Elizabeth, pray for us.
All holy men and women, pray for us.

III Petitions to Christ

Lord be merciful. Lord, save your people.

OR:

Christ, Son of the living God, have mercy on us.

From all evil,
From every sin,
From the snares of the devil,
From anger and hatred,
From every evil intention,
From everlasting death,
By your coming as man,
By your birth,
By your baptism,
By your suffering,
By your death and burial,
By your rising to new life,
By your return in glory to the Father,
By your gift of the Holy Spirit,
By your coming again in glory,
You came into this world,
You suffered for us on the cross,
You died to save us,
You lay in the tomb,
You rose from the dead,
You returned in glory to the Father,
You sent the Holy Spirit upon Your apostles,
You are seated at the right hand of the Father,
You will come again to judge the living and the dead.

IV. Petitions for Various Needs

Lord, be merciful to us. Lord, hear our prayer.
Give us repentance,
Strengthen us in your service,
Reward with eternal life all who do good to us,
Bless the fruits of the earth and of man's labor.

OR:

Lord, show us your kindness. Lord, hear our prayer.
Raise our thoughts and desires to you,
Save us from final damnation,
Save our friends and all who have helped us,
Grant eternal rest to all who have died in the faith,
Spare us from disease, hunger, and war,
Bring all peoples together in trust and peace.

Guide and protect you holy Church. Lord, hear our prayer.
Keep the pope and all the clergy in faithful service to your church,
Bring all Christians together in unity,
Lead all men to the light of Gospel.

Conclusion

Christ, hear us. Christ graciously hear us.
Lord Jesus, hear our prayer. Lord Jesus, hear our prayer

OR:

Lamb of God, you take away the sins of the world, have mercy on us.
Lamb of God, you take away the sins of the world, have mercy on us.
Lamb of God, you take away the sins of the world, have mercy on us.

Prayer
God of love, our strength and protection, hear the prayers of your Church. Grant that when we come to you faith, our prayers may be answered through Jesus Christ our Lord.

OR:

Lord God, you know our weakness. In your mercy grant that the example of your Saints may bring us back to love and serve you through Christ our Lord

Litany of St. Ignatius of Loyola
For private use only.

Lord, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us.

Christ, hear us.
Christ, graciously hear us.
God the Father of Heaven,
Have mercy on us.
God the Son, Redeemer of the world,
Have mercy on us.
God the Holy Ghost,
Have mercy on us.
Queen of the Society of Jesus,
pray for us.
St. Joseph, Heavenly patron of the Society of Jesus,
pray for us.

St. Ignatius, most devoted to the Blessed Trinity, etc.
St. Ignatius, devoted son to our eternal Father,
St. Ignatius, oracle of the Holy Spirit,
St. Ignatius, lover of Our Lord,
St. Ignatius, loyal knight of Our Lady,
St. Ignatius, founder of the Society of Jesus,
St. Ignatius, standard bearer of the King of kings,
St. Ignatius, whose only ambition was to promote the Kingdom of Christ and the greater glory of God,
St. Ignatius, burning with zeal for the conversion of the heathen,
St. Ignatius, eagerly longing to rescue the Holy Land from the infidel,
St. Ignatius, intrepid foe of heresy and of the enemies of Christ's Church,
St. Ignatius, valiant and faithful champion of the Vicar of Christ,
St. Ignatius, "insignis" companion of Jesus,
St. Ignatius, our most loving father,
St. Ignatius, glorious example to thy sons,
St. Ignatius, like Our Lord in thy humility,
St. Ignatius, like Our Lord in thy modesty,
St. Ignatius, like Our Lord in thy obscurity,
St. Ignatius, like Our Lord in constant labors,
St. Ignatius, like Our Lord in sympathy for the weak,
St. Ignatius, like Our Lord in thy courage,
St. Ignatius, consumed with a great desire for humiliation with Our Lord,
St. Ignatius, constant in the practice of corporal penance,
St. Ignatius, staunch defender of poverty as the firm wall of religion,
St. Ignatius, lover of angelic purity and innocence,
St. Ignatius, skilled master in the school of holy obedience,
St. Ignatius, living always in God's presence,
St. Ignatius, model of interior peace,
St. Ignatius, inspired writer of the Spiritual Exercises,
St. Ignatius, patron of all retreats and retreat houses,
[St. Ignatius, author of our constitutions and rules,]
St. Ignatius, victorious over the powers of darkness,
St. Ignatius, holy father of many Saints and Martyrs,
St. Ignatius, model of fervor to all priests,
St. Ignatius, burning with seraphic love at the Holy Sacrifice of the Mass,
[St. Ignatius, comfort to all our superiors,]
[St. Ignatius, encouragement to all our scholastics,]
[St. Ignatius, devoted father to our novices,]
[St. Ignatius, source of sweetness to our brothers,]
St. Ignatius, glorious intercessor in Heaven for thy society on earth,
[That we may become true sons of our Holy Father,]
we beseech Thee, Lord, to hear us.
[That we may grow in the true spirit of the Society of Jesus,]
we beseech Thee, Lord, to hear us.
That we may become impressed with the priceless value of our vocation, etc.
That we may ever seek that high perfection to which our vocation urges us,
That we may increase in knowledge and love and imitation of Thee,
That we may excel in perfect obedience,
That we may become men of prayer,
That we may drink deeply from that fountain of truly divine wisdom, the Spiritual Exercises,
That in our mental prayer we may ever be faithful to the teaching of St. Ignatius,
That our hearts may be detached from every creature and fixed solely
and immovably upon the blessed will of God,
That worldliness may have no part in our lives,
That in our religious life we may be men crucified to the world,
and to whom the world is crucified,
That we may have the grace to understand and defeat all the wiles and snares of Satan,
That like St. Ignatius we may order our life and our work with supernatural prudence,
That we may always be Thy energetic and enthusiastic companions,
[That we may be true and dependable and useful sons to our mother, the Society,]
That the purity of our lives ever be a living proof of our devotion to the Mother of God,
That we may be holy and unspotted in God's sight in charity,
That we may embrace the world in our apostolic zeal for the salvation of souls,
That we may have the gift of attracting all hearts to Thy love and service,
Lamb of God, Who takest away the sins of the world,
Spare us, O Lord.
Lamb of God, Who takest away the sins of the world,
Graciously hear us, O Lord.
Lamb of God, Who takest away the sins of the world,
Have mercy on us, O Lord.

V. Pray for us, Saint Ignatius,
R. That we may be made worthy of the promises of Christ.

Let Us Pray

O God, Who in Thy most merciful Providence didst call Thy faithful servant, Ignatius of Loyola [our father], to a life of the most exalted sanctity in the very close imitation of Thy Divine Son, grant, we beseech Thee, that through his powerful intercession, we may persevere in following in the footsteps of this Thy servant until we breathe forth our souls to Thee as faithful followers of Christ Our King. R. Amen.

Litany of the Faithful Departed
from the St. Benedict Manual

Lord have mercy,
Lord have mercy,
Christ have mercy,
Christ have mercy,
Lord have mercy,
Lord have mercy,
Jesus recieve our prayers.

Lord Jesus, grant our petitions.

O God, the Father, Creator of the World,
Have mercy on the souls of the faithful departed.
O God, the Holy Ghost, Perfector of the elect,
Accomplish the bliss of the souls of the faithful departed.
O Sacred Trinity, Three Persons and One God,
Give rest to the souls of the faithful departed.
Blessed Virgin Mary, who, by a special privilege of grace, wast triumphantly assumed into the kingdom of Thy Son,
Pray for the souls of the faithful departed.
Blessed Angels, who, ordering aright the first act of your will, were immediately settled in an unchangable state of felicity,
Pray for the souls of the faithful departed.
Blessed Patriarchs, whose spirits were filled with joy when the Desired of all nations
brought redemption to your long captivity,

Pray for the souls of the faithful departed.

Blessed Prophets, who, having patiently awaited the coming of the Messias, were at length refreshed with the happy visit of His Divine person,

Pray for the souls of the faithful departed.

O all ye blessed Saints, who, after the glorious resurrection of your Saviour, were by Him translated from the bosom of Abraham to the clear vision of God,

Pray for the souls of the faithful departed.

Blessed Apostles, who, at the last and terrible day shall sit on the twelve thrones, judging the tribes of Israel,

Pray for the souls of the faithful departed.

Blessed Disciples of our Lord, who, following His sacred steps in the narrow path of perfection, went straight on to the heavenly Jerusalem,

Pray for the souls of the faithful departed.

Blessed Martyrs, who, passing through the Red Sea of your own blood, without journeying through a tedious wilderness, entered immediately into the Land of Promise,

Pray for the souls of the faithful departed.

Blessed Confessors, who, despising the vanities here below, and placing your affections on the joys above, are arrived at the full possession of all your desires,

Pray for the souls of the faithful departed.

Blessed Virgins, who, watching continually with your lamps prepared, were ready, at the first voice of the chaste spouse of Heaven, to enter with Him into the marriage chamber,

Pray for the souls of the faithful departed.

O all ye holy Saints, who, not retaining at your death the least irregular adherence to any creature, were perfectly capable of an immediate union with your Creator,

Pray for the souls of the faithful departed.

Be merciful, O Lord,
And pardon their sins.

Be merciful, O Lord,
And hear our prayers.

From the shades of death, where the sit, deprived of the blissful light of Thy countenance,
Deliver them, O Lord.

From the evils to which their defective mortifications in this world have exposed them in the other,
Deliver them, O Lord.

From Thine anger, which now they grieve to have provoked by their negligence and ingratitude,
Deliver them, O Lord.

From the bonds of sin, wherein they remain entangled by the disorder of their affections,
Deliver them, O Lord.

From the pains of Purgatory, justly inflicted on them as the proper effects of their sins,
Deliver them, O Lord.

From that dreadful prison whence there is no release till they have paid their last farthing,
Deliver them, O Lord.

From all their torments, incomparably greater than the sharpest pains of this life,
Deliver them, O Lord.
By Thy never-failing mercy and compassion towards the frailities of human nature,
Deliver them, O Lord.
By the infinite merits of Thy death upon the Cross, where Thou reconciledst the world to
Thy Father,
Deliver them, O Lord.
By Thy victorious descent into hell, to break asunder the chains of death and free such as
were imprisoned,
Deliver them, O Lord.
By Thy glorious resurrection from the grave, when Thou openedst the kingdom of
Heaven to believers,
Deliver them, O Lord.
By Thy triumphant ascension into Heaven, when Thou ledst captivity captive, and
promised to prepare a place for Thy servants,
Deliver them, O Lord.
By Thy dreadful coming to judge the world, when the works of every one shall be tried
by fire,
Deliver them, O Lord.

We sinners,
Besoeech Thee, hear us.
That it would please Thee to hasten the day of visiting Thy faithful, retained in the
receptacles of sorrow, and transport them to the city of eternal peace,
We beseech Thee, hear us.
That it would please Thee to hasten the day of visiting Thy faithful, retained in the
receptacles of sorrow, and transport them to the city of eternal peace,
We beseech Thee, hear us.
That it would please Thee, through the prayers and alms of Thy Church and especially
through the adorable Sacrifice of Thy Altar, to receive them into the tabernacles of rest,
and crown their longing hopes with everlasting fruition,
We beseech Thee, hear us.
That the blessed vision of Jesus may comfort them, and the glorious light of His Cross
shine upon them,
We beseech Thee, hear us.
That Thy holy angels may bring them into the land of the living, and the glorious Queen
of Saints present them before Thy throne,
We beseech Thee, hear us.
That the venerable Patriarchs may meet them, and all the ancient Prophets rejoice to see
them,
We beseech Thee, hear us.
That the sacred college of the Apostles may open to them the gates of bliss, and the
victorious army of Martyrs conduct them to Thy palace,
We beseech Thee, hear us.
That the blessed company of Confessors may place them in seats of eternal glory, and the
chaste train of Virgins, with Heavenly anthems, congratulate their reception,
We beseech Thee, hear us.
That the whole triumphant Church may celebrate the jubilee of their deliverance, and all
the choirs of Angels sing hymns of joy for their new and never-ending happiness,
We beseech Thee, hear us.
That, in the midst of all these triumphs, the souls that are delivered may themselves adore
the glorious Author of their happiness, and in their white robes eternally sing, Alleluia!
salvation to our God, who sittest upon the throne, and to the Lamb that redeemed us by
His Blood, and made us kings to reign with Him forever,
We beseech Thee, hear us.
Son of God,
We beseech Thee, hear us.
Lamb of God, who wilt come with glory to judge the living and the dead,
Give rest to the souls of the faithful departed.
Lamb of God, at whose presence the earth shall be moved, and the heavens melt away,
Give rest to the souls of the faithful departed.
Lamb of God, in whose blessed book of life all their names are written,
Give rest to the souls of the faithful departed.

Ant.

Deliver us, O Lord, from death eternal in that tremendous day, when the heavens shall be
moved and the earth: when Thou shalt come to judge the world by fire.

V. Deliver us, O Lord, in that tremendous day.
R. And place us with the blessed at Thy right hand forever.
V. O Lord, hear my prayer.
R. And let my cry come unto Thee.

A Small Collection of Spiritual Warfare Prayers

(all prayer is useful in direct spiritual struggles, these are some specifically composed for
the conflict situations. Other prayers, such as the St. Michael prayer are spiritual
warfare prayers, and listed elsewhere in the book.)

Some prayers from St. Michael’s Prayer Group (www.saint-mike.org)

Deprecatory Exorcism Prayers

Caution: No layman may, according to current canon law, perform an imprecatory and
formal exorcism. This was not always the case, and care must be taken with older
prayerbooks. A priest must gain the approval of a bishop for a formal, imprecatory
exorcism, laymen may not have the office of exorcist according to current canon law.

The difference between imprecatory and deprecatory (permitted and informal) “simple
exorcisms” can be shown via example:

Imprecatory: Satan, I command you by the Name of Jesus to depart!
Deprecatory: Jesus, I beg you to command the departure of Satan!

In the one case, the authority and command rests more greatly on the person and his office who is directly engaging the devil, in the second, on asked for divine intercession.

**Prayer Of Confession And Taking Back Ground From Satan**

[This prayer may be used to confess venial sins, or for mortal sins until such time as confession is made in the Sacrament of Reconciliation. Catholic must bring all mortal sins to the Sacrament of Confession. See Prayers 12-19 for prayers involving specific sins. For those coming back to God after a long time, or otherwise needed to resolve and wash away many sins or the taint of many sins, a more formal and complete prayer of renunciation may be performed using the Renunciation Ritual described in Item 8]

Lord, I confess that I have sinned by ____________________.

I ask Your forgiveness, and I renounce ___________________ and take back the ground in my life gained by Satan through his sin. I reclaim this ground and my life for Christ.

Amen.

**Renunciation Ritual Prayer**

[After making a list of all sins committed, ask forgiveness by any prayer of contrition, or for Catholics, confess these sins in the Sacrament of Reconciliation and perform the penance directed by the priest, and then burn the list of sins, saying this prayer (Protestants may omit the phrase ‘through the Sacrament of Reconciliation’ that is found in parenthesis)]

Thank You Heavenly Father for forgiving me. With the destruction of this list, I give up any and all attachment to the sins listed. I give myself permission to forgive myself; I give up these sins to You, Lord, and know that I am now cleansed by the Blood of Christ Jesus, (through the Sacrament of Reconciliation), and am made pure and as white as snow. Thank You for loving me enough (to provide the Sacrament of Reconciliation in Your Church) that I might be forgiven. Thank You for saving from myself and from perdition. With the help of the Blessed and Immaculate Virgin Mary, the Mother of God, Blessed Michael the Archangel, and of the Blessed Apostles Peter and Paul, and all the Saints and Angels of Heaven, and powerful in the holy authority if His Name, I shall take this blessing of forgiveness as a new beginning to live for You. With that authority I now take back the ground in my life gained by Satan through my sins. I reclaim this ground and my life for Christ. Amen.

**Prayer After Confession To Reclaim Ground Taken By Satan**

[The prayer in item 8 is normally used when a prodigal returns home, but may be used at each Confession. This prayer, however, may be substituted as the regular prayer of "reclaiming Ground" after Confession]

Dear Heavenly Father, strengthened by the intercession of the Immaculate Virgin Mary, Mother of God, of Blessed Michael the Archangel, of the Blessed Apostles Peter and Paul, and all the Saints and Angels in Heaven, and powerful in the holy authority if His
Name, I cancel all ground that evil spirits have gained through my willful involvement in sin. I reclaim that ground and my life for Christ.

Amen.

Prayer for Filling of The Spirit

[This prayer should also be said after the Sacrament of Reconciliation. It is wise to say it daily or at least regularly in addition.]

Lord Jesus Christ, I want to belong to You from now on. I want to be free from the dominion of darkness and the rule of Satan, and I want to enter into Your Kingdom and be part of Your people. I will turn away from all sin, and I will avoid everything that leads me to wrongdoing. I ask You to forgive all the sins I have committed. Come into my heart as my personal Savior and Lord. I offer my life to You, and I promise to obey You as my Lord and Master. I ask You to fill me with Your Holy Spirit.

Amen.

Prayer To Put On The Armor Of God

[This prayer, or the "Extended Spiritual Warfare Morning Prayer" should be said daily.]

"put on God’s armor so as to be able to resist the devil’s tactics." I stand my ground "with truth buckled around my waist and integrity for a breastplate..." I carry the "shield of faith" to "put out the burning arrows of the evil one ..." I accept "salvation from God to be my helmet and receive the word of God from the Spirit to use as a sword" (Eph. 6:10, 11, 14, 16, 17 NAS)

Amen.

Prayer To Confess Deceitful Heart

Dear Heavenly Father. I know that You desire truth in the inner self and that facing this truth is the way of liberation (Jn. 8:32). I acknowledge that I have been deceived by the father of lies (Jn. 8:44) and that I have deceived myself (1 Jn. 1:8). I pray in the name of the Lord Jesus Christ, strengthened by the intercession of the Immaculate Virgin Mary, Mother of God, of Blessed Michael the Archangel, of the Blessed Apostles Peter and Paul, and all the Saints and Angels of Heaven, and powerful in the holy authority of His name, that You, heavenly Father, will rebuke all deceiving spirits by virtue of the shed blood and resurrection of the Lord Jesus Christ. And since by faith and by the Sacraments of the Church I have received You into my life and am now seated with Christ in the heavenlies (Eph. 2:6), command, O Lord, all deceiving spirits to depart from me. I now ask the Holy Spirit to guide me into all truth (Jn. 16:13) and help my to not deceive myself. I ask You to "Search me, O God, and know my heart; try me and know my anxious thought; and see if there be any hurtful way in me, and lead me in the everlasting way" (Ps. 139:23,24). In the name of Christ Jesus I pray.
**Prayer To Confess A Prideful Heart**

Dear Heavenly Father. You have said in Your Word that pride goes before destruction and an arrogant spirit before stumbling *(Prov. 16:18)*. I confess that I have not denied myself, picked up my cross daily, and followed You *(Matt. 16:24)*. In so doing I have given ground to the enemy on my life. I have believed that I could be successful and live victoriously by my own strength and resources. I now confess that I have sinned against You by placing my will before Yours and by centering my life around self instead of You. I now renounce the self-life and by so doing cancel all the ground that has been gained in my members by the enemies of the Lord Jesus Christ. I pray that You will guide me so that I will do nothing from selfishness or empty conceit, but with humility of mind I will regard others as more important than myself *(Phil. 2:3)*. Enable me through love to serve others and in honor prefer others *(Ro. 12:10)*. I ask this, my Lord, strengthened by the intercession of the Immaculate Virgin Mary, Mother of God, of Blessed Michael the Archangel, of the Blessed Apostles Peters and Paul, and all the Saints and Angels of Heaven, and powerful in the holy authority of Your Name.

*Amen.*

**Prayer Of Renunciation Of Ancestral Sins**

*Since no one can know for sure what his ancestors may have done, every Christian should pray this prayer. Authorities in Spiritual Warfare report that ancestral issues are the number one cause of demonic harassment in the lives of people.*

Dear Heavenly Father. I come to You as Your child, purchased by the blood of the Lord Jesus Christ. I here and now reject and disown all the sins of my ancestors. As one who has been delivered from the power of darkness and translated into the Kingdom of God’s dear Son, and strengthened by the intercession of the Immaculate Virgin Mary, Mother of God, of Blessed Michael the Archangel, of the Blessed Apostles Peter and Paul, and all the Saints and Angels of Heaven, and powerful in the holy authority of His Name, cancel out, O Lord, all demonic working that has been passed on to me from my ancestors. As one who has been crucified with Jesus Christ and raised to walk in newness of life, cancel, dear Lord, every curse that may have been put upon me and announce to Satan and all his forces that You, the Christ, became a curse for me when You hung on the cross. As one who has been crucified and raised with Christ and now sits with Him in heavenly places, I reject any and every way in which Satan may claim ownership of me. I declare myself to be eternally and completely signed over and committed to the Lord Jesus Christ. Father, I ask You to command every familiar spirit and every enemy of the Lord Jesus Christ that is in or around me to leave me and to go where Jesus Christ tells these evil spirits to go. I now ask You, heavenly Father, to fill me with Your Holy Spirit. I submit my body as an instrument of righteousness, a living sacrifice, that I may glorify You in my body. All this I do in the name and authority of the Lord Jesus Christ.

*Amen.*
Resisting Satan’s Attack Against Our Household

In the name of the Lord Jesus Christ, strengthened by the intercession of the Immaculate Virgin Mary, Mother of God, of Blessed Michael the Archangel, of the Blessed Apostles Peter and Paul, and all the Saints and Angels of Heaven, and powerful in the holy authority of His name, and by my authority as head of the household, I(we) come before You Heavenly Father to ask you to come against the powers of darkness causing (name whatever symptom). Come against these powers, O Lord, because of the power of my(our) union with the Lord Jesus Christ. According to Your Word, O Lord, and through His precious blood I(we) resist the devil and his minions.

I(we) resist the devil and all of his workers by the Person and power of the Lord Jesus Christ. I(we) submit (and submit this household) to the Lordship and control of the Lord Jesus, and I(we) as you Father to bring the power of my(our) Lord’s incarnation, His crucifixion, His resurrection, His ascension, His glorification, and His second coming directly to focus against all evil forces and all of the evil work against __________. (By the authority of my position as head of the household), I(we) claim my(our) union with the Lord Jesus Christ, and I(we) resist the devil; I(we) resist the devil and all his minions, and I(we) ask You heavenly Father to force these evil ones to flee from before the truth of God.

Further, O Lord, I(we) ask You to bind together the whole kingdom of the evil one and to bind them from working, and finally to command all evil forces and their kingdom to leave ________ and to go where the Lord Jesus Christ may sends them.

Amen.

Prayer for a Friend

Heavenly Father, I bring before You and the Lord Jesus Christ one who is very dear to You and to me, [person’s name]. I have come to see that Satan is blinding and binding him in awful bondage. He is in such a condition that he cannot or will not come to You for help on his own. I stand in for him in intercessory prayer before Your throne. I draw upon the Person of the Holy Spirit that He may guide me to pray in wisdom, power, and understanding.

In the name of the Lord Jesus Christ, strengthened by the intercession of the Immaculate Virgin Mary, Mother of God, of Blessed Michael the Archangel, of the Blessed Apostles Peter and Paul, and all the Saints and Angels of Heaven, and powerful in the holy authority of His Name, I ask You Heavenly Father to loose [person’s name] from the awful bondage the powers of darkness are putting upon him; and to bind all powers of darkness set on destroying his life, binding them aside in the name of the Lord Jesus Christ and forbidding them to work. Father, bind up all powers of depression that are seeking to cut [person’s name] off and imprison him in a tomb of despondency; bind up all powers of delusion that are seeking to blind [person’s name] and keep him from knowing the Truth and the will You have for him. [List other specific "powers" of darkness that may be in the person’s life.]

I bring in prayer the focus of the Person and work of the Lord Jesus Christ directly upon
[person's name] to his strengthening and help. I bring the mighty power of my Lord’s incarnation, crucifixion, resurrection, Ascension, and glorification directly against all forces of darkness seeking to destroy [person's name]. I ask the Holy Spirit to apply all of the mighty work of the Lord Jesus Christ directly against all forces of darkness seeking to destroy [person’s name].

I pray, heavenly Father, that You may open [person's name]'s eyes of understanding. Remove all blindness and spiritual deafness from his heart. Comfort and still all emotions and thoughts of fear and hesitation.

As a royal priest of God in [person’s name]’s life, I plead Your mercy over his sins of failure and rebellion. I ask for mercy and forgiveness for the sins of [person’s name] by which he has grieved You. I plead the sufficiency of the blood of Christ to meet the full penalty for which his sins deserve. I claim back the ground of his life which he has given to Satan by believing the enemy’s deception. I claim all of his life united together in obedient love and service to the Lord Jesus Christ. May the Spirit of the living God focus His mighty work upon [person’s name] to grant him repentance and to set him completely free from all that binds him.

In the name of the Lord Jesus Christ I resist all of Satan’s activity to hold [person’s name] in blindness and darkness. Exercising my authority that is given to me in my union with the Lord Jesus Christ, I ask you Lord to pull down the strongholds which the kingdom of darkness has formed against [person’s name] and to smash and break and destroy all those plans formed against [person’s name]’ mind, his will, his emotions, and his body. Destroy, O Lord, the spiritual blindness and deafness that Satan keeps upon him. I invite the Holy Spirit of God to bring the fullness of His power to convict, to bring to repentance, and to lead [person’s name] into faith in the Lord Jesus Christ, and to bring him to Your Church. Father, please break Satan’s power to blind [person’s name] to the truth of God.

Believing that Your Holy Spirit is leading me, I claim [person’s name] for You in the name of the Lord Jesus Christ, and I thank You for the answer to my prayer. Grant me the grace to be persistent and faithful in my intercessions for [person’s name], that You may be glorified through this deliverance.

Amen.

Prayer To Control Thoughts

In the name of the Lord Jesus Christ, strengthened by the intercession of the Immaculate Virgin Mary, Mother of God, of Blessed Michael the Archangel, of the Blessed Apostles Peter and Paul, and all the Saints and Angels of Heaven, and powerful in the holy authority of His Name, I reject this thought and feeling of [list for describe thought/feeling] which is contrary to God’s will. I choose only thoughts in harmony with the Holy Spirit, and I cover my thought life with the blood of the Lord Jesus Christ.

Amen.

Bedtime Protection Prayer
In the name of the Lord Jesus Christ, strengthened by the intercession of the Immaculate Virgin Mary, Mother of God, of Blessed Michael the Archangel, of the Blessed Apostles Peter and Paul, and all the Saints and Angels of Heaven, and powerful in the holy authority of the name of Jesus, I subject my mind and my dreams only to the work of the Holy Spirit. I ask you Lord to bind up all powers of darkness and forbid them to work in my dreams or any part of my subconscious while I sleep.

Amen.

**Prayer Asking God To Reveal Forgotten Sins**

Dear Heavenly Father. I ask You to reveal to my mind all unconfessed sins in my life so that I may bring these sins to You to be wash clean from my soul so that Satan may not have an opportunity to attack me through these sins.

Amen.

**Intercessory Prayer for Children**

Heavenly Father, we bring before You and the Lord Jesus Christ those who are very dear to You and to us -- our children. We have come to see that Satan is blinding and binding our children in awful bondage as well as that of our families.

Many of our Children are in such a condition that they cannot or will not come to You for help on their own and many thus end up in violence against themselves and others.

We stand in for all the children of our culture in intercessory prayer before Your throne. We draw upon the Person of the Holy Spirit that He may guide us to pray in wisdom, power, and understanding.

In the name of the Lord Jesus Christ, strengthened by the intercession of the Immaculate Virgin Mary, Mother of God, of Blessed Michael the Archangel, of the Blessed Apostles Peter and Paul, and all the Saints, and powerful in the holy authority of His Name, We ask you Lord to loose our children, our families, and ourselves from the awful bondage the powers of darkness are putting upon them and us. We ask that You bind all powers of darkness set on destroying our children's lives. We ask that You bind them aside in the name of the Lord Jesus Christ and forbid them to work. We ask Lord that You bind up all powers of depression that are seeking to cut off our children and imprison them in a tomb of despondency. We ask that You bind up all powers of delusion that are seeking to blind our children and our families and keep them and us from knowing the Truth and the will You have for our children and for us. We specifically ask that You bind the spirits of the occult, and the spirit of suicide and murder.
Believing that Your Holy Spirit is leading us, we claim our children and our families for You in the name of the Lord Jesus Christ, and we thank You for the answer to our prayer. Grant us the grace to be persistent and faithful in our intercessions for this person, that You may be glorified through this deliverance.

Amen.

Deliverance Prayers from a West Indies Priest

PRAYERS OF DELIVERANCE

Kyrie eleison. God, our Lord, King of ages, All-powerful and All mighty, you who made everything and who transformed everything simply by your will. You who in Babylon changed into dew the flames of the "seven-times hotter" furnace and protected and saved the three holy children. You are the doctor and the physician of our soul. You are the salvation of those who turn to you. We beseech you to make powerless, banish, and drive out every diabolic power, presence, and machination; every evil influence, malefice, or evil eye and all evil actions aimed against your servant...where there is envy and malice, give us an abundance of goodness, endurance, victory, and charity. 0 Lord, you who love man, we beg you to reach out your powerful hands and your most high and mighty arms and come to our aid. Help us, who are made in your image; send the angel of peace over us, to protect us body and soul. May he keep at bay and vanquish every evil power, every poison or malice invoked against us by corrupt and envious people. Then, under the protection of your authority may we sing, in gratitude, "The Lord is my salvation; whom should I fear? I will not fear evil because you are with me, my God, my strength, my powerful Lord, Lord of peace, Father of all ages."

Amen.

PRAYER AGAINST EVERY EVIL

Spirit of our God, Father, Son, and Holy Spirit, Most Holy Trinity, Immaculate Virgin Mary, angels, archangels, and saints of heaven, descend upon me. Please purify me, Lord, mold me, fill me with yourself, and use me. Banish all the forces of evil from me, destroy them, vanquish them, so that I can be healthy and do good deeds. Banish from me all spells, witchcraft, black magic, malefice, ties, maledictions, and the evil eye; diabolic infestations, oppressions, possessions; all that is evil and sinful, jealousy, perfidy, envy; physical, psychological, moral, spiritual, diabolical ailments. Burn all these evils in hell, that they may never again touch me or any other creature in the entire world. I command and bid all the powers who molest me by the power of God all powerful, in the name of Jesus Christ our Savior, through the intercession of the Immaculate Virgin Mary to leave me forever, and to be consigned into the everlasting hell, where they will be bound by Saint Michael the archangel, Saint Gabriel, Saint Raphael, our guardian angels, and
where they will be crushed under the heel of the Immaculate Virgin Mary.

_Amen._

**PRAYER FOR INNER HEALING**

Lord Jesus, you came to heal our wounded and troubled hearts. I beg you to heal the torments that cause anxiety in my heart; I beg you, in a particular way, to heal all who are the cause of sin. I beg you to come into my life and heal me of the psychological harms that struck me in my early years and from the injuries that they caused throughout my life. Lord Jesus, you know my burdens. I lay them all on your Good Shepherd's Heart. I beseech you--by the merits of the great, open wound in your heart--to heal the small wounds that are in mine. Heal the pain of my memories, so that nothing that has happened to me will cause me to remain in pain and anguish, filled with anxiety. Heal, O Lord, all those wounds that have been the cause of all the evil that is rooted in my life. I want to forgive all those who have offended me. Look to those inner sores that make me unable to forgive. You who came to forgive the afflicted of heart, please, heal my own heart. Heal, my Lord Jesus, those intimate wounds that cause me physical illness. I offer you my heart. Accept it, Lord, purify it and give me the sentiments of your Divine Heart. Help me to be meek and humble. Heal me, O Lord, from the pain caused by the death of my loved ones, which is oppressing me. Grant me to regain peace and joy in the knowledge that you are the Resurrection and the Life. Make me an authentic witness to your Resurrection, your victory over sin and death, your living presence among us

_Amen._

**PRAYER OF DELIVERANCE**

My Lord, you are all powerful, you are God, you are Father. We beg you through the intercession and help of the archangels Michael, Raphael, and Gabriel for he deliverance of our brothers and sisters who are enslaved by the evil one. All saints of heaven come to our aid. From anxiety, sadness and obsessions--We beg you. Free us, O Lord from hatred, fornication, and envy--We beg you. Free us, O Lord from thoughts of jealousy, rage, and death--We beg you. Free us, O Lord from every thought of suicide and abortion--We beg you. Free us, O Lord from every form of sinful sexuality--We beg you. Free us, O Lord from every division in our family, and every harmful friendship--We beg you. Free us, O Lord from every sort of spell, malefice, witchcraft, and every form of the occult--We beg you. Free us, O Lord Lord, you who said, "I leave you peace, my peace I give you," grant that, through the intercession of the Virgin Mary, we may be liberated from every spell and enjoy your peace always. In the name of Christ, our Lord.

_Amen._

The Small Prayerbook of St. Peter Julian Eymard

_(From the 'Life and Letters' of St. Peter Julian Eymard, Volume 1: The Early Years)_
BEFORE his First communion at the age of 12, Peter Julian composed a small book of prayers. Although this is not a "letter," it is the earliest handwritten document that we have of his, and is reproduced here as a fitting introduction to the voluminous correspondence which was to flow from his pen in the ensuing years.

"Little Book of Acts Before and After Communion, written by me, Julian Eymard.

"Renewal of Baptismal Vows.

"I believe in God the Father Almighty, the Creator of heaven and earth, in Jesus Christ his only Son, both God and man, who redeemed the world by his cross. I believe in the Holy Spirit, the Holy Catholic Church, the communion of Saints, the remission of sins, the resurrection of the body and life everlasting. 'Amen.

"I renounce with my whole heart the devil, his pomps and his works. I want to live and die as a true Christian, with the help of God's grace.

"Act before Communion, of faith, of adoration. - My dear Jesus, I firmly believe that your body, your blood, your soul, your divinity are truly and substantially present in the Blessed Host which I am going to receive, because you told me so. I adore you with all the respect of which I am capable.

"Act of hope, of humility - My dear Jesus, I hope that when I receive you, you will increase your grace in me in this world, although I am unworthy of it.

"Act of love and desire - My dear Jesus, I love you with all my heart and above all things, I long to be one with you.

"Act of petition - My dear Jesus, abide in my heart. Never leave it. Remove from it whatever displeases you and place in it whatever pleases you.

"Act of thanksgiving (petition) after Communion - My dear Jesus, I thank you for the grace which you have given me that you have come to dwell in my heart.

"Act of offering - My dear Jesus, I give myself to you as you have given yourself entirely to me. - End of Acts.

These acts are mine. My name and last name are Julian Eymard of La Mure.

My God, my all. Julian.

Deus fecit mundum de nihilo. God made the world out of nothing. Julian P. Eymard."
Consecrations

To the Blessed Virgin

To the Blessed Virgin
My Queen my mother,
I give myself entirely to thee,
And to show my devotion to thee,
I consecrate to thee This day,
  my eyes,
  my ears,
  my mouth,
  my heart,
My whole being without reserve.
Wherefore good mother as I am thine own,
  Keep me guard me,
as thy property and possession.

Amen.

An Act of Total Consecration
to the Immaculate Virgin
by St. Maximilian Mary Kolbe

O Immaculate Queen of Heaven and earth, Refuge of sinners and Our most loving Mother, to whom God willed to entrust the entire order of Mercy, I, an unworthy sinner, cast myself at Your feet, humbly begging You to be so good as to accept me wholly and completely as Your possession and property, and to do with me and with all my powers of soul and body, with my whole life, death, and eternity, whatever pleases You.

If it pleases You, use my whole self without reserve to accomplish what has been said of You: "She will crush your head" (Genesis 3:15), and also: "You alone have destroyed all heresies in the whole world" (Little Office of the Blessed Virgin Mary), so that I may become a useful instrument in Your immaculate and most merciful hands for promoting and increasing Your glory to the maximum in so many strayed and indifferent souls, and thus extend as much as possible the blessed Kingdom of the Most Sacred Heart of Jesus.

For, wherever You enter, You obtain the grace of conversion and sanctification, since it is through Your hands that all grace comes to us from the Most Sweet Heart of Jesus.

Invocations

My God.
I place my trust in you.

Graciously hear me

Do not permit me to be separated from you

St. Joseph, Guardian of the Redeemer, defend the Church of God and all those who labor for the salvation of souls.

We adore you, O Christ, and we bless you; because by your holy Cross you have redeemed the world. *(Roman Breviary)*

May the Holy Trinity be blessed. *(Roman Missal)*

Christ conquers! Christ reigns! Christ commands!

O Heart of Jesus, burning with love for us, inflame our hearts with love for you.

O Heart of Jesus, I place my trust in you.

O Heart of Jesus, all for you.

My God and my all. O God, have mercy on me, a sinner *(Lk 18, 13)*.

Grant that I may praise you, O sacred Virgin; give me strength against your enemies. *(Roman Breviary)*

Teach me to do your will, because you are my God *(Ps 142, 10)*.

O Lord, increase our faith *(Lk 17, 5)*.

O Lord, may we be of one mind in truth and of one heart in charity.

O Lord, save us, we are perishing *(Mt 8, 25)*.

My Lord and my God *(Jn 20, 28)*. Sweet Heart of Mary, be my salvation.

Glory be to the Father, and to the Son, and to the Holy Spirit. *(Roman Missal)*

Jesus, Mary, Joseph.

Jesus, Mary, Joseph, I give you my heart and my soul.

Jesus, Mary, Joseph, assist me in my last agony.
Jesus, Mary, Joseph, may I sleep and rest in peace with you. *(Roman Ritual)*

Jesus, meek and humble of heart, make my heart like your Heart. *(Roman Ritual)*

May the Most Blessed Sacrament be praised and adored forever.

Stay with us, O Lord *(Lk 24, 29).*

Mother of Sorrows, pray for us. My Mother, my Hope.

Send, O Lord, laborers into your harvest *(see Mt 9, 38).*

May the Virgin Mary together with her loving Child bless us. *(Roman Breviary)*

Hail, O Cross, our only hope. *(Roman Breviary)*

All you holy men and women of God, intercede for us. *(Roman Ritual)*

Pray for us, O Holy Mother of God, that we may be made worthy of the promises of Christ. *(Roman Ritual)*

Father, into your hands I commend my spirit *(Lk. 23, 46; see Ps 30, 6).*

Merciful Lord Jesus, grant them everlasting rest. *(Roman Missal)*

Queen conceived without original sin, pray for us. *(Roman Ritual)*

Holy Mother of God, Mary ever Virgin, intercede for us. *(Roman Breviary)*

Holy Mary, pray for us. *(Roman Ritual)*

You are the Christ, the Son of the living God *(Mt 16, 16).*

“Oh, if you only knew what great merit you acquire by saying even once, ‘Admirable is the Name of God!’ in the spirit of reparation for blasphemy!” *(Our Lord to Sr. Mary of St. Peter)*

"Behold, O God, Our Protector, and look upon the Face of Thy Christ."
*A prayer to appease God irritated by blasphemy and the rod will drop from His hands.* *(Sr. Mary of St. Peter)*

Dearest Lord, thank you for the Mercy you showed us by Your Passion and Your Holy Wounds! Immerse us in the Sea of Your Infinite Mercy- Hide us in Your Holy Wounds!

* Sacred Heart of Jesus Invocations*
Merciful Jesus, I consecrate myself today and always to Thy Most Sacred Heart.

Most Sacred Heart of Jesus I implore, that I may ever love Thee more and more.

Most Sacred Heart of Jesus, I trust in Thee.

Most Sacred Heart of Jesus, have mercy on us!

Sacred Heart of Jesus, I believe in Thy love for me.

Jesus, meek and humble of heart, make my heart like unto Thine.

Sacred Heart of Jesus Thy Kingdom Come.

Most Sacred Heart of Jesus, convert sinners, save the dying, deliver the Holy Souls in Purgatory.

Pious Remembrances

"Keep your heart free and raise it up to God, for you have not here a lasting home."

Thomas à Kempis

"There is nothing indulgent about the moral law. It is hard as nails. It tells you to do the straight thing and it does not seem to care how painful, or dangerous, or difficult it is to do."

C.S. Lewis

Those who seek humility should bear in mind the three following things: that they are the worst of sinners, that they are the most despicable of all creatures since their state is an unnatural one, and that they are even more pitiable than the demons, since they are slaves to the demons. You will also profit if you say this to yourself: how do I know what or how many other people's sins are, or whether they are greater than or equal to my own? In our ignorance you and I, my soul, are worse than all men, we are dust and ashes under their feet. How can I not regard myself as more despicable than all other creatures, for they act in accordance with the nature they have been given, while I, owing to my innumerable sins, am in a state contrary to nature.

St. Gregory of Sinai

I shall speak first about control of the stomach, the opposite to gluttony, and about how to fast and what and how much to eat. I shall say nothing on my own account, but only what I have received from the Holy Fathers. They have not given us only a single rule for
fasting or a single standard and measure for eating, because not everyone has the same strength; age, illness or delicacy of body create differences. But they have given us all a single goal: to avoid over-eating and the filling of our bellies... A clear rule for self-control handed down by the Fathers is this: stop eating while still hungry and do not continue until you are satisfied.

St. John Cassian

Let us charge into the good fight with joy and love without being afraid of our enemies. Though unseen themselves, they can look at the face of our soul, and if they see it altered by fear, they take up arms against us all the more fiercely. For the cunning creatures have observed that we are scared. So let us take up arms against them courageously. No one will fight with a resolute fighter.

St. John Climacus

In the matter of piety, poverty serves us better than wealth, and work better than idleness, especially since wealth becomes an obstacle even for those who do not devote themselves to it. Yet, when we must put aside our wrath, quench our envy, soften our anger, offer our prayers, and show a disposition which is reasonable, mild, kindly, and loving, how could poverty stand in our way? For we accomplish these things not by spending money but by making the correct choice. Almsgiving above all else requires money, but even this shines with a brighter luster when the alms are given from our poverty. The widow who paid in the two mites was poorer than any human, but she outdid them all.

St. John Chrysostom

Every day you provide your bodies with good to keep them from failing. In the same way your good works should be the daily nourishment of your hearts. Your bodies are fed with food and your spirits with good works. You aren't to deny your soul, which is going to live forever, what you grant to your body, which is going to die.

St. Gregory the Great

I saw the snares that the enemy spreads out over the world and I said groaning, "What can get through from such snares?" Then I heard a voice saying to me, "Humility."

St. Anthony the Great

Well and good if all things change, Lord God, provided we are rooted in You.

St. John of the Cross

To reach satisfaction in all desire satisfaction in nothing. To come to possess all desire the possession of nothing. To arrive at being all desire to be nothing.
To come to the knowledge of all desire the knowledge of nothing.
To come to enjoy what you have not you must go by a way in which you enjoy not.
To come to the knowledge you have not you must go by a way in which you know not.
To come to the possession you have not you must go by a way in which you possess not.
To come to be what you are not you must go by a way in which you are not.

St. John of the Cross

This is the mark of Christianity--however much a man toils, and however many righteousnesses he performs, to feel that he has done nothing, and in fasting to say, "This is not fasting," and in praying, "This is not prayer," and in perseverance at prayer, "I have shown no perseverance; I am only just beginning to practice and to take pains"; and even if he is righteous before God, he should say, "I am not righteous, not I; I do not take pains, but only make a beginning every day."

St. Macarius the Great

The demons are sleepless and immaterial, death is at hand, and I am weak. Lord, help me; do not let Thy creature perish, for Thou carest for me in my misery.

St. Peter of Damascus

The soul that really loves God and Christ, though it may do ten thousand righteousnesses, esteems itself as having wrought nothing, by reason of its insatiable aspiration after God. Though it should exhaust the body with fastings, with watchings, its attitude towards the virtues is as if it had not yet even begun to labour for them.

St. Macarius the Great

To suffer and not to suffer for God is torment.

St. Gerard Majella

"It is not surprising, then, that the devil should do everything possible to influence us to give up prayer or to pray badly, because he knows better than we do how terrible it is for hell and how impossible it is that God should refuse us what we ask Him for in prayer. How many sinners would get out of sin if they managed to have recourse to prayer!"

St. John Vianney

If you are praised, be silent. If you are scolded, be silent. If you incur losses, be silent. If you receive profit, be silent. If you are satiated, be silent. If you are hungry, also be silent. And do not be afraid that there will be no fruit when all dies down; there will be! Not everything will die down. Energy will appear; and what energy!

St. Feofil, the Fool for Christ
What toil we must endure, what fatigue, while we are attempting to climb hills and the summits of mountains! What, that we may ascend to heaven! If you consider the promised reward, what you endure is less. Immortality is given to the one who perseveres; everlasting life is offered; the Lord promises His Kingdom.

St. Cyprian

For to despise the present age, not to love transitory things, unreservedly to stretch out the mind in humility to God and our neighbor, to preserve patience against offered insults and, with patience guarded, to repel the pain of malice from the heart, to give one's property to the poor, not to covet that of others, to esteem the friend in God, on God's account to love even those who are hostile, to mourn at the affliction of a neighbor, not to exult in the death of one who is an enemy, this is the new creature whom the Master of the nations seeks with watchful eye amid the other disciples, saying:"If, then, any be in Christ a new creature, the old things are passed away. Behold all things are made new" (2 Cor. 5:17).

St. Gregory the Great

He, therefore, who sets himself to act evilly and yet wishes others to be silent, is a witness against himself, for he wishes himself to be loved more than the truth, which he does not wish to be defended against himself. There is, of course, no man who so lives as not sometimes to sin, but he wishes truth to be loved more than himself, who wills to be spared by no one against the truth. Wherefore, Peter willingly accepted the rebuke of Paul; David willingly hearkened to the reproof of a subject. For good rulers who pay no regard to self-love, , take as a homage to their humility the free and sincere words of subjects. But in this regard the office of ruling must be tempered with such great art of moderation, that the minds of subjects, when demonstrating themselves capable of taking right views in some matters, are given freedom of expression, but freedom that does not issue into pride, otherwise, when liberty of speech is granted too generously, the humility of their own lives will be lost.

St. Gregory The Great

We truly love God and keep His commandments if we restrain ourselves from our pleasures. For he who still abandons himself to unlawful desires certainly does not love God, since he contradicts Him in his own intentions. . . Therefore, he loves God truly, whose mind is not conquered by consent to evil delight. For the more one takes pleasure in lower things, the more he is separated from heavenly love.

St. Gregory the Great

A greedy appetite for food is terminated by satiety and the pleasure of drinking ends when our thirst is quenched. And so it is with the other things. . . But the possession of virtue, once it is solidly achieved, cannot be measured by time nor limited by satiety.
Rather, to those who are its disciples it always appears as something ever new and fresh.

St. Gregory of Nyssa

When an archer desires to shoot his arrows successfully, he first takes great pains over his posture and aligns himself accurately with his mark. It should be the same for you who are about to shoot the head of the wicked devil. Let us be concerned first for the good order of sensations and then for the good posture of inner thoughts.

St. John Chrysostom

"This is the Great Work of a man: always to take the blame for his own sins before God and to expect temptation to his last breath."
"Whoever has not experienced temptation cannot enter into the Kingdom of Heaven."
"Without temptation, no one can be saved."
"Do not trust in your own righteousness, do not worry about the past, but control your tongue and your stomach."
"I saw the snares that the enemy spreads out over the world and I said groaning, 'What can get through from such snares?' Then I heard a voice saying to me, 'Humility.'"
"Some have afflicted their bodies by asceticism, but they lack discernment, and so they are far from God."

St. Anthony of Egypt

The soul has followed Moses and the cloud, both of these serving as guides for those who would advance in virtue; Moses her represents the commandments of the Law; and the cloud that leads the way, its spiritual meaning. The soul has been purified by crossing the Sea; it has removed from itself and destroyed the enemy army. It has tasted of the waters of Marah, that is, of life deprived of all sinful pleasure; and this at first had seemed bitter and unpleasant to the taste but offered a sensation of sweetness to those who accepted the wood. Next it enjoyed the beauty of the palm trees of the gospel and the springs; it filled itself with the living water, that is, the rock. It took within itself the bread of heaven. It overwhelmed the foreign host - a victory due to the extended arms of the Lawgiver, which thus foreshadowed the mystery of the Cross. Only then can the soul go on to the contemplation of transcendent Being.

St. Gregory of Nyssa

“Few souls understand what God would accomplish in them if they were to abandon themselves unreservedly to Him and if they were to allow His grace to mold them accordingly.”

St. Ignatius Loyola

If God causes you to suffer much, it is a sign that He has great designs for you, and that
He certainly intends to make you a Saint.

St. Ignatius Loyola

"Brother, I am most grateful for the kindness you wished to do me. I appreciate it very highly; but, if God has given me the great sufferings I am enduring, why wish to soothe and lessen them by music? For the love of Our Lord, thank those gentlemen for the kindness they had wished to do me: I look upon it as having been done. Pay them, and send them away, for I wish to endure without any relief the gracious gifts which God sends me in order that, thanks to them, I may the better merit."

St. John of the Cross

Thomas Moore said, "If ye make indentures with God how much ye will serve Him, ye shall find ye have signed both of them yourself." Law, in his terrible, cool voice, said, "Many will be rejected at the last day, not because they have taken no time and pains about their salvation, but because they have not taken time and pains enough"; . . . "If you have not chosen the Kingdom of God, it will make in the end no difference what you have chosen instead." Those are hard words to take. Will it really make no difference whether it was women or patriotism, cocaine or art, whisky or a seat in the Cabinet, money or science? Well surely no difference that matters. We shall have missed the end for which we are formed and rejected the only thing that satisfies. Does it matter to a man dying in the desert, by which choice of route he missed the only well?

C.S. Lewis

"I see now, that true charity consists in bearing with the faults of those about us, never being surprised at their weaknesses, but edified at the least sign of virtue. I see above all that charity must not remain hidden in the bottom of our hearts: 'nor do men light a lamp and put it under a bushel, but on a stand, and it gives light to all in the house.' It seems to me that this lamp is the symbol of charity; it must shine out not only to cheer those we love best but all in the house."

St. Therese of Lisieux

"Prayer is, beyond doubt, the most powerful weapon the Lord gives us to conquer evil passions and temptations of the devil; but we must really put ourselves into our prayer: it is not enough just to say the words, it must come from the heart. And also prayer needs to be continuous, we must pray no matter what kind of situation we find ourselves in: the warfare we are engaged in is on-going, so our prayer must be on-going also."

St. Alphonsus de Liguori

“My daughters must believe that it is for their own good that the Lord has enabled me to realize in some small degree what blessings are to be found in holy poverty. Those of them who practice it will also realize this, though perhaps not as clearly as I do; for,
although I had professed poverty, I was not only without poverty of spirit, but my spirit was devoid of all restraint. Poverty is good and contains within itself all the good things in the world. It is a great domain -- I mean that he who cares nothing for the good things of the world has dominion over them all. What do kings and lords matter to me if I have no desire to possess their money, or to please them, if by so doing I should cause the least displeasure to God? And what do their honours mean to me if I have realized that the chief honour of a poor man consists in his being truly poor?"

St. Teresa of Avila

"What a weakness it is to love Jesus Christ only when He Caresses us, and to be cold immediately once He afflicts us. This is not true love. Those who love thus, love themselves too much to love God with all their heart."

St. Margaret Mary Alacoque

"To be able to give ourselves to God with love, we have to recognize Him as He who loves."

St. Teresa Benedicta of the Cross

"There is nothing more pleasing to God, than to see a soul who patiently and serenely bears whatever crosses it is sent; this is how love is made, by putting lover and loved one on the same level [...]. A soul who loves Jesus Christ desires to be treated the way Christ was treated--desires to be poor, despised and humiliated."

St. Alphonsus de Liguori

"When you sit down to eat, pray. When you eat bread, do so thanking Him for being so generous to you. If you drink wine, be mindful of Him who has given it to you for your pleasure and as a relief in sickness. When you dress, thank Him for His kindness in providing you with clothes. When you look at the sky and the beauty of the stars, throw yourself at God's feet and adore Him who in His wisdom has arranged things in this way. Similarly, when the sun goes down and when it rises, when you are asleep or awake, give thanks to God, who created and arranged all things for your benefit, to have you know, love and praise their Creator."

St. Basil

"The reason why sometimes you have asked and not received, is because you have asked amiss, either inconsistently, or lightly, or because you have asked for what was not good for you, or because you have ceased asking."

St. Basil

In this dark vale of tears, I wish solely to feed upon this secret manna, this delicious
We believe in the holy Church, that is, the Catholic Church; for heretics and schismatics call their own congregations churches. But heretics violate the faith itself by a false opinion about God; schismatics, however, withdraw from fraternal love by hostile separations, although they believe the same things we do. Consequently, neither heretics nor schismatics belong to the Catholic Church; not heretics, because the Church loves God, and not schismatics, because the Church loves neighbor.

The perfect person does not only try to avoid evil. Nor does he do good for fear of punishment, still less in order to qualify for the hope of a promised reward. The perfect person does good through love. His actions are not motivated by desire for personal benefit, so he does not have personal advantage as his aim. But as soon as he has realized the beauty of doing good, he does it with all his energies and in all that he does. He is not interested in fame, or a good reputation, or a human or divine reward. The rule of life for a perfect person is to be in the image and likeness of God.

Virtues are formed by prayer.
Prayer preserves temperance.
Prayer suppresses anger.
Prayer prevents emotions of pride and envy.
Prayer draws into the soul the Holy Spirit, and raises man to Heaven.

If you pray with words, let them be filled with love and come from the deepest of your heart. Pray with great respect and trust. Fold your hands, close your eyes and lift up your heart to the Lord. Let your prayer be a pure sacrifice to God. Do not pray loud and not too quiet. Pray simply. Let your heart speak. Praise the Lord with all your soul. Words will come like that from the bottom of your heart and you will find joy in prayer. Stop once in a while by a word and think it over, let it sink to the bottom of your heart. Keep them during the rest of the day: they will bring you peace.

Holiness does not consist in doing extraordinary things. It consists in accepting, with a smile, what Jesus sends us. It consists in accepting and following the will of God.
Prayer makes your heart bigger, until it is capable of containing the gift of God Himself.

Mother Teresa of Calcutta

What is a Christian? someone asked a Hindu man. He responded: "a Christian is someone who gives".

Mother Teresa of Calcutta

I ask you one thing: do not tire of giving, but do not give your leftovers. Give until it hurts, until you feel the pain.

Mother Teresa of Calcutta

If we worry too much about ourselves, we won't have time for others. Today it is fashionable to talk about the poor. Unfortunately it is not fashionable to talk with them.

Mother Teresa of Calcutta

The poor are Christ Himself. When we touch the sick and needy, we touch the suffering body of Christ.

Mother Teresa of Calcutta

If there are poor in the moon, we will go there too.

Mother Teresa of Calcutta

Where does love begin? In our own homes. When does it begin? When we pray together. The family that prays together, stays together.

Mother Teresa of Calcutta

When we have handled something fragrant, our hands perfume whatever they touch, let our prayers pass through the Blessed Virgin's hands, and she will give them fragrance.

St. John Vianney

"During the night you will rest in My Heart! My Heart will listen to the beats of yours, which will be so many acts of love and desire. Thus even while you are sleeping, you will bring back to Me souls that so offend Me ... Ask forgiveness for the whole world, especially for those that know Me and yet sin; offer your self in reparation!"

Our Lord to Sr. Josefa Menendez

This Rosary will be your little wreath of roses, your crown for Jesus and Mary.
Ever since Blessed Alan de la Roche re-established this devotion the voice of the people, which is the voice of God, called it the Rosary. The word Rosary means “Crown of Roses, that is to say that every time people say the Rosary devoutly they place a crown of one hundred and fifty-three red roses and sixteen white roses upon the heads of Jesus and Mary. Being heavenly flowers these roses will never fade or lose their exquisite beauty.

A great means to preserve continual peace and tranquillity of soul is to receive everything from the hands of God, both great and small, and in whatever way it comes.

"You well know that I preferred his company to all the delights of the world. But since it has pleased You to take him from me, I accept Your will completely."

"I do not desire to die soon, because in Heaven there is no suffering. I desire to live a long time because I yearn to suffer much for the love of my Spouse."

A little drop of simple obedience is worth a million times more than a whole vase of the choicest contemplation.

Prayer ought to be humble, fervent, resigned, persevering, and accompanied with great reverence. One should consider that he stands in the presence of a God, and speaks with a Lord before whom the angels tremble from awe and fear.

Consider beforehand what occupations, duties and occasions are likely this day to enable you to serve God; what temptations to offend Him, either by vanity, anger, etc., may arise; and make a fervent resolution to use all means of serving Him and confirming your own piety; as also to avoid and resist whatever might hinder your salvation and God's Glory. Nor is it enough to make such a resolution, you must also prepare to carry it into effect. Thus, if you foresee having to meet some one who is hottempered and irritable, you must not merely resolve to guard your own temper, but you must consider by what gentle words to conciliate him. If you know you will see some sick person, consider how
best to minister comfort to him, and so

St. Francis de Sales

...he who has received a gift from God, and is ungrateful for it, is already on the way to losing it....

St. Peter of Damaskos

He who walks along a precipice, although he may not fall over, yet he trembles and often falls through that very fear. Even so, he who flies not far from sin, but keeps near to it, lives in continual fear, and often falls."

St. John Chrysostom

First, prayer; then, atonement; in the third place, very much 'in the third place', action.

St. Josemaria Escriva

I say we have been given a guide. I mean the only-begotten incarnate Word, God's Son, who shows us how to walk along this road that is so well lighted. He says, you know "I am the way and truth and life. Whoever walks in me walks not in darkness but in light." He is Truth, and there is no falsehood in him. And what road has this gentlest of teachers built? He has built a road of hatred and of love. He so hated and despised sin that he avenged it on his own body with great pain, derision, torture, and reproach, his passion and death--and not for himself (for the poison of sin was not in him) but only as a service to us, to satisfy for our sins. He gives us back the light of grace and relieves us of the darkness that had entered our soul because of sin." 

St. Catherine of Siena

Come, Holy Spirit. Spirit of truth, you are the reward of the saints, the comforter of souls, light in the darkness, riches to the poor, treasure to lovers, food for the hungry, comfort to those who are wandering; to sum up, you are the one in whom all treasures are contained.

Come! As you descended upon Mary that the Word might become flesh, work in us through grace as you worked in her through nature and grace.

Come! Food of every chaste thought, fountain of all mercy, sum of all purity.

Come! Consume in us whatever prevents us from being consumed in you.

St. Mary Magdalen de Pazzi

Without a doubt, obedience is more meritorious than any other penance. And what greater penance can there be than keeping one's will continually submissive and obedient?

St. Catherine of Bologna
The most important thing upon which to concentrate in order to mortify it and eradicate it entirely is our predominant passion, that is, that affection, desire, inclination, vice or bad habit which drags us down and most frequently causes us to fall into sin. Once this king of our faults has been conquered, the battle will be won.

St. Alphonsus Rodriguez

If we only knew the precious treasure hidden in infirmities, we would receive them with the same joy with which we receive the greatest benefits, and we would bear them without ever complaining or showing signs of weariness.

St. Vincent de Paul

During mental prayer, it is well, at times, to imagine that many insults and injuries are being heaped upon us, that misfortunes have befallen us, and then strive to train our heart to bear and forgive these things patiently, in imitation of our Saviour. This is the way to acquire a strong spirit.

St. Philip Neri

Prayer is naught else but a yearning of soul...when it is practiced with the whole heart, it has great power.

Mechthild of Magdeburg

In this temple of God, in this divine dwelling place, God alone rejoices with the soul in the deepest silence. There is no reason for the intellect to stir or seek anything, for the Lord who created it wishes to give it repose here.

St. Teresa of Avila

"I tell you once again: I accept no slavery other than that of God's love. This is because, as I have told you on other occasions, religion is the greatest rebellion of men, who refuse to live like animals, who are dissatisfied and restless until they know their Creator and are on intimate terms with Him. I want you to be rebels, free and unfettered, because I want you--it is Christ who wants us!--to be children of God. Slavery or divine sonship, this is the dilemma we face. Children of God or slaves to pride, to sensuality, to the fretful selfishness which seems to afflict so many souls."

St. Josemaria Escriva

"It is by the path of love, which is charity, that God draws near to man, and man to God. But where charity is not found, God cannot dwell. If, then, we possess charity, we possess God, for "God is Charity"
St. Albert the Great

"A double-minded person is one who kneels down to ask God for things and beseeches Him to grant them, and yet feels so accused by his conscience that he distrusts his ability to pray. A double-minded person is also one who, when he does good deeds, looks for external approval rather than interior reward. The wise man is right when he says, 'Woe to the sinner who walks along two ways!' (Sirach 2:12) People of this type are inconstant in all their ways, for they are very easily overpowered by adverse circumstance and entrapped by favorable ones, with the result that they stray from the true path."

St. Bede

"Lord Jesus Christ, pierce my soul with your love so that I may always long for you alone, who are the bread of angels and the fulfillment of the soul's deepest desires. May my heart always hunger and feed upon you, so that my soul may be filled with the sweetness of your presence. May my soul thirst for you, who are the source of life, wisdom, knowledge, light and all the riches of God our Father. May I always seek and find you, think upon you, speak to you and do all things for the honor and glory of your holy name. Be always my only hope, my peace, my refuge and my help in whom my heart is rooted so that I may never be separated from you."

St. Bonaventure

"[T]here is no small danger: without a [prayer] rule, like without a support, falls and mistakes are inevitable. For such a one all activity will depend upon presence of spirit, understanding and desire. But is this a dependable foundation? You cannot always preserve a presence of spirit. Understanding need to be taught, and besides, one's understanding cannot always be keen and sharp--it can dull. And who can maintain their desire indefinitely? Therefore, when there is no rule, there will inevitably be omissions, mistakes, and pauses. With rules, there is only one way: whether you want to or not, do it as you are supposed to, and it gets done. There are no pauses, and the work goes forward. Also, how else can you curb your egotistical manners and thoughts--that exceedingly dangerous disposition?"

St. Theophan the Recluse, The Path to Salvation

Come, Lord, work upon us, set us on fire and clasp us close, be fragrant to us, draw us to your loveliness, let us love, let us run to you.

St. Augustine

"God, our Father, we are exceedingly frail and indisposed to every virtuous and gallant undertaking. Strengthen our weakness, we beseech you, that we may do valiantly in this spiritual war; help us against our own negligence and cowardice, and defend us from the treachery of our unfaithful hearts; for Jesus Christ's sake."
Thomas a Kempis

We actually are, at present, creatures whose character must be, in some respects, a horror to God, as it is, when we really see it, a horror to ourselves. This I believe to be a fact: and I notice that the holier a man is, the more fully he is aware of that fact.

C.S. Lewis

It is important that you choose your career with care, so that you may really follow the vocation that God has destined for you. No day should pass without some prayer to this end. Often repeat with St. Paul: "Lord, what will you have me do?"

St. John Bosco

"Do you see that glass of water or that piece of bread which a holy soul gives to a poor person for God's sake; it is a small matter, God knows, and in human judgment hardly worthy of consideration: God, notwithstanding, recompenses it, and forthwith gives for it some increase of charity."

St. Francis de Sales

He who prays most receives most.

St. Alphonsus Liguori

"This is the business of our life. By labor and prayer to advance in the grace of God, till we come to that height of perfection in which, with clean hearts, we may behold God."

St. Augustine

"Question the beauty of the earth, the sea, the air distending and diffusing itself, the sky... question all these realities. All respond: 'See, we are beautiful.' These beauties are subject to change. Who made them if not the Beautiful One who is not subject to change?"

St. Augustine

As for those who radiate the beauty of the soul, the longer time goes by and test their proper nobility, the warmer they make their husband's love and the more they strengthen their affection for him. Since this is so, and since a warm and genuine friendship holds between them, every kind of immorality is driven out. Not even any thought of wantonness ever enters the mind of the man who truly loves his own wife, but he continues always content with her. By his chastity he attracts the good will and protection of God for his whole household. This is how the good men of ancient times used to take wives, seeking nobility of soul rather than monetary wealth.

St. John Chrysostom
“Without prayer it is impossible to resist temptations and to keep the commandments.”

St. Alphonsus De Ligouri

“As the king,” says St. Bonaventure, “would think it faithlessness of an officer, when his post was attacked, not to ask him for reinforacements, he would be reputed a traitor if he did not request help from the king;” so God thinks himself betrayed by the man who, when he finds himself surrounded by temptations, does not run to him for assistance.

St. Alphonsus De Ligouri

"For me prayer is a surge of the heart, it is a simple look towards Heaven, it is a cry of recognition and of love, embracing both trial and joy."

St. Therese of Lisieux

Brother Lawrence uses a remarkable image for our bering carried by God's grace when he says:

Those who have the gale of the Holy Spirit go forward even in sleep. The Spirit is a “gale.” and we are sailboats. Faith is our sail. If we just put up the sail, we can catch the gale. Even when the sailors are asleep on their boat at night, the wind does not sleep but blows on the sails and moves the boat forward.

In some ways the Spirit can move us even more effectively in sleep than in waking, as surgery can be more effective when the patient is anesthetized. When we are awake, we keep hopping about on God's operating table, telling him how to doctor us. Only death quiets us enough for the radical heart surgery we need. Sleep is an image of that.

Since the Spirit blows also in our sea of sleep, we must prepare to catch this gale by evening prayers. Since sleep is like death, we should prepare for sleep as we prepare for death, by giving God eager permission to enter the sleeping sea-depths of our souls. In sleep, as in death, it becomes clear that "everything is grace."

The Beginners' Prayerbook

“What should one do so that the mind might be constantly occupied with God? If we do not acquire the three following virtues: love for God and men, continence, and the Prayer of Jesus, then our mind cannot be completely occupied with God. For love makes anger meek, continence weakens fleshly desire, and prayer draws the mind away from thoughts and banishes every hatred and high-mindedness.”

St. Padre Pio
St. Paisius Velichkovsky

My dear brethren, this is how: listen well and you will understand if you have religion as God wants you to have it in order to lead you to Heaven. If a person has true virtue, nothing whatever can change him; he is like a rock in the midst of a tempestuous sea. If anyone scorces you, or calumniates you, if someone mocks at you or calls you a hypocrite or a sanctimonious fraud, none of this will have the least effect upon your peace of soul. You will love him just as much as you loved him when he was saying good things about you. You will not fail to do him a good turn and to help him, even if he speaks badly of your assistance. You will pray your prayers, go to Confession, to Holy Communion, you will go to Mass, all according to your general custom.

St. John Vianney

“The love of Christ arouses us, urges us to run, and to fly lifted on the wings of holy zeal... The man who burns with the fire of divine love is a son of the Immaculate Heart of Mary, and wherever he goes, he enkindles that flame; he desires and works with all his strength to inflame all men with the fire of God’s love. Nothing deters him: he rejoices in poverty; he labors strenuously; he welcomes hardships; he laughs off false accusations; he rejoices in anguish. He thinks only of how he might follow Jesus Christ and imitate Him by his prayers, his labors, his sufferings, and by caring always and only for the glory of God and the salvation of souls.”

St. Anthony Claret

You will not see anyone who is really striving after his advancement who is not given to spiritual reading. And as to him who neglects it, the fact will soon be observed by his progress.

St. Athanasius

Preach the gospel at all times use words when necessary.

St. Francis of Assisi

We must show charity towards the sick, who are in greater need of help. Let us take them some small gift if they are poor, or, at least, let us go and wait on them and comfort them.

St. Alphonsus De Liguori

God is your business and language. Whoever wants to speak to you must learn this language; and if he doesn’t, be on your guard that you don’t learn his; it will be a hell.

St. Theresa of Avila

The number of the elect is so small --so small-- that were we to know how small it is, we
should faint away with grief. The number of the elect is so small that were God to assemble them together, He would cry to them, as He did of old by the mouth of His prophet, ‘Gather yourselves together, one by one’—one from this province, one from that kingdom.

St. Louis de Montfort

Like the sun which shines on all alike, vainglory beams on every occupation. What I mean is this. I fast, and turn vainglorious. I stop fasting so that I will draw no attention to myself, and I become vainglorious over my prudence. I dress well or badly, and am vainglorious in either case. I talk or I hold my peace, and each time I am defeated. No matter how I shed this prickly thing, a spike remains to stand up against me.

St. John Climacus

"Thus then, as we have said, the Creator fashioned the race of men, and thus meant it to remain. But men, making light of better things, and holding back from apprehending them, began to seek in preference things nearer to themselves. 2. But nearer to themselves were the body and its senses; so that while removing their mind from the things perceived by thought, they began to regard themselves; and so doing, and holding to the body and the other things of sense, and deceived as it were in their own surroundings, they fell into lust of themselves, preferring what was their own to the contemplation of what belonged to God. Having then made themselves at home in these things, and not being willing to leave what was so near to them, they entangled their soul with bodily pleasures, vexed and turbid with all kind of lusts, while they wholly forgot the power they originally had from God. 3. But the truth of this one may see from the man who was first made, according to what the holy Scriptures tell us of him. For he also, as long as he kept his mind to God, and the contemplation of God, turned away from the contemplation of the body. But when, by counsel of the serpent, he departed from the consideration of God, and began to regard himself, then they not only fell to bodily lust, but knew that they were naked, and knowing, were ashamed. But they knew that they were naked, not so much of clothing as that they were become stripped of the contemplation of divine things, and had transferred their understanding to the contraries. For having departed from the consideration of the one and the true, namely, God, and from desire of Him, they had thenceforward embarked in divers lusts and in those of the several bodily senses. 4. Next, as is apt to happen, having formed a desire for each and sundry, they began to be habituated to these desires, so that they were even afraid to leave them: whence the soul became subject to cowardice and alarms, and pleasures and thoughts of mortality. For not being willing to leave her lusts, she fears death and her separation from the body. But again, from lusting, and not meeting with gratification, she learned to commit murder and wrong. We are then led naturally to shew, as best we can, how she does this."

St. Athanasius

The Church is only one, and this one true Church is the congregation of men bound
together by the profession of the same Christian Faith, and by the communion of the same Sacraments, under the rule of the legitimate pastors and especially under the one Vicar of Christ on earth, the Roman Pontiff. From this definition, it can easily be ascertained which men belong to the Church and which do not. For there are three parts to this definition:

1) the profession of the true Faith, 2) the communion of the Sacraments, and 3) subjection to the legitimate Pastor, the Pope.

By reason of the first part, all infidels are excluded, as well as those who have never been in the Church, such as Jews, Mohammedans, and pagans, and such as have been in the Church but fallen away, such as heretics and apostates.

By reason of the second part, catechumens and excommunicates are excluded, because the former are not to be admitted to the communion of the Sacraments and the latter have been cut off from them.

By reason of the third part, schismatics are excluded, who have faith and sacraments, but are not subject to the lawful Pastor, the Roman Pontiff; therefore, they profess faith and receive Sacraments outside the Church.

St. Robert Bellarmine

"In the Catholic Church, there are many other things which most justly keep me in her bosom. The consent of peoples and nations keeps me in the Church; so does her authority, inaugurated by miracles, nourished by hope, enlarged by love, established by age. The succession of priests keeps me, beginning from the very seat of the Apostle Peter, to whom the Lord, after His resurrection, gave it in charge to feed His sheep, down to the present episcopate. And so, lastly, does the name itself of Catholic, which, not without reason, amid so many heresies, the Church has thus retained; so that, though all heretics wish to be called Catholics, yet when a stranger asks where the Catholic Church meets, no heretic will venture to point to his own chapel or house. Such then in number and importance are the precious ties belonging to the Christian name which keep a believer in the Catholic Church, as it is right they should.... With you, where there is none of these things to attract or keep me.... No one shall move me from the faith which binds my mind with ties so many and so strong to the Christian religion.... For my part, I should not believe the gospel except as moved by the authority of the Catholic Church."

St. Augustine

"If you want to be certain of being in the number of the Elect, strive to be one of the few, not one of the many. And if you would be quite sure of your salvation, strive to be among the fewest of the few; that is to say: do not follow the great majority of mankind, but follow those who enter upon the narrow way, who renounce the world, who give themselves to prayer, and who never relax their efforts by day or night, so that they may attain everlasting blessedness."

St. Anselm

All vices must first be eradicated by the practice of good works in the active life, so that,
the mind's eye being purified, one may advance to the contemplation of God in the contemplative life

St. Isidore

How beautiful then is modesty and what a gem among virtues it is.

St. Bernard

When we hear people talk of riches, honors and amusements of the world, let us remember that all things have an end, and let us then say: "My God, I wish for You alone and nothing more."

St. Alphonsus De Liguori

He who trusts himself is lost. He who trusts in God can do all things.

St. Alphonsus De Liguori

It was as if you opened to me the heart in your most sacred body. I seemed to see it directly before my eyes. You told me to drink from this fountain, inviting me, that is, to draw the waters of my salvation from your wellsprings, my Savior. I was most eager that streams of faith, hope, and love should flow into me from that source. I was thirsting for poverty, chastity, obedience. I asked to be made wholly clean by you, to be clothed by you, to be made resplendent by you.

"So, after daring to approach your most loving heart, and to plunge my thirst into it, I received a promise from you of a garment made of three parts: these were to cover my soul in its nakedness, and to belong especially to my religious profession. They were peace, love, and perseverance. Protected by this garment of salvation, I was confident that I would lack nothing but all would succeed and give you glory.

St. Peter Canisius

If you have too much to do, with God's help you will find time to do it all.

St. Peter Canisius

St. Alphonsus Liguori

We must be pure. I do not speak merely of the purity of the senses. We must observe great purity in our will, in our intentions, in all our actions.

St. Peter Julian Eymard

He who communicates most frequently will be freest from sin, and will make farthest progress in Divine Love.
If we should be saved and become saints, we ought always to stand at the gates of the Divine mercy to beg and pray for, as an alms, all that we need.

"Pray, pray very much, and make sacrifices for sinners; for many souls go to hell, because there are none to sacrifice themselves and pray for them."

Lord, increase my sufferings, and with them increase Your love in my heart.

"When the sage points to the moon, all the idiots see is the finger."

“As the body without the soul cannot love, so the soul without prayer is dead and emits an offensive odor.”

“After baptism, continual prayer is necessary to man, in order that he may enter heaven; for though by baptism our sins are remitted, there still remains concupiscence to assail us from within, and the world and the devil to assail us from without.”

Far be it from us to desert the law and the ordinances. We will not obey the king's words by turning aside from our religion to the right hand or to the left.

“Man by prayer merits to receive that which God had from all eternity determined to give him.”

“As the flesh is nourished by food, so is man supported by prayers.”
Heretics are to be converted by an example of humility and other virtues far more readily
than by any external display or verbal battles. So let us arm ourselves with devout prayers
and set off showing signs of genuine humility and go barefooted to combat Goliath.

St. Dominic

Let us, then, come back from that table like lions breathing out fire, thus becoming
terrifying to the Devil, and remaining mindful of our Head and of the love he has shown
for us... This Blood, when worthily received, drives away demons and puts them at a
distance from us, and even summons to us angels and the Lord of angels... This Blood,
poured out in abundance, has washed the whole world clean... This is the price of the
world; by it Christ purchased the Church... This thought will check in us unruly passions.

How long, in truth, shall we be attached to present things? How long shall we remain
asleep? How long shall we not take thought for our own salvation? Let us remember what
privileges God has bestowed on us, let us give thanks, let us glorify him, not only by
faith, but also by our very works.

St. John Chrysostem

Those who tell the Truth love you. Those who tell you what you want to hear love
themselves.

Mother Angelica

Lord, those are your best servants who wish to shape their life on Your answers rather
than to shape your answers on their wishes.

St. Augustine

Our Lord and Savior lifted up his voice and said with incomparable majesty: "Let all men
know that grace comes after tribulation. Let them know that without the burden of
afflictions it is impossible to reach the height of grace. Let them know that the gifts of
grace increase as the struggles increase. Let men take care not to stray and be deceived.
This is the only true stairway to paradise, and without the cross they can find no road to
climb to heaven."

When I heard these words, a strong force came upon me and seemed to place me in the
middle of a street, so that I might say in a loud voice to people of every age, sex and
status: "Hear, O people; hear, O nations. I am warning you about the commandment of
Christ by using words that came from his own lips: We cannot obtain grace unless we
suffer afflictions. We must heap trouble upon trouble to attain a deep appreciation in the
divine nature, the glory of the sons of God and perfect happiness of soul."

"If only mortals would learn how great it is to possess divine grace, how beautiful, how
noble, how precious. How many riches it hides within itself, how many joys and delights!
No one would complain about his cross or about troubles that may happen to him, if he
would come to know the scales on which they are weighed when they are distributed to
men."

St. Rose of Lima

Eternal Trinity, Godhead, mystery deep as the sea, you could give me no greater gift than
the gift of yourself. For you are a fire ever burning and never consumed, which itself
consumes all the selfish love that fills my being. Yes, you are a fire that takes away the
coldness, illuminates the mind with its light, and causes me to know your truth. And I
know that you are beauty and wisdom itself. The food of angels, you gave yourself to
man in the fire of your love.

St. Catherine of Siena

Everything comes from love, all is ordained for the salvation of man, God does nothing
without this goal in mind.

St. Catherine of Siena

We must faithfully keep what we have promised. If through human weakness we fail, we
must always without delay arise again by means of holy penance, and give our attention
to leading a good life and to dying a holy death. May the Father of all mercy, the Son by
his holy passion, and the Holy Spirit, source of peace, sweetness and love, fill us with
their consolation. Amen.

St. Colette

If there be a true way that leads to the Everlasting Kingdom, it is most certainly that of
suffering, patiently endured.

St. Colette

Obviously the need of this Christian instruction is accentuated by the decline of our times
and morals. It is even more demanded by the existence of those public schools, lacking
all religion, where everything holy is ridiculed and scorned. There both teachers' lips and
students' ears are inclined to godlessness. We are referring to those schools which are
unjustly called neutral or lay. In reality, they are nothing more than the stronghold of the
powers of darkness.

Pope St. Pius X, Editae Saepe

Mortification in eating is the alphabet of a spiritual life; and he who knows not how to
subdue his gluttony will find it no easy matter to triumph over other vices which are
much more difficult to conquer.

St. Vincent de Paul
The greater part of men choose to be damned.

St. Alphonsus Liguori

I had the greatest sorrow for the many souls that condemn themselves to Hell, especially those Lutherans ... I saw souls falling into Hell like snowflakes.

St. Teresa of Avila

"You carry your snare everywhere and spread your net in all places. You allege that you never invited others to sin. You did not indeed by your words, but you have done so by your dress and your deportment. And much more effectively than you could by your voice. When you have made another sin in his heart, how can you be innocent? Tell me whom does this world condemn? Whom do the judges in court punish? Those who drink poison or those who prepare it and administer the fatal potion? You are more criminal than those who poison the body. You have given the death-dealing drink. You murder not the body but the soul, and it is not to enemies do you do this nor are you urged on by any imaginary necessity nor provoked by injury. But you do it out of foolish vanity and pride."

St. John Chrysostem

"Be still and know that I AM."

Psalm 45:10

"That man attains to spiritual freedom, clearness of judgment, repose, tranquillity and peaceful confidence, together with true worship and obedience of the will when he represses all joy in passing things. Man has greater joy and comfort in creatures if he detaches himself from them."

St. John of the Cross

He who has become aware of his sins has controlled his tongue, but a talkative person has not yet come to know himself as he should.

St. John Climacus

The Church is the entrance to life; all others are thieves and robbers. On this account we are bound to avoid them... We hear it declared of the unbelieving and the blinded of this world that they shall not inherit the world of life which is to come...Resist them in defense of the only true and life giving faith, which the Church has received from the Apostles and imparted to her sons.

Saint Irenaeus
"All graces given to those outside the Church are given them for the purpose of bringing them inside the Church."

St. Augustine

As I follow no leader save Christ, so I communicate with none but your blessedness, that is, with the Chair of Peter. For this, I know, is the rock on which the Church is built ...This is the ark of Noah, and he who is not found in it shall perish when the flood prevails. ...And as for heretics, I have never spared them; on the contrary, I have seen to it in every possible way that the Church's enemies are also my enemies.

Saint Jerome

Let us love God, but let it be with the strength of our arms and the sweat of our brow.

St. Vincent De Paul

It is a good thing to induce others to exercise charity. To do so is to practice all virtues at once.

St. Vincent De Paul

Give me a person of prayer, and such a one will be capable of accomplishing anything.

St. Vincent De Paul

"The deeper a soul is bound to God, the more completely surrendered to grace, the stronger will be its influence on the form of the church. Conversely, the more an era is engulfed in the night of sin and estrangement from God the more it needs souls united to God. And God does not permit a deficiency. The greatest figures of prophecy and sanctity step forth out of the darkest night. But for the most part the formative stream of the mystical life remains invisible. Certainly the decisive turning points in world history are substantially co-determined by souls whom no history book ever mentions. And we will only find out about those souls to whom we owe the decisive turning points in our personal lives on the day when all that is hidden is revealed."

St. Theresa Benedicta of the Cross

O Priest! You are not yourself because you are God. You are not of yourself because you are the servant and minister of Christ. You are not you own because you are the spouse of the Church. You are not yourself because you are the mediator between God an man. You are not from yourself because you are nothing. What then are you? Nothing and everything. O Priest! Take care lest what was said to Christ on the cross be said to you: "He saved others, himself he cannot save!"
St. Norbert

If the salvation of one soul is of such importance that we should endanger our temporal life in order to procure it, how could we abandon so great a number through fear of incurring some expense?

St. Vincent De Paul

It would be preferable to suffer all the possible torments of Earth until the Judgement Day than pass one day in Purgatory.

St. Cyril of Alexandria

In dangers, in doubts, in difficulties, think of Mary, call upon Mary. Let not her name depart from your lips, never suffer it to leave your heart. And that you may obtain the assistance of her prayer, neglect not to walk in her footsteps. With her for guide, you shall never go astray; while invoking her, you shall never lose heart; so long as she is in your mind, you are safe from deception; while she holds your hand, you cannot fall; under her protection you have nothing to fear; if she walks before you, you shall not grow weary; if she shows you favor, you shall reach the goal.

St. Bernard of Clairvaux

Actions speak louder than words; let your words teach and your actions speak. We are full of words but empty of actions, and therefore are cursed by the Lord, since he himself cursed the fig tree when he found no fruit but only leaves. It is useless for a man to flaunt his knowledge of the law if he undermines its teaching by his actions. But the apostles "spoke as the Spirit gave them the gift of speech." Happy the man whose words issue from the Holy Spirit and not from himself!

We should speak, then, as the Holy Spirit gives us the gift of speech. Our humble and sincere request to the Spirit for ourselves should be that we may bring the day of Pentecost to fulfillment, insofar as he infuses us with his grace, by using our bodily senses in a perfect manner by keeping the commandments. Likewise we shall request that we may be filled with a keen sense of sorrow and with fiery tongues for confessing the faith so our deserved reward may be to stand in the blazing splendor of the saints and to look upon the triune God.

St. Anthony of Padua

Look at that clever calumniator! He begins by fetching a deep sigh, he affects to be humble, and puts on a modest look, and with a voice choking with sobs tries to gloss over the slander which is on the tip of his tongue One would fancy that he expressly assumed a calm and easy demeanor; for when he speaks against his brother, it is in a tender and compassionate tone. I am really hurt, says he, to find that our brother has fallen into such a sin; you all know how much I love him, and how often I have tried to correct him. It is not today that I have noticed his failing; for I should always be on my guard to speak of
others, but others have spoken of it too. It would be in vain to disguise the fact; it is only too true, and with tears in my eyes I tell it to you. This poor unfortunate brother has talent, but it must be confessed that he is very guilty, and however great may be our friendship for him, it is impossible to excuse him.

St. Bernard of Clairvaux

Believe me, he who does not think of the wants of the poor is not a member of the Body of Christ. For if one member suffers, all suffer.

St. Alphege of Canterbury

Consider every day that you are then for the first time beginning; and always act with the same fervor as on the first day you began.

St. Anthony of Padua

You have forgotten what you are.

St. Severinus Boethius

Whoever wishes to listen well to divine speech must enclose himself in great silence.

St. Umilta of Faenza

Up to my fifteenth year I saw much, and related some of the things seen to others, who would inquire with astonishment, whence such things might come. I also wondered and during my sickness I asked one of my nurses whether she also saw similar things. When she answered no, a great fear befell me. Frequently, in my conversation, I would relate future things, which I saw as if present, but, noting the amazement of my listeners, I became more reticent.

St. Hildegard

I have my room, some books and a nearby chapel. That is complete happiness.

St. Miguel of Ecuador

Ignorance of Scripture is ignorance of Christ.

St. Jerome

A man who is well-grounded in the testimonies of Scriptures is the bulwark of the Church.

St. Jerome
My dear brethren, I call that man bad company who is without religion, who does not concern himself with either the commandments of God or those of the Church, who does not recognize Lent or Easter, who seldom comes to church or, if he does come, then only to scandalize others by his irreligious ways. You ought to shun his company; otherwise you will not be long in becoming like him without your even noticing it.

St. John Vianney

Often tell Jesus that you love him very much, and that you wish to die for love of him. Behold our love, Jesus; behold our life, Jesus; behold our all, Jesus. Let us accompany Jesus in all his ways. When we are alone, let it be with Jesus in the solitude of Bethlehem when we are traveling, let us think that we are with Jesus in Palestine or on the way to Calvary; when we are lashed by biting criticisms, behold us scourged with Jesus; when we are fixed to the cross, behold we are crucified with Jesus.

St. Gaspar

With Jesus let us think, with Jesus let us speak; let us labor with Jesus, let us rest with Jesus; with Jesus let us weep, with Jesus let us keep silence; let us pray with Jesus; with Jesus let us live, with Jesus let us die. May Jesus live in our minds. May Jesus live on our tongues. May Jesus live in our hearts. May Jesus live in our souls. May Jesus live at all times. May Jesus live in all places. May Jesus live in all hearts. Yes, let us always say: May Jesus live!"

St. Gaspar

The proof of love is in the works. Where love exists, it works great things. But when it ceases to act, it ceases to exist.

St. Gregory the Great

Oh my Lord! How true it is that whoever works for you is paid in troubles! And what a precious price to those who love you if we understand its value.

St. Teresa of Avila

There is no such thing as bad weather. All weather is good because it is God's.

St. Teresa of Avila

There is more value in a little study of humility and in a single act of it than in all the knowledge in the world.

St. Teresa of Avila
We need no wings to go in search of Him, but have only to look upon Him present within us.

St. Teresa of Avila

Let nothing disturb thee.
Let nothing affright thee.
All things are passing.
Patience obtains all things.
He who has God has everything.
God alone suffices.

St. Teresa of Avila

Do not, then, regard the eucharistic elements as ordinary bread and wine. They are in fact the Body and Blood of the Lord, as He himself has declared. Whatever your senses may tell you, be strong in faith. You have been taught and are firmly convinced that what looks and tastes like bread and wine is not bread and wine but the Body and Blood of Christ.

St. Cyril of Jerusalem

But the Lord had given her such a living faith that when she heard some person saying they would have liked to have lived at the time Christ our Good walked in the world, she used to laugh to herself. She wondered what more they wanted since in the most Blessed Sacrament they had Him just as truly present as He was then.

St. Teresa of Avila

The most beautiful gift of God to our congregation is that we can have an hour of adoration every day. Though it's only one hour, it's a beautiful gift of God to be able to be with Him in that silent union and joy and Love with Him.

Mother Teresa of Calcutta

Let us therefore leave the devil's deceitful service and take nothing at his hand. For he nothing giveth but trifles; nor giveth half an inch of pleasure without one whole ell of pain.

St. Thomas More

Enjoy yourself as much as you like - if only you keep from sin.

St. John Bosco

Weak, lazy penitents abstain regretfully for a while from sin. They would very much like
to commit sins if they could do so without being damned. They speak about sin with a certain petulance and with a liking for it and think those who commit sins are at peace with themselves.

St. Francis de Sales

"The hostility of the perverse sounds like praise for our life because it shows that we have at least some rectitude if we are an annoyance to those who do not love God; no one can be pleasing to God and to God's enemies at the same time. He who seeks to please those who oppose God is no friend of God; and he who submits himself to the truth will fight against those who strive against truth."

St. Gregory the Great

Dream that the more you struggle, the more you prove the love that you bear your God, and the more you will rejoice one day with your Beloved, in a happiness and rapture that can never end.

St. Teresa of Avila

Hope, O my soul, hope. You know neither the day nor the hour. Watch carefully, for everything passes quickly, even though your impatience makes doubtful what is certain, and turns a very short time into a long one.

St. Teresa of Avila

You ought to make every effort to free yourselves even from venial sin, and to do what is most perfect.

St. Teresa of Avila

If Christ Jesus dwells in a man as his friend and noble leader, that man can endure all things, for Christ helps and strengthens us and never abandons us. He is a true friend. And I clearly see that is we expect to please him and receive an abundance of his graces, God desires that these graces must come to us from the hands of Christ, through his most sacred humanity, in which God takes delight. All blessings come to us through our Lord. He will teach us, for in beholding his life we find that he is the best example.

What more do we desire from such a good friend at our side? Unlike our friends in the world, he will never abandon us when we are troubled or distressed. Blessed is the one who truly loves him and always keeps him near. Whenever we think of Christ we should recall the love that led him to bestow on us so many graces and favors, and also the great love God showed in giving us in Christ a pledge of his love; for love calls for love in return. Let us strive to keep this always before our eyes and to rouse ourselves to love him. For is at some time the Lord should grant us the grace of impressing his love on our hearts, all will become easy for us and
we shall accomplish great things quickly and without effort.

St. Teresa of Avila

It is not enough to discover Christ--you must bring Him to others! The world today is one great mission land, even in countries of long-standing Christian tradition.

Pope John Paul II

Our heart now needs to distinguish and adore each one of the Divine Persons. The soul is, as it were, making a discovery in the supernatural life, like a little child opening his eyes to the world about him. The soul spends time lovingly with the Father and the Son and the Holy Spirit, and readily submits to the work of the lifegiving Paraclete, who gives Himself to us with no merit on our part, bestowing His gifts and the supernatural virtues!

St. Josemaria Escriva

Show me the icons that you venerate, that I may be able to understand your faith.

St. John of Damascus

"There is nothing colder than a Christian who is not concerned about the salvation of others [...] Do not say, I cannot help others: for, if you are truly a Christian it is impossible not to. Natural objects have properties that cannot be denied; the same is true of what I have just said, because it is the nature of a Christian to act in that way. Do not offend God by deception. If you said that the sun cannot shine, you would be committing an offense against God and making a liar of Him. It is easier for the sinner to shine or give warmth than for a Christian to cease to give light: it is easier for that to happen than for light to become darkness. Do not say that that is impossible: what is impossible is the contrary [...]. If we behave in the correct way, everything else will follow as a natural consequence. The light of Christians cannot be hidden, a lamp shining so brightly cannot be hidden."

St. John Chrysostom

"All that the beginner in prayer has to do -- and you must not forget this, for it is very important -- is to labour and be resolute and prepare himself with all possible diligence to bring his will into conformity with the will of God. As I shall say later, you may be quite sure that this comprises the very greatest perfection which can be attained on the spiritual road."

St. John Chrysostom

Perfect love of God renders death agreeable, making the soul taste the greatest sweetness therein. The soul that loves is inundated with a torrent of delights at the approach of that moment when she is about to enjoy the full possession of her Beloved. On the point of
being delivered from this prison of the body, she seems already to contemplate the glories
of Paradise and all within her is transformed into love.”

St. John of the Cross

“These things I have spoken to you, while I am still with you. But the Counselor, the
Holy Spirit, whom the Father will send in My name, He will teach you all things and
bring to your remembrance all that I have said to you.”

John 14:(25-26)

The word translated here as "bring to your remembrance" also includes the idea of
"suggesting": the Holy Spirit will recall to the Apostles' memory what they had already
heard Jesus say--and He will give them light to enable them to discover the depth and richness of everything they have seen and
heard. Thus, "the Apostles handed on to their hearers what He had said and done, but
with that fuller understanding which they, instructed by the glorious events of Christ (cf.
John 2:22) and enlightened by the Spirit of truth, now enjoyed: (Vatican II, "Dei
Verbum", 19).

Navarre Bible Commentary

"When the Arimathean lifted You, lifeless from the Cross, O Lord of Life, he anointed
You, O Christ, with myrrh, and wrapped You in a shroud. He was moved by heartfelt
love to kiss your body not subject to decay; but was restrained by fear, and rejoicing, he
cried out to You: 'Glory to Your condescension, O Lover of Mankind.'"

from the Vespers of Great and Holy Friday

Our own evil inclinations are far more dangerous than any external enemies.

St. Ambrose

“Prayer is the bulwark of chastity.”

St. Gregory of Nyssa

“Nor can any one be excused who, by ceasing to pray, has shown that he did not wish to
overcome his enemy.”

St. John Chrysostom

... in tranquility of spirit rest lovingly in the wounded side of Jesus, and do not be
anxious about your soul, but preserve interior calm by kissing that loving Wound and
pressing to your heart so dear a Good.
St. Gaspar

If you would be good Christians, be good Romans.

St. Patrick

I exhort you to speak little and to pray very much."

St. Gaspar

"Wait upon God with loving and pure attentiveness, working no violence on yourself lest you disturb the soul's peace and tranquillity. God will feed your soul with heavenly food since you put no obstacle in His way. The soul in this state must remember that if it is not conscious of making progress, it is making much more than when it was walking on foot, because God Himself is bearing it in His arms. Although outwardly it is doing nothing, it is in reality doing more than if it were working, since God is doing the work within it. And it is not remarkable that the soul does not see this, for our senses cannot perceive what God does in the soul.... if the soul stays in God's care it will certainly make progress."

St. John of the Cross

Never do anything in a hurry; do everything quietly and in a calm spirit. Do not lose your inward peace for anything whatsoever, even if your whole world seems upset. Commend all to God and then lie still and be at rest in His Heart.

St. Francis De Sales

Half an hour's meditation is essential except when you are very busy. Then a full hour is needed.

St. Francis De Sales

Humility, which Christ recommended to us both by word and example, ought to include three conditions. First, we are to consider ourselves, in all sincerity, worthy of the contempt of men; secondly, to be glad that others should see what is imperfect in us and what might cause them to despise us; thirdly, when the Lord works any good in us or by our means, to conceal it, if possible, at the sight of our baseness, and if this cannot be done, to ascribe it to the Divine Mercy, and to the merits of others. Whoever shall attain to this humility, happy is he! And to him who shall not attain it, griefs will never be wanting.

St. Vincent de Paul

Diseases of the soul come posting in on horseback, but leave slowly and on foot.
St. Francis De Sales

But if these beings angels guard you, they do so because they have been summoned by your prayers.

St. Ambrose

The Church of the Lord is built upon the rock of the apostles among so many dangers in the world; it therefore remains unmoved. The Church's foundation is unshakable and firm against assaults of the raging sea. Waves lash at the Church but do not shatter it. Although the elements of this world constantly beat upon the Church with crashing sounds, the Church possesses the safest harbor of salvation for all in distress. There is a stream which flows down on God's saints like a torrent. There is also a rushing river giving joy to the heart that is at peace and makes for peace. He who read much and understands much, receives his fill. He who is full, refreshes others. So Scripture says: "If the clouds are full, they will pour rain upon the earth." Therefore, let your words be rivers, clean and limpid, so that you may charm the ears of people. And by the grace of your words win them over to follow your leadership. Solomon says: "The weapons of the understanding are the lips of the wise"; and in another place he says: "Let your lips be bound with wisdom." That is, let the meaning of your words shine forth, let understanding blaze out. Let no word escape your lips in vain or be uttered without depth of meaning.

St. Ambrose

To avoid dissensions we should be ever on our guard, more especially with those who drive us to argue with them, with those who vex and irritate us, and who say things likely to excite us to anger. When we find ourselves in company with quarrelsome, eccentric individuals, people who openly and unblushingly say the most shocking things, difficult to put up with, we should take refuge in silence, and the wisest plan is not to reply to people whose behavior is so preposterous. Those who insult us and treat us contumeliously are anxious for a spiteful and sarcastic reply: the silence we then affect disheartens them, and they cannot avoid showing their vexation; they do all they can to provoke us and to elicit a reply, but the best way to baffle them is to say nothing, refuse to argue with them, and to leave them to chew the cud of their hasty anger. This method of bringing down their pride disarms them, and shows them plainly that we slight and despise them.

St. Ambrose

"It is impossible for us who have fallen into the pit of iniquities ever to be drawn out of it, unless we sink into the abyss of the humility of the repentant."

St. John Climacus

"Justice was above the world when the devil offered all the kingdoms of the world and all its glory. He was above the world Who touched nothing concerning the world, Who said: The prince of this world is coming, but in Me he shall find nothing. Learn, therefore, to
be above the world even while in this world, and if you bear a body, may your interior wings soar up. He is above the world who bears God in his body."

St. Ambrose of Milan

When God wishes, He becomes fire, burning up every coarse passion that has taken root in the soul. "For our God is a consuming fire" (Dt. 4:24; Heb. 12:29). When He wishes, He becomes an inexpressible and mysterious rest so that the soul may find rest in God's rest. When He wishes, he becomes joy and peace, cherishing and protecting the soul.

St. Macarius the Great

Apart from the cross there is no other ladder by which we may get to heaven.

St. Rose of Lima

"There are many souls who close their ears against Him because they prefer to speak and hurry through vocal prayers as if a task had been set them to say a certain amount everyday. Do not imitate them. You are doing more by occasionally repeating a single petition of the Our Father than by repeating the whole of it many times in a hurry and not thinking [or willing] what you are saying."

St. Teresa of Avila

"If you believe in the Gospel that you like, and reject what you don't like, it is not the Gospel you believe in, but yourself."

St. Augustine

"The soul that truly loves God loves all good, seeks all good, protects all good, praises all good, joins itself to good men, helps and defends them, and embraces all the virtues: it loves only what is true and worth loving. Do you think it possible that one who truly loves God cares, or can care, for vanities, or riches, or worldly things, or pleasures or honors? Neither can such a soul quarrel or feel envy, for it aims at nothing save pleasing its Beloved."

St. Teresa of Avila

There is no other way to God except through the burning love of the crucified.

St. Bonaventure.

In her voyage across the ocean of this world, the Church is like a great ship being pounded by the waves of life's different stresses. Our duty is not to abandons ship but to keep her on her course.
St. Boniface

Let us stand fast in what is right, and prepare our souls for trial. Let us wait upon God's strengthening aid and say to him: "O Lord, you have been our refuge in all generations."

St. Boniface

Let us trust in him who has placed this burden upon us. What we ourselves cannot bear let us bear with the help of Christ. For he is all-powerful, and he tells us: "My yoke is easy, and my burden light."

St. Boniface

Let us continue the fight on the day of the Lord. The days of anguish and of tribulation have overtaken us; if God so wills, "let us die for the holy laws of our fathers," so that we may deserve to obtain an eternal inheritance with them.

St. Boniface

Fix your minds on the passion of our Lord Jesus Christ. Inflamed with love for us, he came down from heaven to redeem us. For our sake he endured every torment of body and soul and shrank from no bodily pain. He himself gave us an example of perfect patience and love. We, then, are to be patient in adversity.

Take pains to refrain from sharp words. Pardon one another so that later on you will not remember the injury. The recollection of an injury is itself wrong. It adds to our anger, nurtures our sins and hates what is good. It is a rusty arrow and poison for the soul. It puts all virtue to flight.

Be peace-loving. Peace is a precious treasure to be sought with great zeal. You are well aware that our sins arouse God's anger. You must change your life, therefore, so that God in his mercy will pardon you. What we conceal from men is known to God. Be converted, then, with a sincere heart. Live your life that you may receive the blessing of the Lord. Then the peace of God our Father will be with you always.

St. Francis of Paola

Be careful to give no credit to yourself for anything; if you do, you are stealing from God, to whom alone every good thing is due.

St. Vincent de Paul

Keep careful watch, to ensure that the enemy does not make off with any who are off guard or remiss; and that no heretic may pervert part of what you have been given. Accepting the faith is like putting into the bank the money we have given you; God will ask you for an account of this deposit.

St. Cyril of Jerusalem
If you wish to arrive speedily at the summit of perfection, animate yourself to a true love of shame, insults and calumny.

St. Ignatius

"I will only warn you that, when you learn or hear that God is granting souls these graces [visions etc], you must never beseech or desire Him to lead you along this road. Even if you think it is a very good one, and to be greatly prized and reverenced, there are certain reasons why such a course is not wise. It shows a lack of humility, one leaves self open to great danger since the devil will take any opening, there is also danger of autosuggestion; it is presumption to want to choose one's own path; very heavy trials usually go with such favors and, there are many saintly people who have never known what it is to receive a favor of this kind, and there are others who receive such favors, although they are not saintly. . . . It is true that to have these favors must be the greatest help towards attaining a high degree of perfection in the virtues; but anyone who has attained the virtues at the cost of his own toil has earned much more merit."

St. Theresa of Avila

The greater and more persistent you confidence in God, the more abundantly you will receive all that you ask.

St. Albert the Great

What could be more out of keeping with our holy religion than impure language? It outrages God. It scandalizes our neighbor. Can a Christian really afford to occupy his mind with such horrible images?

St. John Vianney

The proof of love is in the works. Where love exists, it works great things. But when it ceases to act, it ceases to exist.

St. Gregory the Great

Believe that others are better than you in the depths of their soul, although outwardly you may appear better than they.

St. Augustine

He commands some things which we cannot do that we may know what we ought to ask of him.

St. Augustine
If we wish to love Jesus with the heart of the Immaculata, receive Him with her heart, praise Him with her acts, make reparation and at the same time give thanks through her... Then with her heart, with her acts we praise Jesus, or actually, it is she who loves and praises Jesus through us. We are then her instruments.

St. Maximilian Kolbe

Modern times are dominated by Satan and will be more so in the future. The conflict with hell cannot be engaged by men, even the most clever. The Immaculata alone has from God the promise of victory over Satan. However, assumed into Heaven, the Mother of God now requires our cooperation. She seeks souls who will consecrate themselves entirely to her, who will become in her hands effective instruments for the defeat of Satan and the spreading of God's kingdom upon earth.

St. Maximilian Kolbe

Where there is no love, put love and you will find love.

St. John of the Cross

"Remember that sacrifice exists in the will; and although force of habit may dull the sting of sacrifice, the merit last and increases with the repetition of the sacrifice.

St. Peter Julian Eymard

Furthermore, while the soul is withdrawn from everything and is turned within, the eye of contemplation is opened and sets itself up a ladder by which it can pass to the contemplation of God. By this contemplation the soul is set on fire for eternal things by the heavenly and divine good things it experiences, and views all the things of time from a distance and as if they were nothing. Hence when we approach God by the way of negation, we first deny Him everything that can be experienced by the body, the senses and the imagination, secondly even things experienceable by the intellect, and finally even being itself in so far as it is found in created things. This, so far as the nature of the way is concerned, is the best means of union with God, according to Dionysius. And this is the cloud in which God is said to dwell, which Moses entered, and through this came to the inaccessible light.

St. Albert the Great

It is the height of holy disinterestedness to be content with naked, dry, and insensible acts carried out in the higher will alone. You have told me well about your suffering and there is nothing to do to help it but what you are doing: affirming to our Lord, sometimes out loud and sometimes in song, that you even will to live and to eat as the dead do, without taste, feeling or knowledge. In the end, the Savior wants us to be His so perfectly that nothing else is left for us, and to abandon ourselves entirely to the mercy of His providence without reservation.
St. Francis De Sales

Through the communion of the saints, all Christians receive grace from every Mass that is celebrated, regardless of whether there is an attendance of thousands or whether it is only a boy with his mind on other things who is there to serve. In either case, heaven and earth join with the angels of the Lord to sing: "Sanctus, Sanctus, Sanctus ..."

St. Josemaria Escriva

God knows how useful it is to us to be obliged to pray, in order to keep us humble, and to exercise our confidence; and he therefore permits us to be assaulted by enemies too mighty to be overcome by our own strength, that by prayer we may obtain from his mercy aid to resist them; and it is especially to be remarked that no one can resist the impure temptations of the flesh, without recommending himself to God when he is tempted.

St. Alphonsus De Ligouri

It is most laudable in a married woman to be devout, but she must not forget that she is a housewife; and sometimes she must leave God at the altar to find Him in her housekeeping.

St. Frances of Rome

If we knew at what time we were to depart from this world, we would be able to select a season for pleasure and another for repentance. But God, who has promised pardon to every repentant sinner, has not promised us tomorrow. Therefore we must always dread the final day, which we can never foresee. This very day is a day of truce, a day for conversion. And yet we refuse to cry over the evil we have done! Not only do we not weep for the sins we have committed, we even add to them.... If we are, in fact, now occupied in good deeds, we should not attribute the strength with which we are doing them to ourselves. We must not count on ourselves, because even if we know what kind of person we are today, we do not know what we will be tomorrow. Nobody must rejoice in the security of their own good deeds. As long as we are still experiencing the uncertainties of this life, we do not know what end may follow...we must not trust in our own virtues.

St. Gregory the Great

Help yourself during this troubled period by reading holy books. This reading provides excellent food for the soul and conduces to great progress along the path of perfection. By no means is it inferior to what we obtain through prayer and holy meditation. In prayer and meditation it is ourselves who speak to the Lord, while in holy reading it is God who speaks to us. Before beginning to read, raise your mind to the Lord and implore Him to guide your mind Himself, to speak to your heart and move your will.

St. Padre Pio
To abstain from sinful actions is not sufficient for the fulfillment of God's law. The very desire of what is forbidden is evil.

St. John Baptist de la Salle

Jesus invited us to be like Him, humble of heart. But what is humility of the heart? It consists in receiving humiliations from God with a submissive love, in accepting one's state of life and one's duties whatever they are, and in not being ashamed of one's condition.

St. Peter Julian Eymard

The Father spoke one Word, which was His Son, and this Word He speaks always in eternal silence, and in silence must it be heard by the soul.

St. John of the Cross

What kind of man was this saint who is so seldom well understood? We may say that he was serene, plain, simple... fearless of enemies but gentle towards everyone... intelligent and logical.. outspoken but soft spoken.. powerfully resolute and completely honest... moderate but by no means mediocre.. uncompromising with principles but compassionate with human failings.. poetically brilliant but no weaver of euphemisms.. hard on himself but tender with others.

Thomas Dubay, on St. John of the Cross

The sanjuanist optimism can be seen, for example, in his portrayal of all creation as a resplendent bride given by the Father to the Son: "I will hold her in My arms and she will burn with Your love, and with eternal delight she will exalt Your goodness... By these words the worlds was created, a palace for the bride."

Thomas Dubay

The saint was capable of an absorption during meals such that he could not recall what he had eaten -- much like St. Thomas Aquinas who provided his own anesthetic for bleeding by the simple procedure of going into contemplative prayer.

Thomas Dubay, on St. John of the Cross

He slept on handfuls of rosemary twigs interwoven with vine shoots and later used bare boards as his bed. John wore a peninential chain so tightly around his waist that when it was later pulled away during his illness the links were found embedded in his flesh.

Thomas Dubay, on St. John of the Cross
"That you may have pleasure in everything, seek your own pleasure in nothing. That you may know everything, seek to know nothing. That you may possess all things, seek to possess nothing. That you may be everything, seek to be nothing.... Desire to be empty and poor for Christ's sake. This state must be embraced with a perfect heart and you must really want it. If your heart is truly engaged in these efforts you shall speedily attain to great joy and consolation. Be continually careful and earnest in imitating Christ in everything, making your life conform to His."

St. John of the Cross

Prayer is to our soul what rain is to the soil. Fertilize the soil ever so richly, it will remain barren unless fed by frequent rains.

St. John Vianney

For St. John of the Cross each of the theological virtues empties in order to fill. Faith frees the intellect of merely human ways of knowing, which are as different from the divine as heaven is above the earth. Hope empties the memory of passing allurements that we might seek eternal enthrallment. Charity unburdens our will and heart of false and fleeting loves that we might cling unimpededly to true and lasting Beauty and experience the complete fulfillment found only in the divine embrace. These three virtues free us of the ephemeral that we may be transformed into the eternal. As we outgrow the multiplicities of meditation, we enter into the darkness of an infused, simple communion that is to culminate in the enthrallment of clear vision in risen body.

Thomas Dubay, on St. John of the Cross

Never give up the habitual practice of prayer, for one is doomed if he does.

Thomas Dubay

The third condition for continuing growth is the seeking of greater solitude -- without, of course, neglecting work or community. . . going out to be alone in prayer with the Father for long stretches of time early in the morning or all through the night. There is a built in proclivity in advancing prayer to seek solitude with the Beloved.

Thomas Dubay

I am He Who Is, and you are she who is not."

heard by St. Catherine of Siena in a vision

We must not fix on things apart from God, and any pleasure derived from them is due to God and not be hungered for or fed on, only drink of God through them. They must bring the mind to God, not self-focus, not object-focus.

From My Spiritual Notes
See “Fire Within” and “Seeking Spiritual Direction” and my notes on them for further along these veins.

This union of likeness effected by perfect love can happen only when everything unlike and unconformed to God is cast out, for otherwise the entire image cannot be received into the soul. St. John of the Cross is in complete agreement with New Testament John, who has already said that anyone who entertains the hope of the final vision of eternity must try to be as pure as Christ Himself. There is no higher ideal than this.

Thomas Dubay

Let your baptism be ever your shield, your faith a helmet, your charity a spear, your patience a panoply. Let your works be deposits, so that you may receive the sum that is due you"

St. Ignatius of Antioch

Those who profess to be Christ's will be recognized by their actions. For what matters is not a momentary act of professing, but being persistently motivated by faith

St. Ignatius of Antioch

Deny your desires and you will find what your heart longs for. For how do you know if any desire of yours is according to God?

St. John of the Cross

God desires the least degree of obedience and submissiveness more than all those services you think of rendering him.

St. John of the Cross

O Lord, my God, who will seek You with simple and pure love and not find You are All he desires...

St. John of the Cross

**From a letter by Saint Margaret Mary Alacoque**

The sacred heart of Christ is an inexhaustible fountain and its sole desire is to pour itself out into the hearts of the humble so as to free them and prepare them to lead lives according to his good pleasure.

From this divine heart three streams flow endlessly. The first is the stream of mercy for sinners; it pours into their hearts sentiments of contrition and repentance. The second is
the stream of charity which helps all in need and especially aids those seeking perfection in order to find the means of surmounting their difficulties. From the third stream flow love and light for the benefit of his friends who have attained perfection; these he wishes to unit to himself so that they may share his knowledge and commandments and, in their individual ways, devote themselves wholly to advancing his glory.

This divine heart is an abyss filled with all blessings, and into the poor should submerge all their needs. It is an abyss of joy in which all of us can immerse our sorrows. It is an abyss of lowliness to counteract our foolishness, an abyss of mercy for the wretched, an abyss of love to meet our every need.

Are you making no progress in prayer? The you need only offer God the prayers which the Savior has poured out for us in the sacrament of the altar. Offer God his fervent love in reparation for your sluggishness. In the course of every activity pray as follows:

"My God, I do this or I endure that in the heart of your Son and according to his holy counsels. I offer it to you in reparation for anything blameworthy or imperfect in my actions." Continue to do this in every circumstance of life.

But above all preserve peace of heart. This is more valuable than any treasure. In order to preserve it there is nothing more useful than renouncing your own will and substituting for it the will of the divine heart. In this way his will can carry out for us whatever contributes to his glory, and we will be happy to be his subjects and to trust entirely in him.

**A Rule of Life for Those Consecrated to the Immaculate Virgin**

by St. Maximilian Mary Kolbe

1. It is my duty to be a saint and a great saint.
2. For the glory of God, I must save myself and all souls, present and future, through the Immaculate.
3. Before anything else flee not only from mortal but also from deliberate venial sin.
4. Do not permit: a. that evil remain without reparation and destruction; or b. that good be without fruit or increase.
5. Let your rule be obedience_the will of God through the Immaculate_I am nothing but an instrument.
6. Think of what you are doing. Do not be concerned about anything else, whether bad or good.
7. Preserve order, and order will preserve you.
8. Peaceful and benevolent action.
10. Remember that you belong exclusively, unconditionally, absolutely, irrevocably to the Immaculate: Whoever you are, whatever you have or can, whatever you do (thoughts, words, action) and endure (pleasant, unpleasant, indifferent things) belong to the Immaculate. Consequently, may she dispose of them according to Her will (and not yours). In the same way it belongs to Her all your intentions; therefore, may she
transform them, add others, take them away, as She likes (in fact, She does not offend justice).

You are an instrument in Her hand, therefore do only what She wants; accept everything like a child to his own mother, trust Her in everything. Take an interest about Her, Her veneration, Her things and let Her take care of you and your loved ones. Recognize that everything you have comes from Her and nothing from you. All the fruits of your activities depend on the union with Her, in the same way as She is an instrument of the divine mercy.

O Immaculate, my life (every moment of it), my death (where, when and how) and my eternity belongs totally to you. Of everything You do whatever You like.

The Spiritual Pilgrim's Guidebook
St. John Climacus

A firm faith is the mother of the renunciation of the world; the opposite, obviously, produces the opposite effect.

Unwavering hope is the door to the renunciation of every earthly affection; the opposite, obviously produces the opposite effect.

The love of God is the basis of detachment from the world; and here too the opposite, obviously, has the opposite effect.

Self-control is the mother of spiritual health. The mother of self-control is the thought of death combined with the remembrance of the sharpness of the wrath of the Lord our God.

Solitude and silence help to maintain purity; fasting pours water on the fire of the passions.

Contrition is the enemy of evil and base thoughts.

The death of avarice is attained by faith and flight from the world.

Perseverance in prayer is the annihilation of sloth.

The thought of judgment stirs the will to good purpose.

Love of humiliation is the cure for anger.

Detachment from visible things is to open your eyes to the invisible.

Silence and solitude are the enemies of pride; if you are involved with people, keep an eye out for occasions of humiliation.

Visible pride is cured by an attitude that is empty of arrogance; invisible pride is cured by
Resolutions of a Novice
by St. Conrad of Parzham

Resolutions taken with great deliberation and full confidence in the assistance of Jesus and Mary to help me keep them.

1. I will strive earnestly to form the habit of always placing myself in the presence of God and of often asking myself: Would I do this or that if my confessor or my superior were observing me, and especially in the presence of God and my guardian angel?

2. I will often ask myself when crosses and pain come upon me: Conrad, why are you here?

3. I will avoid as much as possible going out of the monastery, unless love of neighbor or obedience or health demand it, or for some other good reason.

4. I will earnestly strive to preserve brotherly charity in myself and in others. I will be careful never to utter a word against charity. I will patiently bear with the faults, defects and weaknesses of others and as far as possible I will cover them with the mantle of charity, whenever there is no obligation to reveal them to one who has the power to correct them.

5. I will carefully observe silence as much as possible. I will always be sparing of my words in conversation and thereby avoid many faults and be able to converse the better with God.

6. At table I will always place myself in the presence of God and conduct myself with great reserve, denying myself those dishes that I would relish most and practising especially those mortifications which are least noticeable. Outside of mealtime I will take no food unless comanded by holy obedience.

7. I will always go to the choir immediately when the signal is given, if not otherwise prevented.

8. I will avoid association with persons of the other sex as much as possible, unless obedience imposes on me a duty which requires association with them. In that case I will be very serious and keep my eyes in strict control.

9. I will always practise obedience exactly and punctually, and will strive particularly to conquer my own will in all things.

10. I will earnestly try to be faithful even in small matters and abhor every voluntary imperfection. I will scrupulously observe the Holy Rule and never depart from it by even a hair's breadth, no matter what happens.

11. I will ever strive to cultivate a tender devotion to the Blessed Virgin Mary and endeavor to imitate Her virtues.

St. John Chrysostom on Fasting

"The value of fasting consists not only in avoiding certain foods, but in giving up of sinful practices. The person who limits his fast only to abstaining from meat is the one who especially lowers the value of it.

"Do you fast? Prove it by doing good works. If you see someone in need, take pity on them. If you see a friend being honored, don't get jealous of him or her. For a true fast,
you cannot fast only with your mouth. You must fast with your eyes, your ears, your feet, your hands, and all parts of your body.

"You fast with your hands by keeping them pure from doing greedy things. You fast with your feet by not going to see forbidden shows or plays. You fast with your eyes by not letting them look upon impure pictures. Because if this is forbidden or unlawful, it mars your fast and threatens the safety of your soul. But if you look at things which are lawful and safe you increase your fast, for what you see with your eyes influences your conduct. It would be very stupid to eliminate or give up meat and other foods because of the fast but feed with your eyes upon other things which are forbidden.

"You don't eat meat, you say? But you allow yourself to listen to lewd things. You must fast with your ears, too. Another way of fasting with your ears is not to listen to those who speak evil or untrue things about others. 'Thou shalt not receive an idle report.' This is especially true of rumors, gossip, untruths which are spoken to harm another.

"Besides fasting with your mouth by not eating certain foods, your mouth should also fast from foul language or telling lies about others. For what good is it if you don't eat meat or poultry, and yet you bite and devour your fellow man? "

St. Benedict’s Degrees of Humility

THE FIRST DEGREE OF HUMILITY: Keep the fear of GOD before your eyes, altogether shunning forgetfulness. Consider that GOD is always beholding you from Heaven, that your actions are everywhere visible to Him, and are constantly being reported by the angels.

THE SECOND DEGREE OF HUMILITY: A man should not love his own will, nor delight in fulfilling his own desires. Let us carry out in deed the saying of the Lord: "I came not to do my own will, but the will of him who sent me, (John 6:38)." GOD is calling us to follow His holy Will. We are all part of His great plan of salvation, we all have a special role to play, therefore let us set our hearts on that which lasts forever and that is Heaven. Those who desire to follow their own will shall never leave the ground and shall always be part of the world.

THE THIRD DEGREE OF HUMILITY: For the love of GOD, one should subject himself to his superior in all obedience, imitating the Lord, of whom the apostle Paul says: "He was made obedient even unto death," (Phil 2:8). JESUS was obedient to the Father by following His Will and offering Himself on our behalf that we (sinners), may be reconciled with the Father and our sins be forgiven.

THE FOURTH DEGREE OF HUMILITY: Meeting in this obedience with difficulties and contradictions and even injustice, one should with a quiet mind hold fast to patience...Moreover, in adversities and injuries, patiently fulfil the Lord 's commands; when struck on one cheek offer the other, when robbed of tunic surrender also your cloak, when forced to go a mile go two, and with the St. Paul, bear with false brethren, and bless those that curse you.

THE FIFTH DEGREE OF HUMILITY: Humbly confess and do not conceal from the superior any evil thoughts that enter the heart, and any secret sins committed. The religious and laity are called to humble themselves before a priest to confess their sins. Therefore when that day comes, we can say to the Lord: "I have made known my sins to thee, and my faults I have not concealed."
THE SIXTH DEGREE OF HUMILITY: A man be content with the meanest and worst of everything, and esteem himself, in regard to work that is given him, as a bad and unworthy workman, saying to himself with the prophet: "I am brought to nothing; I am all ignorance; I am become as a dumb beast before thee; yet am I ever close to thee," (Ps 72: 22-23).

THE SEVENTH DEGREE OF HUMILITY: One should not only in his speech declare himself lower and of less account than all others, but should in his own inmost heart believe it, humbling himself with the prophet: "But I am a worm, and no man, the reproach of men, and the outcast of the people," (Ps 21:7).

THE EIGHTH DEGREE OF HUMILITY: Do nothing except what is commended by the common rules of the order or apostolate and the examples of the superior, living under rules which increases the desire to live and labor for the glory of GOD.

THE NINTH DEGREE OF HUMILITY: Restrain the tongue and keep silence, not speaking until questioned. For the scripture shows "the talkative man shall not prosper on the earth," (Ps 139:12).

THE TENTH DEGREE OF HUMILITY: Be not ready and prompt to laughter, for it is written: "The fool lifteth up his voice in laughter," (Sir 21:23).

THE ELEVENTH DEGREE OF HUMILITY: When you speak, do so gently and without laughter, humbly and seriously, in few and sensible words, and with clamor. It is written: "A wise man is known by the farness of his words."

THE TWELFTH DEGREE OF HUMILITY: Not only should one be humble of heart, but should also in behavior always manifest humility to those who look upon you. That is to say, whether at the Work of GOD, in the oratory, in the monastery, in the garden, on the road, in the fields, or anywhere else, and whether sitting, walking, or standing, you should always have your head bowed and eyes downcast. Constantly say in your heart what was said by the publican who would not so much as lift up his eyes towards Heaven: "O' GOD, be merciful to me a sinner," (Luke 18:13).

FINALLY, when all these degrees of humility have been climbed, you will presently come to that perfect love of GOD which casts out all fear. Let us now imitate JESUS in his humility and follow in His example, for as Our Lord said: "Learn from me, for I am meek and humble of heart."

St. Patrick and the Royal Daughters

Close by the clear fountain of Clebach, not far from the royal abode, Patrick and his venerable companions had pitched their tents and at early dawn were chanting the praises of the Most High, when the two daughters of the Irish monarch — Ethne, the fair, and Fedelm, the ruddy — came thither, as was their wont, to bathe. Astonished at the vision that presented itself to them, the royal maidens cried out: "Who are ye, and whence do ye come? Are ye phantoms, or fairies, or friendly mortals?" St. Patrick said to them: "It were better you would adore and worship the one true God, whom we announce to you, than that you would satisfy your curiosity by such vain questions." And then Ethne broke forth into the questions:

"Who is God?"
"And where is God?"
"Where is His dwelling?"
"Has He sons and daughters?"
"Is He rich in silver and gold?"
"Is He everlasting? is He beautiful?"
"Are His daughters dear and lovely to the men of this world?"
"Is He on the heavens or on earth?"
"In the sea, in rivers, in mountains, in valleys?"
"Make Him known to us. How is He to be seen?"
"How is He to be loved? How is He to be found?"
"Is it in youth or is it in old age that He may be found?"

But St. Patrick, filled with the Holy Ghost, made answer:

"God, whom we announce to you, is the Ruler of all things."
"The God of heaven and earth, of the sea and the rivers."
"The God of the sun, and the moon, and all the stars."
"The God of the high mountains and of the lowlying valleys."
"The God who is above heaven, and in heaven, and under heaven."
"His dwelling is in heaven and earth, and the sea, and all therein."
"He gives breath to all."
"He gives life to all."
"He is over all."
"He upholds all."
"He gives light to the sun."
"He imparts splendour to the moon."
"He has made wells in the dry land, and islands in the ocean."
"He has appointed the stars to serve the greater lights."
"His Son is co-eternal and co-equal with Himself."
"The Son is not younger than the Father."
"And the Father is not older than the Son."
"And the Holy Ghost proceeds from them."
"The Father and the Son and the Holy Ghost are undivided."
"But I desire by Faith to unite you to the Heavenly King, as you are daughters of an earthly king."

The maidens, as if with one voice and one heart, said: "Teach us most carefully how we may believe in the Heavenly King; show us how we may behold Him face to face, and we will do whatsoever you shall say to us."

Catholic Encyclopedia

**Thoughts on Holy Water**

"From long experience I have learned that there is nothing like holy water to put devils to flight and prevent them from coming back again. They also flee from the cross, but return; so holy water must have great value. For my own part, whenever I take it, my soul feels a particular and most notable consolation.

In fact, it is quite usual for me to be conscious of a refreshment which I cannot possibly describe,
resembling an inward joy which comforts my whole soul. This is not fancy, or something which has
happened to me only once it has happened again and again and I have observed it most
attentively. It is let us say, as if someone very hot and thirsty were to drink from a jug of
cold water: he would feel the refreshment throughout his body.
I often reflect on the great importance of everything ordained by the Church and it makes
me very happy to find that those words of the Church are so powerful that they impart
their power to the water and make it so very different from water which has not been
blessed."

"One night, too, about this time, I thought the devils were stifling me; and when the nuns
had sprinkled a great deal of holy water about I saw a huge crowd of them running away
as quickly as though they were about to fling themselves down a steep place."

"I will only describe something that happened to me one night of All Souls. I was in an
oratory: I had said one nocturn and was repeating some very devotional prayers which
follow it -- they are extremely devotional: we have them in our office-book -- when
actually the devil himself alighted on the book, to prevent me from finishing the prayer. I made the sign of the Cross and he went away. I
then began again and he came back.

I think I began that prayer three times and not until I had sprinkled some holy water on
him could I finish it. At the same moment I saw several souls coming out of purgatory:
their time there must have been nearly up and I thought that perhaps the devil was trying
to impede their deliverance."

Keep your soul beautifully pure in God's sight by making the Sign of the Cross carefully
while saying,

"By this holy water and by Thy Precious Blood wash away all my sins, O Lord."

St. Theresa of Avila

**The Prayer of Longing**

*By St. John Chrysostom*

"Prayer is the light of the spirit "Prayer and converse with God is a supreme good: it is a
partnership and union with God. As the eyes of the body are enlightened when they see
light, so our spirit, when it is intent on God, is illumined by his infinite light. I do not
mean the prayer of outward observance but prayer from the heart, not confined to fixed
times, or periods but continuous throughout the day and night.

Our spirit should be quick to reach out toward God not only when it is engaged in
meditation; at other times also, when it is carrying out its duties, caring for the needy,
performing works of charity, giving generously in the service of others, our spirit should
long for God, and call him to mind, so that these works may be seasoned with the salt of
God's love, and so make a palatable offering to the Lord of the universe. Throughout the
whole of our lives we may enjoy the benefit that comes from prayer if we devote a great
deal of time to it.

Prayer is the light of the spirit, true knowledge of God, mediating between God and man.
The spirit, raised up to heaven by prayer, clings to God with the utmost tenderness; like a
child crying tearfully for its mother, it craves the milk that God provides. It seeks the
satisfaction of its own desires, and receives gifts outweighing the whole world of nature. Prayer stands before God as an honored ambassador. It gives joy to the spirit, peace to the heart. *I speak of prayer, not words. It is the longing for God,* love to deep for words, a gift not given by man but by God's grace. The apostle Paul says: "We do not know how we are to pray but the Spirit himself pleads for us with inexpressible longings." Rom. 8:26.

When the Lord gives this kind of prayer to [someone]; he gives him riches that cannot be taken away, heavenly food that satisfies the spirit. One who tastes this food is set on fire with an eternal longing for the Lord: his spirit burns as in a fire of the utmost intensity. Practice prayer from the beginning. Paint your house with the colors of modesty and humility. Make it radiant with the light of justice. Decorate it with the finest gold leaf of good deeds. Adorn it with the walls and stones of faith and generosity. Crown it with the pinnacle of prayer. In this way you will make it a perfect dwelling place for the Lord. You will be able to receive him as in a splendid palace, and through his grace you will already possess him, his image enthroned in the temple of your spirit.

*Liturgy of the Hours*, Vol. II, Catholic Book Publishing Co. (1976) pp. 68-70. This text is quoted for religious and educational purposes only. No other use is intended or permitted. (Emphasis added.)

**Obedience**

"Obedience is the Child of Trust:
"Obedience is the complete renunciation of one's own soul, demonstrated, however, by actions. More exactly, it is the death of the senses in a living soul.
"Obedience is a freely chosen death, a life without cares, danger without fears, unshakable trust in God, no fear of death. It is a voyage without perils, a journey in your sleep.
"Obedience is the burial of the will and the resurrection of humility.
"Obedience is to give up one's own judgment but to do it with wise consultation.
"It is very costly, beginning to die to the will and the senses. To continue dying is hard but not indefinitely so. In the end all aversion stops and absolute peace takes command."

St. John Climacus

**Ecce Mater Dei**

"Behold the Mother Of God"

This picture of Our Lady was drawn by a mystic in Italy. Her hand was guided by Our Lady. There is a special blessing each day to the person who carries it and another blessing each time one looks at it with love.

*(Prayerbook editor’s note: I do not know the source of this.)*
Listing of 325 Titles of Our Lady

Adam's Deliverance
Advocate of Eve
Advocate of Sinners
All Chaste
All Fair and Immaculate
All Good
Annunciation of the Blessed Virgin
Aqueduct of Grace
Archetype of Purity and Innocence
Ark Gilded by the Holy Spirit
Ark of the Covenant
Assumption of the Blessed Virgin
Basilica of Saint Mary Major
Blessed Among Women
Blessed Virgin Mary
Bridal Chamber of the Lord
Bride of Christ
Bride of Heaven
Bride of the Canticle
Bride of the Father
Bride Unbribed
Cause of Our Joy
Chosen Before the Ages
Comfort of Christians
Comforter of the Afflicted
Conceived Without Original Sin
Consoler of the Afflicted Co-Redemptrix
Court of the Eternal King
Created Temple of the Creator
Crown of Virginity
Daughter of Men
David's Daughter
Deliverer From All Wrath
Deliverer of Christian Nations
Mary, Queen of Peace
Mary, Star of the Sea
Mediatrix
Mediatrix and Conciliatrix
Mediatrix of All Graces
Mediatrix of Salvation
Mediatrix of the Mediator
Minister of Life
Mirror of Justice
More Beautiful Than Beauty
More Glorious Than Paradise
More Gracious Than Grace
More Holy Than the Cherubim, the Seraphim, and the Entire Angelic Hosts
Morning Star
Most Venerable Mother and Virgin
Mother Most Admirable
Mother Most Amiable
Mother Most Chaste
Mother Most Pure
Mother Inviolate
Mother of Christians
Mother of Christ's Members
Mother of Divine Grace
Mother of God
Mother of Good Counsel
Mother of Jesus Christ
Mother of Men
Mother of Our Creator
Mother of Our Head
Mother of Our Savior
Mother of the Church
Mother of the Mystical Body
Mother of Wisdom
Mother Undefiled
My Body's Healing
My Soul's Saving
Our Lady of Sorrows
Our Lady of Tears
Our Lady of Victory
Our Lady of Walsingham
Our Lady of the Americas
Our Lady of the Assumption
Our Lady of the Cape
Our Lady of the Gulf
Our Lady of the Hermits
Our Lady of the Highways
Our Lady of the Holy Rosary
Our Lady of the Holy Souls
Our Lady of the Immaculate Conception
Our Lady of the Incarnation
Our Lady of the Kodiak and the Islands
Our Lady of the Milk and Happy Delivery
Our Lady of the Miraculous Medal
Our Lady of the Pillar of Saragossa
Our Lady of the Pines
Our Lady of the Prairie
Our Lady of the Presentation
Our Lady of the Rosary
Our Lady of the Snows
Our Lady of the Turumba
Our Lady of the Valley
Our Lady of the Wayside
Our Lady of the Woods
Our Lady Who
Destroyer of Heresies
Dispenser of Grace
Dwelling Place for God
Dwelling Place Meet for God
Dwelling Place of the Illimitable
Dwelling Place of the Spirit
Earth Unsown
Earth Untouched and Virginal
Eastern Gate
Ever Green and Fruitful Ever Virgin
Eve's Tears Redeeming
Exalted Above the Angels
Feast of the Immaculate Conception
Fleece of Heavenly Rain
Flower of Jesse's Root
Formed Without Sin
Forthbringer of God
Forthbringer of the Ancient of Days
Forthbringer of the Tree of Life
Fountain of Living Water
Fountain Sealed
Free From Every Stain Full of Grace
Garden Enclosed
Gate of Heaven
God's Eden
God's Olive Tree
God's Vessel
Handmaid of the Lord
Healing Balm of Integrity
Health of the Sick
Helper of All in Danger
Holy in Soul and Body
Holy Mountain of Our Lady
Hope of Christians
House Built by Wisdom
House of Gold
Immaculate
Immaculate Conception
Mystical Rose
Nativity of the Blessed Virgin
Nature's Re-Creation
Nature's Restoration
Neck of the Mystical Body
Never Fading Wood
New Eve
Notre Dame Cathedral of Paris
Notre Dame of Chartres
Notre Dame of Easton
Nourisher of God and Man
Olive Tree of the Father's Compassion
Only Bridge of God to Men
Our Immaculate Queen
Our Lady, Gate of Heaven
Our Lady, Help of Christians
Our Lady, Mother of the Church
Our Lady, Queen of All Saints
Our Lady, Queen of the Apostles
Our Lady in America
Our Lady Mediatrix of All Grace
Our Lady of Africa
Our Lady of Altotting
Our Lady of Arabia
Our Lady of Bandel
Our Lady of Bandra
Our Lady of Banneux
Our Lady of Baeuraing
Our Lady of Bethlehem
Our Lady of Calvary
Our Lady of Charity (statue found in a fisherman's net in 1605)
Our Lady of Consolation
Our Lady of Copacabana
Our Lady of Coromoto Our Lady of Czestochowa
Our Lady of Europe
Appeared Our Own Sweet Mother
Paradise Fenced
Against the Serpent
Paradise of Innocence and Immortality
Paradise of the Second Adam
Paradise Planted by God
Patroness and Protectress
Perfume of Faith
Preserved From All Sin
Protectress From All Hurt
Queen of All Saints
Queen of Angels
Queen of Creation
Queen of Heaven
Queen of Heaven and Earth
Queen of Martyrs
Queen of Nigeria
Queen of Peace
Queen Unconquered
Refuge in Time of Danger
Refuge of Sinners
Reparatrix
Reparatrix of Her Parents
Reparatrix of the Lord World
Rich in Mercy
Rose Ever Blooming
Immaculate Heart of Mary
Sanctuary of the Holy Spirit
Scepter of Orthodoxy
Seat of Wisdom
Second Eve
Singular Vessel of Devotion
Sister and Mother
Immaculate Heart
Immaculate Heart of Mary
Immaculate Mary
Immaculate Mother
Immaculate Virgin
Incorruptible Wood of the Ark
Inventrix of Grace
Inviolate
Joseph's Spouse
King's Mother
Lady Most Chaste
Lady Most Venerable
Lady of Good Help
Lady of Grace
Lady of Mercy
Lady of Peace
Lady of Perpetual Help
Lady of the Rosary
Lady of Sorrows
Lady of Victory
Lamp Unquenchable
Life-Giver to Posterity
Light Cloud of Heavenly Rain
Lily Among Thorns
Living Temple of the Diety
Loom of the Incarnation
Madonna of Saint Luke
Marketplace for Salutary Exchange
Mary of the Assumptions
Mary of the Hurons
Mary the Blessed Virgin
Mary, Blessed Virgin
Mary, Help of Christians
Mary, Mother of God
Mary, Queen of Africa
Mary, Queen of Angels
Our Lady of Fatima
Our Lady of Good Counsel
Our Lady of Good Help
Our Lady of Grace
Our Lady of Guadalupe
Our Lady of Guadalupe of Estramadura
Our Lady of High Grace
Our Lady of Hungary
Our Lady of Japan
Our Lady of Kevelaer
Our Lady of Knock
Our Lady of La Leche
Our Lady of La Vang
Our Lady of Las Vegas
Our Lady of LaSallette
Our Lady of Limerick
Our Lady of Loreto
Our Lady of Lourdes
Our Lady of Lujan (statue disappeared from Buenos Aires, Argentina, and appeared in Lujan)
Our Lady of Madhu
Our Lady of Mariazell
Our Lady of Mercy
Our Lady of Montserrat
Our Lady of Mount Carmel
Our Lady of Mount Carmel at Aylesford
Our Lady of Nazareth
Our Lady of Peace
Our Lady of Perpetual Help
Our Lady of Pompeii
Our Lady of Pontmain
Our Lady of Prompt Succor
Our Lady of Providence
Our Lady of Ransom
Our Lady of Safe Travel
Our Lady of Salambao
Our Lady of Shongweni
Source of Virginity
Spiritual Vessel
Spotless Dove of Beauty
Star of the Sea
Star That Bore the Sea
Suppliant for Sinners
Surpassing Eden's Gardens
Surpassing the Heavens
Surpassing the Seraphim
Sweet Flowering and Gracious Mercy
Tabernacle of God
Tabernacle of the Word
Temple Divine
Temple Indestructible
Temple of the Lord's Body
Theotokos
Throne of the King
Tower of David
Tower of Ivory
Tower Unassailable
Treasure House of Life
Treasure of Immortality
Treasure of the World
Undefiled
Undefiled Treasure of Virginity
Undug Well of Remission's Waters
Unlearned in the Ways of Eve
Unplowed Field of Heaven's Bread
Unwatered Vineyard of Immortality's Wine
Vessel of Honor
Victor Over the Serpent
Virgin Inviolate
Virgin Most Faithful
Virgin Most Merciful
Virgin Most Powerful
Virgin Most Prudent
Virgin Most Pure
Virgin Mother
Virgin of Charity
Virgin of Copacabana
Virgin of Sheshan
Virgin of Virgins
Wedded to God
Woman Clothed With
the Sun
Workshop of the
Incarnation

Holy Poetry

The Lamb

Little Lamb, who made thee?
Dost thou know who made thee;
Gave thee life and bid thee feed
By the stream and o'er the mead;
Gave thee clothing of delight,
Softest clothing, wooly, bright;
Gave thee such a tender voice
Making all the vales rejoice?
Little Lamb, who made thee?
Dost thou know who made thee?
Little Lamb, I'll tell thee,
Little Lamb, I'll tell thee:
He is called by thy name
For He calls Himself a Lamb
He is meek and He is mild;
He became a little child.
I a child and thou a lamb,
We are called by His name.
Little Lamb, God bless thee.
Little Lamb, God bless thee.

- William Blake

He who is sick with love
Whom God Himself has touched,
finds his tastes so changed
That they fall away
Like a fevered man's
Who loathes any food he sees
And desires I-don't-know-what
Which is so gladly found.

For when once the will
Is touched by God Himself
It cannot be satisfied
Except by God;
But since His Beauty is open
To faith alone, the will
Tastes Him in I-don't-know-what
Which is so gladly found.

Tell me, then, would you pity
A man so in love,
For he takes no delight
In all of creation...

I will never lose myself
For that which the sense
Can take in here,
Nor for all the mind can hold,
No matter how lofty,
Nor for grace or beauty,
But only for I-don't-know-what
Which is so gladly found.

- St. John of the Cross

*Introduction*

To *SONGS OF INNOCENCE*

Piping down the valleys wild,
Piping songs of pleasant glee,
On a cloud I saw a child,
And he laughing said to me:

“Pipe a song about a Lamb!”
So I piped with merry cheer.
“Piper, pipe that song again”;
So I piped: he wept to hear.

“Drop thy pipe, thy happy pipe;
Sing thy songs of happy cheer”;
So I sang the same again,
While he wept with joy to hear.
“Piper, sit thee down and write  
In a book, that all may read.”  
So he vanished from my sight,  
And I plucked a hollow reed,  
And I made a rural pen,  
And I stained the water clear,  
And I wrote my happy songs  
Every child may joy to hear.

- William Blake

The Symphonia  
Antiphon for the Redeemer

“O cruer sanguinis”

O shed blood  
that rang on high  
when all the elements  
clashed together  
voicing their woe  
and trembling  
as the blood of their Creator  
touched them,  
salve our sickness.

- St. Hildegard of Bingen

Hymn to the Holy Ghost

“O ignee spiritus, laus tibi sit”

O fiery spirit, praise be to You  
who work in timbrels and lutes!  
The minds of men take fire from You  
And the tabernacles of their souls contain their strength.

Whence will ascends and imparts a taste to the soul  
and his light is desire.  
Understanding calls to You with sweetest sound,  
and prepares buildings for You with Reason distilling golden deeds.

You always hold the sword to sever  
what the poisoned apple brought through blackest murder
when will and desire are clouded
and the soul flaps and circles,
but the mind is the bridle
of will and desire.

Now when the spirit raises itself as it seeks
to see the pupil of evil and the jawbone of wickedness
You swiftly burn it in fire
when You wish.

But when Reason through ill deeds lies prone
You strain and beat upon it with force
and restore it by the infusion of experience.

When evil draws a sword against You,
You strike it to the heart
just as You did with the first fallen angel
when You cast the tower of his pride into Hell.

And there You raised another tower
of publicans and sinners
who confess their sins and deeds to You.

Whence all creatures
receiving life from You, praise You,
for You are the treasured ointment
for broken and stinking wounds
when You convert them into treasured gems.

Now deign to gather us to You
And guide us to proper paths. Amen.

- St. Hildegard of Bingen

**Antiphon for the Virgin**

“O frondens virga”

O leafy branch,
standing nobly
in the coming dawn;
now be glad and rejoice
and deign to free our frailty
from evil ways
and reach out your hand
to raise us up.
St. Hildegard of Bingen

Antiphon for St. Boniface

“O Bonifaci”

O Boniface
the Living Light saw in you
the likeness of a wise man
who returned to their source
the pure streams flowing from God
when you watered the greenness of the flowers.
so in your friendship for the living God
you are a crystal shining
in the benevolence of righteous ways
where you ran wisely.

St. Hildegard of Bingen

Antiphon for St. John the Evangelist

“O speculum columbe”

O mirror of the dove
of form undefiled,
who gazed on the mystical gifts
in the purest fountain;

O wondrous flowering
that never faded and fell
sent by the most High Gardener.

O most sweet repose
of the embrace of the sun:
you are the special son of the Lamb
in chosen friendship
of the new lineage.

St. Hildegard of Bingen

Let every lover who loves the Lord
Come to the dance singing of love,
Let her come dancing all afire
Desiring only him who created her
And separated her from the dangerous worldly state.
- St. Catherine dei Vigri

**Lines in her Breviary**

Let nothing disturb thee,  
Nothing affright thee;  
All things are passing;  
God never changeth;  
Patient endurance  
Attaineth to all things;  
Who God possesseth  
In nothing is wanting;  
Alone God sufficeth.

- St. Theresa of Avila

**St. Ita’s Vision**

*after a text attributed to St. Ita (from the 8th century).*

"I will take nothing from my Lord," said she,  
"unless He gives me His Son from Heaven  
In the form of a Baby that I may nurse Him".

So that Christ came down to her  
in the form of a Baby and then she said:  
"Infant Jesus, at my breast,  
Nothing in this world is true  
Save, 0 tiny nursling, You. Infant Jesus at my breast,  
By my heart every night,  
You I nurse are not a churl  
But were begot on Mary the Jewess  
By Heaven's light.  
Infant Jesus at my breast,  
What King is there but You who could  
Give everlasting good?  
Wherefore I give my food.  
Sing to Him, maidens, sing your best!  
There is none that has such right  
To your song as Heaven's King  
Who every night Is  
Infant Jesus at my breast".

**SOLITUDE**

I needed the quiet, so he drew me  
aside –
Into the shadows where we could confide;
Away from the hustle where all the day long
I hurried and worried when active and strong.
I needed the quiet, though at first I rebelled.
But gently, so gently my cross he upheld,
And whispered so sweetly of spiritual things, --
Though weakened in body my spirit took wings
To heights never dreamed of when active and gay.
He loved me so gently, he drew me away.

I needed the quiet, no prison my bed
But a beautiful valley of blessing instead;
A place to grow richer, in Jesus to hide
I needed the quiet, so he drew me aside.

**At St. Patrick’s Purgatory**
*an anonymous Irish author (13th century)*

Pity me on my pilgrimage to Loch Derg!
0 King of the churches and the bells bewailing your sores and your wounds, but not a tear can I squeeze from my eyes!
Not moisten an eye after so much sin!
Pity me, 0 King!
What shall I do with a heart that seeks only its own ease?
0 only begotten Son by whom all men were made, who shunned not the death by three wounds, pity me on my pilgrimage to Loch Derg and I with a heart not softer than a stone!

**Church Bell at Night**
*an anonymous Irish author (12th century)*

*Sweet little bell, struck on a windy night,*
*I would liefer keep tryst with thee*
*than be with a light and foolish woman.*
The Heavenly Banquet
from a text attributed to St. Brigid (10th century)

I would like to have the men of Heaven in my own house;
with vats of good cheer laid out for them.
I would like to have the three Mary's,
their fame is so great.
I would like people from every corner of Heaven.
I would like them to be cheerful in their drinking.
I would like to have Jesus sitting here among them.
I would like a great lake of beer for the King of Kings.
I would like to be watching Heaven's family
Drinking it through all eternity.

The Crucifixion
After a text by an anonymous Irish author from The Speckled Book (12th century)

At the cry of the first bird
They began to crucify Thee, 0 Swan!
Never shall lament cease because of that.
It was like the parting of day from night.
Ah, sore was the suffering borne
By the body of Mary's Son,
But sorer still to Him was the grief
Which for His sake
Came upon His Mother.

Sea-snatch
after a text by an anonymous Irish author (8th - 9th century)

It has broken us, it has crushed us,
it has drowned us, 0 King of the starbright
Kingdom of Heaven! The wind has consumed us, swallowed us,
as timber is devoured by crimson fire from Heaven.
It has broken us, it has crushed us, it has drowned us,
0 King of the starbright Kingdom of Heaven!

The Monk and his Cat
after a text by an anonymous Irish author (8th or 9th century)

Pangur, white Pangur,
How happy we are
Alone together, Scholar and cat.
Each has his own work to do daily;
For you it is hunting, for me study.
Your shining eye watches the wall;  
my feeble eye is fixed on a book.  
You rejoice when your claws entrap a mouse;  
I rejoice when my mind fathoms a problem.  
Pleased with his own art  
Neither hinders the other;  
Thus we live ever without tedium and envy.  
Pangur, white Pangur,  
How happy we are  
Alone together, Scholar and cat.

The Praises of God

*after a text by an anonymous Irish author (12th century)*

How foolish the man who does not raise  
His voice and praise with joyful words,  
As he alone can, Heaven's High King.  
To whom the light birds with no soul but air,  
All day, everywhere laudations sing.

The Desire for Hermitage

*after a text by an anonymous Irish author (8th or 9th century)*

Ah! To be all alone in a little cell with nobody near me;  
beloved that pilgrimage before the last pilgrimage to death.  
Singing the passing hours to cloudy Heaven;  
Feeding upon dry bread and water from the cold spring.  
That will be an end to evil when I am alone  
in a lovely little corner among tombs far from the houses of the great.  
Ah! To be all alone in a little cell, to be alone, all alone:  
Alone I came into the world alone I shall go from it.

The Songs of St. Godric (11th-12th Century Saint)

The brief song Sainte nicholaes by Godric is one of the oldest in the English language,  
and is believed to be the earliest surviving example of lyric poetry.

Words and phrases in the original old English texts which might be difficult for the  
modern listener to understand are italicized. Their translations appear at the right in  
italics

CRIST AND SAINTE MARIE

Crist and Sainte Marie  
Swa on *scamel* me *iledde*  
That ic on thisse erde *ne silde*,  
*Stool*  
*lead*  
*unshielded*
Wid mine bare fote itredie. tread

SAINTE MARIE VIRGINE

Sainte Marie Virgine
Moder Jesu
Cristes Nazarene
Onfo schild help thin Godric Receive shield
Onfang bring hegelic
With thein Godes riche. kingdom

SAINTE MARIE CRISTES BUR

Sainte Marie Cristes bur bower
Maidenes clenhad moderes flur cleanliness (of) flower (of)
Dillie min sinne rix in min mod Efface mind
Bring me to winne with the selfd God. very

SAINTE NICOLAES GODES DRUD

Sainte Nicolaes Godes drud darling
Tymbre us faire scone hus Build polish
At thi burth at thi bare bier
Sainte Nicolaes bring us wel thare.

WORLDS BLIS NE LAST NO THROWE

Worldes blis ne last no throwe, short space of itme
hit wit ant wend a-vey a-non; departs goes
The lengur that hich hit i-knowe
The lasse hic finde pris ther-on, value
for al hit is imeynd syd kare, mixed
mid sorewe ant wid uuel fare, evil
ant at the laste pouere ant bare poor
hit let mon, wen hit ginnet a-gon. abandons begins
al the blisse this here ant there
bi-louketh at hende wop ant Mon. encompasses end lamentation

Al shal gon that her mon howet, haves
al hit shal wenden to nout; nought
the mon that her no god ne sowet, good sows (not)
wen other repen he worth bikakt. will be beguiled
thenc, mon, forthwil thu hauest therefore might
mykte, guilts aright
that thu thine gultus here arike, work
ant wrec he bi day an nikte, before joy seized
ar then thu be of lisse ilakt. lord
thu nost wanne crist ure drikte committed
the asket that he hauet bitakt.

Al the blisse of thisee liue life
thu shalt, mon, henden in wep — end in weeping
of huse ant home ant child ant wyue. house wife
seli mon tak there-of kep! simple care
for thu shalt al bileuen here relinquish
the eykte were-of louerd thu were; possessions lord
wen thu list, mon, up-on bere liest
ant slepest a swythe druye slep very dreary
ne shaltu haben wit the no fere companion
buthe thine werkus on an hep. deeds heap

Mon, wi seestu loue ant herte sets thou
on worldes blisse that nout ne last?
wy tholestu that te so ofte smerte endures thou
for loue that is so unstedefast?
thu likest huni of thorn iwis, licks
that seest thi loue on worldes blis
for ful of bitternis hit is. bitterness
ful sore thu mikt ben ofgast, terrified
that despendes here heikte amis, possessions
wer-thurh ben in-to helle icast. whereby

Thenc, mon, war-of crist the wroukte wrought
ant do wey prude ant fulthe mod. pride filthy mind
thene wou dere he the bokte dearly redeemed
on rode mit his sweete blod; cross
him-self he gaf for the in pris, price
to buge the blis yf thu be wis. buy
bi-thenc the, mon, ant up aris consider
of slothte, an-gin to worche god sloth
wil time to worchen is, while
for elles thu art witles ant wod. else witless and mad

Al day thu mikt understande
ant ti mirour bifor the sen,  mirror
wat is to don an to wonen,  undertake
ant wat to holden ant to flen;  flee
for al day thu sigst wid thin egven  eyes
wou this world went ant wou men  die
deiget.  suffer
that wite wel, that thu shalt dreigen  did
det, al so an-other det.  lie
ne helput nout ther non to ligen,  be
ne may no mon bu det ageyn.

Ne wort ne god ther unforgulde,  unrequited
ne non uuel ne worth unboukt;  unpunished
wanne thu list, mon, undur molde  under mould
thu shalt hauen as tu hauest wrokt.
bithenc the wel forthi, hic rede,
ant clanse the of thine misdede,
that he the helpe at thine nede,
that so dure hus haued iboukt,  dearly
ant to heuene blisse lede
that euere lest ant failet nout.  endures

Amen.

**BRYD ONE BRERE**

*Bryd one brere, brid brid one brere  Bird  briar
Kynd is come of loue, loue to craue.  Nature  crave
Blithful biryd, on me thu rewe  pity
Or greyth, lef, greith thu me my  prepare beloved
graeu.*

*Hic am so blithe, so bryyit brid on  I  bright
briere,  When  gracious
Quan I se that hende in halle  white  limb
Yhe is quit of lime, louveli, trewe,  flower
Yhe is fayr and flur of alle*

*Mikte hic hire at wille hauen  Might  have
Stedefast of loue, loueli, trewe,
Of mi sorwe yhe may me sauuen  save
Ioye and blisse were Eere me newe.*
MAN MEI LONGE HIM LIUES WENE

Man mei longe him liues wene, expect
ac ofte him liyet the wreinch; lies trick
fair weder ofte him went to rene, rain
an ferliche maket is blench. wonderfully sunshine
thar-vore, man, thu the bithench, — bethink
al sel valui the grene. shall green (youth)
wela-vey! nis king ne Quene
that ne sel drinke of deth-is drench. death's draught
Man, er thu falle of thi bench,
 thu sinne aquench.

Ne mai strong ne starch ne kene rigid
aglye deth-is wither-clench; escape hostile grasp
yung and old and brith an-siene, beautiful
al he riueth an his streng. rends
vox and ferlich is the wreinch, ready
ne mai no manthar to-yenes, in opposition
wei-la-wei! ne iweeping ne bene, prayer
mede, liste, ne leches dreinch. reward, craft leech's draught
Man, let sinne and lustes stench,
wel do, wel thench!

Do bi salomones rede, Solomon's advice
Man, and so thu selth wel do. shall
Do al so he the tothte and sede taught
what thin endinchi the brinch to, ending
New selu neuere mis-do. shalt-thou
Sore thu mith the a-drede, might
weyla-vey! suich wenth wel lede expectations
long lif and blisses under-uo, receive
thar deth luteth in his swo lurks shoe
to him for-do.

Man fwi neltu the bi-thenchen? why wilt thou not
Man fwi neltu the bisen? give heed
of felthe thu ert isowe, filth
weirmes mete thu selt ben. worms meat
her nighest tu blisse days thre, here havest thou not three blisful
al thi lif thu drist in wowe; days
wela-vey! deth the sal dun thrown suffer
thar thu wenest heye ste. throw down
In wo sal thi wele enden, suppose ascent
in wop this s. welfare weeping glee
Werld an wele the bi-pecheth, deceive
iwis hie euthine iuo; they
if thi werld mid wele the sliket flatters
that is far to do the wo.
thur-fore let lust over-gon,
man, and eft it sal the liken.
Wela-wey! hu sore him wiket fails
thur in one stunde other two time
wurh him pine euere-mo. pain
ne do man swo!

STOND WEL, MODER, UNDER RODE
"Stond wel, moder, vnder rode, cross
bihilth thi child wyth glade mode,
blythe moder mittu ben." might thou
"Svne, quu may blithe stonden? who
hi se thin feet, hi se thin honden, I see
nayled to the harde tre." tree (cross)

"Moder, do wey thi wepinge;
hi thole this ded for mannes thinge — endure
for owen gilte tholi non."
"Svne, hi fele the dede stunde, time of death
the swerd is at min herte grunde,
that me byhytte symeon." Simeon foretold

"Moder, reu vpon thi bern! pity child
thu wasse away tho blodi teren, wash tears
it don me worse than mi ded."
"Sune, hu mitti teres wernen? how might I restrain
hy se tho blodi flodes herenen run
huth of thin herte to min fet." out

"Moder, nu y may the seyn, (to) thee say
betttere is that ic one deye
than al man-kyn to helle go."
"Sune, y se thi bodi swngen, hanged
thi brest, thin hond, thi fot pierced
thur-stungen — strange that
no selli thou me be wo."

"Moder, if y dar the tellen,
yif y ne deye thu gost to helle; I die not
hi thole this ded for thine sake." suffer
"Sune, thu best me so minde, so mindful of me
with me nout; it is mi kinde reporach nature
that y for the sorye make."

"Moder, merci! let me deyen,
for adam ut of helle beyn, redeem
and al mankind that is for-foren." advise
"Sune, wat sal me to rede? pain
thi pine pined me to dede, die
let me deyn the bi-foren."

*"Moder, mitarst thu mith leren now for the first time
wat pine tholen that childre beren (you) suffer
wat sorwe hauen that child for-gon." lose
"Sune, y wot y kan the tellen,
bute it be the pine of helle except
more sorwe ne woth y non." know

* At this point in the original manuscript the music breaks off, there are 5 additional verses.

"Moder, reu of moder kare!
nu thu wost of moder fare,
thou thu be clene mayden man." one
"Sune, help alle at nede,
alle tho that to me greden — wail
mayden, wyf and fol wyman." foul

"Moder, y may no lengur duellen,
the time is cumen y fare to helle,
the thridde day y rise upon." reude
"Sune, y wyle we'the funden,
y deye ywis of thine wnden,
so reuful ded was neuere non."

When he ros than fel thi sorwe,  
the blisse sprong the thridde morewe,  
wen blithe moder wer thu tho.  
Moder, for that ilke blisse,  
bisec vre god, vre sinnes lesse,  
thu be hure chel ayen hure fo.  

Blisced be thu, quen of heuene,  
bring us ut of helle leuene  
thurth thi dere sunes mith.  
Moder, for that hithe blode  
that he sadde vpon the rode,  
led us in-to heuene lith.  Amen

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147. DAILY OFFERING
148. Byzantine Prayer to the Holy Spirit
149. The Stabat Mater (hymn)
150. Hymn from the Little Office of the BVM
151. Te Deum
152. A Marian Prayer for Deacons
153. Prayer for the Worker
154. Act of Consecration to Our Lady of the Blessed Trinity
155. PRAYER BY AN OLD LADY
156. Prayer for the Internet Traveller
157. Prayer Before Examinations
158. For pastoral and spiritual meetings
159. For priestly vocations
160. For Religious vocations
161. For priests
162. For Religious
163. Face of Christ Prayer by The Little Flower
164. Byzantine Liturgy, Pentecost Vespers, Troparion
165. Mortification Prayer
166. The “Absorbeat” prayer of St. Francis of Assisi
167. Prayer for Understanding
168. To St. John of the Cross
169. The Miraculous Infant of Prague Prayer
170. To Jesus Abandoned
171. THE LAST AGONY
172. A Peasant’s Christmas Prayer
173. Prayer to Defeat the Work of Satan
174. Blessing for a Vehicle
175. UNTITLED
176. COMMENDATION
177. BIRTHDAY PRAYER
178. Thanksgiving for the Rosary
179. Prayer of Aspiration
180. ACT OF THANKSGIVING
181. ACT OF CONFIDENCE
182. ACT OF REPARATION
183. Salutation to Mary written by St. John Eudes

A Small Collection of Prayers Related to the Mass

184. Prayer to Obtain the Grace of all the World's Masses
185. Prayer of St. Thomas Aquinas
186. Virgin Mary Prayer
187. BEFORE COMMUNION
188. Prayer Before Communion
189. St. Ambrose’s Prayer Before Communion
190. Prayer for Holy Priests
191. An Act of Spiritual Communion
192. Act of Spiritual Communion of St. Francis
193. Prayer to Be Said at the Priest’s Communion
194. AFTER HOLY COMMUNION
195. Prayer After Receiving the Eucharist
196. Post Communion by Fr. Stedman
197. Anima Christi
198. Prayer of Padre Pio after Communion
199. Post Communion Virgin Mary Prayer
200. Prayer After Communion by St. Bonaventure of Bagnoregio
201. Post Communion St. Thomas Aquinas Prayer
202. Prayer to be Said Kneeling at the Foot of the Altar
203. A Prayer After Mass
204. The Divine Praises

Prayers for the Angels

205. Troparion to the Holy Angels
206. St. Michael (Sancte Michael)
207. Prayer to St. Michael, Commander of the Heavenly Hosts
208. St. Gabriel
209. St. Raphael (Sancte Raphael)
210. Prayer to St. Raphael, Archangel
211. To St. Raphael, Angel of Happy Meetings
212. Angel of God (Angele Dei)
213. Hear us (Exaudi nos) (Roman Ritual
214. St. Gertrude’s Guardian Angel Prayer
215. To the Holy Archangel Who Strengthened Our Lord in His Agony
216. Prayer to St. Michael, St. Gabriel and St. Raphael

A Small Collection of Prayers for the Sick

217. Prayer to Our Lady Help of Christians St. John Bosco
218. PRAYER FOR THE SICK
219. RULES FOR A SICK PERSON
220. Prayer in the Beginning of Sickness
221. Act of Submission
222. Act of Self-Oblation
223. Act of Adoration
224. Act of Praise
225. Act of Love of One’s Neighbor
226. Act of Commendation to God
227. Act of Contrition
228. Prayer for a Happy Death
229. Daily Acceptance of Death
230. A Prayer in Suffering
231. Prayer for the Dying

A Small Collection of Evening Prayers
232. Good Night To Our Blessed Mother
233. Hymn of the Evening
234. The Angelic Trisagion
235. Evening Prayer
236. A Prayer For Daily Neglects
237. A Brief Evening Prayer
238. Prayer for the Forgotten
239. From the Byzantine Rite
240. The Golden Arrow
241. Universal Prayer for All Things Necessary for Salvation (Composed by Pope Clement XI., A.D. 1721)
242. Prayer of St. Thomas Aquinas
243. Watch, Lord by St. Augustine of Hippo
244. Heartbeat Reparation Prayer
245. Evening Prayer to the Holy Spirit by St. Antiochus
246. Evening Prayer to the Son of God by St. Antiochus
247. Evening Prayer to God the Father by St. Macarius
248. Renewal of Baptismal Promises
249. Look down upon me, good and gentle Jesus (En ego, o bone et dulcissime Iesu)
250. Powerful Prayer to the Holy Magi
251. Lovely Lady Dressed in Blue
252. An Evening Visit

Graces

253. Grace Before Meals
254. Group Grace Before Meals from the Franciscan Friars of the Renewal
255. A Grandfather’s Grace
256. Simple Grace
257. Grace After Meals

A Small Collection of Biblical Prayers

258. Ephesians 6:10-18
259. Canticle of the Three Children Daniel 3, 57-88 and 56.
260. Psalm 98
262. Psalm 129(130) – De Profundis
263. Psalm 50(51). Have mercy on me (Miserere)
264. Address of Ruth to Naomi

Marriage & Courting Prayers

265. NUPTIAL BLESSINGS (The Shorter Version)
266. NUPTIAL BLESSINGS (The Longer Version)
267. DEDICATION OF A NEWLY MARRIED COUPLE TO THE PRECIOUS BLOOD
Novenas

268. Novena to the Holy Spirit for the Seven Gifts by the Holy Ghost Fathers
269. Novena for the Coming of the Holy Spirit
270. Efficacious Novena to the Sacred Heart of Jesus (favorite of Padre Pio)
271. NOVENA IN EXALTATION OF THE HOLY CROSS
272. NOVENA TO THE PRECIOUS BLOOD
273. Novena Prayer to the Sacred Heart of Jesus
274. Prayer to the Infant Jesus of Prague
275. Novena Prayer to the Immaculate Heart of Mary
276. Novena to Our Lady of Perpetual Help
277. Novena of Our Lady of Mount Carmel
278. Novena of the Miraculous Medal
279. Novena to St. Joseph
280. A Novena for the Poor Souls (Prayers from The Raccolta, 594-595)
281. Immaculate Conception Novena Prayer of Saint Francis of Assisi
282. Novena to St. Alphonsus
283. Novena to St. Anne, the Mother of the Virgin Mary
284. Novena to St. Benedict
285. Novena to St. Blaise
286. Novena to St. Catherine of Siena
287. The Miraculous Novena of Grace Prayer to Saint Francis Xavier
288. Short Novena to St Gerard Majella (Patron of expecting mothers)
289. Novena Prayer to St. Gerard – Patron of Motherhood and Good Confessions
290. Nine Days Novena to St Gerard Majella
291. Novena to St. John Bosco
292. Novena to St. John Marie Vianney
293. Novena to St. Jude (Long Version) Patron of Desperate Causes
294. Novena to St. Jude (Short Version)
295. Novena to St. Maria Goretti
296. Novena to St. Martha
297. Novena Prayer to Saint Maximilian Kolbe
298. Novena to St. Peregrine
299. St. Peregrine of Laziosi Prayer for Novena
300. Novena to St. Peter
301. Prayer to St. Rita
302. Novena to St. Therese of the Child Jesus
303. Novena To Saint Theresa of the Child Jesus (Twenty-Four "Glory Be's" Novena)

Devotions

304. At the Foot of the Altar
305. Prayer for those who wear the Cord of St. Philomena
306. Prayer for Members of the Archconfraternity of St. Joseph
307. Prayer of the Green Scapular for Conversions
Devotions and Novenas in Honor of Jesus as True King

324. Novena of Holy Communions
325. Mary Mediatrix of All Grace Consecration
326. The Special Blessing

Fatima Devotion & Prayers

327. Pardon Prayer (of the Angel of Peace)
328. Angel’s Prayer
329. Eucharistic Prayer
330. Sacrifice Prayer
331. Decade Prayer
332. First Saturday Reparation
333. The Twelve Promises of the Sacred Heart to St. Margaret Mary
334. The Fifteen Promises of Mary to Christians Who Recite the Rosary

St. Philomena Devotions

335. NOVENA PRAYER TO SAINT PHILOMENA
336. NOVENA PRAYER TO SAINT PHILOMENA (The Three Part Novena)
337. THE CHAPLET OF SAINT PHILOMENA
338. PRAYER FOR RECOVERY
339. THE LEGION OF SAINT PHILOMENA

Holy Face Devotional Prayers

340. Holy Face Prayer
341. Prayer of Mother Maria-Pierina
342. Offering of the Holy Face

**The Divine Mercy Devotion**

343. Prayers of the Devotion

**Chaplets & Rosaries**

344. The Most Holy Rosary
345. The Servite Rosary of the Seven Sorrows of Mary
346. The Chaplet or Rosary of the Precious Blood
347. The Holy Wounds Chaplet

**Litanies**

348. Litany to St. Philomena *Composed by Saint John Vianney*
349. Litany of the Infant Jesus
350. Litany of St. Rita (of Cascia)
351. Litany to the Guardian Angel
352. Litany of the Holy Archangels St. Michael, St. Gabriel, & St. Raphael
353. Litany of St. Raphael
354. Litany of the Most Holy Name of Jesus
355. Litaniae Sanctissimi Nominis Iesu  (*Litany of the Most Holy Name of Jesus*)
356. Litany of the Blessed Virgin Mary
357. Litany of St. Joseph
358. Litany of the Seven Dolours of the Blessed Virgin Mary *by Cardinal Newman*
359. Litany of Our Lady of Seven Sorrows (*alternate*)
360. Litany of the Old Testament Saints
361. Litany of the Saints with Additions
362. Litany of the Passion
363. Litany of the Sacred Heart of Jesus
364. Litaniæ Cordis Sanctæ Iesu (Litany of the Sacred Heart of Jesus)
365. Litany of Christ the King
366. Litany to the Love of God
367. Litany of the Most Precious Blood
368. Litaniæ Pretiosissimi Sanguinis Domini Nostri Iesu Christi (*Litany of the Most Precious Blood of Our Lord Jesus Christ*)
369. 11th Century Irish Litany of Mary
370. Litany of the Saints – Traditional
371. Litany of the Saints – Traditional Latin
372. Litany of the Saints – Contemporary
373. Litany of St. Ignatius of Loyola
374. Litany of the Faithful Departed *from the St. Benedict Manual*

**A Small Collection of Spiritual Warfare Prayers**
Deliverance Prayers from a West Indies Priest
The Small Prayerbook of St. Peter Julian Eymard
Consecrations
Invocations
Pious Remembrances
Holy Poetry

All queries and comments may be directed to the editor at fortress001@gmail.com

This file is distributed in MS Word 2007 document format, and converted to PDF and RTF format and may or may not display correctly in other viewing programs.

An update and recompilation of this prayerbook is in progress.

It shall contain a revised and expanded Latin and foreign language section, and a simpler and clearer subject and topic ordering of the prayers. The new format will also be more suitable for printing.

However this revision will take some time due to the size of the work.

In the meantime it is not necessary to report errors in the current prayer book due to the total revision in progress.